

### STAY HOME STAY SAFE

#### THINGS YOU CAN DO AT HOME

##### Play a board game

Turn off the TV and challenge the family to a board game. Introduce the kids to a classic like Chutes N Ladders or Monopoly, or try a newer one like Settlers of Catan that you can all learn together.

##### Put together an epic puzzle

When you've got lots of time on your hands, get your hands busy. It'll take your mind off boredom, and completing a big puzzle feels great.

##### Make some wall art

You don't need to be a master painter to DIY some of these fabulous wall decor ideas.

##### Try a new recipe

Stop opening and closing the fridge hoping new snacks will magically appear. Take matters into your own hand and make your own tasty dish.

## INSIDE

### Turn a Plastic Bottle...



When you don't want your phone (or other electronic item) to be dangling loose or at risk of getting knocked off a counter while charging, you'll need a special holding device to keep the item safe.

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### COVID-19 Outbreak



Nature has played a wonderful game with all of us! Within few days Nature controlled over all our mischief / misbehaviour / wrong doings. Man created.

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# ARE WE IN A VICIOUS CIRCLE?

India had asked 1.3 billion people to stay at home for three weeks. After completion of 15 days to slow the spread of the corona virus. Fifty-five new cases of coronavirus have been found in Gujarat taking the total number of confirmed COVID-19 cases in the state to 241. Out of 55 new cases, 50 have been reported from Ahmedabad, the sudden rise in the coronavirus cases has come after mass COVID-19 testing was done in the state. In the last five days, 57 people were tested for coronavirus in Ahmedabad on April 4, 166 on April 5, 408 on April 6, 638 on April 7 and 840 on April 8, as a result of which, 50 more coronavirus cases have emerged in the city. Authorities said this aggressive testing strategy has been adopted now which will help in detecting suspected COVID-19. Meanwhile, India total coronavirus cases have surged to 5,734 including 166 deaths while 473 people recovered from the disease.

It was an unprecedented lockdown in a country, but the government is clearly bracing for the worst - one chilling projection says India could be dealing with about 300 million cases, of which four to five million could be severe. Prime Minister Narendra Modi said the "total lockdown" was to "save India, to save its citizens, your family".

Why India requires a "hard" lockdown to fight the virus has much to do with how crowded and densely packed a country it is. Both its public and private spaces are crowded. The population density and the large number of poor people make it very vulnerable for the easy spread of such an easily transmissible disease. With 450 people per square kilometer, India is one of the most densely populated countries in the world. Some of the poor northern Indian states like Bihar and Uttar Pradesh have almost twice as many people per sq km.

Indian households typically have between 4.5 to 5 people per family, compared with an average of 2.5 people in an average American household. Some 40% of Indian families are non-nuclear or joint families. Most of these families will



have one person above 60 years of age, one below 18 and two others aged somewhere in between. Three generations often live together. One infected person in a family means the chance of widespread household spread - one of the fastest modes of transmission - of infection is high. Locking up the entire family to save the elderly who are the most vulnerable possibly makes sense. Some 75% of Indian households are with an average size of five members and they live in two rooms or fewer. Three people living in a single room in poor households is common.

Then there's the public transport. Between 85% and 90% of the people who use India's busy railway network travel. Passengers mostly belong to the lower middle class and the poor. Shutting down the public transport, which the government has already done, is the only way to prevent infection. Also, the practice of religion in India is mainly a community exercise manifested through prayers, congregations, and religious musical functions. That's why the government has expressly closed all places of worship. Funerals are no exception. That's why the government has said a

congregation of not more than 20 people will be allowed at funerals.

The cases of coronavirus are increasing rapidly as we have come in Stage 3 which is through community spread. When the community starts spreading, then there is a lot of danger. In such a situation, along with lockdown, social distancing has to be taken care of. Along with this, there is a great need for people to have positive thinking. We should learn from the mistakes of the country like Italy because there was not even a slight consideration of social distancing from the people there due to which the situation there reached Stage 3. Therefore, it is most important to maintain social distance. Along with this, the law should be strictly followed in locking hotspots as well as in places with the lockdown. It is now clear that shutdowns need to continue until transmission has slowed down markedly, and testing and health infrastructure has been scaled up to manage the outbreak. For most countries, easing the lockdown is a tricky policy choice. It sparks fears of triggering a fresh wave of infection and presents the inevitable trade-off between lives and livelihoods.





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## Be Safe From COVID-19 – seminar organized at Samarpan public school



## Sakar School celebrated Safety Day



Safety means protecting ourselves from any danger that may hurt us or may take our lives. Safety and cleanliness practice to reduce the risk of contracting corona virus was also discussed. The motto of the day was, let safety usher you always, even if it takes some extra time. Better late than never!



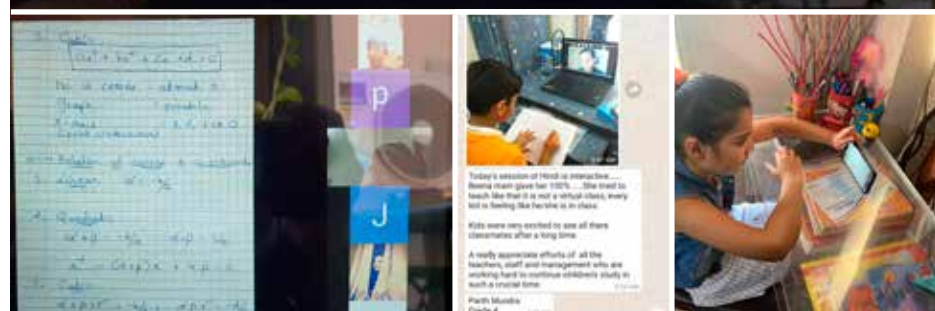
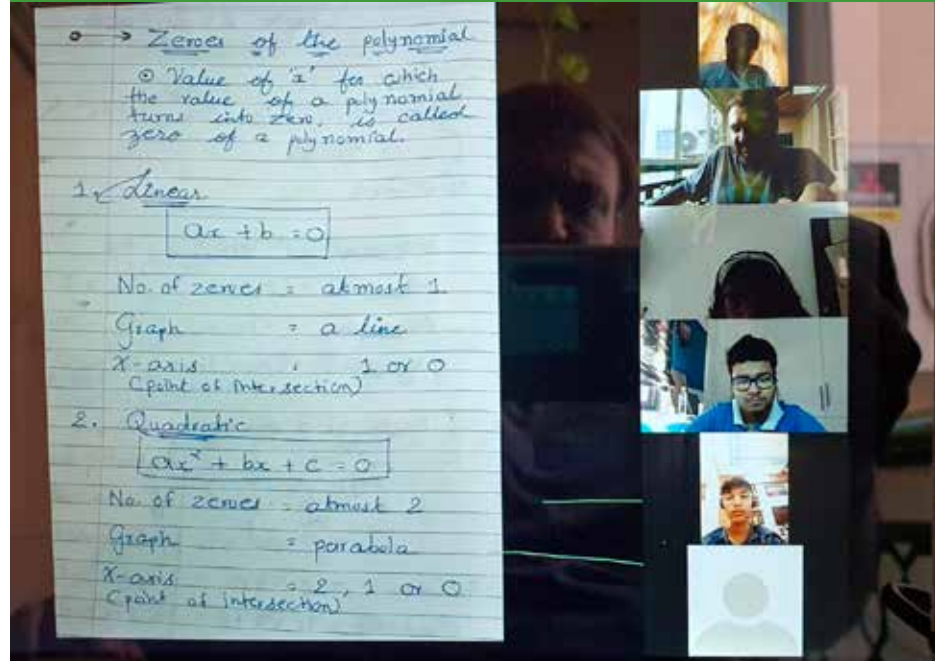
## Graduation ceremony for Students of CCIS SG Campus



Tiny tots dressed up with beautiful attires and entertained the audience with rhymes and songs. The most important part of the day Graduation Ceremony started with the smart tiny tots of pre-primary students dressed in graduation dress and caps walking the stage.



## Digital classroom Study at CCIS Green Campus







## Shape Day Celebrated by Satyameva Jayate International School



## Students of Tripada English School Celebrated Joy of Giving



## Respecting Women Power - Annual day Celebration at Sri Ram Vidhyalay

Shri Ram Vidhyalay in Sanand organized Suhasini Vandan in association with IMCTF (Initiative for Moral Cultural Training Foundation) to inculcate moral value of Fostering Women honour in the minds of Students as part of their annual function.

The Function of Shri Ram Vidyalaya, Sanand was held on 3rd March 2020. The theme for this year's function was based on Women Power named "नारी - Hamari Shakti - Hamari Himmat". Smt Rakshaben Parmar, a practising advocate in criminal court of Ahmedabad as well as President of Mahila Mandal of Sanand Taluka and Smt Kapilaben Panchal, a social worker and a crusader for girls' education and welfare of poor families were felicitated in the function.

The thematic message of the annual day function was given out by the students through their exuberant dance performances. Students from Classes 1 to 11 participated in the event. Dancing on songs such as 'Dil yeh ziddi hai', they conveyed the message of freedom for woman in true sense. Inequalities between men and women and discrimination against women have been age-old issues all over the world. After years of struggle, they have demanded equality with men in matters of education, employment and inheritance. Through a dance performance, students depicted that in today's world women are an integral part of all major professions. Women are not weak but they stand strong in every situation. Matrivandan was done by various students to their mothers and grandmothers.

Stellar performances on works of our famous women viz Mary Kom, Neerja Bhanot, Ganga Ma and Manikarnika impressed everyone. Not only the dance performance but also there a performance on Yoga which was impeccable and the skits had mesmerized everyone.

The entire event was a grand success and was highly applauded by the audience who also took home the message that we have empower women rather than suppressing them.



## Tripada Gurukulam Campus - Viramgam



Niyati Dave - Grade 10



# TURN A PLASTIC BOTTLE INTO A PHONE CHARGING STATION

When you don't want your phone (or other electronic item) to be dangling loose or at risk of getting knocked off a counter while charging, you'll need a special holding device to keep the item safe. With the nifty solution suggested here, a beauty product bottle is cut into a hanging device that dangles next to the socket point, all while holding your phone neatly in place. It is possible to purchase similar commercially made devices but making your own is a lot more fun, cheaper and makes use of something you were probably going to ditch anyway.

## STEP 1

Find a suitably sized beauty product bottle that you've finished with. It needs to be large enough to contain your cell phone



## STEP 2

Give the bottle a rinse out to remove most of the beauty product left inside. Use hot water for best effect.



## STEP 3

Mark the cutting lines on the bottle. The back of the bottle will need to be turned into the handle that hangs from the wall alongside the power point, while the front of the bottle needs to be cut high enough to prevent the phone from falling out when placed into the container. Basically, draw a straight line across the front of the bottle and a big "mound" at the back, to just under the neck of the beauty product bottle.

## STEP 5

Cut out the hanger. This is the bit that will hang from a hook. Cut the hole out, leaving plenty of space between the top of the handle and the hole, to provide the hanging strength.

## STEP 6

Cover the bottle. The bottle isn't anything to look at with its commercial logo and writing on it. (You can paint, stick papers or decorate it the way you want.)



## STEP 4

Cut out the holder shape. This can be done using scissors or a craft knife. Be careful to try to keep the edges as rounded as possible when cutting the curved parts. Sand any rough edges away.

Use your new charging station. You can hang the charger from a hook attached.

# MINI FOOSBALL TABLE CRAFT

Have you ever played foosball? It's table football! Put the ball in the shoebox, after modifying it, according to the instructions below. Maneuver your players to shoot the ball in the goal of your friend. Defend your goal by moving your rod to use your player to block the ball.



## WHAT YOU NEED

- A shoebox
- 2 thin cardboard tubes
- Ruler
- Pencil
- Knife
- Paper
- Thin cardboard
- Scissors
- Color pencils/felt pens
- Colored tape
- Table tennis ball

## 4 Steps to make a Shoebox Foosball Table Game

1. Use the knife or scissors to make holes in the sides of your shoebox to fit your cardboard tubes. Make sure your holes leave enough room for your player to move.
2. Next, make the goals by cutting rectangular shaped holes on both ends of the box. The table tennis ball should be able to go through these holes.
3. Cut rectangles from thin cardboard for the players. You can draw and color some football players on paper and stick them on the rectangles.
4. You can decorate the outside of the box with colored tape. You can use a carton if you want a bigger box. Then you can add more players. Have fun playing!



# PINK PAPER TWIRLER

## Instructions

1. Carefully cut out the parts.
2. Fold along the dotted lines, making mountain or valley folds as indicated.
3. Attach the glue spots on each part together, and you're done.

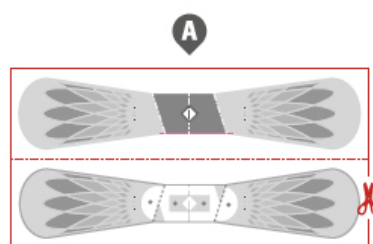
## Tools

Scissors, Glue (We recommend quick-drying paper glue)

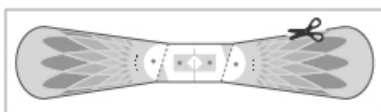
## How to use

Scoring along the fold lines in advance with a dried up pen or a ruler with slightly sharp corners will result in a neater model.

## 1. Cut out the parts

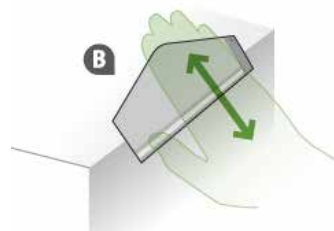


For the parts inside the red lines, first cut along the red line, fold along the red dotted line in the center, and glue the halves together at the back.



Once the glue is completely dry, cut out the part by following the scissors line on the front.

## 2. Assembling the Shaft



Put the part face up on the edge of a table and roll it while applying pressure, to give the part a curve.

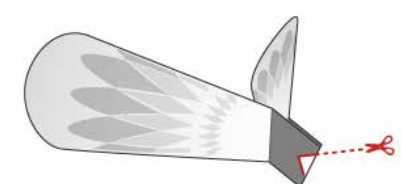


Finally, glue down the end so that it doesn't get unraveled.

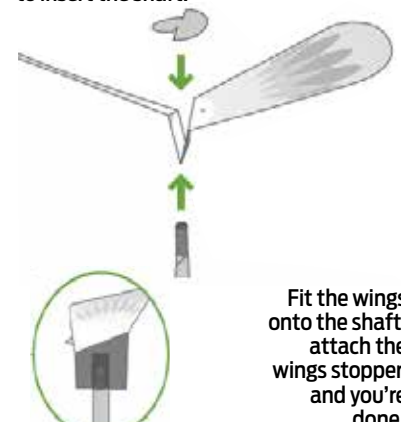
Fold the edge to make a triangular prism, and then roll it up into a stick



## 3. Attach the parts together to complete



Fold the wings as indicated, and cut a hole to insert the shaft.



Fit the wings onto the shaft, attach the wings stopper, and you're done!



# KURKURE PASTA

## Ingredients:

- 1 cup boiled pasta of your choice
- 1 tsp cornflour
- 1 tbsp Maida
- Oil for frying
- Mix masala powder (1/2 tsp each of salt, chat masala, cumin powder and red chilli powder)

## Method

- 1) Sprinkle cornflour and Maida on the boiled pasta and coat it lightly.
- 2) Now fry the pasta in hot oil they are crisp.
- 3) Now drain the oil completely and remove in a plate.
- 4) Now sprinkle the mix masala on it and mix well and ready to serve.



### A DELICIOUS RECIPE BY ESTHER SAMUEL

Esther Samuel, A complete foodie who likes to experiment with food and is determined to make cooking a very interesting chore of one's life.

# SNACK CRACKERS

## Ingredients

- 3/4 cup canola oil
- 1-1/2 teaspoons dill weed
- 1 envelope (1 ounce) ranch salad dressing
- mix
- 2 packages (10 ounces each) oyster crackers

## Directions

In a small bowl, whisk the oil, dill and salad dressing mix. Place the crackers in a large bowl; pour dressing mixture over crackers and toss gently to coat. Allow to stand at least 1 hour before serving.

## Nutrition Facts

1/3 cup: 237 calories, 16g fat (2g saturated fat), 0 cholesterol, 780mg sodium, 20g carbohydrate (0 sugars, 1g fiber), 2g protein.



## QUIZ

1. Which continent is known as 'Dark' continent?
2. Who is the inventor of electricity?
3. Which is the largest animal in the world?
4. Which planet is known as the Red Planet?
5. Which is the tallest animal on the earth?
6. Which is the most sensitive organ in our body?
7. Which is the most spoken language in the world?
8. Which two parts of the body continue to grow for your entire life?
9. The largest 'Democracy' in the world?
10. Who is the inventor of Television?

Send your answer to [openpageyc@gmail.com](mailto:openpageyc@gmail.com). Names of the Winners would be announced in the next issue

# SOLAR OVEN



- Materials Needed
- Pizza box
- Aluminum foil
- Knife or box cutter
- Permanent marker
- Ruler
- Glue
- Plastic cling wrap
- Black construction paper
- Tape



## FILL IN THE COLORS



## SUDUKO

1	3		2			7	4	
		2	5		1			
4	8			6			5	
			7	8		2	1	
5				9		3	7	
9				3				5
	4				6	8	9	
	5	3			1	4		
6								

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## MATH PUZZLE BOXES

Each puzzle contains the numbers 1-9. Each column and each row add up to the number given outside the boxes. Put the correct number in each box to complete the addition equations without repeating any numbers.

4			15
	5		20
3	1		10
14	8	23	

		2	15
	4	1	10
8			20
20	13	12	

	5		11
9			20
	6	1	14
18	14	13	

3			16
		7	13
8			16
12	16	17	

	5		15
3			16
	9		14
12	20	13	

8			17
	1		15
	4		13
19	7	19	

2			15
	4		14
		6	16
14	16	15	

	8		13
2			15
	5		17
15	19	11	

			16
6	1		11
		9	18
16	13	16	

## RIDDLES FOR KIDS

- I'm always on the dinner table, but you don't get to eat me. What am I?
- What's bright orange with green on top and sounds like a parrot?
- There's a one-story house where everything is yellow. The walls are yellow. The doors are yellow. Even all the furniture is yellow. The house has yellow beds and yellow couches. What color are the stairs?
- What's really easy to get into, and hard to get out of?
- What word contains 26 letters, but only has three syllables?
- What can you hear, but not see or touch, even though you control it?
- A girl fell off a 20-foot ladder. She wasn't hurt. Why?
- I am often following you and copying your every move. Yet you can never touch me or catch me. What am I?
- Grandpa went out for a walk and it started to rain. He didn't bring an umbrella or a hat. His clothes got soaked, but not a hair on his head was wet. How is this possible?

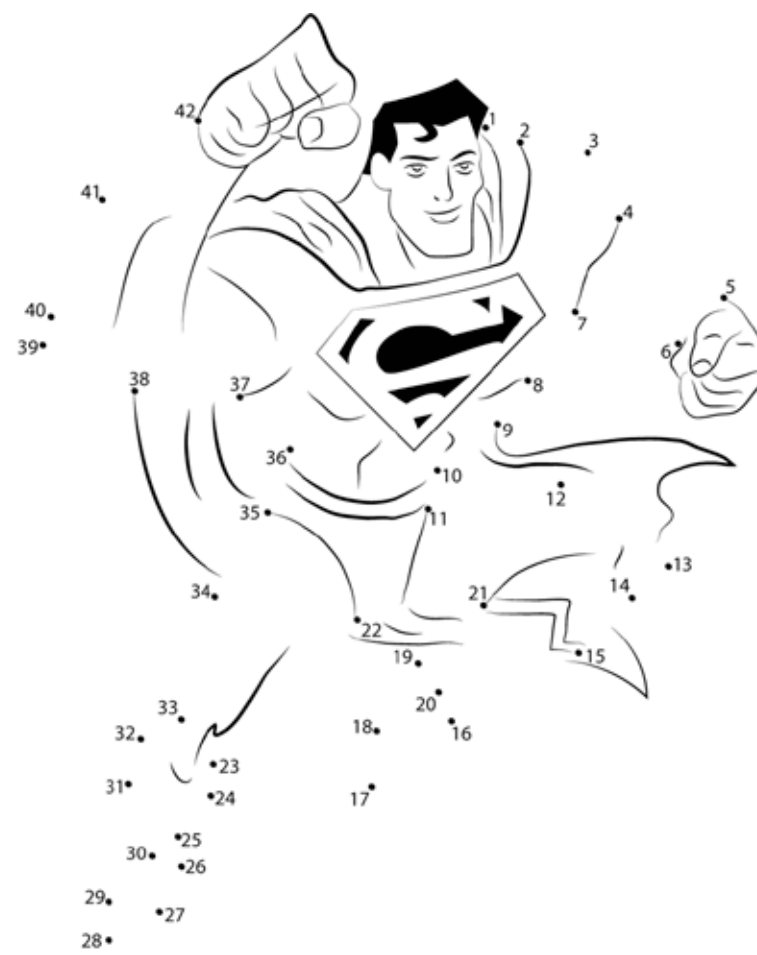
## JOKES

- What do you call a dinosaur that is sleeping?
- What is fast, loud and crunchy?
- Why did the teddy bear say no to dessert?
- What has ears but cannot hear?
- What did the left eye say to the right eye?
- What do you get when you cross a vampire and a snowman?
- What did one plate say to the other plate?
- Why did the student eat his homework?
- When you look for something, why is it always in the last place you look?
- What is brown, hairy and wears sunglasses?

## FIND THE DIFFERENCE



## CONNECT THE DOTS



## FIND THE WORDS

Find the words from the left column in the grid.

BELLWETHER  
BOGO  
BONNIE  
CLAWHAUSER  
FINNICK  
FLASH  
GAZELLE  
JUDY  
LIONHEART  
MAYOR  
METROPOLIS  
NICK  
OFFICER  
STU  
WEASELTON  
YAX  
ZOOTOPIA

H	J	P	D	Z	D	R	C	R	H	R	O	M	L	G	O	O	F
A	K	C	I	N	N	I	F	L	E	U	L	U	W	S	B	F	S
R	F	V	I	H	N	Q	X	C	C	J	F	B	F	O	Z	U	D
G	N	V	H	W	P	N	I	V	J	X	Y	F	N	I	O	H	M
S	T	T	E	H	O	F	J	J	O	I	O	N	Q	N	A	R	T
H	X	O	Y	R	F	S	M	V	Q	R	I	I	S	Q	S	Z	X
T	S	I	N	O	T	L	E	S	A	E	W	G	S	R	I	G	A
R	X	A	H	U	A	D	L	N	P	D	G	A	Z	E	L	L	E
A	M	O	L	I	R	P	B	T	L	F	F	V	M	L	O	L	Y
E	P	A	I	F	F	O	C	W	N	G	K	N	F	G	P	L	U
H	I	M	Y	Z	G	G	U	X	I	E	N	C	W	X	O	J	O
N	Z	U	Z	O	C	L	K	X	C	A	O	P	M	N	R	E	F
O	N	B	F	O	R	O	X	U	K	U	N	A	Z	B	T	X	V
I	A	F	I	T	R	P	J	P	M	L	J	J	M	E	O	I	
L	K	H	J	O	U	O	S	H	V	B	E	Q	S	J	M	D	T
M	S	H	I	P	C	L	A	W	H	A	U	S	E	R	U	P	X
Y	X	F	F	I	R	E	H	T	E	W	L	L	E	B	L	D	A
I	B	A	A	A	T	X	I	Y	J	J	A	X	F	K	V	I	Y



# PVC Major Ramaswamy Parameswaran



Born	13 September 1946
	Bombay, Bombay State, British India
Died	25 November 1987 (aged 41) Sri Lanka
Allegiance	Republic of India
Service/branch	Indian Army
Years of service	1972-1987
Rank	Major
Service number	IC-32907
Unit	8 MAHAR attached to IPKF
Battles/wars	Sri Lankan Civil War Operation Pawan



On 25 November 1987, when Major Ramaswamy Parameswaran was returning from search operation in Sri Lanka, late at night, his column was ambushed by a group of militants. With cool presence of mind, he encircled the militants from the rear and charged into them, taking them completely surprise. During the hand-to-hand combat, a militant shot him in the chest. Undaunted, Major Parameswaran snatched the rifle from the militant and shot him dead. Gravely wounded, he continued to give orders and inspired his command till he breathed his last. Five militants were killed and three rifles and two rocket launchers were recovered and the ambush was cleared.

# PVC Captain Manoj Kumar Pandey



Born	25 June 1975 Sitapur, Uttar Pradesh, India
Died	3 July 1999 (aged 24) Bunker Ridge, Khalubar, Batalik Sector, Kargil, Jammu and Kashmir, India
Allegiance	Republic of India
Service/branch	Indian Army
Rank	Captain
Unit	1/11 Gorkha Rifles
Battles/wars	Kargil War Operation Vijay Battle of Kukarthan Battle of Khalubar



Lieutenant Manoj Kumar Pandey, a young officer of the 1/11 Gorkha Rifles, took part in a series of boldly led attacks during Operation Vijay, forcing back the intruders with heavy losses in Batalik, including the capture of Jubar Top.

His finest hour was during the advance to Khalubar, when he was Number 5 Platoon Commander. On the night of 2/3 July 1999, as the platoon approached its final objective, it came under heavy and intense enemy fire from the surrounding heights. The officer was tasked to clear the interfering enemy positions, so as to prevent his battalion from getting daylighted, being in a vulnerable position. The officer quickly moved his platoon to an advantageous position under intense enemy fire and sent one section to clear the enemy positions from the right, while he himself proceeded to clear four other enemy positions on the left. Fearlessly assaulting the first enemy position, he killed two enemy personnel and proceeded to assault the second and destroyed it by killing two more enemy personnel. Lieutenant Manoj Kumar Pandey was injured on the shoulder and legs by enemy fire while clearing the third position. Undaunted and without caring for his grievous injury, he led the assault on the fourth position urging his men and destroyed the same with a grenade, even as he got a fatal Medium Machine Gun burst on his forehead. It is this singular daredevil act of the officer, which provided the critical firm base for the companies, which finally led to capture of Khalubar.



## 1st April – Aprils Fool's Day



April Fool's Day is also known as All Fool's Day and is celebrated since centuries but its origins are uncertain. According to some historians, it was first celebrated in 1852, when France switched from the Julian calendar to the Gregorian calendar and some say that it is related to the turn of the seasons.

## 1st April - Odisha Foundation Day



Odisha Foundation Day is celebrated on 1st April every year in memory to become a separate province on 1 April 1936.

## 4 April - International Day of Mine awareness



Every Year on 4 April International Day for Mine Awareness and Assistance in Mine Action is observed to spread the awareness about the threat caused by landmines to the safety, health and lives of civilian populations and encourages state Governments to develop mine-clearing programmes.

## 5th April - National Maritime Day



On 5th April every year in India National Maritime day is observed because on this date in 1919 navigation history was created SS Loyalty, the first ship of The Scindia Steam Navigation Company Ltd journeyed to the United Kingdom. It was a red-letter day in the account of Indian navigation.

## 7 April - World Health Day



Therefore, World Health Day is celebrated worldwide every year on 7th April. Various programs and arrangements are managed by the World Health Organisation. It was first time celebrated in 1950.

## 10 April - World Homeopathy Day (WHD)



WHD is observed every year on 10 April to pay tribute to the founder and father of Homeopathy system of medicine Dr. Christian Friedrich Samuel Hahnemann. The main aim of this day is to spread

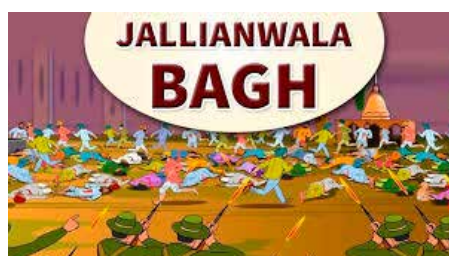
knowledge about Homeopathic medicine in public health. In fact from 10 April to 16 April World Homeopathy Week is celebrated annually which is organised by the World Homeopathy Awareness Organisation. Basically, this day is celebrated to both for homeopaths and also for those who have been healed with homeopathy.

## 11 April - National Safe Motherhood Day (NSMD)



NSMD is observed on 11 April every year to create awareness about maternity facilities, lactating women and also for proper health care given to women.

## 13 April - JallianwalaBagh Massacre



It took place on 13 April, 1919 at Amritsar and is also known as Amritsar massacre. On this day, British troops under the Command of Gen Dyer fired on a large crowd of unarmed Indians in Amritsar in Punjab of India. Several hundred peoples were killed and many hundreds were wounded.

## 14 April - B.R. Ambedkar Remembrance Day



B. R. Ambedkar Remembrance Day is also known as Ambedkar Jayanti or Bhim Jayanti which is observed on 14 April to commemorate the memory of B.R Ambedkar. This day celebrates the birthday of Baba SahebBhimraoAmbedkar, an Indian politician and social rights activist.

## 17 April - World Haemophilia Day



World Haemophilia Day is observed on 17 April every year to increase awareness about haemophilia disease and other inherited bleeding disorders. In 1989, World Haemophilia Day was started by

the World Federation of Haemophilia (WFH) in honour of WFH founder Frank Schnavel's birthday.

## 18 April- World Heritage Day



This day is observed every year on 18 April to preserve the human heritage and recognise the efforts of all the relevant organisations in the field. This day was announced by the International Council on Monuments and Sites (ICOMOS) in 1982 and was approved by the General Assembly of UNESCO in 1983.

## 21 April - National Civil Service Day



Every year on 21 April Civil Service Day is celebrated to rededicate and to recommit themselves to the cause of the people. On this day Civil servants from various parts of the country come together, share their experiences and also learn other's experiences of working in the public sector.

## 22 April- World Earth Day



This day is observed every year on 22 April to mark the anniversary of the birth of the modern environmental movement in 1970. In the Universe Earth is the only planet where life is possible and so it is necessary to maintain this natural asset. World Earth Day is celebrated to increase awareness about the importance of the planet.

## 23 April - World Book and Copyright Day

Every year on 23rd April this day is celebrated to promote the enjoyment of books and reading. It is necessary to recognise the magical powers of books because they generate a link between the past and the future, a bridge between generations and across cultures.

## 24 April - National Panchayati Raj Day



National Panchayati Raj Day is celebrated every year on 24 April in India. On this day Constitution came into force with effect from 24 April, 1993. In 2010 the first National Panchayati Raj Day was celebrated. A new part in the Constitution Part IX was added by passing 73rd Amendment Act from Article 243 to 243 (O) titled "The Panchayats" and a new Eleventh Schedule consisting of 29 subjects within the functions of Panchayats were also added.

## 25 April - World Malaria Day



World Malaria Day is celebrated every year on 25 April to raise awareness about the disease malaria, how to control it and how to eradicate it completely. In 2008, first Malaria Day was celebrated which was developed from Africa

Malaria Day which was an event observed since 2001 by the African governments. In the 60th session of the World Health Assembly in 2007, it was proposed that Africa Malaria Day can be changed to World Malaria Day.

## 26 April - World Intellectual Property Day



This day is celebrated every year on 26 April and was established by the World Intellectual Property Organisation (WIPO) in 2000 to raise awareness of how patents, copyright, trademarks and designs impact on daily life. And also it

plays an important role that intellectual property rights play in encouraging innovation and creativity.

## 28 April - World Day for Safety and Health at Work



This day is observed on 28 April every year by the International Labour Organisation (ILO) since 2003. This day marks how to improve occupational safety, health and looks for continuing these efforts through

several changes like technology, demographics, climate change etc.

## 28 April - World Veterinary Day



World Veterinary Day is observed on 28 April globally to raise awareness in the public about the important roles veterinarians plays. This day is created by the World organisation for Animal Health and the World Veterinary Association.

## 30 April - Ayushman Bharat Diwas



Ayushman Bharat Diwas is celebrated on 30 April across the country. It is a programme of the Government of India to provide the underprivileged and economically backward people access to government as well as private healthcare facilities.



# Japan ends Olympic flame display due to virus



The Olympic flame will be removed from display in Japan, officials said Tuesday, as the country braces for a state of emergency due to the coronavirus that also forced the historic postponement of Tokyo 2020.

It had been on public display in the northeastern Fukushima region since last week, but Japanese Olympic organisers decided to shelve it as coronavirus cases climb in the country.

The ill-fated flame, lit in Greece, arrived in Japan on March 20 for a torch relay originally scheduled to start six days later and climax at the Olympics opening ceremony on July 24.

But the raging pandemic prompt-

ed the first postponement of the Games in peace-time, with the opening ceremony now slated to take place on July 23, 2021.

To keep the Olympic spirit alive in Japan, local organisers decided to maintain the flame in a lantern and display it in Fukushima, where the torch relay was going to start.

"Originally we wanted to hold the public display until the end of April. But considering recent developments, we decided to stop," said a Tokyo 2020 organising committee spokesman.

He declined to comment on where the flame will be stored, saying that organisers had no immediate plan to show it to the public and hoped to prevent people from congregating

around the storage location.

The flame has had a troubled journey due to the coronavirus since being lit in ancient Olympia without spectators to avoid spreading the disease.

The Greek leg of the torch relay was scrapped when large crowds mobbed Hollywood actor Gerard Butler as he lit a cauldron in the town of Sparta.

The flame arrived to a muted welcome in northern Japan in front of a few dozen officials and guests, after plans to invite 200 schoolchildren were abandoned.

It then attracted large crowds in Japan despite calls from organisers to avoid mass gatherings because of the virus.

## Chinese football agonises over wage cuts in face of coronavirus

Chinese Super League (CSL) players were under growing pressure Tuesday to take a pay cut in line with the likes of Lionel Messi and Cristiano Ronaldo, as coronavirus hits football hard.

The CSL has some of the best-paid coaches and players in the world with Shanghai SIPG's Brazilian attacking midfielder Oscar reportedly earning nearly USD 30 million a year.

However, while many CSL players have donated masks and other equipment in the fight against the pandemic, which has caused all football to stop, there is no unified response.

The CSL season was supposed to begin on February 22 but was indefinitely postponed because of the outbreak, which began in China in December before spreading worldwide.

The campaign is unlikely to begin before late May at the earliest even though China says that the number of locally transmitted infections and deaths has dwindled.

State-run Xinhua news agency published a lengthy article debating whether CSL clubs should follow Messi's Barcelona and Ronaldo's Juventus in temporarily cutting salaries by as much as 70 percent.

Bayern Munich's players have also agreed to take a pay cut, as have those at other clubs in the Bundesliga, while a similar argument is raging in the English Premier League.

A video conference involving CSL clubs on Thursday will likely see salary cuts discussed, the Beijing News said.

Other media went further, saying that a salary reduction will definitely be broached in Chinese Football Association (CFA) talks this week.

## IPL is massive tournament and hope there is way to schedule it later in the year: Buttler

IPL is "massive" in terms of stature and it is a "big shame" that it cannot be held at the moment due to the COVID-19 pandemic, said star England batsman Jos Buttler, who is expecting the cash-rich event to be slotted later in the year.

The deadly contagion has claimed more than 120 Indian lives apart from close to 80,000 global deaths which has forced countries, including India, to go under lockdown in their bid to flatten the curve.

Buttler, who plays for Rajasthan Royals, underlined the importance of a tournament like IPL.



"I don't know any more than you know about when IPL would be played or people talking about whether it can be pushed back. At the moment, everything is quite indefinite as no one knows how long it will last. So it can't be decided at the moment when it could or could not happen," Buttler was quoted as saying by ESPNcricinfo.

Buttler, who made massive strides as a white ball player after a few seasons of IPL, spoke about the impact of not having an IPL and the effect it could have on revenue.

"As for the stature of the tourna-

ment, it's a massive, massive tournament. Revenue that is involved in IPL is massive. It is a very important competition to cricket and it's a big shame that it's not going ahead or whether it does have the way to push it in the schedule and allow it," he said.

However, IPL pushed back later in the year could well mean that some of the top players could miss the tournament due to their bilateral commitments.

"Of course, that might mean certain players might be unavailable. They will have to work through as the situation unfolds," he concluded.



## Personal Protective Equipment made by Northern Railways get DRDO nod



Two samples of Personal Protective Equipment (PPE) made at a Northern Railways workshop have been cleared by the DRDO for its ability to block blood or body fluid, paving the way for its production at railway units. The test was conducted to check the resistance of the bio-protective covering material (fabric/garment) to penetration of blood or body fluid.

## British-era Amrutnanjan bridge on Mumbai-Pune Expressway demolished



The British-era Amrutnanjan Bridge near Lonavala on the Mumbai-Pune Expressway was demolished using controlled blasting. The Maharashtra State Road Development Corporation (MSRDC) demolished the 190-year-old bridge to make the traffic between Mumbai and Pune smoother. The bridge, which was built by the British in 1830, was causing traffic snarls and also caused several accidents.

## Army opens command hospital to assist J&K administration in fight against coronavirus



Lending its support to the Jammu and Kashmir administration in the fight against coronavirus, the Army said it has opened its command hospital here to test samples of suspected cases. The hospital is fully equipped to deal with patients infected with the disease and many wards have been converted into corona-specific intensive care units, commandant of the hospital Maj General S C Gupta told reporters here.

## PM Modi speaks to Sonia Gandhi, Manmohan Singh, Pranab Mukherjee on coronavirus



Prime Minister Narendra Modi reached out to top leaders from across the political spectrum, including Congress president Sonia Gandhi and TMC chief Mamata Banerjee, to discuss the situation arising out of the spread of coronavirus. He also spoke with former presidents Pranab Mukherjee and Pratibha Patil, and former prime ministers Manmohan Singh and HD Deve Gowda.

## Bangladesh PM unveils 72,750-crore taka economic package to counter adverse effects of coronavirus



Bangladesh Prime Minister Sheikh Hasina announced stimulus packages to the tune of Taka 72,750 crore (USD 8,573 million) to counter the adverse effects of coronavirus on the country's economy. "Earlier I declared Taka 5,000 crore (emergency) incentive package for paying salaries and allowances of export-oriented industry workers and employees and announcing four fresh financial stimulus packages of Tk 67,750 crore.

## Mainland China again sees rise in new coronavirus cases



Mainland China reported 30 new coronavirus cases, up from 19 a day earlier as the number of cases involving travellers from abroad as well as local transmissions increased, highlighting the difficulty in stamping out the outbreak. The National Health Commission said in a statement that 25 of the latest cases involved people who had entered from abroad, compared with 18 such cases a day earlier.

## US President Donald Trump urges media outlets to stop creating fear over Covid-19



US President Donald Trump has urged media outlets in the country to abstain from spreading false rumours during the nation's critical fight against the deadly coronavirus pandemic. "We want to save lives; we want as few lives lost as possible. It is therefore critical that certain media outlets stop spreading false rumours and creating fear and even panic with the public. It's just incredible," Trump told reporters during a press conference at the White House, without taking the names of any media organisation.

## Britain set for long lockdown as death toll rises to 4,313



Britain is unlikely to lift its stringent lockdown rules until the end of May, once the spread of the coronavirus has started to slow, a leading government adviser said as the death toll rose to 4,313. The government has put Britain into a widespread shutdown, closing pubs, restaurants and nearly all shops, while ordering people to stay home unless absolutely essential to venture out.

## BIRTHDAY WISHES

### AJAY DEVGAN

2<sup>nd</sup> APRIL 1969

Vishal Devgan born 2 April 1969, known professionally as Ajay Devgn, is an Indian film actor, director and producer. He is widely considered as one of the most intense and influential actors of Hindi cinema, who has appeared in over a hundred Hindi films. Devgn has won numerous accolades, including two National Film Awards and four Filmfare Awards. In 2016, he was honoured by the Government of India with the Padma Shri, the fourth-highest civilian honour of the country.



### ROBERT DOWNEY JR.

4<sup>th</sup> APRIL 1965

Robert John Downey Jr. born April 4, 1965 is an American actor, producer, and singer. His career has been characterized by critical and popular success in his youth, before a resurgence of commercial success in middle age. In 2008, Downey was named by Time magazine among the 100 most influential people in the world, and from 2013 to 2015, he was listed by Forbes as Hollywood's highest-paid actor. His films have grossed over \$14.4 billion worldwide making him the second highest-grossing box-office star of all time.



### THOMAS JEFFERSON

13<sup>th</sup> APRIL 1743

Thomas Jefferson April 13, 1743 – July 4, 1826 was an American statesman, diplomat, lawyer, architect, philosopher, and Founding Father who served as the third president of the United States from 1801 to 1809. He previously served as the second vice president of the United States from 1797 to 1801. The principal author of the Declaration of Independence, Jefferson was a proponent of democracy, republicanism, and individual rights, motivating American colonists to break from the Kingdom of Great Britain and form a new nation.



### B. R. AMBEDKAR

14<sup>th</sup> APRIL 1891

Bhimrao Ramji Ambedkar 14 April 1891 – 6 December 1956, also known as Babasaheb Ambedkar, was an Indian jurist, economist, politician and social reformer who inspired the Dalit Buddhist movement and campaigned against social discrimination towards the untouchables (Dalits). He was independent India's first law and justice minister, the major architect of the Constitution of India.





# COVID-19 Outbreak: Global Solidarity and Integrating Family Bonding



**Dr. TWINKAL PATEL**  
Founder Motherhood Foundation

## Global Solidarity is the Need of the Hour

Nature has played a wonderful game with all of us! Within few days Nature controlled over all our mischief / misbehaviour / wrong doings. Man created with huge expenses - roads, transport facilities, bus transportation, railways, airplanes, luxuries, hotels and infrastructure and now all are vain - it cost nothing at all!

Having taken the human race hostage for four months, nature indirectly stated, "This earth is the shared property of all creatures; it is not for humans alone."

Wherever I am (human) - in USA, in India, in Sudan, in Italy, in China - Whoever I am Christian, Hindu, Muslim or anybody - Whatever my position a Prime Minister or a Big Business Tycoon or Hollywood and sport stars or a small Sweeper - I become One Man - I speaks one language only - about how to conquer over Corona.

Nature showed us our place and told us "Do not go against the laws of nature, otherwise things will not be natural i.e. Beside the Point. Nature has united us the humanity, Nature has united the world. Right now, we are experiencing global unity - global solidarity - And we started helping each-other with the best capacity, without any borders and boundaries, without any religion, without any position.

Global Solidarity started when 2019 Novel Coronavirus has got new name COVID19. Viruses are named based on their genetic structure to facilitate the development of diagnostic tests, vaccines and medicines. WHO announced "COVID-19" as the name of this new disease on 11 February 2020, guidelines previously developed with the World Organisation for Animal Health (OIE) and the Food and Agriculture Organization of the United Nations (FAO).

Indian government has started massive preventive campaigns using different means of communications. It went well when PM Modi has announced India stay indoor for 1 day with the name 'Janta Curfew' and then 21-days lockdown to control and curb the coronavirus spread which is the human touch deadly disease. On 13 March 2020 WHO and UN Foundation has



## SAARC Emergency Fund as on 23 March 2020

Source: Computed Data from Internet Sources

SAARC Country	Voluntarily Fund Contribution	Total Population (Data as on 2017)	Total COVID19 Cases
India	USD\$ 10 million	133.92 crores	863
Sri Lanka	USD\$ 5 million	2.14 crores	106
Bangladesh	USD\$ 1.5 million	16.47 crores	48
Nepal	USD\$ 1 million	2.93 crores	4
Afghanistan	USD\$ 1 million	3.55 crores	94
Maldives	USD\$ 200,000	4.36 lakhs	14
Bhutan	USD\$ 100,000	8.08 lakhs	3
Pakistan	---	19.7 crore	1296
<b>Total Accumulated Sum</b>	<b>USD\$18.8 million</b>		

started first of its kind COVID-19 solidarity response fund and soon after on 15 March 2020 PM Modi has urged SAARC nations to donate fund and announced India's initiation with \$10 million contribution offers.

## Opportunity in Family Bonding

Opportunity and obstacles gives two things together, one is learning from the mistakes and second is thinking to develop right attitude, setting affirmation and giving gratitude to all those who have contributed some or other way to progress in our life. Family bonding time is time the family members spends together and create, shape

and nature the cohesiveness in each. In this COVID-19 global outbreak and 21-days national lockdown, the nature, government and system has given the momentum opportunity to spend good time with family and connect them with the root.

## Family bonding gives an opportunity to

1. Senior family members like grandfather and grandmother to reincarnate the rooted hierarchy and make them understand.
2. Parents give some valuable Gyan to children and help them in setting goals and objectives of life.
3. Children to learn Sanskar and how to

communicate, listen and act appropriately with everyone.

## Ways to Develop Family Bonding -

1. Having breakfast, lunch and dinner together.
2. Playing, Singing and Laughing together.
3. Giving the importance of mythology, spiritual, yoga and meditation.
3. Share own and other notable person's live story
4. Give one gratitude a daily towards any of the family member
5. Try and help in problem/issue solving.
6. Teach everyone the power of saying Yes and No on given situation.

## Takeaway Message from This COVID-19 Outbreak

Understanding the present natural crisis of global coronavirus outbreak, it is now the nature have given clear cut indication that if human will not the utmost important of nature and its ecosystem, then, ready to face the unbearable consequences which will make many things stand still. This is the real time to go back to nature, family and society. We need to come out from materialistic life and devote some efforts to nurturer the nature as well. Take care of yourself, family and maintain hand hygiene and social distancing to fight against coronavirus.