

The Open Page

Inspire Learning

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Malana – A unique village



MALANA is a small village which lies on the tip of a mountain about ten thousand five hundred feet above sea level in Kullu district of Himachal Pradesh.

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Effective Communication A Skill to Learn



Communication is a skill which involves systematic and continuous process of speaking, listening and understanding. To communicate effectively one must be conversant with the language.

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Happy Teachers' Day!

Teachers are the storehouse of knowledge who believes in passing on their knowledge to their students who will assist in building a better world in the future. This will lead to a population that is bright and brainy, and the one that will comprehend the world the way it is and is not persuaded by emotions but by logic and facts. Teaching is the most persuasive job and a big responsibility in this world. On every September 5, Teachers' Day is celebrated all over India as an occasion to appreciate and acknowledge the efforts and hard work of our teachers in making us sophisticated and responsible individuals. The celebration of this day is an honor that is imparted to the teachers for their infinite contributions in our lives. This day makes them realize their true value and prominence in our lives as well as in the world.

"If a country is to be corruption free and become a nation of beautiful minds, I strongly feel there are three key societal members who can make a difference. They are the father, the mother and the teacher." This illustrious statement of India's missile man, Lt. A. P. J. Abdul Kalam is still resonating in the minds of every person. The quote epitomizes the influence of teachers on every individual's mind and the society as a whole. Standing just next to the parents in the lead, teachers are truly an indispensable part of everyone's life. They mold and nourish an individual's talent and capabilities. The celebration of Teachers' Day in school is definitely one of the best memories for everyone of us

“Teaching is a noble profession that shapes the character, caliber and future of an individual. If the people remember me as a good teacher, that will be the biggest honour for me”
—A. P. J Abdul Kalam

History Behind Teacher's Day

Teachers' Day is celebrated on September 5, every year on the occasion of the birth anniversary of



India's second President, Dr. Sarvepalli Radhakrishnan. Dr. Radhakrishnan was of the opinion that "teachers should be the best minds in the country". When he became the second president of India in 1962, his students were eager to celebrate his birthday as 'Radhakrishnan Day' but he refused their idea by saying "Instead of celebrating my birthday, it would be my proud privilege if September 5 is observed as Teachers' Day." Ever since then, his birthday is observed as Teachers' Day all over the country.

Celebration of Teachers' Day in India

This day is considered as an important day in schools and colleges. Teachers' Day is celebrated with full fervor and joy in all the educational institutions across India. Students perform special cultural programs like dances and skits for their teachers to make them happy and feel special in every way possible. Schools and colleges also organize special programs in honour of the teachers who indulge in thankless work all throughout the year. Some schools give away awards to the teachers on this day. Teachers are made to participate in games with the students. Students also deliver Teachers' Day speech accentuating the efforts of their teachers and thanking them for their patient listening, encouraging pat and absolute love. Students dress up as their teachers and also assume their role by taking classes. Sometimes, the teachers also take on the role of the students.

We wish all the TEACHERS A VERY HAPPY TEACHER'S DAY.

THE OPEN PAGE 6th EDUCATOR'S AWARD

We at 'THE OPEN PAGE' have been awarding TEACHERS from different schools of Gujarat under 12 different categories named, 'THE OPEN PAGE' - EDUCATOR'S AWARD. Being the need of the hour, we began with the noble deed of felicitating this profession. In 2014-15, five years

back the 1st edition of educator's award was announced and organized in Ahmedabad. The second award in 2015-16 was organized in Rajkot, third award in 2016-17 was in Surat, fourth award in 2017-18 in Vadodara and in 2018-19 the award function was held in Mehsana. 'THE OPEN PAGE' has organized the award function in five major cities of Gujarat in turns and each

city has a host school which took up the responsibility of organizing the event in their premises. This is an opportunity to promote and recognize the importance of educators in the future.

On the eve of TEACHERS'S DAY we would start accepting applications from EDUCATOR'S who have been instrumental in shaping and molding the lives of future generation through our MOBILE APPLICATION - EDUCATOR'S AWARD (it is available on Android phone). Teachers can also send their details on email by filling up the application form downloaded from the website WWW.EDUCATORSAWARD along with scanned certificates and testimonials to educatorsaward@gmail.com.

This is the 6th year and the Host School for the award is KAMESHWAR INTERNATIONAL SCHOOL, a well-known Educational Institute of Gandhinagar.

Scan the Qr Code to
Download the Educator's
award app from play store



CONTACT US FOR ANY
ASSISTANCE
95860 22210, 98255 09516

Website: www.educatorsaward.com
Email: educatorsaward@gmail.com

LAST DATE OF REGISTRATION IS 15th NOVEMBER 2019

To feature your school event on this page, send the details and photographs to editor@theopenpage.co.in

CCIS Green Campus



Seminar and interaction with the representative of Illinois University, Michigan State University, University of Minnesota, USA.

Students of CCIS GREEN CAMPUS enthusiastically interacted with the representatives of Illinois University about the prospect of Higher education in USA and the formalities and requisition of the International Students in the admission process in a very interactive and lively session.

Science Fair Organized by Shree Vidyanagar English School



DPS EAST Celebrated 73rd Independence Day



DPS East school celebrated India's 73rd Day of Independence with great zeal and patriotic fervour. After hoisting the tricolour by Principal, Hitesh Puri, the students of Class V to XII showcased iconic moments to remember and recall our struggle for independence by presenting songs and dances. Principal praised and motivated the students to become good leaders of India. He reminded the students of our duties to make our nation great.

SJIS Students Visit to Gandhi Ashram



The Satyamevians of class III & IV were taken to Gandhi Ashram. The Guide of the Ashram, talked to the students about Gandhiji's value, the philosophy of life. Students were shown a demonstration of the charkha used by Gandhiji.

Tree plantation at SJIS



SJIS launched an extensive Plantation Programme on the occasion of the World Environment Day. The students and teachers selected the empty places close to school compound wall and outside the adjacent area of the campus. The saplings were planted in a well organized way. The programme created a great stir among the general public too.

Lalji Mehrotra Lions School visited the Blind People's Association



The students were shown the various ways in which the Organisation provided employment to these children. Students were able to observe work in the printing press, stitching, and furniture making departments, among others. They were also enlightened on how visually impaired individuals cooked in the kitchen and used the computers in the technology department. The students were made aware of the various ways in which they could help the Organisation in the future.

Khyati World School Organized a Solo Singing Competition



"Music is the Essence of Life"

To enhance the Singing potential and to develop the confidence of the students, Khyati world School organised a solo singing competition on 14th august. with the theme of "patriotism". It gave students an opportunity to exhibit their hidden talents. The winners were appreciated by the judges with a trophy.

CCIS S G Campus conducted health check up camp



Leadership From Literature



SALLA VIJAY KUMAR
National Awards Winning
Sr. Lecturer at IHM



hurt your ability to move forward. This is a difficult task. Because like the proverb says, "Opportunity knocks", who heard it, when and how? So keep your inner ears open always. It is not waiting for the opportunity to come your way, rather recognize the entity

You are the best person who knows what you don't know. So can you break the ice and put your best foot forward. People have been always saying participation is more important than winning. My personal opinion the weakest in the race is not standing there to loose or come last. Apart from all the insecurities is brave to attempt.

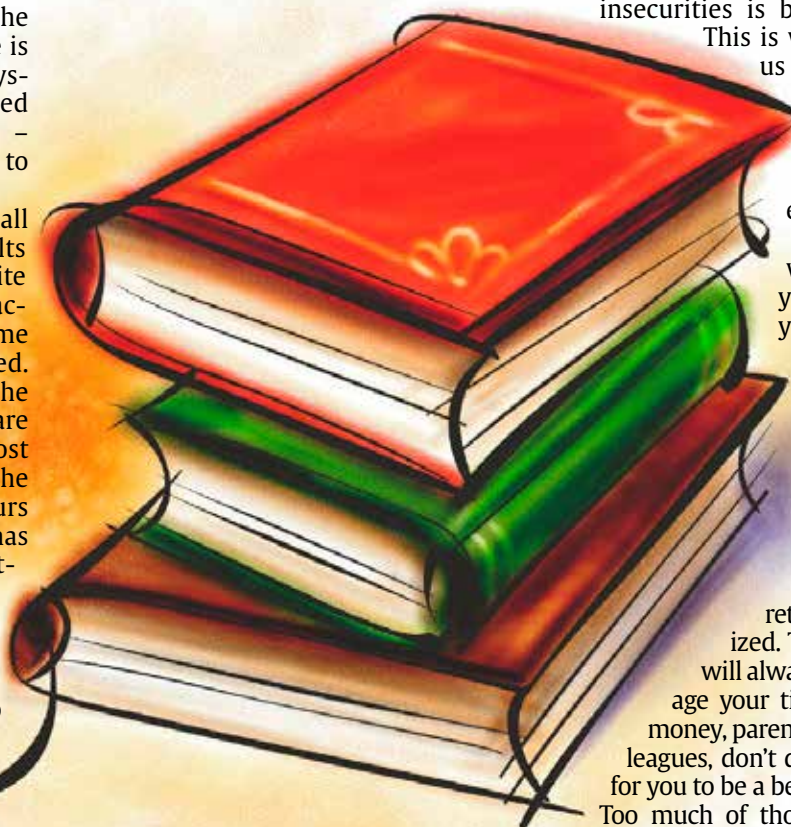
This is what each one of us is liable to do. So first understand your situation and don't wait for someone to empathize or delegate remedial work plan for you. Empower yourself. This is not a motivational read, instead it is an introspection of yourself and something you will be proud of once done.

Don't be theoretically conceptualized. The hours in a day will always be 24 hrs, manage your time, respect time, money, parents, friends and colleagues, don't dig on others do it for you to be a better human being. Too much of thought process can ruin the future course of action in day-to-day activities, so allow some breathing space and the most difficult promise – be happy in every situation because you learn from each. Correct me if I am wrong, you unknowingly learn more than your conscious efforts to learn.

Let your character speak your success story. You lead the change.

during your work schedule. It is not management talks; it is simply being honest and integrity.

Threats are not end of anything. Why are we scared of anything? Many reasons – we know our incompetence, insecurities and accepting it in the first place. Be creative and innovate the medium you want it to do good to you.



Do a SWOT analysis on yourself and you can introspect on yourself. Such situations arise out of results and personal performance and evaluating success quotient. What do you think I should do? Take a piece of paper, sit down, take deep breath and analyze what are your strengths and weaknesses (literature – decision making) that you can outrightly note down and have courage and ethics to admit. Second what could possibly be the opportunities you anticipate and the barriers i.e., threats thereof.

Great the sheet of paper says S... W... O... T.... We must understand that more than strategic planning it should be easy to assess and willingness to be adept. The bug slows immediately after strength option and then it goes at a snail's pace, dormant. In education especially we have got time bound curriculum targets and we are in the process either facilitating or on the receiving end. How often have we assessed the feedback of the dissemination, not about the scores or the quantification of the majority of the students doing the job, right? Time is the enemy, I know. The feedback system many a times, self-acclaimed documentation format (literature – commitment & passion) allows us to draw to the crutch of the situation.

All of us are busy angels. Do a small test yourself. It is quick and the results will be interesting. Check it out. Write down all the things (literature – accountability) you do from the time you wake up till you go back to bed. Have a column adjacent that states the time required for the said task. You are busier than the more political, most influential and the richest man in the world. Kudos!! Now you feel 24 hours need to be updated because it has been long since it has not been attempted by any.

Everyone wants to succeed in life with their talent strengths and have fewer problems through their weaknesses. So it is imperative to manage these weaknesses so that they don't matter in the work you do. Like the things-to-do list it is important to have work-upon list that needs to be time-bound and do-able (in addition to willingness to do) (literature – decision making)

The next phase is to uncover opportunities that you would not otherwise have spotted and manage and eliminate threats that might otherwise

Nutrition – Necessary for Children's Health and Growth



Dr. TWINKAL PATEL
Founder Motherhood
Foundation

Stages of Nutrition:

There are 5 stages of nutrition. These stages explain the procedure our body goes through since we intake the food.

1. Ingestion: Food enters the mouth.
2. Digestion: Large insoluble molecules of food are broken down into small soluble molecules.
3. Absorption: The small molecules are absorbed into the blood.
4. Assimilation: Absorbed food is used by the cells.
5. Egestion: Food which could not be digested or absorbed is removed from the body.



Categories of Nutrients

The body uses nutrients for growth, maintenance and repair and needs to take in about 40 varieties to function properly.

Nutrients can be grouped into six categories:

1. carbohydrate,
2. protein,
3. fat,
4. water,
5. vitamins and
6. minerals.

These six nutrients are further classified according to size and energy.

According to size

Carbohydrate, protein, and fat are macronutrients because they make up the bulk of whole diet. Vitamins and minerals are micronutrients because they are required in much smaller amounts. However, water is a micronutrient because it does not contain energy.

Send your health related query to
theopenpagehealth@gmail.com

Life is a series of baby Steps

Time flies with high speed .Days turn into months and so into years. We are advancing in the technology and our modern life style are also changing with it. Parents, children, youth and senior citizen are busy in their life .Parents are working to earn money to provide facility to their child and also to have comfort zone in their life. Nowadays, youth have started planning about their dreams and ways to achieve their goals. Children they dream about their aspiration in life and also due to curiosity in their mind they are keenly interested in learning and trying new things. Last but not the least, senior citizen in their age worship God and some also use their valuable time in doing social work which benefits the society.

The point is that human at different age level have different set of likings and hence they are focused towards it. But in this materialistic life they forget how to live a life that would make it really worth for taking birth in this world. Every human being has some aims and goals to achieve in which they are just working for the success not for the betterment of the nation. And that's how running for the success they do not worry about their fellow brothers & sisters. It's impossible to achieve all that we desire. We work really hard in our life to achieve all that we desire but something would also be left out in the process. If you are focused and passionate about the work you do than you would never be stressed, but if you are in profession

which is not of your liking than you may feel stressed and depressed.

We should enjoy life by spending some time with our close ones for example, friends, relatives and our parents. The case is that people do their day-to-day chores and do not do different from their routine work.

That's the thing they do not enjoy their life. To have better life, the solution towards this problem is very simple. When we are going for the bed, we should plan everything that what we are going to do for the next day and by having proper schedule we would adjust the time for our own likings. Secondly, we can do some creative and innovative things that we are interested in it.

Apart from this we should include something new beside our daily routine like co-curriculum activities when we are free or at the weekends.

We should be extrovert in life instead of introvert and always try to communicate with different people so that we can expand our horizon. Finally, we should share our feelings and problems with our dear one, we feel relax. Thus, by following these few solutions we can be happy and can enjoy our life with great enthusiasm.

It's rightly said by Dolly Parton - "If you don't like the road you are walking, start PAVING ANOTHER ONE"

Adani Khushi Asitkumar
Little Flower High School



Salla Tejesh
Class VI, KV ONGC

From a wanderer's diary

Thee calmness I feel
Within me
As thee ways I
Traverse
Dat were once
walked by somebody
Also thee untrodden one's
Thee chords of art
Which reveal thee ardour
Within me
Voyage frond me
In silence yet crashes
Thee stillness within me
Thee hike moves
My soul from
Hushness of unpleasantness to thee sentiments of ecstasy
I'm thee wander y e Crave
Thee richness of thee universe
As I fabricate thee volumes of
Memor all one's in livelihood!!

—Hinal Rathod, Class 12, St. Xavier's, Loyola Hall

RAKSHABANDHAN CELEBRATION BY VARIOUS SCHOOLS



CCIS SG Campus



Kameshwar International School



Tripada International School



Madhav Vidhya Sankul



Horizon School



Inter House Music and Dance Competition at LML School



Lalji Mehrotra Lions School conducted an Inter-House Music and Dance Competition in School premises in which the students of all the four house, i.e. Jal, Prithvi, Vayu and Agni competed. The school was honored to be judged by three renowned people from the fields of dance and music - Mr. Devendra Acharya, Ms. Akshita Sharma and Ms. Dhvani Asher. The theme of the music competition was Patriotism as patriotic songs are very influential and can be used to motivate the youth of the country to stay united and do something for the country. After amazing performances by the four houses, Class XII presented a melodious song being the leaders of tomorrow.

—Shivangi Dasgupta, LML School



KWS Campus

National sports Day celebration - "Tribute to Major Dhyan Chand"

To commemorate the birth anniversary of hockey legend Major Dhyan Chand National sports Day was celebrated at our KWS campus. The day brings awareness about the importance of sports and games in the life of every individual. Even our prime minister has urged the people to give priority to sports and games in everyday life. Sports is an essential requirement for physical as well as mental development. We had organised football matches in our premises under different categories. All the team played with lots of zeal and excitement and kept the motto high "sports for all" and "play for excellence".

JANMASHTAMI CELEBRATION BY VARIOUS SCHOOLS



CCIS Green Campus



Madhav Vidhya Sankul



Tripada Haus fur Kinder



CCIS SG Campus



LML School



SRV



Tulip International School



Satyameva Jayate International School



Mother Teresa Memorial School Shella



Tripada English School



Shree Vidyanagar English Medium School



Ice-cream Floats

INGREDIENTS:

- 2 glasses of milk (chilled)
- 2 tblsp cocoa powder
- 2 tblsp drinking chocolate powder
- Sugar according to taste
- 2 scoops vanilla ice cream
- Chocolate chips for garnish

METHOD:

- 1) Take a blender and blend milk, sugar, cocoa powder and drinking chocolate.
- 2) Pour this mixture into ice-cream glasses and add a scoop of vanilla ice-cream gently such that it floats.
- 3) Garnish with chocolate chips and serve chilled.

A DELICIOUS RECIPE BY ESTHER SAMUEL

Esther Samuel, A complete foodie who likes to experiment with food and is determined to make cooking a very interesting chore of one's life.

FROZEN BANANA CEREAL POPS

INGREDIENTS

- 3/4 cup (6 ounces) strawberry yogurt
- 2 cups Fruity Pebbles cereal
- 4 medium bananas, peeled and cut crosswise in half
- 8 wooden pop sticks

DIRECTIONS

- Place yogurt and cereal in separate shallow bowls. Insert pop sticks through cut side of bananas. Dip bananas in yogurt, then roll in cereal to coat. Transfer to waxed paper-lined baking sheets.
- Freeze until firm, about 1 hour. Transfer to resealable plastic freezer bags; return to freezer.

TEST KITCHEN TIPS

- Switch it up with vanilla yogurt and Cocoa Pebbles cereal.
- In a recipe this simple, it pays to use bananas that are ripe and sweet but still firm. Look for bananas that have little or no green on them and no brown or black spots. This is a great way to use up a bunch of extra bananas before they overripen.

NUTRITION FACTS

1 pop: 106 calories, 1g fat (1g saturated fat), 1mg cholesterol, 57mg sodium, 24g carbohydrate (14g sugars, 2g fiber), 2g protein. Diabetic Exchanges: 1 starch, 1/2 fruit.



QUIZ

1. What is the unit measurement for the activity of a radioactive source?
2. If you mix all light colours, do you get black, white or a rainbow?
3. How many separate patents did Thomas Edison file?
4. Is a white gold ring pure gold?
5. What is the symbol for Silver?
6. What does ATP stand for?
7. What survives impacting Earth's surface; a meteor, a meteorite or an asteroid?
8. What is the strongest known magnet in the Universe?
9. Which is the hottest planet in the solar system?
10. How far is the moon away from Earth?
11. Where does sound travel faster; water or air?
12. What is opposite to matter?
13. Do have the same number of neck vertebrae as giraffe's?
14. How much salt does the average human body contain?
15. What is 'fools gold'?

Send your answer to openpageyrc@gmail.com. Names of the Winners would be announced in the next issue



MAKE A LEVITATING ORB!



YOU WILL NEED

- 1 inch (2.5 cm) wide PVC Pipe about 24 inches (60cm) long. You can also use a regular balloon if you do not have PVC pipe.
- Mylar tinsel for Christmas trees. There are many types of tinsel and many will not work – you should look for the thinnest and narrowest possible. The tinsel used in the video is about 1 millimeter wide. If it is much wider than that, the orb may be too heavy to levitate. (You can order the exact same from Bob by clicking [HERE](#).)
- A head of clean, dry hair
- Scissors

WHAT TO DO

1. Arrange 6 strands of mylar together and tie them together in a knot at one end.
2. Tie them together again about 6 inches (15cm) from the first knot.
3. Cut the loose mylar strands off just past each knot.
4. Charge the PVC pipe by rubbing it back and forth through your hair for 10 seconds.
5. Hold the mylar orb (by the knot) above the charged pipe and let it drop and touch the pipe.
6. It should repel away and start floating. If the tinsel keeps sticking to the pipe, the tinsel is probably not thin enough and you will need to try another kind of tinsel or order some from us. (You will usually have to "recharge" the pipe before each levitation.)

Real Essence Of Education

Real essence of Education lies in molding our children to be confident and strong citizens!

When our goals are so high and the vision so strong it becomes our duty to deliver nothing but the best without compromising with the quality and the standards. Here my efforts as a head of the institution becomes more grueling and we at East strive towards the excellence with a single motto of shaping global learners. Today I would like to share with you my feelings and share my experience about the requirement of our child's development so as to enable him/her stand out amongst the rest. Learning is a two way process. Here parents too play an important and an equal role in educating the child. In modern times the term Education is not limited into mere bookish knowledge and getting grades; it engulfs a vast area with important factors as developing self-confidence, making your child socially secure, make him/her emotionally strong, problem solving etc. For the same we can use following keys:

MAKE YOUR CHILD EMOTIONALLY STRONG

Be a patient listener. Help your child come to you for any of his/her turbulences. Make them understand that there is a solution to every problem and they will have to face different situations which might be sometimes unfavourable but they will have to overcome all the hurdles with a winning stroke of confidence.

BE THE STRENGTH

The education can benefit the child only if he is adaptive to various changes as well as experiences in his/her life. Be friend to your child. Let your child discover a friend, philosopher and a guide



in you. Making this happen he will consider you to be his strength. Make them realize and know that for every and any problem they have this door always open and welcoming with love.

Each Child Is Unique:

Every child is different and unique; blessed with immense potential, curiosity and creativity blended with lots of learning attitude. Respect their individuality. Give them exposure to the fullest. Let them discover their own world; make their own choices and face their own challenges. Just be there as a support pillar.

Provide Platform:

The more you learn and the more you know the well you can experience. Things come up by doing. Provide them with exposure by encouraging him to participate in school activities, go on tours and excursions, attend social gathering etc. Make him an extrovert child. Extrovert children openly express themselves hence they will never harm themselves or others whereas Introvert child does not mix with others and hence does not express. He suffocated within and might harm himself.

Social Media Awareness:

In the ever changing and fast pace tech-no world the access to the internet and social media sites has become easy. It is now easily available at the touch of your finger. Many children get affected by the social networking sites and various posts on it.

Education System In Finland

The Finnish strategy for achieving equality and excellence in education has been based on constructing a publicly funded comprehensive school system without selecting, tracking, or streaming students during their common basic education. Part of the strategy has been to spread the school network so that pupils have a school near their homes whenever possible or, if this is not feasible, e.g. in rural areas, to provide free transportation to more widely dispersed schools. Inclusive special education within the classroom and instructional efforts to minimize low achievement are also typical of Nordic educational systems. In Finland education system, that consists of daycare programme for babies and toddlers, for one-year pre-school or kindergarten for six-year-olds. A nine-year compulsory basic comprehensive school starting at age seven and ending at the age of sixteen.

After their nine-year basic education in a comprehensive school, students at the age of 16 may choose to continue their secondary education in either an academic track or a vocational track both of which usually take three years and give a qualification to continue to tertiary education. This education level is divided into university and polytechnic systems. Universities awards a Certificate and doctoral-level degrees. Formerly, only university graduates could obtain higher postgraduate degrees, however, since the implementation of the Bologna process (education system accepted in other European countries), all bachelor's degree holders can now qualify for further academic studies. There are 17 universities and also 27 universities of applied sciences in the country.

Mr. Puri visited different parts of Finland under the UNESCO project along with brother principals of different countries. The objective was to study why the education system of Finland is known best in the World.

He has tried to summarize it in following bullets:-

1. It was seen that citizens of this coun-

try are aware and vigilant about their duties.

- It was practically seen that most of time even when there was not a single person on road; they use to wait for green signal to move ahead on crossroads.
- Skilled education was implemented from childhood.
- It was seen that parents and teachers use to put great amount of confidence in kids. Children were trained to go alone for shopping on bicycle. They too understood that one should wear the helmet on bicycle. Parents believed to make kids self dependent.
- Every class from III to VI children was given sewing machine and were taught how to stitch clothes. This made them skilled and less dependent.
- Small amount of carpentry and welding workshops were conducted. They too cleaned the floor after the session. This instilled the dignity of labor in them.
- Teachers were trained and made aware about emotional and psychological behavior of kids.
- Govt. provided mess (lunch) facility in every school. Children use to place their used utensils in machine for cleaning.
- Whole country is the 'No Horn' country. Absolutely zero noise pollution wherever you go.
- Every school organized field trips almost every week. Country has many forest area and lakes. They learned various things practically. They helped each other. Field trip is a regular feature in every school and they use to go by walking or by bicycle.
- No child was seen crying even in preschool.
- The country tops the Happy Country Index list of the world.



HITESH PURI
PRINCIPAL
DPS, East, Ahmedabad

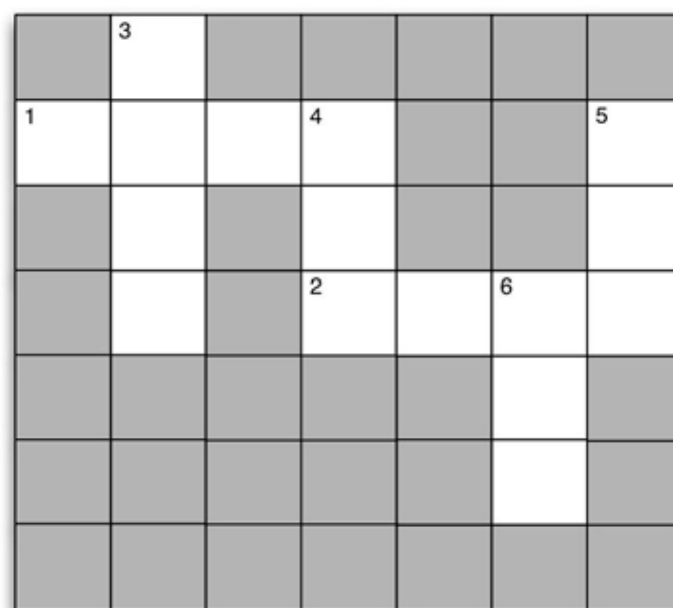
A.A.R.T.I.
ADVENTURE CAMP SITE

Anil Goswami : 9687615514
Email id: campsaluva@gmail.com
Website: www.aartiacamps.com

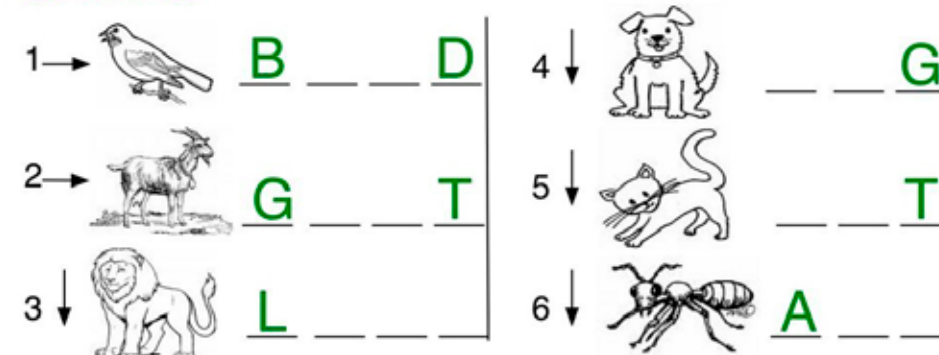
FILL IN THE COLORS



CROSSWORD



CLUES

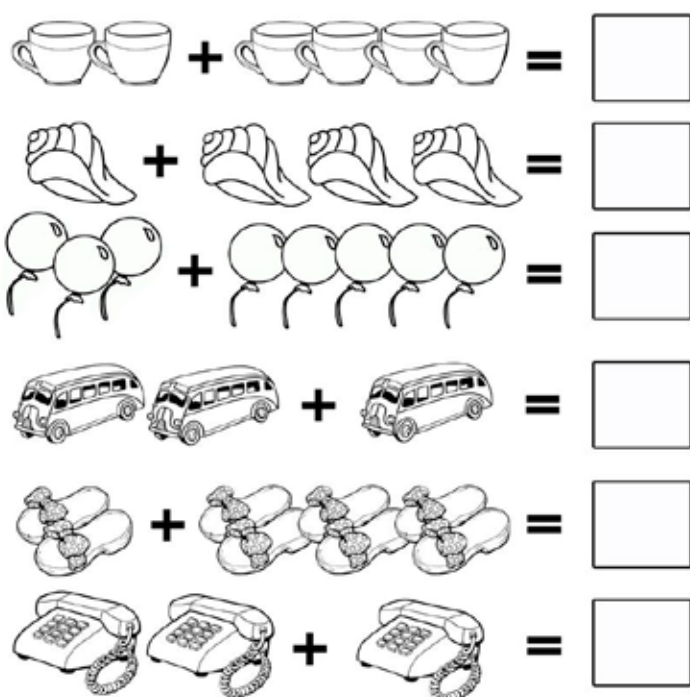


What is the similarity in the animals shown in the header?

MATH WORKSHEETS

Count, sum and write the correct answer in the box.

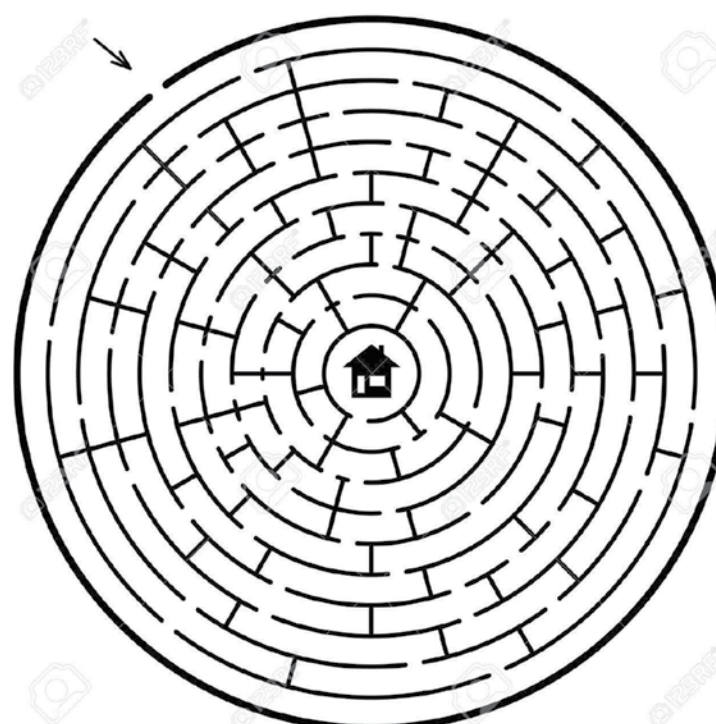
DATE: _____
NAME: _____



FIND THE DIFFERENCE



FIND THE WAY



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Ganesh Chaturthi

Ganesh Chaturthi is a Hindu festival which holds utmost importance in the religion. This festival is celebrated following the Hindu Mythology which says that Ganesh Chaturthi is the birthday of the Lord Ganesha. Hindus refer to Lord Ganesha as the remover of all obstacles. People believe that Lord Ganesha comes every year with prosperity and success.

Furthermore, they welcome Lord Ganesha in their homes with this festival with the belief that he will remove all their sufferings. Ganesh Chaturthi sparks joy all over the country and unites people with celebrations.

The specialty of Ganesha Chaturthi

Ganesh Chaturthi is celebrated for a whole 11 days. It begins on the Chaturthi when people install the statue of Lord Ganesha in their homes and temples. This festival ends on Anant Chaturdashi with Ganesh Visarjan. The devotees of the Lord Ganesha offer their prayers to God. They sing devotional songs for him and recited various mantras in his praise. They perform aartis in favour of the lord and seek his blessings on them.

Most importantly, they offer Lord Ganesha sweets. Ganesha Chaturthi especially calls for Modak. Devotees offer Lord Ganesha with Modak, which is the lord's favorite dessert. Modaks are sweet dumplings which people make with a filling of coconut and jaggery. They either fry them or steam them. People at homes and sweet shops make this sweet delicacy. They are seen around Ganesha Chaturthi mostly and

are a huge hit amongst children.

Celebrations of Ganesh Chaturthi

This 11-day long festival begins with people getting up in the morning and bathing. They buy new clothes for this festival and wear these clean clothes in the morning after bathing. They follow the traditional rituals of chanting mantras and songs. Early on, Ganesh Chaturthi was celebrated in a few families. Later on, it spread all over and thus began the installation of idols and immersion in the water. This marked the beginning of making Ganesh Chaturthi a larger than life festival.

In other words, the idol immersion denotes freedom from evil and sufferings. People set up pandals make glorious statues of Lord Ganesha. Towards the end of the festival when the visarjan is about to take place, people carry out a full-fledged procession. People come out in hundreds and thousands and dance their way to the rivers and oceans.

When Ganesh Chaturthi ends, they pray for the return of Lord Ganesha every year. They look forward to this festival every year. The final immersion of Lord Ganesha's statue in the river or ocean marks the end of Ganesh Chaturthi.

In short, Ganesh Chaturthi is a fun-filled festival in honour of Lord Ganesha. People all over India thoroughly enjoy it. All the devotees of Lord Ganesha come together irrespective of their differences of caste and colour. Ganesh Chaturthi spreads joy and unites people all over.



Tripada English School Celebrated Janmashtami in Association with IMCTF



The students of Tripada English School in influence with IMCTF, celebrated Janmashtami at Dinesh Hall in which young learners of std 1 and 2 participated with full enthusiasm and confidence.

Nearly 215 students participated and performed dances based on life of Lord Krishna.

They performed 'NAAG VANDANA' and 'VRUKSH VANDANA' which symbolizes conservation of wild life and trees. The speech was delivered by the chief guest Shri Somkant Sharmaji which focused on Moral values and our culture. The pledge was taken at the end with a message to save our environment, nature, living beings, values, motherhood and our country.

2 September(USA) - Victory over Japan Day



The name, V-J Day, had been selected by the Allies after they named V-E Day for the victory in Europe. On September 2, 1945, a formal surrender ceremony was performed in Tokyo Bay, Japan, aboard the battleship USS Missouri.

5 September - Teachers' Day (India)



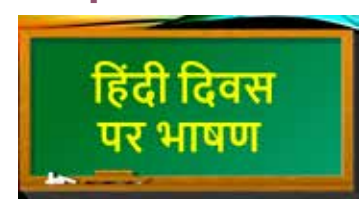
In India, Teachers' day is celebrated on 5th September, the birthday of the former President Sarvepalli Radhakrishnan, a well-known scholar, teacher and promoter of education. On this special day, students celebrate the contribution of teachers in their lives and shaping up the society.

7 September - Forgiveness Day



The last Saturday in October presents us with a special observance: National Forgiveness Day. July 7th is celebrated as Global Forgiveness Day.

14 September - Hindi Diwas



The Constituent Assembly of India adopted Hindi as the official language of the Republic of India on the 14th of September 1949. However, the idea of using it as the official language was sanctioned by the Constitution of the country on 26th January 1950. The original day of adopting Hindi as the official language is observed as Hindi Diwas. Here are essays of varying length on Hindi Diwas to help you with the topic in your exam. You can select any Hindi diwas essay according to your need.

Hindi Diwas is celebrated on the 14th of September each year. This is because the Constituent Assembly of India declared that Hindi scripted in the Devanagari script is the Republic of India's official language.

2 September - Coconut Day



Coconut day or Nāriyal poornima is a ceremonial day observed by Hindu fishing communities in western India particularly around Mumbai and the Konkan coast. It is held on the full-moon day of the Hindu month of Shraavan which falls around July or August

5 September - Sanskrit Day



World Sanskrit Day, also known as Sanskrit Diwas, is a holiday focused around the ancient Indian language of Sanskrit that incorporates lectures about the language and is aimed to promote its revival and maintenance. It is celebrated on Shraavanapoornima, that is the Poornima day of Shraavana month in the Hindu calendar. World Sanskrit Day was celebrated on August 7, 2017.

8 September - International Literacy Day



International Literacy Day, celebrated annually on 8 September, is an opportunity for Governments, civil society and stakeholders to highlight improvements in world literacy rates, and reflect on the world's remaining literacy challenges.

3 September - Skyscraper Day



Skyscrapers have become pretty commonplace in modern times, and National Skyscraper Day is our golden opportunity to appreciate these architectural marvels and feats of engineering. Skyscrapers grace our big cities with their bold presence and define our skylines with mighty buildings that literally seem to scrape the sky. But skyscrapers have only been around for about 130 years.

6 September - Defense Day



Defence Day is celebrated in Pakistan as national day to commemorate the sacrifices made by Pakistani soldiers in defending its borders. The date of 6 September marks the day in 1965 when Indian troops crossed the international border to launch an attack on Pakistani Punjab, in a riposte to Pakistan's Operation Grand Slam targeting Jammu.

10 September - World Suicide Prevention Day



World Suicide Prevention Day (WSPD), on 10 September, is organized by the International Association for Suicide Prevention (IASP). WHO has been co-sponsor of the day. The purpose of this day is to raise awareness around the globe that suicide can be prevented.

5 September - International Day of Charity



Charity, like the notions of volunteerism and philanthropy, provides real social bonding and contributes to the creation of inclusive and more resilient societies. Charity can alleviate the worst effects of humanitarian crises, supplement public services in health care, education, housing and child protection. It assists the advancement of culture, science, sports, and the protection of cultural and natural heritage. It also promotes the rights of the marginalized and underprivileged and spreads the message of humanity in conflict situations.

7 September - Brazilian Independence Day



On September 7, 1822, Prince Dom Pedro declared Brazil's independence from Portugal, founding the Empire of Brazil, which led to a two-year war of independence. Formal recognition came with a treaty signed by both Brazil and Portugal in late 1825.

11 September - Patriot Day



Patriots' Day is a state holiday in Massachusetts and Maine, where state, county, and municipal offices are closed. However, Patriots' Day is not a federal public holiday and federal offices are open. ... Patriots' Day is not a public holiday in other parts of the United States.

15 September - Engineer's Day (India)



M. Visvesvaraya was also the Diwan of Mysore from 1912 to 1918. The Engineering Community across India celebrates Engineers Day on 15 September every year as a tribute to the greatest Indian Engineer Bharat Ratna Mokshagundam Visvesvaraya.

15 September - International Day of Democracy



This year's International Day of Democracy is an opportunity to recall that democracy is about people. Democracy is built on inclusion, equal treatment and participation – and it is a fundamental building block for peace, sustainable development and human rights. The Universal Declaration of Human Rights, which states that “the will of the people shall be the basis of the authority of government” (article 21.3), has inspired constitution-making around the world and contributed to global acceptance of democratic values and principles. Democracy, in turn, provides the natural environment for the protection and effective realization of human rights.

This year's International Day of Democracy is an opportunity to recall that democracy is about people. Democracy is built on inclusion, equal treatment and participation – and it is a fundamental building block for peace, sustainable development and human rights. The Universal



For Rahane, the wait is over as India surge ahead

Earlier, resuming at 185 for three, India lost Kohli (51) when his leading edge off Roston Chase flew to John Campbell, who took the catch on second attempt.

That ended the fourth-wicket partnership between Kohli and Rahane that yielded 106 runs for India.

The other overnight batsman Rahane was joined by Vihari, who easily worked the ball around in gaps to keep the scoreboard ticking.

Holder now made it all-spin attack by introducing John Campbell from the other end.

As soon as the new ball was available, pacers Kumar Roach and Shannon Gabriel operated in tandem but before that West Indies part-timers had bowled 41 overs in this innings alone.

While Roach and Gabriel bowled a few testing deliveries, it largely remained an untroubled stay for both Rahane and Vihari.

Opener Mayank Agarwal (16) was the first wicket to fall for India in the second innings, trapped by Chase in the 14th over although TV replays showed the ball was missing the leg stump but the batsman didn't go for review on Saturday.

After Agarwal's departure, KL Rahul (38) and Cheteshwar Pujara (25) added 43 runs for the second wicket to take India forward.

Rahul, however, gave away his wicket, bowled by Chase. He went across his stumps while going for a sweep, only to expose all the three stumps and the West Indian spinner stuck as the batsman failed to connect the ball.

An over later, Roach went through Pujara's defence to reduce India to 81 for three. PTI

BRIEF SCORE (at the time of going to press): India 297 & 343/7 decl (A Rahane 102, G Vihari 93, V Kohli 51; R Chase 4/132) vs WI 222



Malinga takes historic hat-trick after becoming 1st bowler to 100 T20I wickets

Sri Lanka vs New Zealand, 3rd T20I: Lasith Malinga went past Pakistan great Wasim Akram to become the 1st bowler to take 5 hat-tricks in international cricket. On Friday, Malinga picked up his 2nd T20I hat-trick in Pallekele against New Zealand.

Sri Lanka captain Lasith Malinga on Friday became the first ever bowler to take 100 wickets in T20I format in 3rd T20I against New Zealand at Pallekele. Soon after achieving the feat, Malinga picked up a historic hat-trick, decimating the Black Caps top-order.

Lasith Malinga became the first-ever bowler to pick up 2 hat-tricks in T20I cricket. Malinga had taken his 1st T20I hat-trick in a T20I match against Bangladesh in Colombo on April 2017. Notably, Malinga now has a total of 5 hat-tricks in limited-overs international cricket. Malinga also went past Wasim Akram and set a record for the most number of hat-tricks in international cricket. Malinga has 3 hat-tricks in ODIs while Akram had 2 in Tests and as many in ODIs.

Malinga decimates New Zealand top-order with 4 in 4!

Malinga was not finished when he picked up the hat-trick in Pallekele as he went on to pick up 4 wickets in as many balls. He is the only bowler in international cricket to have picked up 4 wickets in 4 balls twice. Malinga first achieved the feat in 2007 in an ODI against South Africa.

Chasing a below-par total of 126 in Pallekele, New Zealand got off to a steady start,

picking up 12 runs from Akila Dananjaya's 1st over. However, Lasith Malinga, in his second over, came up with a bit of magic that he is known for, especially in the shortest format of the game.

A 140 kph yorker to Colin Munro saw the stumps rattled. With the wicket, Malinga also picked up his 100th T20I wicket -- the 1st-ever bowler in T20Is to do so. Shahid Afridi, former Pakistan all-rounder, had finished with 98 wickets.

Malinga then trapped Hamish Rutherford with another inswinging ripper. Even as the on-field umpire gave it not-out, Malinga was confident he got his man. A review was taken and Malinga was proved right.

Malinga then got his hat-trick with a beautiful swinging delivery that left Colin de Grandhomme at the last moment before hitting the top of off-stump.

Yorker hero Malinga picks up 2nd 5-wicket haul in T20Is Malinga celebrated his hat-trick in style by pointing to the number on his jersey. He wasn't finished there.

In the final ball off his over, Lasith Malinga came up with another masterful yorker to send Ross Taylor walking back for duck. New Zealand's top-order was decimated and Malinga picked up 4 in 4.

Lasith Malinga then came back in the 3rd over to complete his 2nd 5-wicket haul in T20I cricket. With a half-volley outside the off-stump, Malinga got the wicket of wicket-keeper-batsman Tim Seifert.

Kausha completes treble; double for Dhairya

Kausha Bhairapure continued her dominance and pocketed all the categories she participated in to claim yet another treble in the 2nd Open Ahmedabad Ranking Table Tennis Tournament that concluded at St Xavier's Loyola Hall on Sunday.

She began her pursuit for the treble with an easy win over Anoushka Chatterjee in the junior girls' final match. Kausha needed 20 minutes to record an 11-6, 14-12, 11-4, 11-8 win.

They clashed again in the youth girls' final and it was no different. Kausha cantered 11-5, 11-8, 11-4, 11-9 to bag the gold.

Later, in the women's final, Kausha faced her club-mate Kavisha Shah. Though Kavisha showed some resistance in the first and third game, Kausha proved too strong as the latter completed a treble with 12-10, 11-9, 13-11, 11-3 win.

Dhairya's double

Meanwhile, Dhairya Parmar completed a double win with youth boys and men's title. In the men's final match, Dhairya was pitted against Mohnish Dediya.

Left-handed Mohnish showed a lot of guts winning the first game 11-8 after being down 0-8.



Unfortunately, that was the only time when Mohnish had an edge over Dhairya. The defending men's champion, Dhairya, recovered from the early setback to win 8-11, 11-6, 11-9, 11-9, 14-12.

Earlier, Dhairya beat his practice partner Riyan Dutta 11-7, 11-8, 12-10, 12-10 in the youth boys' title round.

Abhilash unstoppable

Meanwhile, in the junior boys' final, Dev Patel saved five match points but couldn't stop Abhilash Raval from claiming the junior boys' title.

Dev was down 1-3 and staring at defeat in the fifth game with Abhilash leading 10-6. However, Dev refused to give up and came up with some stagger-

ing forehand winners and long services leaving Abhilash dumbstruck.

Dev won the fifth game 13-11 and followed it with the next 11-3 pushing the match into the seventh and deciding game.

In the decider, it was all about holding the nerves. Abhilash kept it simple and played to his strength - top spin. Dev succumbed under pressure, allowing Abhilash to walk away with an 11-7, 11-5, 13-11, 9-11, 11-13, 9-11, 11-5 win.

The third and the final Open Ahmedabad will be held at Gulmohar Greens next month. The tournament becomes vital as teams for the inter-district and State championships scheduled in Gandhidham will be selected.

Gujarat girls shine in Triathlon



Ahmedabad's Pragnya Mohan and Monika Nagpure of Surat brought made Gujarat proud in the Indian Junior and Senior Triathlon Championship that concluded on August 25 in Kerala. Pragnya claimed the gold medal in senior girls' section while Siddhi Kadam of Vadodara stood fourth. In junior girls' group, Monika took the first spot and her citymate Silki Nagpure settled for the sixth place. Meanwhile in the boys' category, Ahmedabad's Sapan Panchal stood fourth in junior category.

Aesha shines in double delight



It was mixed luck for young Aesha Gandhi as she won the under-13 and under-15 girls' singles crowns but lost the under-17 final at the recently concluded Ahmedabad leg of the Junior Badminton Championship. In the under-13 final, Aesha recorded a 15-10, 15-5 win over Aneri Kotak while, in the under-15 final, Aesha defeated Vanshika Mehta 15-8, 15-14. However, in the under-17 age group, Aesha suffered 11-15, 7-15 loss against Archi. Meanwhile, in the under-9 final, Anvi Patel breezed past Aaral Patel 15-3, 15-5 while in the under-11 category, Ayati Dubey came from a game down to beat Niyati Kotai 10-15, 15-13, 15-11. In the boys' under-9 singles, Hriday Pujara defeated Aditya 15-14, 15-7 while Mohammed Ali Mir brushed aside Jangeet Singh Kajla 15-14, 15-6 for the under 11 crown. Mohammed could not make it two-out-of-two as the youngster suffered a 15-9, 7-15, 5-15 loss in the under-13 final against Tanay Sanghvi. In the under-15 final, Shaurya Pant recorded a 15-14, 15-9 win over Milap Chaudhari while Daivik Chauhan came from a game down to beat Shaurya 12-15, 15-12, 15-7 for the under-17 crown.

Anand Niketan hoop their way to victory



The under-14 and under-17 team of Anand Niketan School, Satellite paved their way to glory, winning in their respective categories while Kendriya Vidyalaya School (KVS) aced the under-19 group of the SGVP Cup Basketball Tournament that concluded in SGVP School. A total of 12 teams took part in the under-14 and under-17 groups each while six teams filled the pool in the under-19 section.

The under-14 team of Anand Niketan boys brushed aside Shanti Asiatic School in the final match to record a massive 31-13 win. Starting their campaign with a 9-7 win over Avishkar School and receiving a bye in the second round, Anand Niketan boys later defeated Rachana School 34-14 in the semis.

Meanwhile in the U-17 group, Anand Niketan School registered a 46-39 win against NBC School in the final match.



Congratulations to Karate Champs of CCIS !!

Avanti Mhetre and Divij Limbachiya of Std 5 for achieving Gold Medal in Shito Ryu International Karate Championship

Redbricks students shine



Students of Redbricks School shone with one gold, three silver and six gold medals in the recently held Mewar Cup National Karate Championship in Udaipur. Harsha Ranpura won the Kata gold in girls' 40kg 10 to 11 years category. She also picked a bronze in the Kumite event. Meanwhile, in boys' 12-13 years 35kg category, Krishay Swadia picked two silver medals in Kata and Kumite events. In the same category, Shaurya Shah picked two bronze medals in Kata and Kumite events. In 40kg category, Dev Trivedi picked a silver in Kumite event while adding a bronze in Kata event. In the 30kg category, Pranshu Panchal picked two bronze medals in Kata and Kumite events.

Joy, Urvi crowned U19 champs

Joy Shah and Urvi Parikh won the U-19 Gujarat State Selection for National Chess Championship. In the Open category, Joy topped the table with 6.5 points while Samdani Sagar was a close second with 6 points. Aditya Melani took the third place with 6 points while Udit Kamdar was fourth with 5.5 points. Meanwhile, in the girls' category, Urvi Parikh topped the list with 5.5 points. Aanya Agarwal pipped Riddhi Patel for the second-placed finish through the Buchholz system after both the players ended with 4.5 points. Nandini Mudaliyar took fourth place with 4 points.

Trump cancels Poland trip as Hurricane Dorian gains strength



U.S. President Donald Trump canceled a visit to Poland on Thursday and Florida's governor expanded a state of emergency to prepare for Hurricane Dorian, which is forecast to make landfall on the Atlantic coast Monday as a dangerous Category 4 storm. Trump said Vice President Mike Pence would make the trip to Poland in his place so that he could remain in the United States to make sure federal resources were properly directed at the arriving storm.

Chandrayaan-2 Moon lander Vikram, lunar rover Pragyaan separate from orbiter



Pragyaan and Vikram are finally on their way to the Moon. After a journey of around a month and a half, Chandrayaan-2 is just six days away from achieving the unachieved -- landing a rover on near the south pole of the Moon, a feat unaccomplished by any other country. Pragyaan is Chandrayaan-2's six-wheeled rover that is currently housed in the Vikram lander. The lander and the rover successfully broke from the Chandrayaan-2 orbiter Monday afternoon and began their own journey to the Moon.

Situation in Kashmir peaceful: Officials



The situation in Kashmir was calm as the restrictions have been eased out in most areas across the valley, but normal life remained affected for the 29th consecutive day on Monday. Landline services have been restored in 76 exchanges across the valley, the officials said, adding that the services continued to remain snapped in the commercial hub of Lal Chowk and Press Enclave in Srinagar.

Wing Commander Abhinandan Varthaman flies MiG-21 sortie with Indian Air Force chief BS Dhanoa



Indian Air Force chief Air Chief Marshal BS Dhanoa today flew a sortie on a MiG-21 fighter aircraft with Wing Commander Abhinandan Varthaman, who was taken prisoner by Pakistan after being shot down during a rare dogfight between Indian and Pakistani fighter jets earlier this year. The two officers took off from the Pathankot airbase in Punjab. This is the last time IAF chief BS Dhanoa flies a fighter jet before retiring at the end of the month.

Re-imagining judiciary



Judiciary is the vital lifeline of this vibrant democracy- a lifeline that is choked right now with 3.5 crore cases pending in various courts across the country. This takes an enormous toll on individuals, businesses and the economy. Cases pile up for a variety of reasons. The biggest of them is the inadequate judicial infrastructure and judges. But interpreting new rights and new laws such as Right to Information, Right to Education, IBC and RERA have also left a trail of pending cases due to the absence of precedence and jurisprudence.

Kulbhushan Jadhav: What to expect beyond consular access



One-and-a-half months after the International Court of Justice (ICJ) ruled for India getting unfettered consular access to former Indian Navy officer Kulbhushan Jadhav, the judgment takes effect on the ground today. An Indian delegation is meeting Kulbhushan Jadhav in Islamabad today.

Merkel allies weather far-right surge in German regional elections

Chancellor Angela Merkel's conservatives and her Social Democrat (SPD) coalition partners held off a surge in far right support in two state elections in eastern Germany on Sunday, averting an immediate crisis for the ruling alliance. Merkel's Christian Democrats (CDU) remained

the largest party in Saxony but saw their vote share drop by 7.4 points from the last election in 2014 to 32 per cent, with the far-right Alternative for Germany (AfD) coming second, preliminary results showed.

Argentina imposes exchange controls to calm markets



Argentina on Sunday imposed foreign-exchange controls on exporters as it closed out a week of financial uncertainty that saw a sharp drop in the peso. Exporters were ordered to seek permission from the Central Bank of Argentina before purchasing foreign currency, according to a decree published in the Official Bulletin. In other new measures, transferring money abroad will now require government permission. And individuals seeking to buy dollars now face a monthly limit of 10,000 greenbacks.

Isro's Chandrayaan-2 Vikram lander goes silent seconds before touchdown



The Indian Space Research Organisation's '15 minutes of terror' were about to come to a euphoric end. Or, so it seemed. The setting was Isro's Mission Operations Complex in Bengaluru that is tracking the progress of Chandrayaan-2, India's second mission to the Moon. And the occasion was the landing of Vikram and Pragyaan, the Chandrayaan-2 lander and rover. The landing was to make India the only country in the world to land a rover near the south pole of the Moon.

BIRTHDAY WISHES

DR. SARVEPALLI RADHAKRISHNAN

05th SEPTEMBER 1888

Dr. Sarvepalli Radhakrishnan (5 September 1888 – 17 April 1975) was an Indian philosopher and statesman who served as the first Vice President of India (1952–1962) and the second President of India (1962–1967). One of India's most distinguished twentieth-century scholars of comparative religion and philosophy, after completing his education at Madras Christian College in 1911, he became Assistant Professor and later Professor of Philosophy at Madras Presidency College then subsequently Professor of Philosophy at the University of Mysore.



PAUL WALKER

12th SEPTEMBER 1973

Paul William Walker IV (September 12, 1973 – November 30, 2013) was an American actor, social activist and philanthropist. He was best known for his role as Brian O'Conner in The Fast and the Furious franchise. Walker began his career as a child actor during the 1970s and 1980s, but first gained recognition in the early 1990s after appearing in the television soap opera The Young and the Restless. He soon transitioned into film, and received praise in 1999 for his performances in the teen films She's All That and Varsity Blues, which helped kickstart his career.

AKSHAY KUMAR

09th SEPTEMBER 1967

Rajiv Hari Om Bhatia (born 9 September 1967), known professionally as Akshay Kumar, is an Indian-born Canadian actor, producer, television personality, martial artist, stuntman and philanthropist who works in Bollywood films. In a career spanning over 29 years, Kumar has appeared in over 100 films and has won several awards, including the National Film Award for Best Actor for his performance in Rustum (2016), and two Filmfare Awards for Ajanabee (2001).



NARENDRA MODI

17th SEPTEMBER 1950

Narendra Damodardas Modi born 17 September 1950) is an Indian politician serving as the 14th and current Prime Minister of India since 2014. He was the Chief Minister of Gujarat from 2001 to 2014, and is the Member of Parliament for Varanasi. Modi is a member of the Bharatiya Janata Party (BJP), and of the Rashtriya Swayamsevak Sangh (RSS), a Hindu nationalist volunteer organisation. He is the first prime minister outside of the Indian National Congress to win two consecutive terms with a full majority, and the second one to complete five years in office after Atal Bihari Vajpayee.

Malana – A unique village



CHANDRESH LODHIYA
Managing Director,
Anala Outdoors



long time ago. The people in desperation called the village deity, Jagdaman Rishi (Jamlu Rishi), to rescue them from the terror of the demon. In the battle, the demon king lost but did not die. The king told the villagers that if they promise to follow his language, he will show them the way to kill him. The villagers agreed, and the king told them to hit him in the armpit and finally he died but his language is still spoken.

I was fortunate enough to have the opportunity to trek to Malana from Jari. My colleague, Utpal Thaker, and I started walking from Jari at 06:00 am in the morning on May 28, 1994 with a ten kg rucksack each on our backs. The trek seemed to be easy in the beginning. There was a little climb and then it was almost close to flat till mid-way. On our way, we saw some beautiful birds including the White Capped Redstart, Yellow Billed Blue Magpie, and Blue Whistling Thrush. The only company we had was a porter who was carrying a sack of 40 kg of salt on his back and believe it or not, he was walking at the same speed as ours. We were told that he gets one hundred rupees for carrying 40 kg from Jari to Malana and that this, like of many other hill dwellers, is his daily routine!

We reached mid-way at around 08:30 am where there was a small "Dhaba".

We had our breakfast there and continued our journey after crossing a River. The trek was not easy. It was steep, and we had to take breaks every ten minutes. The lime juice we had brought from Jari gave us some strength. Our determination was so strong that we reached Malana at 12:30 in the noon, though completely exhausted.

Before entering the village, the porter warned us that we were not supposed to take any leather items in the village, nor touch anything in the village. If we did, we would have to pay a fine of rupees one thousand.

Malana is famous for its distinct, fully reserved social and cultural setup, and it did not take us much time to realise why. None of the "Indian rules" apply here. It is also apparent that the people of Malana have no respect for outside authority. There is no police station in the village, and the people have their own regulations.

They look very similar to the other Himachalis but are very untidy. They rarely have a bath and are generally found wearing thick, unclean, hand-woven coats and trousers with patches all over. The women folk are no different. They have a ring on each nostril and their ears are pierced with many small rings. They wear silver necklaces over the coarse, hand-woven, Caftan like dresses. While it is almost impossible to converse with male members, the women folk are

quite friendly.

The people of Malana are the 'rough and tough' kind. For six to eight months a year, the area is fully covered with snow and is inaccessible, making sheep rearing impossible. Almost every single villager, from the population of about twelve hundred, is quite well to do. The dream of every villager is to deposit twenty thousand rupees in the post office saving bank, which has a branch in the valley. Their income mainly comes from herbs and cannabis (charas). The price of charas ranges from Rs.150/- to Rs.600/- per ten grams (in 1994). It was sold openly to any one with money. What they do with so much of money is unknown.

There is a big wooden building at the corner of the village. Horns of many animals are hung just below the little, but beautifully carved balcony over closed doors. This is the temple of Jamlu (Jagdaman Rishi). The temple door is always closed. No one has ever seen it from inside except the priests.

Most of the houses are double storied with exquisite carving on them. The ground floors were almost full of fire wood, which was stored for winter.

We spent a night in the village guest house owned by the Pradhan of the village and started climbing down the steep rocky track back to the valley. While coming back, we felt as if returning from a haunted village.

Effective Communication A Skill to Learn



LILLY DESOUSA
Educator & Teacher Trainer



Communication is a skill which involves systematic and continuous process of speaking, listening and understanding. To communicate effectively one must be conversant with the language. Successful communication is when you are able to express your thoughts, feelings, ideas etc fittingly to the person or persons across you.

Most people are born with the physical ability to talk, but we have to learn to speak well and communicate effectively. Speaking, listening and our ability to understand verbal and nonverbal cues are the skills which one needs to have to communicate effectually.

Another vital phenomenon about communication is to communicate confidently. As a person who is good at communicating, but lacks the confidence, may not be able to express well in spite of having good knowledge about the subject and the language. Therefore, the whole effort will go in vain.

English communication is a skill that can be perfected only through constant practice and continuous exposure to the target language. The available resources should be completely tapped so as to provide an encouraging atmosphere for learning and practicing the language.

The importance of English Communication is to communicate effectively and no communication is possible if one doesn't get a chance to communicate. English plays a crucial role in communication and is no doubt the foremost and most important tool of communication all over the world.

Without error no true learning can take place. Since language learning is a slow and continuous process, errors are inevitable. We have to create an English speaking environment.

Even a child starts speaking in his/her mother tongue after listening to it for many months. This is an example I love to give in my training sessions in English language for teachers.

A child's mother tongue is Gujarati and he/she listens to the language all the time, well obviously the child learns to speak Gujarati without going to a formal school to learn the language. There is hardly any effort invested by the parents in teaching the structure of the language or its' grammar. At the same time a child who is as young as a two or three year old sings popular Hindi songs too.

Now remember Hindi is not his mother tongue but he is able to even get almost all the lyrics in place. Did the mother teach him...No!

Popular Bollywood films songs are played everywhere, on the radio, on the television and also for birthday and wedding parties. Since the child is being exposed to this language he picks it up unconsciously. And that's how a language is learnt. An individual learns the basics of oral communication right at home. The school environment takes this learning a notch higher by teaching the student how to interact with peers and teachers alike. The quality of communication in student life will define professional communication later in life.

Schools can help to provide the environment for English by inculcating songs into the daily teaching plans. English movies too can be a regular part of the curriculum. The students will then not

feel the burden of learning the language.

Many students are deprived of speaking abilities because they have not been properly guided, that's why they have not been able to speak English in a proper manner. In cities they are motivated through two ways: Instrumental and Integrative motivation. Learning a language only for rewards is instrumental motivation. On the other hand Integrative motivation includes the urge to be part of the community which is so strong that drives to pick up the language with perfection. The importance of English as a communicative tool is not realized.

Good communication enables students to assimilate more from the learning process by empowering them to ask relevant questions and discuss doubts.

Body language is an important component of effective oral communication. The student should adopt a stable and confident posture, make appropriate gestures, avoid being fidgety and establish eye contact.

MODES OF COMMUNICATION

Listening

One should always make sure that when a person is talking about something, we must listen to him/her carefully. This is needed because if we are not attentive to what he is conveying, then it is possible we miss out some things and do not perform the work as it was intended to be.

Speaking

Speaking is another skill that a person needs to have to make sure he communicates well. It involves making a clear description of what one wants to say and in a way that it is understood to the other person just the way you wanted him to understand.

Reading

You must be able to read well in order to communicate well. Reading will help the person to be more efficient in building vocabulary and guessing the mean-

ing by the structure of the word.

Writing

Writing emails, letters, thesis, papers etc requires very good writing skills. You can communicate well only when you are able to write properly.

Essential Tips for Clear Communication in English

1. Keep talking

The problem: You may have trouble speaking fluently if you're unsure of your grammar or vocabulary. However, stopping a lot when you talk can make it difficult for people to focus on what you're saying.

The solution: Know your filler phrases!

Filler phrases are phrases (and words) that act like placeholders in a sentence. They fill in silences so that your speech is not interrupted. They don't really add anything to the conversation, though, so they give you a little time to think of what to say.

Some examples of filler phrases are:

- Um, uh
- You know...
- To be honest...
- Actually...

As with any good thing, don't overuse them! Too many filler phrases are just as bad as too many pauses.

2. Find a good speaking rhythm

The problem: If you try to speak too fast, your words don't come out right. But if you try to slow down, you have trouble focusing.

The solution: You need to work on your speaking rhythm, or the speed and "sound" of your speaking.

3. Make sure you're understood

The problem: Because of the language barrier, you're never sure if people really understood what you meant.

The solution: Just ask them. Most of the time, you can make sure someone understood what you said by asking them to repeat what you said.

4. Repeat what you're told

The problem: Sometimes you're not sure if you understand what others mean, and you don't know how to check.

The solution: Don't be afraid to ask people to repeat themselves. Most people will agree that it's better to repeat themselves than to have misunderstandings. An even more effective way of making sure you understood right is to repeat what you heard.

Since the world has gone global, the need to compete in it without efficiency in English is difficult. In fact, the knowledge of English plays you in all times.

Concluding, it can be said that communication is part of modern day life and without effective communication; no task can be accomplished effectively.