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MS DHONI

A saga of stupendous success



the approach and the intention to do are right and equally the efforts, success kisses your feet. This has come true with MS Dhoni. I will not be listing his feats, statistics and records but worth mentioning the World's Best Keeper-Captain, Batsman, Finisher, team member, go-getter, skill worthy, exceptionally talented, great individual and of course Captain Cool. Mr. Sachin suggested Dhoni for Captaincy. This is a tribute to every con man of India to see, appreciate and learn. We have had many management gurus and mentors in every walk of life, one such remarkable son of the soil is -MS Dhoni.

They say whenever you note things, try and arrange in a chronological manner. So I start from the latest, carving a bird's eye view via Human Resource angle The newspaper said MS Dhoni gives up India's ODI and T20's Captaincy and the first thought that came to my mind was that, it is good that a senior, technically qualified, top management gives way to the second line, it calls for growth, development and ethical behavior. Else the second line only keeps calculating the years he has to wait for the senior person to officially retire, to occupy the chair. And believe me to take a decision to step down as a RESPONSIBLE TEAM MEMBER and still be a part of it, requires armor strength in any individual. We need to inculcate the feeling of being responsible at workplace.

In real life instances, when you have millions of hopes on your shoulder to stage the show, you are ultra pressurized. At that moment, he stays at the site to pave the way. He leads and stands for it as a PEOPLES' MANAGER, strategies at their best and with an attitude of respecting superior and subordinates, building positive relations. We are in a human enterprise; together we can make a positive difference.

His initial days saw him as a boy next door but with high level of determination, integrity and his belief in self, fami-

ly and team, proved him as a MENTOR, by choice demonstrating credibility. We must live up to our dreams and accomplish our goals.

An important virtue, he has kept many veterans and cricket lovers dazzled with his out-of-the-world and unexpected action plan decisions. But history is the proof to the success spectacle over and over again as a STRATEGIC AND ANALYTICAL THINKER. We should understand that mistakes can only be made by people, who work. So just put your best foot forward.

Experimentative, innovative and risk-taking are some of the characteristics being attributed to him. We say someone is engaged or married-to-the-job when we talk about anyone's professional association. Not everything is talent, it is the DHONI ATTITUDE - It is about worshipping your job.

A connection I have developed now to cricket is MS Dhoni; a link to cherish for lifetime. I am a PROUD INDIAN to be an associated part of the cricket world, when Dhoni reigned. Some people come in our life as blessings. They prove to be a delight to everyone, who comes across them.

My theory on life is that life is beautiful. Life doesn't change. You have a day, and a night, and a month, and a year. We people change - we can be miserable or we can be happy. It's what you make of your life.

-Mohammed bin Rashid Al Maktoum

A wish on behalf of every Indian is to see MS Dhoni perform and keep India applaud and stay blessed.

Through him I wish to salute all the like-minded people around, who have been delivering wonders in their entrusted or volunteered endeavors with their resilience, authenticating the Theory of Dhoni-fication.

SALLA VIJAY KUMAR
National Award
Winning Lecturer, IHMA

ents. The girl will also be felicitated in the presence of villagers and given a memento.

Gujarat has a skewed sex ratio of 890 girls per 1,000 boys. "Year 2016-17 is being celebrated as year of 'Beti bachao, beti padhao'," said Mahesh Singh, director DPEP, Gujarat.

This Republic Day, government schools in Gujarat celebrated education of girl children

This Republic Day, schools were told to impart an unprecedented lesson to society in valuing and educating the girl child. In a first, 34,000-odd government primary schools in the state will have the most educated girl of the village as chief guest at the flag-hoisting ceremony. She will also be asked to unfurl the



Tricolor in the presence of village elders.

The District Primary Education Programme (DPEP) has issued a government resolution to schools to identify the most educated girl of the village to be invited as chief guest along with her par-



SHORT NEWS

Valentine's Day with a Difference

"Water, Water everywhere", you might have heard it many times right? But what if I change it with "Love, Love everywhere"?

So here comes February; spreading Love everywhere, to remember and recollect all those wonderful 'awe-inspiring' moments of our lives. They become more special if you have those moments with someone special, perhaps a friend or someone who is more than that.

It is said that February is the Month of Couples. Is it so? Well, to this sentence, I would not completely agree. Do you know the dictionary meaning of Valentine? Well it actually means "The person whom you love and to whom you are attracted to". So just tell me one thing, according to you only those special friends fit under the above definition? Let me tell you something now, do you know in India what this day is called? "MATRU -PITRU DIVAS, which is PARENT'S DAY" but we people don't even stay home that day and spend the whole day with those people whom we meet every day and spend most of our time with. Tell me how many of you have given a tight hug to your parents rather than your friends on this day? Have you considered them as your valentine? Is it necessary to have a valentine as someone whom you don't even know and have met perhaps after your schooling? According to studies 80% of people are desperate to find partners in the months between December and

January to celebrate Valentine's Day. And the Reason? Just to fit themselves in the definition of a happy VALENTINE COUPLES.

But have we planned a dinner with our parents that day? Are they not our life time partners? You express yourself by saying that you can do anything for the person you love, but how many of you have said that to your parents? Not even once, right? I just want you guys to remember one thing, people will come and go, Love may not remain forever and Lover can leave you, but Parents!!

Those two souls will always be there in every thick and thin. And who will be there with you for each and every moment of your life. Be it Good, Bad, Happy or sad, they will be there.

So this Valentine's Day let us not be self-centered but be self's -family centered. Gift your mother a red rose, your father a perfume, kiss your mother, Hug your father, Go for a candle -light dinner with them, take thousands of selfies with them and at the end of the day post it with a caption " when I was searching a partner to show off to all, I met my life time partners My Parents, My Valentine" and before going to sleep Go on your knees and tell them, "I Love You".



NANDINI HIRANI
Young Reporter
Mount Carmel High School



THE GOLDEN CITY JAISALMER!



One of the tourists' favorite spot in Rajasthan, the city of Golden sand and golden rocks is a marvel in itself. From the giant fort to a small house, from sidewalks to 'Sam Sand Dunes' everything you see is of yellow-golden in color. This is the reason why it is called as 'The Golden City' of Rajasthan.

Being a travel freak, particular season of visiting a certain place is never my cup of tea. Thus my trip to Jaisalmer was unplanned and even was in the month of July. Though the best time to visit Jaisalmer is October to March; while in February the 'Desert Festivals' are organized by Rajasthan Tourism.

After an 11 hours long train journey from Jaipur, I landed Jaisalmer at 4 in

the morning. As the trip was unplanned; I haven't made any hotel bookings either. The dark outside made me scare in an unknown city, but again the travel enthusiast in me kept me going. Luckily I found a person who offered me a taxi and also suggested a hotel which he told was with the Fort View. The off season made the travel expenses lower to me and I got the hotel room with a fort view window at only ₹900 a night.

The journey was tiring, thus after a few hours of sleep, I went to explore the Golden City. Being a Travel Freak, the checklist of must visit places was already handy to me. Let us now have a look at those places to explore in Jaisalmer.



Gadisar Lake

Leaving the maddening crowd behind and venture the outskirts, you will be at the famous 'Gadisar Lake'. It is not only an oasis but a water tank conservation tank made in 1400 A.D by the Maharaja of Jaisalmer, 'Maharawal Godsi Singh'. A lake surrounded by small temples (golden of course) which once was the main source of supplying water to the entire city. The eye catchy attraction was half broken temple in the middle of the lake covered with pigeons all over.



A Living Fort

The fort with 1/4th population of the city still residing within is the 'Jaisalmer Fort'. The 250 feet tall and made of sand stones, the Golden Fort is the Heritage Monument of Rajasthan. Standing at its peak, you can have a look of the whole city. I went to a rooftop café for my lunch and enjoyed the meal while watching the beautifully scattered golden stones all over. The famous 'Rani's Haveli' is also within and the carving work will leave you amazed.



Bada Bagh

The 'Royal Cemetery' is named as Bada Bagh in Jaisalmer. Into a bit outskirts of the city, the Cemetery lies in a vast area with all its tombs scattered. The burial of the Kings since ages is been done at this very place. The golden tombs all over will amaze you with its carving. It was commissioned by 'Maharawal Jait Singh' in the early 16th century and completed by his son 'Lunakaran' after his death. The oldest among them is the cenotaphs of Maharawal Jait Singh who reigned from 1470-1506. This tradition was discontinued in 1947, when one of the prince died of a mysterious disease. This was taken as a bad omen and thus this tradition came to its end.

Jaisalmer's golden attire will create a Love Lasting impression to your Heart, just as it did to me.

Patwo ki Haveli

Patwon ki Haveli is the place where not only the golden rocks and stones will leave you speechless but also the stone carving and amazing piece of architecture it has. It is the most important among the Haveli's in Jaisalmer because it was the first Haveli erected in Jaisalmer and the other is because it is not a single Haveli but cluster of 5 small Havelis built by 'Guman Chand Patwa' in 1805 for his 5 sons. The narrow lanes which lead to Patwon ki Haveli have many shops containing puppets and Rajasthani dresses as well.



'Sam' Sand Dunes

Famous for its Camel Safari and Jeep Safari, the Desert of Jaisalmer is a 40 k.m ride from the main city. 'Thar' desert's 4 k.m long camel safaris are world famous. Those colorful camels who all will take you to the beautiful sunset in the desert on their backs is hack of an experience. The desert sunset is a sight which you will cherish for your entire life. The sky turning orange while the sunrays will appear on the golden sand of the desert will leave you speechless and take you to the whole different world. Jeep Safaris are for the adventurers as the ups and down of the sand dunes will roll your stomach. Local public arranges shows for the tourists and welcome them with the famous 'Padhaaro Maahre Dosh' song. By different talents and dangerous tricks, their shows will leave you stunned. The beautiful and elegant Rajasthani folk dancers will entertain you with their majestic moves and clothes. Rajasthan government provides Tents for the visitors for a night for the desert lovers during the Rann Festival. The night

under the naked sky, counting stars on those chilly desert sand dunes can become your once in a lifetime experience.



MINAL JOSHI
Traveller

26 January we celebrated as our 68th Republic Day. I am sure all schools and all of you celebrated this day with great pride, enthusiasm and with patriotic feelings in your mind and heart. However do we know why we celebrate Republic day on 26 January only? As we all know that this is the day India was declared a Republic and our constitution was adopted on this day. Today, in this article I shall discuss why 26 January is celebrated as Republic day and discuss about formulation of the constitution and various aspects of our constitution.

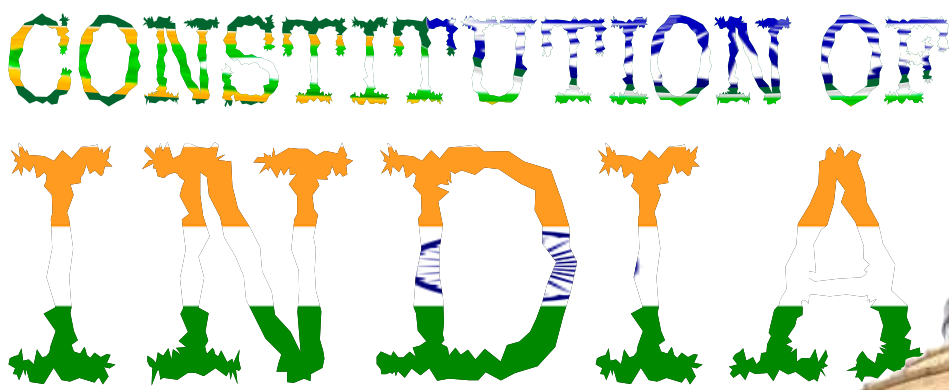
We achieved our freedom on 15 August 1947 after struggle of 90 years, if we consider mutiny of 1857 as the first big attempt towards this. Mahatma Gandhi created a mass populist movement of freedom fight through his non-violence and Ahinsa principles. Many others took different paths as they deemed fit; like Netaji formed Azad Hind Fauj. Our independence was granted through Indian Independence Act 1947 which was an act of British parliament. The act also partitioned India into two Dominions. Pakistan got her freedom on 14 Aug 1947 and India on 15 August 1947 with George VI as head of the state and Lord Earl Mountbatten as Governor General. At this time we did not have our own constitution and we were following Government of India Act 1935.

Formation of Constitution Assembly

Constitution assembly of India though first formed in 1946, its idea was floated way back in 1934 by Mr. MN Roy. It became an official demand of Indian National Congress in 1935. This demand was accepted by British in 1940 and was included in 'August Offer' announced by Viceroy Lord Linlithgow on 08 August 1940. In 1946, a Cabinet Mission Plan was formulated to work out transfer of power from British government to Indian leadership. Formulation of constitution assembly was as per this Cabinet Mission Plan 1946.

As we all know that our constitution was drafted by constitution assembly. The constitution assembly was formulated in August 1946. It had 389 members. 296 were elected by provincial assemblies, 93 were represented by princely states and the rest four were from provinces called Chief Commissioner provinces; Delhi, Ajmer, Coorg and Baluchistan. In the election of 296 members, congress won 208 seats and Muslim league 73. However, Muslim league refused to co-operate with congress and they demanded separate constitution assembly for Muslims in India. Political situation thereafter deteriorated and Hindu-Muslim riots started in various parts of the country.

On 03 June 1947, Lord Mountbatten announced scrapping of Cabinet Mission plan 1946 and Indian Independence Act 1947 came into existence. This act talked about two nations theory. Indian Independence Act 1947 was passed by British Parliament on 18 Jul 1947. As a result of partition, separate Constitution assembly then was formed for both the countries. Members of those provinces and states that became part of Pakistan were removed and new constitution Assembly of India with 299 members was formed. In this assembly, Muslims and Sikhs received special representation as minorities. Most of the members were from congress party. Though it was a one party environment, it had representatives having their varied opinions and beliefs that included industrialists, radical Marxists to Hindu revivalists.



Time Line of Constitutional Assembly of India

Constitution Assembly was thus formed and it met for the first time on 09 December 1946 at 1100 hrs with 208 members present. The time line of the assembly working and milestones achieved is as follows:

- **9 December 1946:** The first meeting of the Constituent Assembly was held in the constitution hall (now the Central Hall of Parliament House). Mr. Sachchidananda Sinha was elected temporary president of the assembly, in accordance with French practice.
- **11 December 1946:** Dr. Rajendra Prasad and H. C. Mukherjee were elected as assembly president and vice-president, respectively. B. N. Rau appointed its constitutional adviser.
- **13 December 1946:** An 'Objective Resolution' was moved by Jawaharlal Nehru in the assembly, laying down the underlying principles of the constitution. It finally became the Preamble of the constitution.
- **22 January 1947:** Objective resolution unanimously adopted.
- **22 July 1947:** National flag adopted.
- **15 August 1947:** Indian independence achieved as the Dominion of India.
- **29 August 1947:** Drafting Committee appointed with Dr. B. R. Ambedkar as the Chairman.
- **26 November 1949:** Constitution passed and accepted by the assembly.
- **24 January 1950:** "Jana Gana Mana" adopted as the national anthem, with the first two verses of "Vande Mataram" the national song. Sarnath Lion of Ashoka was adopted as National Emblem. Dr. Rajendra Prasad elected the first president of India. Constitution Assembly members signed the hand written documents.

Why 26 January is celebrated as Republic Day?

Our constitution was passed by assembly on 26 November 1949 and all formalities were completed by all members on 24 January 1950. Therefore it is a pertinent question that why republic day is celebrated on 26 January?

26 January was chosen as the Republic day because it was on this day in 1930 Indian National Congress had proclaimed Declaration of Indian Independence (Sampurna Swaraj) as opposed to the Dominion status offered by the British Regime.

Constitution basics

Constitution of India is not just a text book of a few pages, but it is a living document and is an instrument that makes our governing system work. Having discussed Constitution assembly of India, its formation and working let us now have a look at the structure of our constitution.

Preamble

Constitution starts with Preamble and it says as follows:

- WE, THE PEOPLE OF INDIA, having solemnly resolve to constitute India

into SOVERGINE SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure all its citizens

- JUSTICE, social, economic and political;
- LIBERTY of thoughts, expression, belief, faith and worship;
- EQUALITY of status and of opportunity
- And to promote among them all
- FRATERNITY assuring the dignity of the individual and the Unity and Integrity of the Nation;
- In our Constituent assembly this twenty sixth day of November, 1949 do HEREBY ADOPT ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.
- Preamble adopted on 26 November 1949 was amended at two places on 03 January 1977 during emergency vide 42nd amendment. Vide this words 'SOCIALIST SECULAR' as well as 'unity, and integrity of the nation' were added.

FUNDAMENTAL RIGHTS

The constitution has 22 parts, twelve schedules, two appendices and an annexure. Part three of the constitution defines fundamental rights. These include:

- **Right of Equality:** This basically prohibits discrimination on ground of religion, race, caste, sex or place of birth.
- **Right to Freedom:** This includes freedom of speech, protection in respect of conviction of offenders, protection of life and personal liberty, right to education, protection against arrest and detention in certain cases.
- **Right Against Exploitation:** This includes prohibition of Child labour, human trafficking and forced labour.
- **Right to Freedom of Religion:** This right gives us freedom of conscience, and free practice of religion. It also includes freedom to manage religious affairs, payment of taxes for promotion of any particular religion.
- **Cultural and Educational Rights:** include protection of interest of minorities, right of minorities to establish and administer educational institutes.
- **Right to Constitutional Remedies:** This part mainly talks about parliament right to modify these rights and other matters.

Directive Principles of State Policy

Part four (articles 36 to 51) of the constitution defines directive principles of state policy. These principles talk about the principles to be kept in mind while framing the laws and policies by the central and state governments. These directive principles are considered fundamental in governance of the state. Directive principles are categorized in various categories like economic, socialistic, political, administrative, justice and legal, environmental, protection of monuments, peace and security.

be struck down by the court.

Important Facts We Must Know About Our Constitution

- Indian constitution is the longest document in the world. It has 448 articles, 12 schedules and 101 amendments. The last, 101st amendment was of GST.
- It took almost three years to draft the constitution. It took exactly 2 years, 11 months and 18 days.
- The constitution was hand written in English and Hindi both. The original copy is kept safely inside helium filled cases in the library of Indian Parliament.
- Indian constitution is also called bag of borrowing. Our constitution has taken various good things of constitutions of other countries. Like concept of fraternity, liberty and equality is taken from French constitution; 5 years plan was taken from USSR constitution; concept of socio economic rights was taken from Ireland. Law on which Supreme Court works is taken from Japan.
- Though constitution was adopted and signed on 26 November and 24 January, republic day is celebrated on 26 January.
- Republic day is celebrated for four days. It starts on 26 January and ends with 'Beating the Retreat' on 29 January.
- Dr. BR Ambedkar had a very major role to play in drafting the constitution and is called Architect of the constitution.

In conclusion, I would like to put forward one question for all of you to ponder with. As we have seen, our constitution talks about fundamental rights for us and restricts state to enact laws that could curtail these rights. It does not talk about fundamental duties for us in the same way. Does that mean that we the citizens have no fundamental duties towards the state? Aren't we expected to follow the rules and laws of the state? I am talking about traffic laws, tax laws and so on. Let us on this Republic Day think not what country can do for us but think what we can do for the country. Generally on Republic Day our patriotic feelings run very high. Therefore, I would like to reproduce a WhatsApp message I received:

'Want to Do Something good for the Soldier?

Be an Indian worth Fighting For....'

Jai Hind

jd@tripada.com;

jd2706@gmail.com

www.jaydevdesai.com

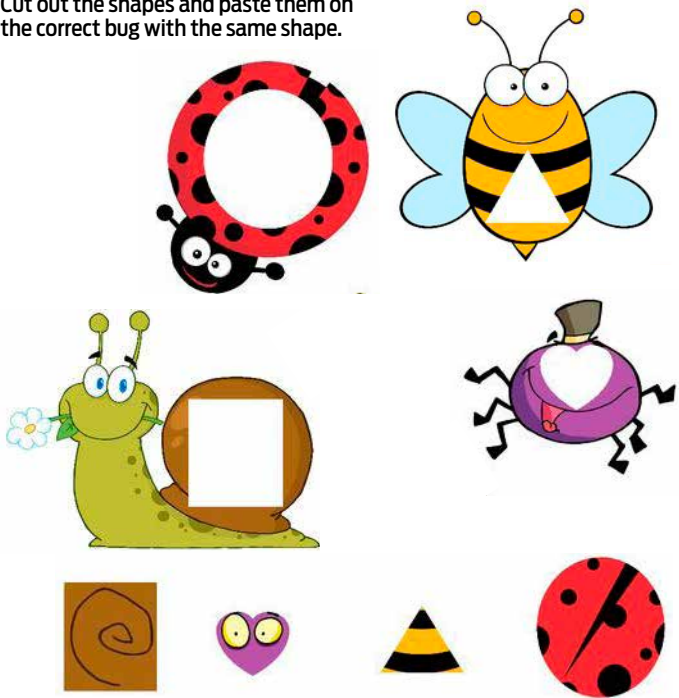
Source: Wikipedia, law ministry website: www.lawmin.nic.in and other material available on the net.



VETERAN WG CDR
JAYDEV DESAI

Cut and Paste

Cut out the shapes and paste them on the correct bug with the same shape.

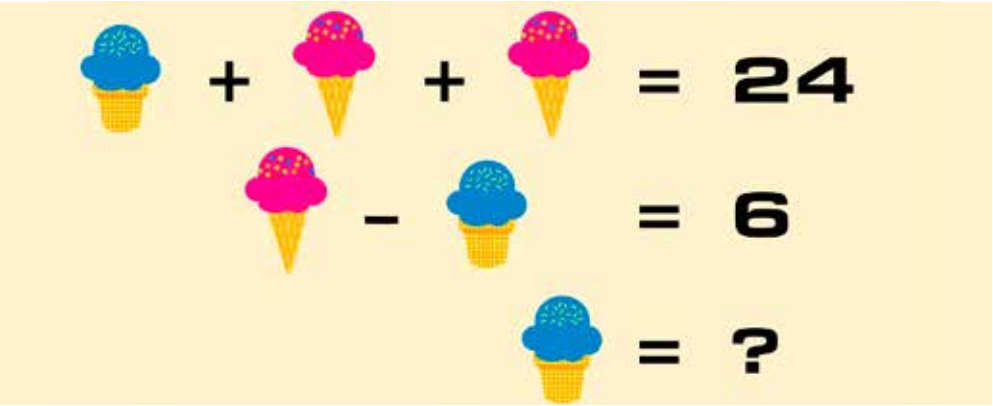


Valentine's day Word search

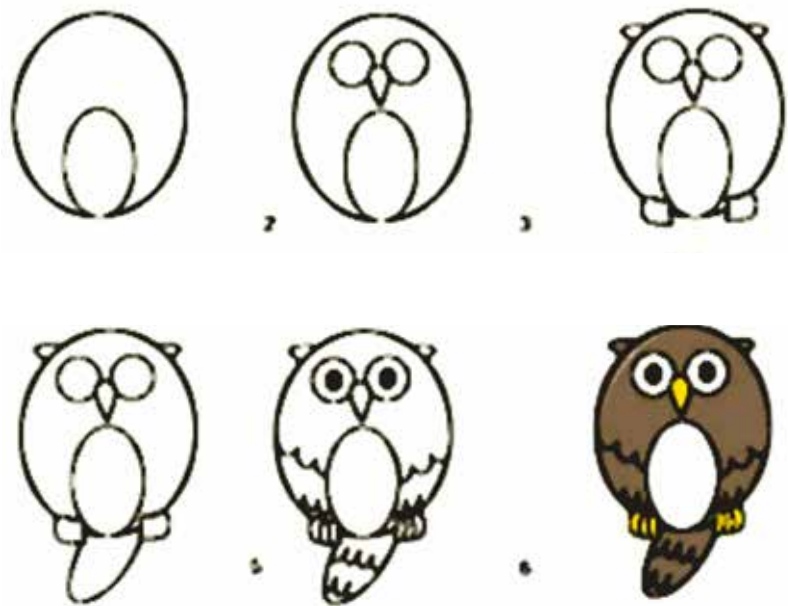
c g f l o w e r s i p
j s w e e t h e a r t
e f p a c u p i d a e
v h o i k a c p s r t
a o g u y h e a r t s
l o v e r r d e g o f
e k r a p t r r o w r
n r i r o s e s p x i
t o h s d r d e i r e
i s u h s p i n n h n
n r g a r e l l k t d
e o s c h o s r o s h
s w e e r t s f r i e
v c h o c o l a t e k

valentine
arrow
cupid
hearts
love
red
fourteenth
hugs
chocolate
pink
roses
friend
flowers
sweetheart
kisses

Can you find the Answer?











Learn to Draw an Owl



Bird Names Word Scramble

Look at each bird and unscramble the letters and write the name of the bird on the line.

	raport _____		wol _____
	galee _____		worc _____
	kucd _____		hincenk _____
	arldinac _____		almfinog _____

Dinosaur Maze

Help the Dino reach the child to protect him



Match the Times

The first one is done for you.

	Quarter past 5	5:15
	3 o'clock	4:45
	Quarter to 5	3:00
	8 o'clock	10:30
	Half past 10	8:00

Circle the car

Circle the car that is driving the same direction as the arrow.

←			
→			
→			
←			
→			

Sudoku

Fill the empty cells in the grid with the digits 1 to 9. each number may only appear once in a row, column or region. (3 by 3 block)

2	5	8	1	9			7	4
				5	8			2
3		7		2	4			
		9	8	6	2		5	3
4	2			7		9	6	8
8	6	5						7
7	1	6	4		5		3	
9	3	4	2		7	5		6
5	8		9	3	6	7	4	1

Number Puzzle

Each hexagon is made by adding up the numbers in the two hexagons below it. Fill in the missing numbers in the puzzles.

Word Scramble

All of the scrambled words below are names of insects you have probably heard about. Can you put the letters in the right order to spell the 19 different insect names correctly?

OUTMQISO	
BTLTEUYFR	
MTHO	
LEEBET	
CCIDAA	
ELYFSRHO	
PAWS	
ITKSCGBU	
AYOPRNI NMATSI	
EBE	
ALFE	
LNFOAYGRD	
AGDBLYU	
PSHRAGPOR	
EIRETTM	
COOHRKAC	
NAT	
RIEKCTC	
YLF	

ART CORNER



ARTI
ARJUN ENGLISH SCHOOL



VIDHI BHATT
STD-9, A.G. HIGH SCHOOL



CHASMAWALA FIRDOSH
STD. VII SHRI LADHARAM SCHOOL



ANSARI FARAH AFREEN
STD. VII SHRI LADHARAM SCHOOL, VADODARA

Find the Six Differences



'The Little Prince'

The Little Prince is a classic children's book, published first in French (Le Petite Prince) in 1943 by Antoine de Saint-Exupery, an airman (aviator) who died at an age of 44 years during one of his mission to collect information on German troop movements in World War 2. Apart from being an airman, Antoine was also a writer, poet, aristocrat, journalist and quite famous among elite of French society.

The Little Prince is a fantasy fable.

It is narrated by the author who tells the story of how as a child he was discouraged to creatively draw a boa (a large heavy bodied snake) that has swallowed an elephant, because that drawing looked like a hat. Dejected by non-encouragement the author grows up to become an aviator.

In one of his journey his plane crashes in middle of Sahara, where he is awakened by a young boy "The Little Prince" who asks him lots of questions and tells the author that he has come to earth from his tiny home planet – an as-

teroid 325.

The Little Prince says that there is a rose on his planet whom he loves and misses a lot. The Little Prince says that before he came to earth he had visited six other planets and met irrational, narrow-minded and weird people – a king, a vain man (a person excessively showing off about oneself), a drunkard, a businessman, a lamplighter and a geographer.

On earth, during his journey, the Little Prince meets a yellow snake, a desert flower and sees a landscape of thousands of rose bushes and cries thinking about his rose which is not unique rose as he thought it to be. Seeing the Little Prince crying, a fox that wants to be tamed be-friends him and tells the Prince that his rose is unique because he loves her. After that the little prince meets a railway switchman and a merchant of pills.

After eight days of roaming on the earth the Little Prince wants to go back to his rose whom he is missing a lot. The Prince bids goodbye to the author and is bitten by that yellow snake

who had promised the Prince a safe journey back to his asteroid 325.

The next morning the author wakes up and does not find the Little Prince around and worries about him and the safety of the rose. The story of The Little Prince is said to be inspired by Antoine de Saint-Exupery real life experiences that get reflected in this story.



The rose is represented by a twice-widowed rich French artist and writer girl Consuelo whom Antoine loved and married. All other characters of the book reflect strange and unusual people whom Antoine had met in real life.

The book when released was not a best-seller but with time, it is considered one of the best loved books ever published. It is translated into more than 250 languages and totally over 140 million copies are sold worldwide. The book has been

adapted to audio recordings (vinyl records, radio broadcasts, cassette tapes and CD), Film and television, Ballets, Graphic Novel, Operas, music productions, live theatre dramas, cartoon /real actor movies and short films over last few decades. The greatest honor The Little Prince received was when the image of the Little Prince and the boa snake swallowing the elephant was officially inscribed as a part of 50-Franc currency note in France.

The children find the book as a fantasy journey, but it is the adults who find resonance with each reading and re-readings to newer interpretations to each characters and The Little Prince's journey.

My favorite philosophical catch phrase from The Little Prince is:

*"One sees clearly only with the heart
What is essential is invisible to the eye"*

Read it and discover your own lessons of life and philosophy!



RAJ DOCTOR
INTERNATIONAL
DEVELOPMENT
PROFESIONAL, JAIPUR

NEET, WHAT NEXT?



To curb the corruption in Higher Educational Institutes like Medical & Pharmacy, the government proposed and implemented NEET in the last year. This is a two-stage entrance test system and it was well accepted by the students' community.

A big deal of transparency in the admission process was realized indeed. The local politicians, goon-like controllers and autonomy of private players; those are now running dry for the collection of money, due to lack of ideas and chance to earn money. NEET was the need of the hour. This reflects the maturity and visionary powers of the present government. The genuine aspirants, who believe in a corruption free education system, are happy. 'Reservation' in admission into medical colleges acts as an obstacle for unreserved categories. Hence, NEET is a booster for them.

The student community accepted and welcomed this system by late, thanks to the central government.

Now, there is a buzz regarding the new system of NEXT. The issue of National Exit Test will surely attract a mixed reaction from the students and the teachers.

MCI and authorities say that NEXT is not only a test but a passport to post-graduation course; an entry card for foreign studies and a reminder at the time of interview by which a student can be judged by the recruiters.

This test will replace other entrance examinations for higher studies as well. However, opponents argue that it is not required at all. For them, the MBBS students spend near about 6 years in their studies and internship training phase.

Additional test will create burden and spoil their precious time. For B.Tech students also this system may be included.

However, there are so many entry level tests like CTET, TETs (state level), PET (for principals) all these basic examinations are just to minimize the numbers of the applicants rather than the quality of manpower involved in selection process.

Those who try to manipulate these systems, they will look for newly invented ways and means to pollute the system and continue to gain the power and opportunities of 'reservation' in democratic Indian Service system. Whatsoever and whenever there is any change in government policies, there always exists a new road map to be rediscovered and adopted by these select groups to get the benefits. However, this is India and we are truly tolerant proud Indians. Change anything and everything

we are, for sure, going to adopt and accept these NEXTs.



Dr. Dhananjaya Bhanja
Educationist,
Surat

INDIAN CONTRIBUTIONS TO SCIENCE AND TECHNOLOGY

28th February being the 'National Science Day', let us have a look at the Indian contribution to science and technology. The evolution of India as a unique society can be attributed to the ancient concept of vasudaiva kutumbakam, meaning the whole world is one family. This unity aroused feelings of tolerance towards freedom of expression and knowledge. Rishis like Varahamihira, Aryabhatta, Vgghatta, and Susruta contributed towards the proliferation of knowledge of the highest value and put India at the forefront of all scientific developments and advancement. They were people of great vision, value, wisdom, purity and compassion.

In fact, owing to the immense royal patronage provided for science, advancement of its knowledge and its application in daily lives became a common factor in Indian society. When the whole western society was in darkness, India rose high and shone as 'golden sparrow' of the globe. The discovery of various scientific facts and the development of scientific concepts and technologies gave rise to a new age that could keep India in the forefront of the knowledge hub for centuries.

Advancements in science and technology have been the major reason for the development of human civilization. India has been contributing to the fields of science and technology since ancient times. Even today, what we term as 'traditional knowledge' is actually based on scientific reasoning. India has contributed a lot during the pre-independence e.g.: invention of zero by Aryabhatta, complex layout of Harap-

pan civilization and post-independence e.g.: missile launching technology, DST which play the role of a nodal department for organizing, coordinating and promoting science and technology in the country. Indian scientists have even contributed in water management, iron and steel, farming technique and fertilizers, physics, medicine and surgery, shipping and shipbuilding, atomic energy, space, electronics and information technology (IT), oceanography, biotechnology and many more. Many things that have been invented in the modern era were already invented in Vedic era of India.

The council of scientific and industrial research (CSIR) was established in 1942, and is today the premier institution for scientific and industrial research. It has a network of 40 laboratories, two cooperative industrial research institutions and more than a 100 extensions and field centers. It plays a leading role in the fulfillment of the technological missions supported by the government.

It is extremely important that India retains its position as the spearhead of the global scientific fraternity. The spark has already been ignited by our great scientists like Ramanujan, C.V.Raman, Vikram Sarabhai, APJ Abdul Kalam and our various organizations like ISRO, CSIR, DRDO, and so on. There is abundant talent in India and it needs to be utilized effectively and efficiently.



POOJA RANA
CLASS - 9th, Surat



Make Origami Kusudama Morning Dew Flower



Fold paper in half on horizontal diagonal axis, crease well.



Step 1: Start with a 6 x 6 inch square Craft paper, color side down.

Step 2: Fold both corners to the top.

Step 3: Unfold the right side.

Step 4: Fold the right side to meet the crease.

Step 5: Now fold the right side over the crease

Step 6: Fold the left side so that the edges line up

Step 7: Fold the left side over to the right.

Step 8: Make a fold of the small part (tips) which is coming outside and crease well and unfold.

Step 9: Now we're going to tuck the tips into the pocket. And this completes our 1 unit.

Step 10: Repeat steps 1 to 9 and make a total of 5 units.

Step 11: To assemble the units, place some glue on two of the units and glue them together.

Step 12: Repeat step 11 and glue all 5 units together to form a lovely Kusudama flower.

You can make 12 of these Kusudama flowers and glue them together to make a Kusudama ball

BISCUIT CAKE



SOUNDS INTERESTING?

Yes, you can prepare biscuit cake without fire. Follow the easy steps below and enjoy it with kids and family.

1. Crush the chocolate Oreo Biscuits (10 nos.) after removing its cream from inside in a grinder till you get the fine consistency.
2. Take a bowl and add the powdered biscuits, milk (1/2 cup), sugar (5-6 tablespoon or as per your taste) and butter (2 tablespoon) in it.
3. Mix these ingredients with a whisker.
4. Pour this mixture in the baking tray and set it properly. Garnish with slivered Almonds & Pistachios.
5. Now, place the tray in the freezer for 20-25 minutes, and then transfer it to refrigerator section for an hour. When it's done perfectly, cut into pastry pieces or roll shaped and serve.

Tip for other variety in Biscuit Cake: - Twist this cake in different flavors like Fresh Fruit, Dark Chocolate, Cocoa, Vanilla, etc.

If you're going to make fruit flavored cake, don't use chocolate Marie biscuits. You may add low-cal or regular biscuits in this cake's recipe.

DAYS & YEARS QUIZ

1. The first death anniversary day of Sri Rajiv Gandhi was observed as the

- A. National Integration Day
- B. Peace and Love Day
- C. Secularism Day
- D. Anti-Terrorism Day

2. 20th August is celebrated as

- A. Earth Day
- B. Sadbhavana Divas
- C. No Tobacco Day
- D. None of these

3. When is the World Population Day observed?

- A. May 31
- B. October 4
- C. December 10
- D. July 11

4. January 15 is celebrated as the

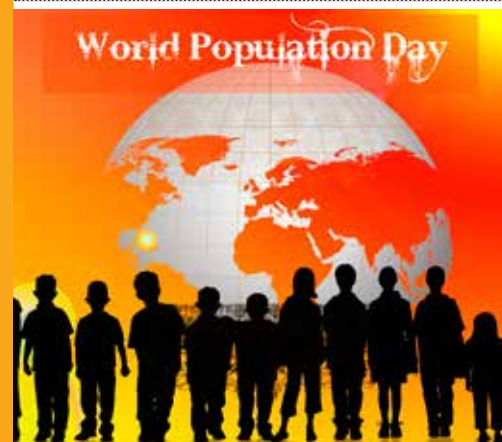
- A. Republic Day
- B. Ugadhi
- C. Teachers' Day
- D. Army Day

5. The centenary of Mahatma Gandhi's arrival in South Africa was celebrated in

- A. May 1993
- B. August 1993
- C. July 1993
- D. September 1993

6. The World Environment Day is celebrated on

- A. April 7
- B. June 5
- C. August 6
- D. June 16



7. The year 1991 was observed in India as the year of

- A. Population control
- B. Girl child
- C. Literacy
- D. Tourism

8. India Celebrates February 28 every year as 'National Science Day' because on this day

- A. first Indian Space craft was launched
- B. Nehru laid the foundation of Science labs all over India
- C. in 1928 C.V. Raman discovered what was later called the 'Raman Effect'
- D. Vikram Sarabhai was born

9. Which of the following festivals is celebrated on Prophet Mohammed birthday?

- A. Id-UI-Zuha
- B. Id-e-Milad
- C. Id-UI-Fitr
- D. Muharram



10. World Literacy Day is observed on

- A. Sep 5
- B. Aug 6
- C. Sep 8
- D. Oct 24

D, B, D, D, A, B, D, C, B, C
ANSWERS



Education is what remains after one has forgotten what one has learned in school. — Albert Einstein



TORCH BEARERS OF EDUCATOR'S AWARD 2016-17



Mrs. Insiya Bhatia



Mr. Jitendra Trivedi



Dr. Sanjay Mehta



Mr. Hiren Patel



Mr. Rajendra Bardia

Following the successes of The Open Page's 1st and 2nd Educator's Awards, the 3rd Educator's Award was held with the same zeal and excitement at 'Hare Krishna Hub, Ichhapore- Surat'. The function had two rounds had its 1st round and the main event i.e. The Jury Round at 'P.P. Savani School, Surat'. The two days long award function was held on 21st and 22nd January 2017. The record breaking number of audience which we got was 2500+. The venue was filled with renowned personalities from all over Gujarat. The Guests present on the stage were, 'Bhai Shri Rameshbhai Oza'- supreme soul, 'The event was hosted by 'Mr. Deepak Rajguru and Team - Vibrant International Academy' with whom we were collaborated for this year's educator's awards. The speeches by such renowned and honorable people were highly motivating for the huge crowd present over there. When the Diamond King, 'Savjibhai Dolakia' addressed the audience, there was a sense of proud for all the educators and his employees as he himself is just a 4th grade pass person. The applaud at the ground was so loud that it was filled with claps and gasps while he spoke.



'Puja Bhaishri Rameshbhai Oza's' Speech was on how important a Teacher is in an individual's life than so many other people. The skill of questioning the educationists and make them speechless was how 'Bhai Shri' addressed the crowd and made everyone stunned.

In his presence all the academicians were awarded and were recognized for their extraordinary performance in education fraternity. All winners of educator's award are the shining stars of Gujarat education arena who gave their hardship for the acknowledgment of the students and giving them best education training and polish their talents, so that they can take a stand in their career and face realities with making successful career they deserve. Later on function was lighted by chanting National Anthem with all the guests and ended with high-tea serving to all guests. With this ceremony we also got 'Mrs. Binitri Trivedi - Alembic Group of Schools' as the host of 4th Educator's Award which will be held in Baroda next year. We welcome all the educator to send their nominations for the next year as soon as possible to 'The Open Page' Office.

WINNERS AWARDED BY BHAI SHREE RAMESHBHAI OZA



WINNERS OF EDUCATOR'S AWARD 2016-17



Pooja Jaiswal

Pre-School Educator Award



Dr. Balvant Tejani

Elementary Educator Award



Mr. Baldev Pari

Secondary Educator Award



Ms. Minaxi Vakharia

Senior Secondary Educator Award



Mr. Maheshkumar Parmar

Elementary Principal Award



Ms. Ritaben R Patel

Secondary/ Senior Secondary Principal Award



Dr. Santosh Yadav

Teacher Educator Award



Mr. Kirankumar Patel

Social Service Educator



Ms. Sudha Joshi

Special Educator Award



Mr. Velumurgan

Parent Educator Award



Ms. Bijal Harkhani

Parent Educator Award



Mr. Dahyabhai Patel

School Management Award



Mr. Ashvinbhai Rajgor

Sanskrit Pathshala Award

VETERANS OF EDUCATOR'S AWARD 2016-17



Shree Vallabhbhai Savani



Shree Kanubhai Tailor



Shree Keshavlal B. Nayi



Hansaben Upadhyay



Smt. Shehnazben Hiluwalla



Shree P.P.Swamiji

The word, 'Fitness' defines not only our physical well-being but also mental well-being. Mental Stability is essential to stimulate good physical growth.

We have entered and progressing in our techno world at the cost of physical illness or physical weakness. Due to advanced technology in every sphere of our life, our movement has been restricted. Realizing the dangers of physical weakness, 'Fitness' is the emerging resolution now.

So in today's world fitness has become a crucial part of our life. Probing on why and how did fitness emerge? The answer was another word, 'stress' in other words, mental pressure to keep up to the challenges of the competitive world. There is competition for a child, right from the time; he takes his first step in this world. Mental stress leads to unscheduled eating habits, sedentary life style, lack of rest, lack of exercise, pressure of multitasking.

Every stage of life we need to be alert about everything as a part of our progress in every direction and every level.

Fitness is keeping 'stress' away and maintaining the balance between physical and mental health.

When the body and mind have the strength then, fitness, is the key to achieve what we want in life be it study or game or as person or as a human being.

Mental and physical health enables a person to achieve his wishes in life.

Fitness helps us to be consistent, self disciplined, clarity in thought and ready to face any challenge.

Being fit, bodily and mentally is essential at every phase of life.

As a school student being physically fit would help to study better as it's a proven fact that physically healthy and fit person is proved better in study.

Physical fitness leads to a sound mental health, which would enable us to focus on our task properly

Healthy body and mind give you a better confidence better personality better approach towards challenges.

Some of the ways to achieve fitness is to indulge in any physical activity that we are interested in. We can try some games, swimming, dance, aerobics, yoga, ground exercise or some house hold activity.

I would suggest that as a student, one should play a game that they like. Games which would enable a lot of

FITNESS & YOU



would not only teach team spirit but also these games involve whole body and body parts as workout.

Individual games like tennis or badminton games are such that one part of body works more than the others so to get overall body workout one can choose above games.

Morning fresh air would be a good time to play games or go for jogging or walking. Apart from fresh air, it teaches discipline and keeps you in good spirit throughout the day.

Some benefits of each activity

■ **Basketball:** Total body movement, high jumps and running as well. Excellent upper body workout as well running and jumping develops good leg strength. Good example of teamwork.

■ **Football:** Full body high intensity workout, running improves excellent lower body strength. Develops lots of courage and fighting spirit. Good way to learn team work and develop leadership skills.

■ **Volleyball:** great fun field group ac-

tivity. Excellent hands and upper body work out that develops good strong hands and upper body. Good swift moves makes you alert and learn to move quick and fast the way it requires. Body develops to move and improve flexibility.

■ **Swimming:** excellent overall body conditioning workout. One must learn to swim. It develops awesome body resistance power. Feels very light, fresh and relaxed. In a way it works as a medicine for our body as it boosts and enhances body's internal functional activities. Excellent stress buster.

■ **Group dance:** the whole world becomes one when it comes to dance and music. Music and dance develops a rhythm in everything. Makes you feel happy always. Makes you forget all negativity and keeps you always positive. Gives you great body flexibility and improves confidence and personality.

■ **Group dance fitness workout:** it's a safe form of dance for fitness purpose. Great combination of dance and aerobics with wonderful peppy music. Gives excellent body strength, flexibility, stamina and energy. Its suitable for all age group. Develops resistance power in body that keeps you away from sickness. Makes lungs and heart muscles stronger and so they function better. Improves blood circulation and breathing pattern.

■ **Yoga:** excellent body conditioning workout. The whole world knows and believes it's power. One can perform yoga with any other activity. It makes you calm peaceful and helps in concentration and stability of mind. It's a known fact that many non curable disease have been cured by doing yoga. It's an amazing spiritual activity.

By doing these activities students can actually achieve impossible tasks. Do focus on food along with workout. The combination of food and exercise gives stability and strength in life.



RUJU DESAI
Fitness Expert & Nutritionist

World's Biggest Cricket Stadium Will be in India Soon, Construction Begins

The construction of what has been billed as the world's biggest cricket stadium has gotten underway at Motera in Ahmedabad. The new stadium, which will accommodate 1.1 lakh spectators, is scheduled to be completed by 2019 and will also house three practice grounds and indoor cricket academy.

After the reconstruction of the Eden Gardens, Kolkata, the title of the biggest cricket ground in the world had gone to the Melbourne Cricket Ground of Australia which has a capacity of 100024. However, India is set to bag that title once the 700 crore project of building the new Motera stadium is complete in the next two years.

The stadium has been designed by world-renowned architect firm M/s. Populous, and it will be built upon a 63 acre land which will be acquired after the demolition of the existing Sardar Patel Stadium. The current capacity of the Sardar Patel Stadium is 49000, and it is set to be extended to 110,000 after the expansion

is completed by L&T, who have been awarded the 700-crore contract.

"There will be a concourse to connect the entire stadium for pedestrian and vehicular movement. Moreover, the club house will be equipped with 55 rooms and Olympic-size swimming pool. The parking area will accommodate 3000 cars and 10000 two-wheelers and traffic will be segregated in three directions.

"The stadium will also have 76 corporate boxes and four dressing rooms," said vice-president of Gujarat Cricket Association (GCA), Parimal Nathwani.

The new stadium will also boast of a state-of-the-art indoor cricket academy and three practice grounds. If things go according to the plan, this will not only be the biggest cricket stadium in the world, but will also be the second biggest sports stadium after North Korea's Rungrado 1st of May stadium which has a capacity of 114,000.





ALL YOU NEED TO know to become a PHOTOGRAPHER



Are you the one of those people who's famous for snapping pictures at parties or who enjoys capturing various shades of life through a lens? If you want to earn a living using your creative side but need more information, then you've landed at the right page.

Career in Photography = Business and Technical knowledge + Creative eye A creative eye with visual imagination is

the basic trait required in a photographer. However, getting a decent technical background helps complement the creative side.

It's fun to express your creativity with colors, shades and objects. However, a career in photography may require you to work under pressure and in difficult working conditions. It could be demanding and involve irregular working hours.

IMPORTANT QUALITIES FOR PHOTOGRAPHERS

Artistic ability: Photographers capture their subjects in images, and they must be able to evaluate the artistic quality of a photograph. Photographers need a "good eye"—the ability to use colors, shadows, shades, light, and distance to compose good photographs.

Business skills: Photographers must be able to plan marketing strategies, reach out to prospective clients, and anticipate seasonal employment.

Computer skills: Most photographers do their own postproduction work and must be familiar with photo-editing software. They also use computers to maintain a digital portfolio.

Customer-service skills: Photographers must be able to understand the needs of their clients and propose solutions to any problems that arise.

Detail oriented: Photographers who do their own postproduction work must be careful not to overlook details and must be thorough when editing photographs. In addition, photographers accumulate many photographs and must maintain them in an orderly fashion.

Interpersonal skills: Photographers often photograph people. They must communicate effectively to achieve a certain composition in a photograph.



CAREER OPTIONS

A CAREER IN PHOTOGRAPHY OFFERS THE FOLLOWING OPTIONS

Photojournalism

It's a part of journalism in which images are used to tell news stories. It requires promptness and instinct to generate ideas to make a news story from pictures. You can create a news story from pictures taken during a war or riots in the city/country. Photojournalists should be prepared to take risks like going to war zones, disaster zones etc.

This also covers feature photography like capturing pictures for an entire theme or subject and telling a news story. You can work independently or work for a news agency.

Fashion and advertising photography

If glamour attracts you, then this is for you. It involves working with models and is quite a lucrative and creative field. The work could be used for advertising agencies, fashion houses and fashion magazines.

Nature and wildlife photography

If you're a nature freak and also have a passion to capture it, then go for it. You can work for travel and geographic magazines, calendars as you travel around capturing waterfalls, landscapes, wildlife and other interesting shades of nature.

Event photography

Event photographers work for weddings and other events like sports meets, family functions etc. This still has strong demand for film photography, since most clients would like a copy of the negatives.

Still photography

This involves the capturing of inanimate natural or man-made objects. Portrait photography is one example of this, where you can capture pictures of children, pets etc. You can run your own studio or work for someone. Capturing pictures for cookbooks is another good opportunity.

Travel photography

If you love adventure and travelling then travel photography could be good option for you. Travel photographers can work for the hospitality industry, travel magazines and websites. It requires being able to capture the right shot at the right moment.

Work Environment for Photographers

- Photographers held about 124,900 jobs in 2014. In 2014, about 3 in 5 photographers were self-employed.
- The work environment for photographers varies considerably with their speciality.
- Portrait photographers may work in studios, but they also often travel to take photographs at a client's location, such as a school, a company office, or a private home.
- News photographers and commercial photographers may travel locally or internationally. News photographers often work long, irregular hours in uncomfortable or even dangerous surroundings and must be available to work on short notice. For example, a news photographer may be sent to a war zone to capture images.
- Aerial photographers often work in planes or helicopters.
- Most photographers stand or walk for long periods while carrying heavy equipment.

If you're keen to take up photography as a career and need technical skills to complement your talent, here are some institutes offering photography courses. Some offer applied art courses providing specialized training in the field, while others offer basic courses in photography.

Sri Aurobindo Institute of Mass Communication, New Delhi

The institute offers full time and part time courses in Creative photography. The institute also offers a short-term course on Still photography. The course duration is two months and course fee is Rs 15,000.

Shari Academy: The only authorised training center by Adobe that offers courses for professional photography

The academy offers two-year full time diploma courses as well as some optional courses for further specialisation. It also offers 1-month and 10-month full time diploma courses in specialised photography like Wedding and Portrait photography. The institute also conduct photography workshops.

Jawaharlal Nehru Technological University, Hyderabad

It offers the following courses -- BFA [Photography], Master of Fine Arts [Part time] - Photography and Visual communication.

Xavier's Institute of Communication, Mumbai

- It offers certificate course in photography.
- The institute also organizes photography workshops throughout the year.

National Institute of Photography, Mumbai

The institute offers part time and full time [basic and advanced] courses in photography. It also conducts photography workshops.

Photography Academy, Delhi

- It offers diploma as well as certificate programmes in photography.
- The following institutes and colleges offer photography as a subsidiary subject:
- Mahatma Gandhi Kashi Vidyapith, Varanasi
- Rupam National Institute of Electronic Communication (affiliated to University of Rajasthan), Jaipur
- Satyajit Ray Film and Television Institute, Kolkata



If you've a passion for photography, there's no reason why you can't make it your profession -- be wise and practical and go for it!



From failure to Radio Jockey, My life has been full of Drama

Success is useless if you get it by fluke or luck. What is the point of achievement if you didn't work for it?
Hard work definitely pays.

I was born on Independence Day in the capital green city Gandhinagar, but my life was not that independent in the initial years. I was an average student in my school time. Studying in a Gujarati medium boy's school, my problems were the same as every Gujarati medium student!

My family always wanted me to become a Doctor or an Engineer and if not then a government servant.

But these said and done job roles never fantasized me. Going with the flow I somehow managed to get admission in a reputed engineering college. But that was not it my friend!

My experience of failing started from then. I failed every year in every subject. Depression took over and I was a loner for a year.

Then things started happening to me. One fine day while shopping in Himalaya Mall, I saw auditions happening for an RJ HUNT. My friend insisted that I try my luck and so I went.

- I was not the winner or finalist but shortlisted for an internship with Radio Mirchi Ahmedabad.
- This was when I discovered the true persona of mine...RJ UTSAV!
- Thanks to my mentor, who wants his name to be a secret.
- Well, the reason why I am working at Radio Mirchi today is simply because he's my mentor.
- Along with my internship I was pursuing Masters in Mass Communication and Journalism.
- As soon as I completed my internship and my Masters, I got a chance to work in A Gujarati News channel called VTV Gujarati.
- That was a take off for me as a person and as a professional.



- After working there for a year I got a call from Radio Mirchi Surat. And next month I joined Radio Mirchi Surat as a Radio Jockey.
- And that is the reason why I am writing here for you guys.
- In life not everybody gets a chance to be number one.
- Failure comes more often.
- Be it in studies, career, and relations. The way you fight back is what matters.
- I had all the chances to go and pick a wrong direction when I was a teenager. But I choose to work for my name and wash all the dents I had.
- So buddies, never lose hope! If anything like this comes across to you too. Don't look back! Look ahead!
- You won't believe this but I was a laughing stock for the way I looked or appeared to be. But with time it also changed. The way I look was

never a concern for me. Rather what I can achieve was my target. Till date when I am writing this article, I don't remember I have done any wrong practice that affected me as a person.

- Life has a very simple logic. Be good and get better in return. If not, then move on.

Often we see that we get affected very easily by the negative thoughts, negative people, people who demotivate you. Best thing you can do is say yes to everything, every advice when you are growing. But always do what your mind strongly believes. There are lots of ways to go towards success. What is the point of wasting your energy and studies if you want to end up being no special? Identify that special quality about you!

Discover maximum around you. Explore as much as you can. There

shouldn't be anything you don't know.

In life, only good numbers are not important. We only focus on the end result we want to get. For example, I want to become a superstar. But I don't want to do anything superstars do to become what they are today.

Success is useless if you get it by fluke or luck. What is the point of achievement if you didn't work for it? Hard work definitely pays.

But for that you need to have patience. Because when you want to have apple juice and you look at an apple, it will not directly convert into juice. Is it? You need to go through the process. And that process is a guarantee of you getting the end result you want.

I am not a good writer but I guess with this, you all will decode my feelings which I am sharing. Every day, when you get up and look into the mirror what you will see? Yourself, right!!

You have to appreciate that person in the mirror. You have to work hard for yourself. No one will come to you and make you a bigger personality. It's you, who will make this happen; it's you who will make yourself big.

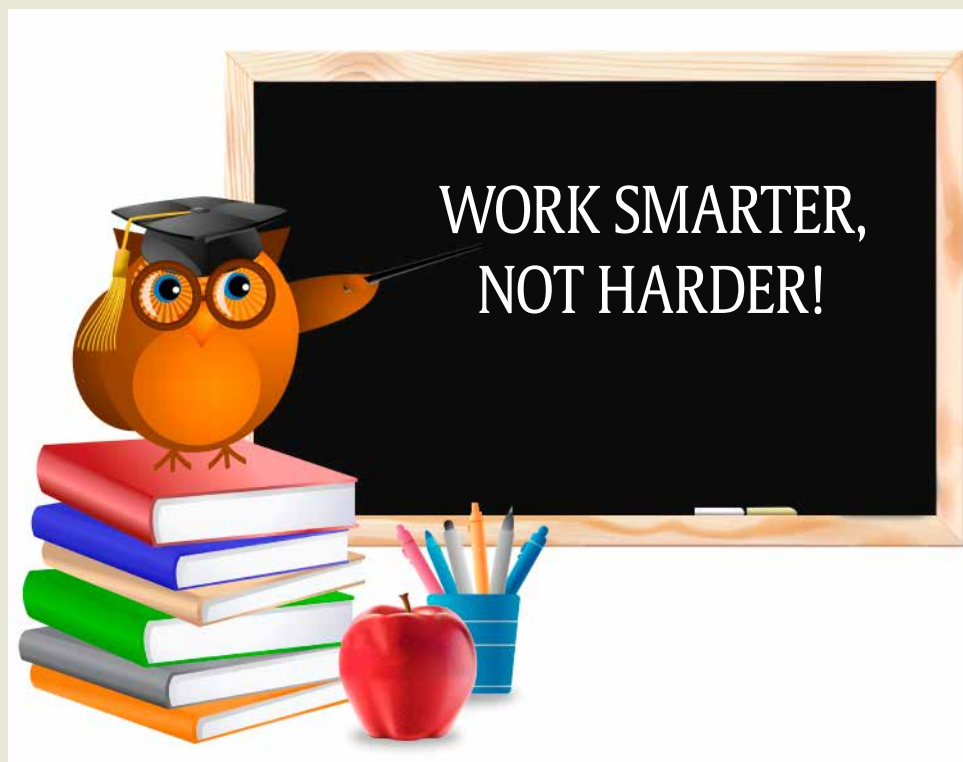
Only stop when your mind says you are on wrong track. Keep going, keep doing what you love. Make yourself proud, your family proud and with that the world around you will automatically make you a bigger successful personality.

With that will end here...for now at least.
Be happy, make others happy, stay khush.

R J UTSAV
MIRCHI 98.3,
SURAT



Do it the Smart way & Bend it like Football



Behold the techno savvy homo-sapiens and descendants of chimpanzees. Here we go!

The starting might be weird but it is sure to have a universal ending.

This is to all the football lovers. We see that goal in the field and it becomes our only dream. Well, as a metaphor (no offence, Shakespeare) life is just another football game, where you need to set a target goal and strike the ball which is the "opportunity", harder than you've ever hit.

This sounds easy but about the target, yeah, I get it.

Setting a goal might be difficult. Well, according to the person who is writing this, right now believes that there are sub-divisions in goals too, for instance, scoring in an exam. So firstly we need to decide the course of action, then work with determination and then VOILA! The cover page of your hypothetically popular

newspaper, in which your brain becomes the editor, will probably have YOU SUCCEED printed in bold letters.

This is only the first part of getting closer to the word "SUCCESS".

But this specific goal plays a vital role in student's life. It helps not only in the focused approach but also makes one sincere and hardworking. And this is where we all go wrong. In this 21st century world, which we refer to as the 'DORAEMON WORLD', smart work is the key to success. Smart work doesn't mean cheating fella! Wait, we need to check the dictionary, till then, stay tuned and drink that glass of milk which will boost your energy and make you string for facing the failures and victories in life.

SUDESHNA DAS
STD: IX
SURAT



How to support child to be REGULAR FOR ALL WORK



What do you mean by 'being regular'?

Regularity is connected with time. If a person is found doing particular task at definite time then we can say that such a person is regular. For example: to wake up daily at a fixed time, to have meals daily at a fixed time, etc. As per Merriam Webster dictionary, "Regular" means:

- Happening over and over again at the same time or in the same way: occurring every day, week, month, etc.
- Happening at times that is equally separated
- Happening or done very often

FOR EXAMPLE

Professional athletes make regular appearances on TV.

Her heartbeat was regular.

The gardeners planted the trees at regular intervals.

I suggest that we have regular meetings/meet on a regular basis

Who can we call Regular or Irregular?

Any child who is having timely intervention with day to day activity can be called a regular child. For instance, if a child wakes up every morning at the same time irrespective of school or no school then such child can be called as having traits of being regular. Similarly, if a child gets ready on time, takes his / her meals on time, does class work and homework on time, has a pattern of beginning and completing tasks on time then such a child can be referred to as Regular Child. A child who is regular is often found to be more predictable and behaving normally under all circumstances. Such child have tendency for achieving success frequently and more often than other children.

A child who is not having above traits and time commitment is said to be irregular. Such child has frequent tantrums and dislikes and much time is

wasted over convincing such child to do a task. Such children have lesser ratio of achieving success as compared to the regular child and will be more prone to hardships and struggles in life.

From where do we get lessons for being regular?

We get lessons for being regular from the concerned environment i.e. the surroundings of the child, the home and the school. Generally, the school is a timed up organization, all the tasks happen at regular intervals, the lectures and sessions are all timed up, start time and end time of school is always scheduled. Thus School is a place where children will have lessons of regularity very often. The second place where the child will learn lessons of being regular is the Home. Thus, at home also we should try to follow as much regular schedule as possible. The child will learn more from the behavior and regularity patterns of the elders then what is told to the child. Thus as elders and parents to the child it becomes our duty to be regular and teach the informal lessons of regularity to the child. At home, necessary strictness should be maintained to support the child for being regular for waking up, lunch, homework, playtime and other such tasks. Elders should also pose a regular behavior to the child so that the child will be inspired and motivated to be timely and regular. Thus it is from home and the school that the child will learn the lessons for being regular.

What are the benefits of being regular?

Having regularity in life will have its effect manifold. With regular and punctual practices one can easily achieve the desired result or output. The maximum benefit is seen in form of good physical and mental health. A person having regular life style and habits will have more chances of getting success easily and frequently. Such a person will always be ready to han-

dle the contingencies of life. Being regular for the self, such person will take out time for the family and society as well which in turn will be helpful to establish a balanced life style. Having regularity in daily errands will help in long run as the physical and mental health of the person will be always supporting the requirement of doing the task. The readiness of such a person will be prompt. Thus, apart from getting success, such person will have satisfaction in life which is much more important than success. Thus a child who has formed the habit of being regular and punctual right from the childhood will have more chances of success, stability and satisfaction as compared to other children. As it is said, "Punctuality is half the battle won", thus regularity will increase the chances of a balanced and content life.

How to support the child to be regular?

Regularity is a habit that every one wishes to have but only few can make it up. Being regular is not easy and thus making a child regular in day to day routine is also a Herculean task. The following tips will enable you to carry out this Herculean task easily:

1. Try to maintain consistency in the wake up time for your child. Fix up a schedule for School days and vacation days. During school days insist that your child wakes up by 7:00 am so as to reach the school on time. Also maintain this schedule in weekends and holidays during School schedule. You can have a different schedule during vacations, but even during vacations maintain the consistency of the wake up time. For example, during vacation it may be ok if your child wakes up a little late say around 8:00 am but make sure that on each day the child wakes up around the same. This will ensure habits of being regular and punctual.
2. Maintain the consistency of meal



time and play time. During school days usually the child will have meals after coming from school say around 1:00 pm. Maintain the same schedule for them during vacation time period. Also maintain the recess time of the child as it used to be during school days. This will ensure normal habits and will keep the body metabolism regular and in turn will help the child to be healthy.

3. Support your child for having play time. Try to maintain the schedule for play time. For example, let your child go to play in the evening say from 6 to 8. See to it that the child gets enough play during this time and maintain such schedule on regular basis. If your child does not see his friends during this time then please take out time yourself to play with the child and maintain such regularity.
4. Promote your child with reward statements more often. For example, if your child cooperates you by waking up regularly then promote him / her with statements like "Very good Jill, you helped me by waking up on time; you saved me from getting late". Promote such children in family gatherings, peer groups, etc. for example, in a family gathering appreciate your child's habit of waking up on regular time by saying, "Jill is very particular, Jill always wakes up happily at regular time and supports me in doing my tasks". This will boost the confidence of the child that his / her activities are in tandem with what is required and he / she is able to keep up the standards.
5. Grant your child some extra time for play or watching TV, grant your child a special weekend, etc. if your child cooperates you for being regular.
6. Make your own routine in tandem with child's routine requirement. So as to have regular meal times for your child, you also sit and have meals with the child. Try to balance your routine tasks with that required for the child. This way the child will have a direct demonstration of what and how of the requirement and you will be a role model

Regularity and punctuality plays an important role in one's life. As a parent, you play a crucial role in your child's balanced development. You cannot always motivate your child with just stories or talks. Your involvement with them will play a big role in motivating them. Being regular you will pose a great role model to your child. Being regular will also help you as parents for having greater chances of success in your personal life. Such habits help your child develop the self-confidence that s/he will need as an adult.



DR. VISHAL VARIA
Educator, Rajkot

Languages, Communication & Students



A teacher entered in the classroom and asked the students if they are ready to start working on the language project for the semester? The students responded so coldly that the teacher got somewhat sad. Mostly none of the students reacted positively or enthusiastically. This is actually a very common scene these days. The big question here is Why?

It is seen everywhere that students are least interested in participating linguistic activities. Some of them like elocution competition, poetry recitation, debate or essay writing competition have lost their charm among the students and no longer attract them to participate, to prepare, to perform or to have passion to win nowadays. It's a warning bell for the society. Gradually, we are preparing a mass which is least acquainted for writing, reading or speaking what actually is to be expressed.

Who would take the initiative? How can things be mended? Where do the teachers fit into this mechanism to handle the situation and help positively? The reply to the question actually defines the teacher's central role in the same. Look at the following circle of our linguistic approaches taught by the teachers.

Even if the teacher precisely teaches all of the above and many more skills, the students fail to show leniency towards languages. The reason for it clearly points out towards our general tendency that at certain stage of studies, considering the trajectory for the career, subjects like science and mathematics earns more importance at the cost of languages. Not only in schools but parents too equally direct students to focus more on Maths and Science. Utmost precision is expected in Maths-Science while mistakes in languages are ignored easily. Ultimately,



- Education of languages suffer.
- Ambiguity in expressions become common
- Creativity is seen very less
- Languages are taken for granted.

Due to this, the students do not consider the importance of the languages. Language is the base of communication that is a part of personality of any person. Command over the language helps one to earn a lot of praise and respect in the society as well as in professional. Actually for the better communication, the students should master their skills to improve their linguistic skills. There is no doubt



4. add a flair to the speech of a person,
5. elaborate the content flawlessly,
6. improvise the ways of expressions of any particular narration,
7. explore the world of literature that leads to the life of a scholar

Hence, a student, whichever career he/she wants to pursue, should never neglect the importance of language. And it should not be overlooked that even the subjects like Science and Mathematics need languages for its explanation. The one, who doesn't understand the language well, is pretty sure to find the ways very difficult to follow the literary expression of any theory of Mathematics or Science.

story helps to understand a complete idea of any specific event or a matter which in turn leads to make the comprehension skills stronger. It would be again better if the same story is shared with a friend or a class mate. We read, we understand. We narrate, we expressed. That's what one of the parts of a wonderful communication.



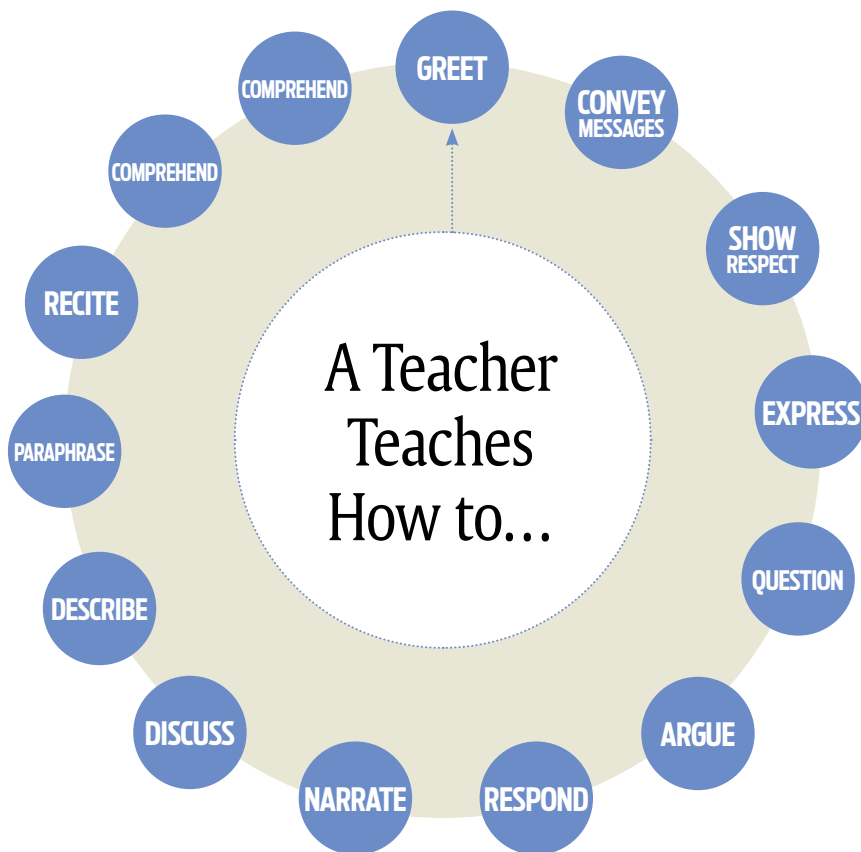
Few more points to be considered are,

3. Have a habit to keep notes or diary writing, it helps to improvise writing skills.
4. Read poems as well that will help to learn about different structures of poem.
5. Focus on grammar in the early years and have good command on language.



Let the languages be the strength of our personality and not the weakness ever. Let there should not be any hesitation in participating elocution or essay competitions. Let the speeches be enriched with wonderful vocabulary and references. Let's understand our literature and thus our culture. Let our communication be such that add a feather to our personality. Read, Write, Understand and Express. Yes, Language matters.

DHAVAL SOLANKI
Educationist



that, none other than the teacher, can be a key person to channelize this development very clearly and help the one to enjoy the fluency and lucidity in any particular language.

Importance of Languages for communication

When someone speaks, it is a mirror of his or her personality, the education level and the culture as well. For the well organized communication, a person should be well versed in the particular language. A good command on language can,

1. clarify the exact meaning of the person's talk,
2. help to express the views using various references,
3. definitely connect to local people,

So, now the main aspect is to find out the aspects that can help to have a strong foundation for languages and ultimately improves the communication skills. Yes, a well organized teacher should follow the following steps:

1. Enriching the Vocabulary

Vocabulary is nothing but a treasure of words that help you understand and express different things. Teacher should induce some planned word games during the school timings that can help students to explore the new words along with their meanings.

2. Be a Reader

Read, read and read. Use your free time in reading something. Never ever miss a chance to read a story. A

WORLD CANCER DAY



I hope this article of mine answers to all your wh- questions about World Cancer Day.

WHAT IS CANCER?

Cancer can start almost anywhere in the human body, which is made up of trillions of cells. It disturbs the orderly process of replacement of dead cells by new cells. As cells become more and more abnormal, old or damaged cells survive when they should die, and new cells form when they are not needed. These extra cells can divide without stopping and may form growths called tumors. Cancer is a class of diseases characterized by out-of-control cell growth.

WHAT IS WORLD CANCER DAY?

World Cancer Day is celebrated all over the world to commemorate the efforts done by the WHO(World Health Organization towards making the strategy to fight against cancer by uniting all the people on 4th February every year on global basis. It is celebrated to implement new programs which make people aware about this disease.

HOW IS THE DAY CELEBRATED?

To spread the special messages about the cancer awareness and its prevention, the leading health organizations as well as nongovernmental organizations take part in organizing the camps, awareness programs, rallies, lectures, seminars and etc. Variety of control measure policies get implemented and people are motivated to join the masses. They are also informed about the risk factors causing cancer such as intake of tobacco, overweight or obese, low fruit or vegetable intake, less or no physical activity, alcohol use, sexual transmission of HPV-infection, urban areas air pollution, indoor smoke, genetically risk factors, over exposure to sunlight and etc.

WHY WCD IS CELEBRATED?

World cancer day is celebrated to

make people aware of the risk factors and preventive measures of the cancer for its early detection. Generally, people suffering from cancer are looked down by the normal people in the society and are considered untouchables. The day is celebrated to remove such social myths related to cancer.

WHAT ARE THE USELESS MYTHS PEOPLE HAVE?

Cancer victims think that suffering from cancer is a punishment, however most kinds of cancer are now curable.

People think that suffering from cancer is their fate. Well, approximately 30% of the cases can be cured and prevented for lifetime.

WHAT'S THE THEME OF WCD 2017?

The theme of the World Cancer Day 2016-2017-2018 is "We can. I can."

WHAT'S OUR CONTRIBUTION?

It's as simple as doing your bit to reduce the global burden of cancer. Just as cancer affects everyone in different ways, all people have the power to take various actions to reduce the impact that

cancer has on individuals, families and communities. Treating cancer patients just in the way you treat your best friend is the way to keep the patient mentally relieved and physically happy. Making healthy lifestyle choices is one of the best ways a person can prevent as well as control the growth of cancer in body.



EKTA GANWANI
YRC MEMBER
LML SCHOOL, (AHMEDABAD)

WINNER OF JANUARY



Ekagra
Maheshwari
Std 2, DPS,
Gandhinagar



CHAIR POSE

YOGA SESSION 13

BENEFITS

- Increases stamina, stability, balance, and strength.
- Strengthens the leg and spine muscles.
- Stretches the shoulders and chest.
- Stimulates and energizes the body.

YOU COULD PRETEND TO BE

A kangaroo, chair, farmer on tractor, skier, horseback rider, thunderbolt, baseball player, or helicopter (twist upper body).

UTKATASANA



DESCRIPTION

- Stand tall in Mountain Pose. Walk your feet close together so that your big toes are touching, but your heels are slightly apart.
- Exhale as you bend your knees, bringing your knees to touch, and sink down as if you are sitting on a chair.
- On an inhaled, bring your straightened arms up in front of you, bringing your biceps toward your ears, with your flat palms facing each other, but not touching. Your spine is straight (no arch in your back), your belly is tucked in, and your shoulders and chest are open.
- Take a few deep breaths. Feel the heat generating throughout your body. Try to sink a little deeper.
- Come out of the pose in an inhaled. Take a moment in Mountain Pose to rest.

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Std: _____ Mobile No.: _____

Photo



68th Republic Day Celebration at BAPS Swaminarayan School



BAPS Swaminarayan Vidyamandir Raysan celebrated the 68th Republic day with great enthusiasm, gaiety and patriotic fervour. The school director Shri Rameshbhai Patel hoisted the national flag. The 'Jhanda Geet' 'Vijayi Vishwa Tiranga Pyara.....' was sung by the students. The feeling of patriotism was ignited further by the heart touching song 'Aye Mere Pyara Watan...' The 'March Past' by the students set an example of perfect discipline, rhythm, synchrony and co-ordination.

The highlight of the day was the 'Annual Sports Meet' with an objective to promote the idea – Sport is the part of life which makes the learning holistic. The event began with an 'Oath Ceremony' given by Vice Principal Namrata Sheth to all the student participants to play games with true spirit of sportsmanship and to abide by the rules and regulations.

There were various games organised for the students classwise as Lemon race (Grade I), Chocolate race (Grade II), Sack Race (Grade III) followed by Frog Race (Grade IV). There was also Three Leg Race (Grade V), Skipping Race (Grade VI) followed by Partner Race (Grade VII). 100m Race for Grade VIII to XII followed by Shotput. The event which evoked the greatest interest was the Kabbadi Match between Atharwa Ved and Rig Ved. The day also highlighted the importance of sports in student's life.

Principal Monalisa Das gave a vote of thanks. She thanked Lord Swaminarayan Pujya Pramukh Swami Maharaj and Pujya Mahant Swami for their divine blessings. She further thanked Director Shri Rameshbhai Patel and Administrator P.C. Patel for their presence and motivation. On the occasion of Republic Day she gave a call to the student to take an oath to make India a peaceful, developed and most powerful country.

DPS GANDHINAGAR CELEBRATES WINTER FESTIVALS OF INDIA



The Primary Wing of D.P.S Gandhinagar solemnized the Winter Festivals of India with great joy and enthusiasm. Various festivals like Uttarayan, Bihu, Pongal and Lohri were celebrated, where the students took part in an interesting skit 'Say no to Chinese Thread' with a powerful message to save birds, a dance depicting four states of India was gracefully presented by the

students. A popular Punjabi folk song was sung by the teachers to mark the occasion of Lohri festivals.

"Imagination is the highest kite you can fly"

With great zeal and zest students of Class V took part in the Kite making competition. They came up with new creative ideas to make beautiful and colorful kites with stickers, ribbons, shiny tapes etc. The activity was surely a joyful experience for all the students.

The program ended with a colorful note where balloons were released with a message of save birds by our honorable Director Madam, Ms. Rani Chaudhary, Principal Incharge, Mr. Kamal Chand and Head Mistress Madam Ms. Manju Dabi. Vote of thanks was proposed by Mr. Rakesh Bhagat.

"In seed time learn, in harvest teach, in winter enjoy."

REPUBLIC DAY CELEBRATION AT GULSHAN-E-MAHER SCHOOL



On our 68th Republic Day, Gulshan –E- Maher School did the flag hoisting ceremony by 'Mrs. Gazala'- the founder of 'Samarth' and a renowned social worker. On this very occasion, the Gujarati and English Medium students sung patriotic songs and did an amazing play spreading the awareness of Education in today's world.

The chief guest of the day, 'Mrs. Gazala' gave a detailed speech on women empowerment and how the children of today can be the bright future of tomorrow. The managing trustee of the school 'Mr. R. M. Chisti –Retired Judge' gave the information on how to be an honest judge and follow your principles. The vice president of the school, 'Mrs. Chand Bibi Shaikh' also motivated the students for the Indian patriotism. The managing Trustee of 'Sense', 'Mr. Akhil' was also present for the event and he gave all the students a speech about being a good Indian citizen. The whole program was a success due to constant efforts of all the teachers and staff members.

Chaitanya School, Gandhinagar collaborates with State Election Commission on National Voters' Day



Chaitanya School in association with the Election Commission actively promoted the National Voters' Day (NVD) celebrated on 25th January to create public awareness and inspire youth to exercise their Right To Vote.

Students of the schools' Humanities Department framed Quotes on 'Enrol to Vote' which were incorporated in the form of poster campaigns throughout Gandhinagar city. Matdaan Humara Adhikaar - a skit based on the NVD theme 'Empowering Youth And Future Voters' was performed by Chaitanyans at the National Voters' Day presided by the Governor of Gujarat at Mahatma Mandir on 25th Jan 2017.

The NVD has ignited an added sense of responsibility and respect for the nation in the minds of the youngsters.

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HIGHLIGHTS

- Hadimba Temple
- Vashisht Kund
- Snow Point
- Bhrgu Lake
- Manu Temple
- Mall Road Market
- Jogini Water Fall

ACTIVITIES

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- Rappelling
- Rock Climbing
- River Crossing
- Jungle Trek
- Camp Fire

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