

The Open Page

Inspire Learning

ISSN 2347-162X

RNI No. GUJENG/2002/23382

AHMEDABAD, SATURDAY, APRIL 25, 2020

VOL.20, ISSUE-1

www.theopenpage.co.in

facebook.com/theopenpage

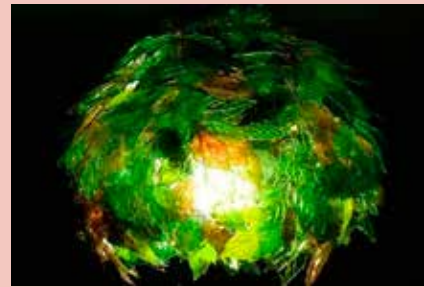
TOTAL PAGE -12

INVITATION PRICE: ₹30/-

The Open Page, 23, Suryakunj Society, Nr. Nutan School, Prabhat Chowk, Ghatlodia Ahmedabad - 380061 | Ph : 9586022210

INSIDE

DIY Unique Chandelier...



There are many ways to re-purpose plastic bottles into some useful household items. Plastic bottle craft is a nice way to recycle plastic bottles.

p4

World Earth Day



Earth Day is an occasion celebrated each year on the 22nd of April. The occasion is held around the world to celebrate bolster for the security of the environment and has persistently drawn increasingly individuals in each consequent year.

p9

IPL further put off, but to when?



The Chief Operating Officer of the Indian Premier League (IPL), Hemang Amin, called all IPL franchises and stakeholders stating that the league.

p10

Going Digitally is the way...



Humanity, humane and humble. These are the ways we are practicing, preaching and propagating in this global and national lockdown period due to coronavirus outbreak.

p12

WHAT SHOULD I DO?

This is a very common question asked by children when they have lot of free time, but now when Covid-19 has been declared as a pandemic by WHO and schools, universities, and coaching institutes in many states of our country have been shut down and in current scenario when everyone is locked down in their respective homes, this is what we at THE OPEN PAGE suggest you to do.

Amidst all this, educators are taking critical steps to make sure that students don't lag academically. Online classes have turned out as the most fortunate solution to make sure that the syllabus can be completed on time, and it does not pose serious implications on the examinations. To ensure equal participation, here is what students could do to manage their studies. Those students, whose institution could not process the same yet, should ideally enroll in online trainings and utilize this time to learn a new skill. As students' dependency on physical classes and teachers would no longer work; this is the time when their time management and ownership skills would come into play.

Various online training platforms have come forward to support the students by either providing hefty discounts on the trainings or letting students enroll in the same free of cost. Students could either choose a short-termed online training which aligns with their stream of study. Students who aim to have fulfilling online learning experience should make a schedule and spend at least 2 hours a day on learning.

Having a unique project of their own could prove to be a great achievement as it adds weight to the students' resume. It also works as a sign of credibility for their future, explaining that they have successfully learnt a new skill and they know its application. Students could utilize this time, enroll in exploratory trainings, strengthen their practical concepts through exercises and quizzes.

They can also pursue a hobby as it tends to have a positive effect on the mental and emotional health of a person. In a situation like this, focusing on polishing any of their hobbies could help the students to stay refreshed and free of stress and anxiety.



Students are missing out on classes as the authorities are restraining people from participating in public gatherings

In an alarming situation like this, students could turn out to be more productive by prioritizing their tasks. They can simultaneously complete their assignments and can learn a new skill with ease. In such a situation, students' emotional intelligence, ability to make decisions independently, and multitasking abilities are put to the test, and through an effective schedule, they can fight against the odds.

For students, it is extremely essential to make the most of this period instead of spending their entire day on browsing content online. Other than focusing on all the above-mentioned points, students facing any sort of confusion related to the spread of the virus can take help from their parents or guardians.

If someone in their acquaintances has unfortunately suffered or is suffering from Covid-19, parents could help them deal with the emotional and mental repercussions of the same. Students can involve in a healthy discussion with their elders and can get their facts and figures right related to Covid-19.

Whether it is painting, craft, dancing, photography, singing, playing music, reading books, sports, or anything else, spending at least 2 hours every day on their interests would help the students find mental peace. Moreover, continuing to do so might also help the students find an out-of-the-box career opportunity. Students can start a YouTube channel where they can teach art and craft or an Instagram page to showcase their photography skills, or even start a blog to pursue writing.



To feature your school event on this page, send the details and photographs to editor@theopenpage.co.in

Shapes Day Celebrated at Sakar School



The teachers were wearing dresses with shapes print prevalently, which was pleasant surprise for students. During tiffin break, everyone shared their thoughtfully prepared tiffins which excited the kids, when they were able to identify the shapes of the food items like parathas, Idli etc. Apart from these children enjoyed the special assembly with related rhymes, videos, blocks and games on different shapes.

Inter Pre-School Competition organized at CCIS Green Campus



The enthusiasm of the tiny tots on the ramp, their creativity with the clay and colors made the inter Pre-school competition a great success. The children showcased their talent in a most creative way with the clay and colours. Parent escorting their kids tried their hands on the activities and teaching aids used in the classroom by the teachers to help inculcate an understanding of the concept to the students.

Grandparents Day Celebration by the Students of Tender Touch School



Workshop on Food Safety Organized at Satyameva Jayate International School



The workshop was conducted under FSSAI's 'safe and nutritious food at school' initiative. Officials of FSSAI were present at the occasion. As part of this initiative, mascots developed by FSSAI, Master Sehat and Miss Sehat gave valuable tips regarding the importance of safe and nutritious food through interactive skit. They advised to purchase milk in tetra packs where adulteration chances are minimum. They also briefed about the significance of consuming fortified food, various deficiency diseases and how to take precautions to avoid them. More than 200 students attended the workshop.





Blue Day celebration for the Students of CCIS SG Campus



Blue Day was an amazing learning experience. Early identification of colors helped to create the cognitive link between visual clues and words which is an important part of a child's development.

Save Water: The children were explained to "Save Water".

Rainy Season: Rainy Season was explained by creatives of clouds with drops of water

Blue Objects/Creatives: Children came dressed in blue attire as butterfly, cloud

Tripada English School Celebrated Healthy Week



Salad day, yoga, eye and dental checkup was planned. General awareness was imparted for healthy and junk food as well as benefits of eating fruits and vegetables on regular basis was explained to the students. Salad day was celebrated wherein students had brought nutritious salad in a decorative form. Health checkup was done by doctors from reliable source of Lion's Club. Physical exercise and yoga was done with benefits. The message conveyed through healthy week was to ensure good health, eat lightly, breathe deeply, live moderately, cultivate cheerfulness and maintain interest in life.

Achievement by Ms. Anju Kumari, Principal of Tripada Gurukulam, Viramgam

Tripada Gurukulam had recorded one more remarkable success when the schools' Principal Ms. Anju Kumari won a "National Award" at "Asia Education Summit 2020" held in "VigyanBhawan-New Delhi" on 27/02/2020. She was awarded as the "Most Admired Principal" from complete India. Asia Education Summit for Education is the premier international platform dedicated to innovation and creative action in education, where top decision-makers share insights with on-the-ground practitioners and collaborate to rethink education. The main purpose of the summit is to focus on the academic sector, challenges and opportunities in the respective field. The theme of the Summit revolved around various topics, Vision and Strategies for Higher Education Institute, Evolving Educational Pedagogy, and Role of technology in Access to Education, the Grading system in Primary and Secondary Education, India as the global choice of destination for Affordable Higher Education.

Ms. Anju Kumari was given an award in the presence of following renowned personalities of our nation:

- 1) Smt. Maneka Gandhi - Hon'ble Member of Parliament & Former cabinet Minister, Govt. of India.
- 2) Ms. Arushi Nishank - Indian Classical Dancer, Entrepreneur & Socialist.
- 3) Shri. Parshottam Rupala - Hon'ble Minister of State for Agriculture & Farmer Welfare, Govt. of India.
- 4) Shri. Satyanarayan Jatiya - Hon'ble Member of Parliament, Rajya Sabha & Chairman HRD Parliament Committee, Govt. of India.
- 5) Shri. Syed Hussain - Hon'ble National Spokesperson and former Cabinet Minister, Govt. of India.
- 6) Shri. Ramdas Athwale - Hon'ble Minister of State for Social Justice & Empowerment, Govt. of India.
- 7) Smt. Jaya Prada - Indian Film Actress & Former Member of Parliament.
- 8) Shri. Jyoti Kalash - IAS, Principle Residence Commissioner, Nagaland Govt.
- 9) Shri Shyam Jaju - National Vice President of BJP.
- 10) Shri. Pratap Chandra Srangi - Hon'ble Minister of state for Micro, small & medium Enterprises, Govt. of India.
- 11) Ms. Anca Verma - Chairperson Olialia World Former Miss. Romania.
- 12) Mr. Sushil Kumar - Olympic Gold Medalist.

We heartily congratulate Madam for her great grand success and always wish for her, that may she achieve many more such awards ahead in her life and will bring good fame for our institution Tripada Gurukulam, our city, our state & our nation.



DIY Unique Chandelier from Plastic Bottles

There are many ways to re-purpose plastic bottles into some useful household items. Plastic bottle craft is a nice way to recycle plastic bottles. Sometimes these crafts are so beautiful that can exceed your expectations. Today I am excited to share with you this creative idea to make a unique chandelier from plastic bottles. It consists of colorful plastic leaves that are cut from plastic bottles. This chandelier is so beautiful! Put an LED light bulb in it and you'll have a glowing nice decor in your room. Enjoy!

Here are the things you may need

- Plastic bottles of various colors
- Thin wire for the twigs
- Soldering iron for the treatment of the leaves
- Wire frame
- LED lights
- Scissors
- Knife



PAPER UMBRELLA

Supplies you need:

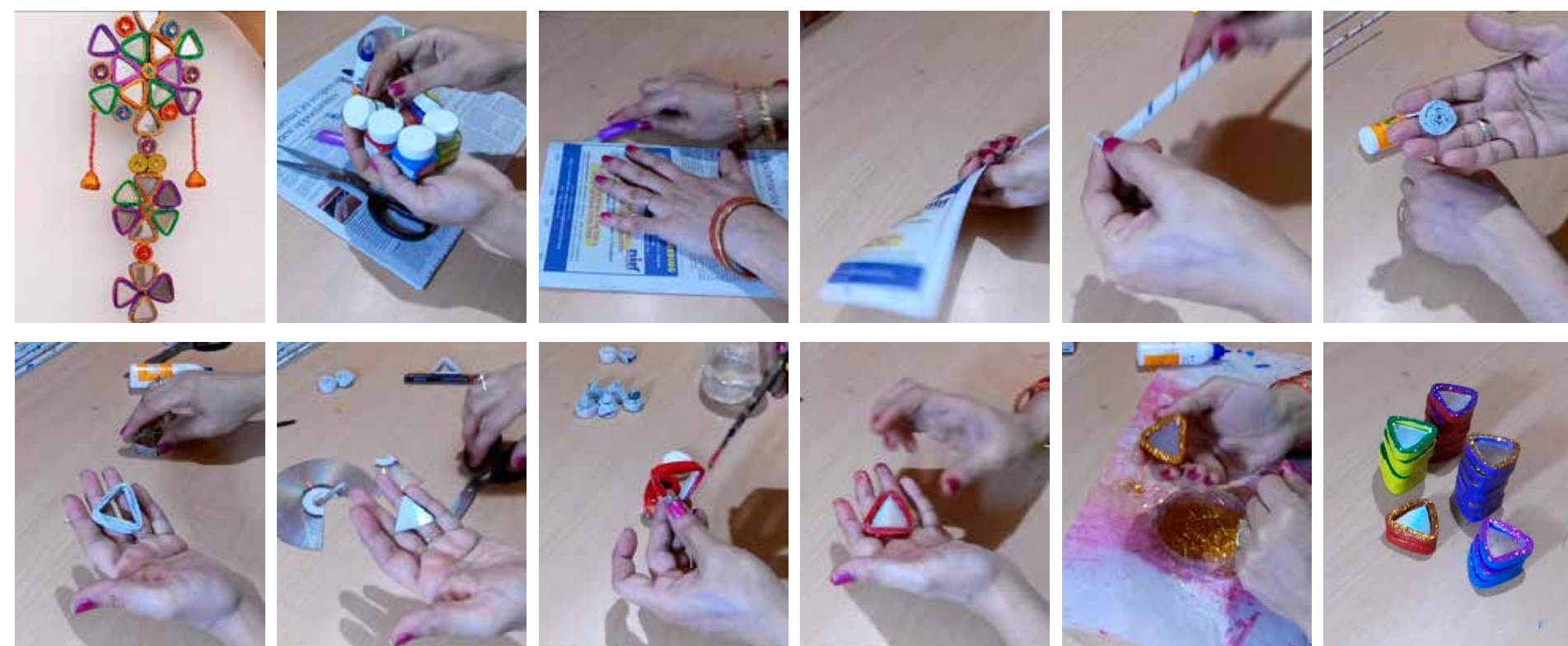
1. colored A4 sheet
2. Scissor
3. A pin
4. Glue

That's all and you are ready to go and make this amazing Yellow Umbrella. The steps to make this beautiful paper umbrella are the following:

1. Cutout some circles out of colored papers.
2. Fold each circle in a semi-circle and each semicircle in a half.
3. Paste these quadrants together in the shape shown in the image below.
4. Complete pasting and you will get an upper part of this paper umbrella.
5. Now, paste a stick and Your Paper Umbrella is ready.



How to make wall hanging from newspaper and CD



MELON SLUSH



Ingredients:

- 1/2 musk melon (cut into pieces)
- 2 tbsp. Orange crush
- Few pomegranate seeds
- 3-4 ice cubes
- 1/2 cup water

Method

1. Add all the ingredients in a mixing jar and blend well.
2. Pour in a glass and garnish with a few pomegranate seeds.
3. Serve chilled.

A DELICIOUS RECIPE BY ESTHER SAMUEL



Esther Samuel, A complete foodie who likes to experiment with food and is determined to make cooking a very interesting chore of one's life.

Glazed Doughnut Holes

Ingredients

- 2 cups confectioners' sugar
- 3 to 5 tablespoons frozen grape, cherry-pomegranate or cranberry juice concentrate, thawed

- 12 doughnut holes
- LEMON VARIATION:
■ 2 cups confectioners' sugar
■ 5 tablespoons lemon juice

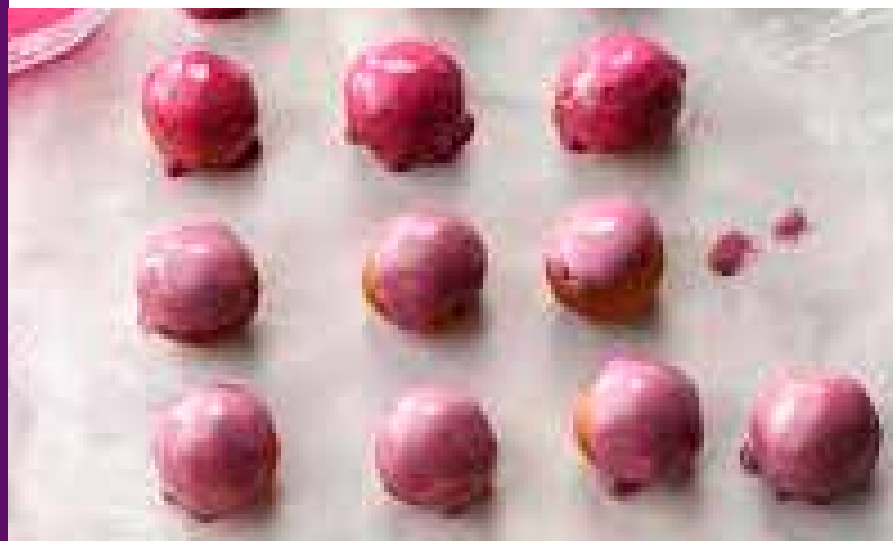
Directions

Whisk together sugar and enough juice concentrate to achieve a thick glaze. Dip doughnut holes in glaze; transfer to waxed paper.

Variation: For lemon glaze, whisk together sugar and lemon juice until smooth. Dip doughnut holes and transfer to waxed paper.

Nutrition Facts

1 doughnut hole: 225 calories, 4g fat (2g saturated fat), 1mg cholesterol, 69mg sodium, 49g carbohydrate (44g sugars, 0 fiber), 1g protein.



QUIZ

1. In which capital city of Europe would you find the Eiffel Tower?
2. What do you have to stick on an envelope?
3. Who was the first American president?
4. Which country is home to the kangaroo?
5. What is the opposite of 'cheap'?
6. Which animal is the tallest in the world?
7. Which singing voice is the highest pitch? Soprano, tenor or baritone?
8. A scientist who studies rocks is called a what?
9. Who was the first man to step on the moon?
10. In sports, what is an MVP?

Send your answer to openpageyrc@gmail.com. Names of the Winners would be announced in the next issue

BIG DRY ICE BUBBLE

INSTRUCTIONS

1. Place your dry ice in the bowl and add some water (it should start looking like a spooky cauldron).
2. Soak the material in your soapy mixture and run it around the lip of the bowl before dragging it across the top of the bowl to form a bubble layer over the dry ice.
3. Stand back and watch your bubble grow!

WHAT YOU'LL NEED

- Water
- A large bowl with a lip around the top (a smaller bowl or cup will work too)
- A strip of material or cloth
- Soapy mixture for making bubbles (water and some dishwashing liquid should do the trick)
- Dry ice - one piece for a cup, more for a bowl. Places where adults can buy dry ice include large grocery stores and Walmart. Butchers and ice cream stores might have some too.
- Safety first! Be careful with dry ice as it can cause skin damage if not used safely. Adults should handle dry ice with gloves and avoid directly breathing in the vapor.



FILL IN THE COLORS



SUDUKO

			9		2			
	4						5	
		2				3		
2								7
			4	5	6			
6								9
		7				8		
	3						4	
			2		7			

For Subscribing "The Open Page"
contact on M. 95860 22210
Email: marketing@theopenpage.co.in

MATH PUZZLE BOXES

In a magic square, each row, column and diagonal add up to the same total. Can you fill in the missing numbers in these magic squares?

1) The sum is 15.

	9	4
7		
	1	

2) The sum is 33.

13		
15	11	
	19	

3) The sum is 45.

	9	12
	15	27

4) The sum is 60.

21		23
17		19

RIDDLES FOR KIDS

- What can you catch but not throw?
- What begins with T, finishes with T, and has T in it?
- I'm tall when I'm young, and I'm short when I'm old, what am I?
- What is so fragile that saying its name breaks it?
- What begins with an E but only has one letter?
- You draw a line. Without touching it, how do you make it a longer line?
- How can a leopard change its spots?
- What is easy to get into but hard to get out of?
- Mary has four daughters, and each of her daughters has a brother — how many children does Mary have?
- David's parents have three sons: Snap, Crackle and...?
- You bought me for dinner but never eat me. What am I?
- A boy and his father get into a car accident. When they arrive at the hospital, the doctor sees the boy and exclaims "that's my son!" How can this be?

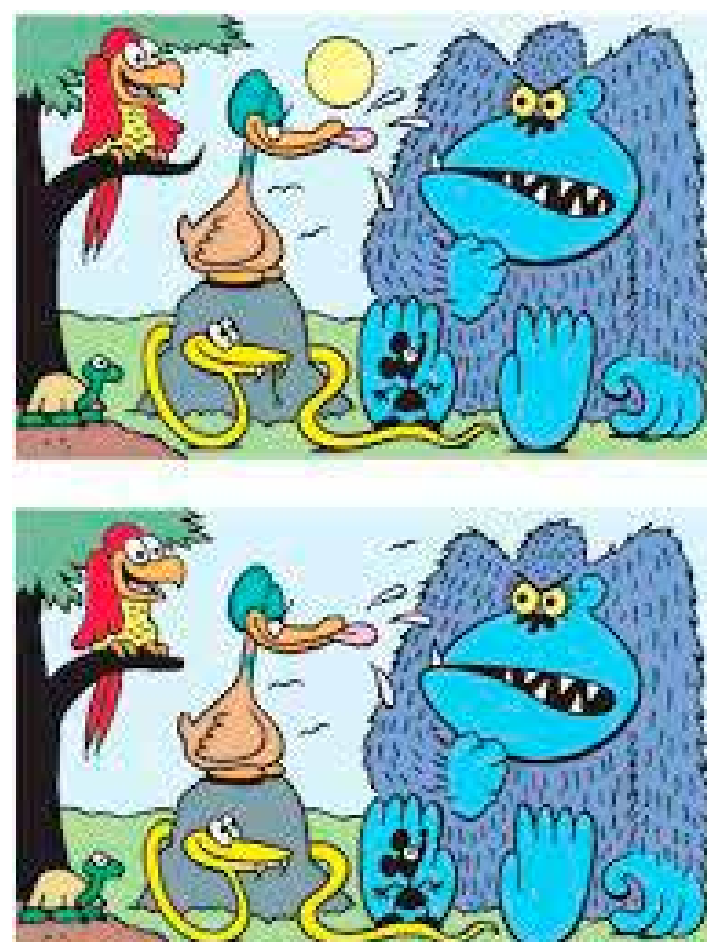
JOKES

- How do you get a squirrel to like you?
- What do you call two birds in love?
- How does a scientist freshen her breath?
- How are false teeth like stars?
- How can you tell a vampire has a cold?
- What's worse than finding a worm in your apple?
- What is a computer's favorite snack?
- Why don't elephants chew gum?
- What was the first animal in space?
- What did the banana say to the dog?

FIND THE WAY



FIND THE DIFFERENCE



CONNECT THE DOTS



FIND THE WORDS

Find the words with - ful and - less suffixes

HARMLESS
COLOURLESS
BREATHLESS
CARELESS
PAINLESS
CHEERFUL
COLOURFUL
PENNYLESS
CAREFUL
PAINFUL
USELESS
THOUGHT-
LESS
HOMELESS
HELPLESS
USEFUL
THOUGHT-
FUL
BEAUTIFUL
HELPFUL

Z J Z G K S T N V P P H P F B M D F I L D Y A R
H F C W F E Z R R O P E Z G D Y H J H J W M R A
V A O B Q M H F N D K Z Y E V J S A Y S E D D A
R O L N Z B Y Z K D W B M A B R E A T H L E S S
I D O K I A S N U P Y R U N B E A U T I F U L T
Q Y U R T G F U S E L E S S C Q O D G W B Q O Y
X J R X C O P L V G N H J A A H A R M L E S S M
B C L B Y B N Y Z K U W X R R K P I V G S B U A
D B E C W N J U G A Z O G Y E D F U D M Q P L Z
Q S S T F H Y M L H H X Y X F E U D J R Z A P H
E N S T T J K P U K J G A I U I S E W E Z I A U
H F R G Q N V S Y W S N Y T L R B J U J H N I M
E K B A B L F Z E S W P K U Q O F T E G E L N Q
L H W J N Y I T H O U G H T L E S S T X L E F M
P D F N E V X I D N E U I Q W E O F X J P S U L
F Z C A R E L E S S C H J E K V Y X M P L S L L
U O Q C C H E E R F U L Z B E S S T X V E O R R
L O C K I E Q G S D I P F X F S V U L A S N J L
P U F T P O E W I C O L O U R F U L F T S M C K
G P O B U Z N Y D M U B A C U M V H I E B I I T
S U S E F U L W N J C N G V P E N N Y L E S S L
W N E D P X T Z T C J Y R G O H O M E L E S S U
A Y I V N B D L H B C R Y J Z A E J J N C L T E
N T H O U G H T F U L P G R H A Q F F Q R P S F

PVC Subedar Sanjay Kumar

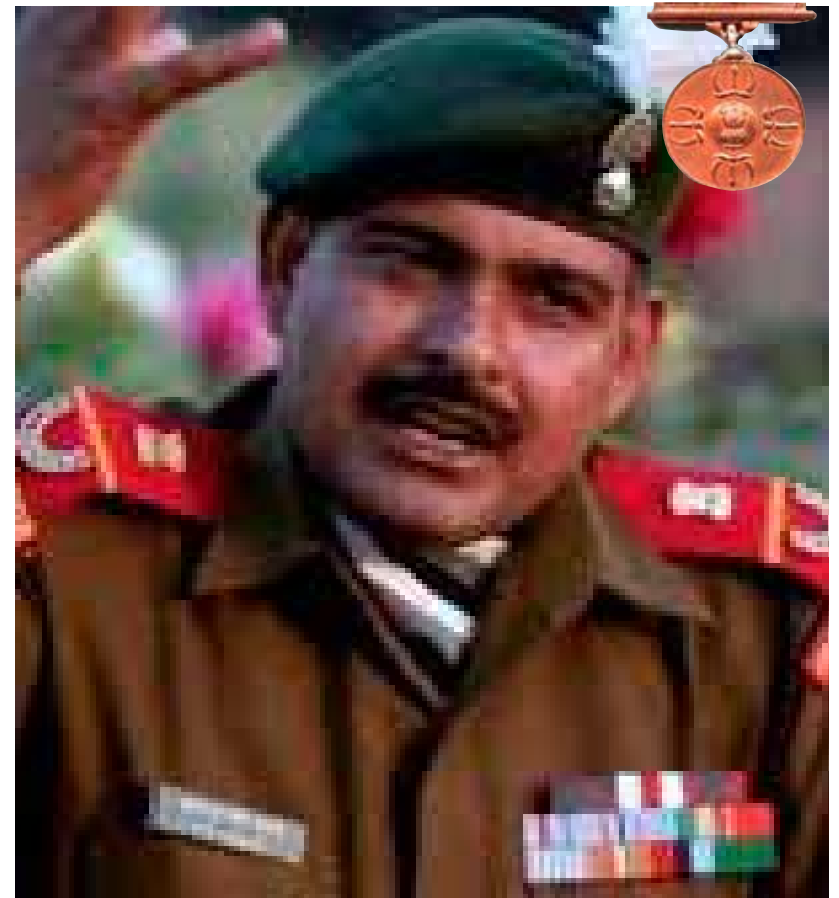


Born	3 March 1976 (age 44) Kalol Bakain, Bilaspur district, Himachal Pradesh, India
Allegiance	Republic of India
Service/branch	Indian Army
Rank	Subedar Service number 13760533
Unit	13 JAK RIF
Battles/wars	Kargil War
Awards	ParamVir Chakra



Rifleman Sanjay Kumar volunteered to be the leading scout of the attacking column tasked to capture area Flat Top of Point 4875 in the Mushkoh Valley on 4 July 1999. During the attack when enemy automatic fire from one of the sangars posed stiff opposition and stalled the column, Rifleman Sanjay Kumar realizing the gravity of the situation and with utter disregard to his personal safety, charged at the enemy. In the ensuing hand-to-hand combat, he killed three of the intruders and was himself seriously injured. Despite his injuries, he charged onto the second sangar. Taken totally by surprise, the enemy left behind a Universal Machine Gun and started running. Rifleman Sanjay Kumar picked up the UMG and killed the fleeing enemy. Although bleeding profusely, he refused to be evacuated. The brave action on his part motivated his comrades and they took no notice of the treacherous terrain and charged onto the enemy and wrested the area Flat Top from the hands of the enemy. Rifleman Sanjay Kumar displayed most conspicuous gallantry, cool courage and devotion to duty of an exceptionally high order in the face of the enemy.

PVC Subedar Major Yogendra Singh Yadav



Born	May 10, 1980 (age 39)[1] Bulandshahr District, Uttar Pradesh, India
Allegiance	Republic of India
Service/branch	Indian Army
Rank	Subedar Major
Unit	18th Grenadiers
Battles/wars	Kargil War Operation Vijay Battle of Tiger Hill
Awards	ParamVir Chakra



Yadav, enlisted with the 18 Grenadiers, and was part of the Ghatak Force commando platoon, tasked to capture three strategic bunkers on Tiger Hill in the early morning hours of 4 July 1999. The bunkers were situated at the top of a vertical, snow-covered, 1,000 ft (300 m) cliff face. Yadav volunteered to lead the assault, climbed the cliff face and installed ropes that would allow further assaults on the feature. Halfway up, machine gun and rocket fire came from an enemy bunker, killing the platoon commander and two others. In spite of being hit by multiple bullets in his groin and shoulder, Yadav climbed the remaining 60 feet (18 m) and reached the top. Though severely injured, he crawled to the first bunker and lobbed a grenade, killing four Pakistani soldiers and neutralizing enemy fire. According to the ParamVir Chakra citation on the Indian Army's website, Yadav "displayed the most conspicuous courage, indomitable gallantry, grit and determination under extreme adverse circumstances".

Earth Day is an occasion celebrated each year on the 22nd of April. The occasion is held around the world to celebrate bolster for the security of the environment and has persistently drawn increasingly individuals in each consequent year. Soil Day brings consideration to an expansive number of issues in necessity of consideration, such as contamination of the sea, flotsam, and jetsam cleared out over on arrive, climate alter, preservation of the Earth's environments, vitality preservation, soil debasement, erosion, overpopulation, atomic issues, the consumption of the ozone layer, the exhaustion of the Earth's normal assets, the presentation of squanders and toxicants into the wild and the oceans, nanotechnology, and the deforestation of rain timberlands.

Earth Day Significance

Earth Day could be a day devoted to expanding mindfulness approximately the Soil and its issues. Nowadays, more than 1 billion individuals presently take an interest in Soil Day exercises each year, making it the biggest civic recognition within the world. As a result of this exceptional occasion, various policy agreements and acts are endorsed such as Clear Discuss Act, Clean Water Act, Imperiled Species Act and numerous others.

Earth Day has picked up significant



importance within the past. This is often due to the reality that individuals have been seeing deficiency of nourishment, sky rocketing fuel prices, expanded worldwide warming and changing climate designs. It may be a day that recognizes the significance of our planet. Individuals come to know almost the modern environment is-

issues such as worldwide warming, draining assets etc. Both adults and kids become conscious about the strategies and tactics which they can adopt in day-to-day life to ensure cleaner environments.

Different recommendations are brought to light almost reusing, vitality preservation, expanding plant and

tree development, spare water, regard nature, decrease poisons within the discus, keep the environment clean, diminish discuss contamination, planting trees and blossoms to extend oxygen and adore and regard towards all creatures who possess the soil. There are little thoughts with colossal affect such as – plant a tree each year, switch off light when not in utilize, utilize recyclable packs for basic supply shopping etc. displayed amid Soil Day celebrations.

Separated from the person family units, indeed companies are empowering their workers to contribute their portion when it comes to spare this planet from debasement. Making utilize of open transportation, car pooling to diminish contamination, exchanging off AC after office hours, persuading individuals to require less print outs, utilizing renewable sources to create control, permitting representatives to lock in tele or video conferencing, utilizing CFL lights and bulbs, extricating geothermal vitality to warm up office buildings are few of the activities companies are taking to spare vitality and make this planet secure for our future eras. If people implement some of these and make changes in their behaviors towards Mother Earth, then we would be able to make our planet a much better place to live in – also for coming generations.

In this mortal life there is one relationship that scores effortlessly above all other known relationships on this Earth. Do you feel confused? Do not scratch your head too much as this extraordinary relationship is none other than that of the mother, which is truly priceless in terms of her innumerable love, dedication and devotion to her family. Mother's Day is celebrated in over 46 countries around the world. This is really a special day for the mothers who in this male-dominated society are mostly underrated. Using various detailed information in the form of origin, the reason for the celebration, the modes of celebration and other essential facts, let us throw some light into the occasion.

International Mother's Day is a celebration that honors mothers and every year on the second Sunday of May, motherhood is celebrated. Mother's Day will fall on May 12 in 2019. While the whole year is not enough to express our love and care for her, it's great to have at least one day entirely dedicated to her. Let her feel like a queen and get from all her 'mummy' duties a much-deserved break.

Why do we celebrate Mother's Day?

Mother's Day is an opportunity to express respect, honor and love for mothers in different parts of the world. The day is an event that honors mothers' contribution recognizes maternal bond efforts and mothers' role in our society. Although the occasion is celebrated on different dates by different countries,

MOTHERS DAY

the common celebrations months are March or May. Mother's Day is a similar effort like other celebrations like Father's Day, Siblings Day, Grandparents Day and others.

It is a day that reminds people of the importance and significance of mothers in their lives and is observed as a day that places special emphasis on motherly figures around the world. This is your mom's day. So treat her like a queen and spend the entire day doing things that she always wanted to do with you. You two can go for a picnic, go for a hike, cook together, go through old family pictures, or just play some fun games at home. Or you two can run a movie marathon at home. Include the all-time best comedy movies in your list to have a great time together. Below mentioned are the few ways you can make your mother feel special on her special day:

Breakfast in Bed

Start her day by offering breakfast in bed. Her eyes will be wide open and you'll witness a big smile on her face. Make her favorite food such as pancakes, scrambled eggs or bacon and serve with

a glass of fresh juice. Leave a sweet note in the food tray to tell your mom that you love her most in the whole world and feel lucky to have her by your side.

Give Her Flowers

Flowers are the beautiful creations of nature that always brighten up people's mood and make them happy. A hand-made bouquet of fresh and bright carnations would be absolutely perfect to wish your mom on Mother's Day and show how much you adore her from the core of your heart.

Give Your Mom a Day Off

Set your mom free from all the household chores on Mother's Day. Encourage her to sit back and relax or go out with her friends and have some fun that she always wanted to do but couldn't do somehow due to busy schedule.

Throw a Surprise Party

Throw a surprise Mother's Day party at home with the help of your dad and siblings. Make your mom's favorite cuisines and cocktails. She would be quite thrilled as she wasn't expecting anything like that. Your love and care combined

with a sweet surprise will make it the most special and memorable day of her life.

Spend a Day Together

This is your mom's day. So treat her like a queen and spend the entire day doing things that she always wanted to do with you. You two can go for a picnic, go for a hike, cook together, go through old family pictures, or just play some fun games at home. Or you two can run a movie marathon at home. Include the all-time best comedy movies in your list to have a great time together.

Surprise Her with a Lovely Gift

Everyone loves to receive gifts. If you are aware of your mom's choice, then it will be really easy to order a meaningful gift that she would love. Ranging from cakes, jewelry, accessories, apparels, handbags to personalized cushions, there are plenty of gift ideas that you can offer her on Mother's Day as a token of love.

Pamper Her

A little rest and relaxation would be great for your mom's physical and emotional health. Book a spa session for her in the nearby salon. Offering a relaxing massage, refreshing facial, pedicure, and manicure is best to pamper your mom on Mother's Day. It would definitely help her avail some much-needed me-time and make her skin glow like sunshine.

So this Mother's Day don't only wish your mothers on social media but also make her feel special in real life.



IPL further put off, but to when?

The Chief Operating Officer of the Indian Premier League (IPL), Hemang Amin, called all IPL franchises and stakeholders stating that the league, that was to start originally on March 29 and later at the postponed date of April 15, is being put off given the extended lockdown.

Amin did not say it is being cancelled. An announcement is expected on these lines from the BCCI.

Theories galore

The oral communication has led to a slew of theories about the possible date for the league later in the year but the problem is that of the window. It is a fact that the Board of Control for Cricket in India (BCCI) and teams want the league to happen, some way or the other, but no one has a clue about it. One major stakeholder told this paper, "Who knows what is in store post May 3." That is the date when the current lockdown ends.

The challenge

The challenge before the BCCI is that from the second week of May the monsoon season arrives and there is no formal window till October-November when the World Twenty20 is slated. There is no indication that the International Cricket Council (ICC) will spare that window for the IPL, should cricket be possible at that time at all. A lot of power play will be involved if one were to hold a domestic event in place of a



global tournament.

The potential window is late August-September which used to be the window for the now-extinct Champions League Twenty20. But it would potentially clash with the Caribbean Premier League (CPL) dates and West Indies players have been integral to the IPL. One advantage for the BCCI is that the CPL, being a spectator-driven tournament (no major television or central revenue for the franchises there), there is no guarantee over the league taking place as the fans are not expected to throng the grounds anytime soon, even if the COVID-19 scare drastically reduces.

PCB won't sacrifice Asia Cup

In September, the Asia Cup is there and the PCB, which heads the Asian Cricket Council (ACC), has already said that it won't sacrifice the Asia Cup so that the IPL can be held. The other theory of not using the cancellation word is because the BCCI has invoked force majeure, a legal clause that is part of any major agreement which could help the regulator (in this case the BCCI) from performing its obligation under the contract. The obligation here is the conduct of the IPL. How this will pan out in arbitration or in the courts is difficult to discern though.

Anti-doping gives in-home testing a try

The typical day for Noah Lyles now looks something like this: Drive to park.

Unload weights from truck. Sprint on grassy field. Lift. And, every now and then, head home and take a doping test. The world-champion sprinter is one of 15 American athletes who have volunteered to conduct in-home drug tests on themselves as part of a pilot programme being run by the US Anti-Doping Agency (USADA).

With anti-doping collections severely curtailed across the globe because of the coronavirus pandemic, USADA is looking at new options, in this case by asking a group of leading Americans to give urine and small dried blood samples at home. "They asked me to do it, and I wasn't opposed to doing it," Lyles said. "It's a way to get my drug test in."

Athletes are still required to fill out their whereabouts forms, and under this programme, a doping control officer will connect with an athlete via Zoom or Face-Time during a prescribed window. Athletes receive test kits at home and head into their bathroom to give urine samples while leaving their laptops outside the room.

PRAYING FOR SOME ACTION

With the Ranji Trophy getting over a few days before the Covid-19 pandemic forced a nationwide lockdown, the general perception might have been that India's domestic cricket season was not greatly affected by the crisis. That is largely true for the men's competitions as only the Irani Trophy and the low-key Vizzy Trophy are yet to be completed.

But for women's cricket, it is an entirely different story. The senior women's T20 league which finished in November (Railways won) and the women's U-23 T20 trophy (Mumbai won) which ended in December and the respective challenger trophies for these tournaments are the ones completed. With the BCCI issuing a statement last month putting a hold on all domestic competitions until further notice, the fate of a slew of women's tournaments hangs in the balance. The U-19 women's T20 trophy which was pushed back from October to March has not even started yet. While the focus has been on the IPL and its uncertain future, it is worth knowing that as many as 168



matches in seven competitions across age groups for women are pending for the 2019-20 season and few signs of a resumption.

"We qualified for the knockouts of the senior One-day trophy and were already in Vadodara for the quarterfinals

when the matches were postponed. From the players' point of view, it was disappointing because they lost a huge opportunity but considering the gravity of the situation, it was the right decision. We don't know whether we will be able to resume but cricket is not that important now," said Karnataka senior and U-23 women's team coach Mamatha Maben, who played four Tests and 40 ODIs for India.

India's ODI captain Mithali Raj had a few words of advice for anxious domestic players. "It's true that if these matches were to go ahead, a few more gems like Shafali Verma would have been unearthed. But at the moment, I have only one thing to tell the young cricketers. Stay home and stay safe but also at the same time keep yourself occupied with some drills. It can be a mental challenge to be locked down at one place. So chalk out a plan for yourself and do a bit of skill-work," said Mithali.

"It's uncertain times not just for the junior cricketers but for senior Indian players like us too. We were preparing

with the Challengers, the ICC World Cup qualifiers and the England tour in mind," she added.

"Everything else can take a backseat at this time. The priority for us is to fight this (Covid-19) out. We were in the knockouts of the 50-over competitions. The selection part and all really doesn't matter now. The Railways players are seasoned campaigners. They are going ahead with their fitness activities. I have no idea whether the season can be resumed. I can only tell the players to stay healthy and stay home," said Railways coach Nooshin Al Khadeer, who represented India in five Tests and 78 ODIs.

Kerala coach Suman Sharma, meanwhile, preferred to look at the situation positively. "I would like to think that now the players have got some time to recover from niggles and come back fresh whenever cricket resumes. As far as the Kerala team is concerned, the girls are taking care of their fitness at home and I have given individual plans for each one," she said.

China sees drop in imported coronavirus cases but local infections rise



China reported fewer new coronavirus cases on that involved travellers arriving from abroad, but said locally transmitted infections rose, with the capital Beijing seeing new local cases for the first time in more than three weeks. To prevent a rebound of the epidemic as business activity resumes, an increasing number of Chinese provinces have begun offering coronavirus testing to the public. At the same time, local authorities are offering coupons to residents in hopes they will spend money to revive an economy ravaged by the outbreak.

Europe coronavirus cases reach almost 1 million, coming weeks 'critical': WHO



Europe is in the eye of the storm of the COVID-19 pandemic, with the number of cases nearing a million, and should move with extreme caution when considering easing lockdowns, the World Health Organization's regional director said on Thursday. "Case numbers across the region continue to climb. In the past 10 days, the number of cases reported in Europe has nearly doubled to close to 1 million," the WHO's European director, Hans Kluge, told reporters in an online briefing.

Japan PM to expand virus emergency nationwide: Reports



Japan's government will convene a key panel of medics Thursday to advise on its state of emergency over the coronavirus, as local media reported the prime minister would expand the measures to cover the entire country. Shinzo Abe has already declared a month-long state of emergency in seven regions, including Tokyo. People in these places are being urged to stay inside but the rules stop far short of the tight lockdowns seen in other parts of the world.

South Korean ruling party wins vote held amid virus fears



The ruling liberal party secured a resounding victory in South Korea's parliamentary elections, which had the highest turnout in nearly three decades despite the coronavirus pandemic forcing social distancing at polling places. The ruling Democratic Party and a satellite party it created to win proportional representative seats combined to win 180 seats in the 300-seat National Assembly, election officials said as they completed vote-counting on Thursday. Meanwhile, conservatives suffered their worst showing in the densely populated Seoul metropolitan area in years.

Maharashtra: Over 46,000 cases registered and Rs 1 crore collected in fines over Covid-19 lockdown violations



Even as Maharashtra records the highest number of confirmed novel coronavirus cases in India, citizens of the state have been violating the lockdown rules for the flimsiest of reasons. Over the last 25 days, there have been 46,671 cases registered against citizens for flouting the rules of the nationwide lockdown. These cases have been registered under section 188 of the Indian Penal Code which refers to 'disobedience to order duly promulgated by public servant'. As many as 9,155 people have been arrested in this regard as of yet.

Coronavirus: ShaheenBagh becomes Covid-19 hotspot as Delhi expands list of containment zones to 60



Delhi's ShaheenBagh area, which had remained the centre of a massive anti-CAA protest for nearly 100 days between December and March, has become one of the hotspots of Covid-19 outbreak. Delhi government included the area in its list of Covid-19 cluster containment zones on Thursday, along with a street in nearby AbulFazal Enclave and a part of East Ram Nagar in Shahdara. With these additions, the list of Covid-19 clusters in Delhi has climbed to 60. As

per the Centre's cluster containment strategy and AAP government's Operation Shield, the identified zones are sealed and the movement of residents is strictly restricted, while the authorities conduct complete sanitisation of the area along with door-to-door screening for symptomatic people.

Coronavirus: Maharashtra cracks whip on fake news, hate speech; 218 cases registered during lockdown



Maharashtra government has cracked a whip on social media posts that spread, fake news, hatred and/or rumours. Since the announcement of nationwide lockdown in wake novel coronavirus outbreak, Maharashtra has registered 218 cases against misinformation and propaganda on social media. Out of these 218 cases, 210 have been under sections that amount to cognizable offences while eight are non-cognizable. The Maharashtra Police have arrested 24 accused and identified 160 others. Preventive actions have been taken against eight accused under section 107 of the criminal procedure code.

India sending hydroxychloroquine to 55 coronavirus-hit countries

India is in the process of supplying anti-malarial drug hydroxychloroquine to 55 coronavirus-hit countries as grants as well as on commercial basis. A number of countries including the US, Mauritius and Seychelles have already received the drug in the past few days while several others will get it by the weekend, they said. Hydroxychloroquine has been identified by the US Food and Drug Administration as a possible treatment for the Covid-19 and it is being tested on more than 1,500 coronavirus patients in New York.

BIRTHDAY WISHES

EMMA WATSON

15th APRIL 1990

Emma Charlotte Duerre Watson born 15 April 1990 is an English actress, model and activist. Born in Paris and brought up in Oxfordshire, Watson attended the Dragon School and trained as an actress at the Oxford branch of Stagecoach Theatre Arts. As a child, she rose to prominence with her first professional acting role as Hermione Granger in the Harry Potter film series, having acted only in school plays previously.



CHARLIE CHAPLIN

16th APRIL 1889

Sir Charles Spencer Chaplin KBE 16 April 1889 – 25 December 1977 was an English comic actor, filmmaker, and composer who rose to fame in the era of silent film. He became a worldwide icon through his screen persona, "The Tramp", and is considered one of the most important figures in the history of the film industry. His career spanned more than 75 years, from childhood in the Victorian era until a year before his death in 1977, and encompassed both adulation and controversy.



MUKESH AMBANI

19th APRIL 1957

MukeshDhirubhaiAmbani born 19 April 1957 is an Indian billionaire business magnate, and the chairman, managing director, and largest shareholder of Reliance Industries Ltd. (RIL), a Fortune Global 500 company and India's most valuable company by market value. As of March 2020, MukeshAmbani is the second richest Asian after Chinese business magnate Jack Ma.



SACHIN TENDULKAR

24th APRIL 1973

Sachin Ramesh Tendulkar born 24 April 1973 is an Indian former international cricketer and a former captain of the Indian national team. He is widely regarded as one of the greatest batsmen in the history of cricket. He is the highest run scorer of all time in International cricket. Tendulkar took up cricket at the age of eleven, made his Test debut on 15 November 1989 against Pakistan in Karachi at the age of sixteen, and went on to represent Mumbai domestically and India internationally for close to twenty-four years.

Going Digitally is the way ahead during and after period of COVID-19 lockdown



Dr. TWINKAL PATEL
Founder Motherhood Foundation

Humanity, humane and humble. These are the ways we are practicing, preaching and propagating in this global and national lockdown period due to coronavirus outbreak. This 40 days' national lockdown has given so much of things to learn and discover like cooking, dancing, reading, writing, listening, working, studying and understanding each at home.

India is at home completely and many are spending lot of time on internet. Education is one of the area where people from all sections looks to discover, develop and learning new things every day. Internet is facilitating education, entertainment, enlightenment and engagement to most of us. Teachers and students are getting knowledge through e-learning mode. Softwares like Zoom, WebEx, Microsoft team, goto webinar, Facebook, Instagram, YouTube streaming for interaction and taking sessions. People spending time on watching movie, web series and playing online game. Housewives learning new recipes, teaching children about painting and cartooning using apps.

Learning up in lockdown

During Janta Curfew and later 21-days national lockdown period, there was very confusing situation among the citizen in the initial days. What to do or not do was the mental confusion people were trying to figure out. We know this proverb that necessity is the mother of all. There were two situations before the children and non-children, first was how to spend isolation time and second, on what to spend our time. Suddenly, social, educational, professional and business community discovered social and digital media to connect people. In the process, online educational platforms came with the idea to educate people. Here is some popular website where you can learn some free course –

1. GCF Learnfree.org
2. NPTEL
3. Swayamportal
4. Codingninjas.com
5. YouTube Live Streaming

When we talk about learning outcome, first thing comes that learning requires the experiential component which students grab from field work, personal interactions establishing dialogue between teachers&students in



classroom. When we take other side of the story, biggest drawback of online learning is that experiential learning always missing in learning. Continuous learning (i.e. classroom study) gives opportunity to assess the outcome very closely by the teacher(s).

Transcending Oneself

Spiritual guru like Sri Sri Ravishankar doing live meditation every day to all of us at 12.pm noon and 7: 30.pm evening and making us communicative with our soul. Likewise, many other Yoga trainers, motivational guru (speaker), business and brand consultant, occupational therapist, psychologist are doing live sessions so that people can feel self-engaged rather than thinking about any other aspects of life. This is the best example where Intra and interpersonal communication is taking a new wave using digital tools and techniques.

Yes, we need to connect with ourselves, it is real ideal time to think how good, better and best can be done to contribute ourselves for self and selfless development which helps to make our country great again. This 14-days self-quarantine and 40-days long lockdown period giving another momentous opportunity for us to do a deep introspection to find ourselves that somehow we were lost in this hectic materialistic life and in economy Jungle. where we are?what are we doing? so many questions are being arisen in our mind to answer, hopefully, we will go inside our-

selves during this period of mass trauma and fear.

Cyber Hygiene for Children

1. Children Alert – Talk to your children about the potential online threats such as grooming, bullying, and stalking, keep track of their online activities.
2. Change in behaviour – If your child begins to spend more time online and starts being defensive or secretive about their online activities, it may be an indicator of cyber grooming. Talk to your child and engage him/ her in other activities.
3. Protect your child from Cyber Grooming–We need to groom an emotional bond with a child through social media or chat window with an objective of gaining their trust for sexual exploitation.
4. Children may remove privacy settings on social media to make more friends– Parents should discuss responsible use of social media. Also, they should educate and help them in selecting strong privacy settings.
5. Never click suspicious links or attachments– Never click on links or files received in e-mail, text message or social media from unknown person. This may be an attempt to infect computer with a malware.
6. Install anti-virus software-with parental control functionality or parental control software's on the devices used by children and review

their privacy settings of social media sites used by them.

8. Keep software updated – Keep your software and Operating system up-to-date. Hackers target software vulnerabilities to access private information and putting you at risk, so make sure to update all your software with the latest security patches. Never install software, games, music and apps from trusted sources.
9. Set Secure browser settings – Always choose updated version of the browser and install safe browsing tools for protection yourself from hackers and malware. Frequently delete your browser cookies.
10. Check Progress – If your children learning new things using websites, ask the outcome in form of query and questions.

Takeaway

India is now in home and live online 24x7 sharing and exchanging information and learning from each other. I think this is the biggest internet commune confluence has been created where people utilizing time in best possible manner. This is time one should put to ourselves and family to integrate, unite and transform the value of internal learning from each other and external learning from virtual world. Stay safe at home and save many lives together and serve the nation as a corona warrior.