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## 4<sup>th</sup> EDUCATOR'S AWARD' 2017-'18

# We believe it's essential to recognize the WORK OF OUR NATION'S BEST TEACHERS

Education is the most powerful weapon capable to change society and the world as a whole. Education is not just a process to learn facts but it is a tool to train the mind to think innovatively, creatively and critically. Intelligence plus character - that is the goal of true education. Education is not preparation for life, education is life itself.

During the journey, this excellent work carried out by educators in various aspects of the education came to light. These innovators who were working to improve the quality selflessly, were not being recognized and encouraged. Four years back in 2014 -15 the first edition of Educator's Award was announced and organized in Ahmedabad. The second award in 2015 - 16 was organized in Rajkot and 3rd in the year 2016-17, Surat. and this year 2017-18 at Vadodara .

AIM: To recognize and rejuvenate the noble profession of Educators

OBJECTIVES: To recognize and felicitate the teaching profession

To motivate individuals/Organizations/ Institutions/ Government/ NGO/ Citizens to create a better citizen through education.

The Open Page has a policy to organize the award function in four major cities of



Gujarat in turns and each city has a host. This is an opportunity to promote and recognize the importance of educators in the future This year the host of the award is Alembic Groups of School, a well known education organization in Vadodara . Idea behind the rotation is to make the award popular and invite more and more educators to get nomination and show case their work.

Teachers themselves are rewards to our society. If a society wants to reward a teacher, it should be such, where the teachers are paid well, freed from misguided mandates, treated with respect, and provided the support they need to help their students become increasingly

proficient and enthusiastic learners.

Being the need of the hour, we began with the noble deed of felicitating this profession. We are delighted to announce our gratitude towards the teachers of our society in the form of THE OPEN PAGE EDUCATOR'S AWARD. The tentative Month will be, December 2017 (last week ) or January (first week) 2018.

'May the seeds you plant today, be the flowers that bloom tomorrow!'



HANSHA UPADHYAY  
PROJECT LEADER,  
EDUCATOR'S AWARD

## ABOUT THE AWARD

The Educator's Excellence award is the recognition of laurel to academicians and mentors. It is recognizing, not only the teaching and learning process in a classroom, but also outside the classroom, house and society. That is why the Award is given to 11 categories in the field of education. Also the process of teaching and classroom management is different in a pre-school set up to secondary, higher secondary set up. The Academic work of a principal, school management and even a parent is considered important for a child's development. We come across many kind men who facilitate learning for the needy, poor and disabled, who are till now not recognized and appreciated. So

we have the 'Social Service in Education' Award. We need a different skill for teaching a differently able child, so we identify the teachers who have done excellent work in this field because if the teacher can create a difference in the child, it would be considered a great work and such work should be felicitated and highlighted.

Indian education has its roots from the Gurukul days, where life skills were taught. It is important to note that the medium of instruction was Sanskrit, which is India's language. This language is gradually moving towards the process of being extinct. To encourage, emphasize its importance, Sanskrit Pathshala educators are recognized and felicitated.



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[www.facebook.com/theopenpage](https://www.facebook.com/theopenpage)

## CATEGORIES

1. PRE-SCHOOL EDUCATOR AWARD
2. ELEMENTARY SCHOOL EDUCATOR AWARD
3. SECONDARY SCHOOL EDUCATOR AWARD
4. DIPLOMA/HIGHER SECONDARY SCHOOL EDUCATOR AWARD
5. PRINCIPAL OF THE YEAR EDUCATOR AWARD  
(A) ELEMENTARY PRINCIPAL  
(B) SECONDARY / HIGHER SECONDARY PRINCIPAL
6. TEACHER EDUCATOR AWARD
7. SOCIAL SERVICE (EDUCATIONAL) EDUCATOR AWARD
8. SPECIAL EDUCATION EDUCATOR AWARD
9. PARENT OF THE YEAR EDUCATOR AWARD
10. BEST SHALA SANCHALAK EDUCATOR AWARD
11. BEST TEACHER OF SANSKRIT PATHSHALA EDUCATOR AWARD

LAST DATE OF REGISTRATION IS 30<sup>th</sup> OCTOBER 2017

# NAVRATRI: Nine Nights of Celebration!

As the name suggests, Navratri meaning 'nine nights' is observed in the honour of the divine feminine goddess Durga. Celebrated in different regions of the country in different ways, it ranges from enthusiastic garba as in Gujarat to the devout Durga Pooja in West Bengal. It is a vibrant social festival where in we can connect with the community.

Belonging to the state of Gujarat, I would like to narrate the celebration of the most awaited festival of the year. Starting from the stage decorations to the immersion of Amba maa's idol, all the activities are enthusiastically carried out by the people. Especially girls and women, enjoy this festival a lot by wearing traditional outfits (chaniya choli, colourful jewellery etc.) and playing garba. This is a combination of graceful expressions and actions involving dandiya raas too. But, before this, they make sure to offer the prayer to goddess Amba in the form of aarthee everyday. Besides playing garba, some of the people fast for nine days. This is a religious as well as difficult

task performed by them. They keep the diya lighted continuously for the complete period of Navratri at their houses.



**GHATA DESAI**  
STUDENT,  
JHAMBANI, SURAT

## TRACING THE HISTORY OF NAVRATRI, IT REMINDS US OF THE NINE FORMS OF GODDESS DURGA

### 1. Goddess Shailputri

The first manifestation of Durga is Goddess Shailputri. According to scriptures, she holds a trishul and a lotus in her hands, and rides a bull called Nandi.

### 2. Goddess Brahmacharini

The second day of Navratri is dedicated to Goddess Brahmacharini. She is depicted as a monastic goddess in Hindu scriptures, two-armed, clad in white and holding a rudraksh mala and a sacred Kamandalu. Her stance is of utmost piety and devotion.

### 3. Goddess Chandraghanta

The third manifestation of Durga is Goddess Chandraghanta. She is worshiped on the third day of Navratri. She has a golden complexion and on her forehead she wears a crescent moon, which is why she is called Chandraghanta by her devotees.

### 4. Goddess Kushmanda

On the fourth day of Navratri, Goddess Kushmanda is worshipped. According to Hindu scriptures, the universe was a dark space and it was Goddess Kushmanda who produced the Cosmic Egg with her smile.

### 5. Goddess Skandmata

The fifth manifestation of Durga is Skandmata. Goddess Skandmata is depicted as a four-armed deity, who carries a lotus in two of her arms with a Kamandalu and a bell. She is also seen carrying little Kartikay on her lap.

### 6. Goddess Katyayani

Worshiped on the sixth day (Shashti) of Navratri, Goddess Katyayani is a form of Shakti who is depicted as having four arms, and carrying a sword. She rides a lion, and can be pleased with true devotion and piety.



### 7. Goddess Kaalratri

Goddess Kaalratri is worshiped on the seventh day of Navratri. According to the Hindu scriptures, Goddess Kaalratri is etched as a four-armed deity who rides a donkey. She carries a sword, a trident and a noose.

### 8. Goddess Mahagauri

Durga Asthami or the eighth day of Navratri is dedicated to Goddess Mahagauri. As per the scriptures, Mahagauri worshiped as the four-armed deity who rides on a bull or a white elephant.

### 9. Goddess Siddhidatri

Worshiped on the ninth day, Goddess Siddhidatri is projected as a four-armed deity sitting calmly on a lotus. She also holds a lotus, mace, discus and a book.

Are some people born to be heroes? Are there men, who are destined for greatness? Men who in spite of having all the qualities that would ensure them success in the world, sacrifice it all for others? Every once in while, there have been such men and women in this country's history, men who were born to do something extraordinary.

Captain Vikram Batra was clearly one such man – in a billion!

He was born on 9 September 1974 along with his twin brother Vishal Batra in Palampur, Himachal Pradesh. The twins were nicknamed "Luv" & "Kush" by their mother because she believed in Lord Rama. Captain Batra had two sisters. His father was Government School Principal and his mother was a School Teacher.

Captain Vikram was a brilliant student always scoring very high grade in school and college. He happened to be an exceptional sportsman, excelling in sports, with like table tennis and skating being his favorites. He even played nationals in table tennis during his school days.

As if these qualities were not enough in one man alone, he happened to possess a magnetic personality, an aura of positivity that everyone fell in love with. "His face always glowed, he was

## PARAMVEER VIKRAM BATRA

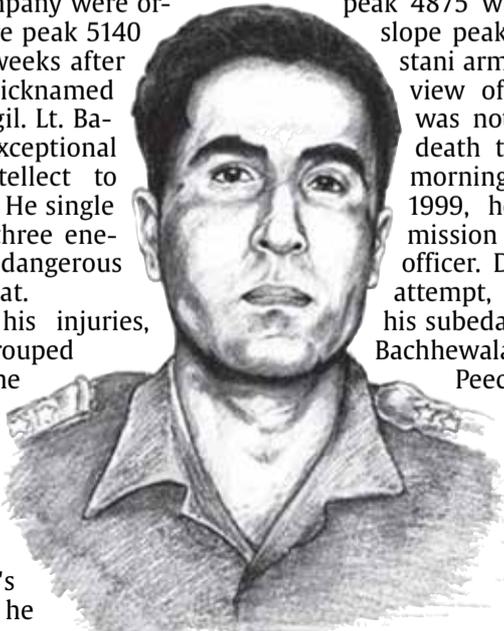
always smiling and he had a very infectious laughter." Everyone in the small town loved him.

The infectious smiles of this extraordinary man was soon witnessed and felt by a nation in cries, and the nation too, fell in love.

During the Kargil invasion of 1999 by Pakistan Lt. Batra, 13 JAK Rifles, and his delta company were ordered to recapture peak 5140 on June 19, five weeks after the war began. Nicknamed "SherSha" of Kargil. Lt. Batra showed exceptional courage and intellect to capture the peak. He single handedly killed three enemy fighters in dangerous close-range combat.

Regardless of his injuries, Captain Batra regrouped his men to pave the way for Indian soldier to advance further in Kargil war.

"Ye Dil Maange More" is our company's success signal, he



said with a smile. It was the confident smiling visage of this hero that calmed the nation, which made its one billion people believe that everything will be okay.

The capture of point 5140 set in motion a string of success for the Indian Army. A few days later Lt. Batra was assigned an urgent mission to recapture peak 4875 with an 80 degree slope peak where the Pakistani army sat with a clear view of the climb. This was nothing less than a death trap. In the early morning hours of 7, July, 1999, he commanded a mission to rescue injured officer. During the rescue attempt, he pushed aside his subedar, saying "Tu Baal Bachhewala Hai, Hat Ja Peechhe" and was killed in action while clearing enemy positions. His last words were "Jay Mata Di".

It was Seventeen years ago

that he lost his life fighting for our country, but heroes never die, and PARAMVEER CHAKRA(PVC) CAPTAIN VIKRAM BATRA lives on. His bravery, his sacrifice, his intelligence, his charm his infectious smile, they all live in our hearts.

"I WILL EITHER COME BACK AFTER RAISING THE INDIAN FLAG IN VICTORY OR RETURN WRAPPED IN IT, BUT I WILL COME FOR SURE", words of PARAMVEER VIKRAM BATRA and he has proved it.

This is a small effort on my side to remember PVC CAPTAIN BATRA who freed Kargil from attackers.

Some lines for our Nation's Pride, Our Soldiers...

ये शेरदलि किस मटिटी के बने होते है,  
उन्हें किसी का दर ही नहीं लगता,  
जान किसी और की खतरे में होती है,  
सीना ये अपना आगे कर लेते है,  
गज़ब के दीवाने होते है ये लोग,  
आंच मटिटी पर आती है,  
सींच देते है, अपने लहू से उसे.

We are Proud to be an INDIAN.



**RIDDHI PATEL**  
EDUCATOR, RAJKOT

**'If you want to check the real situation of any country, just visit the school.' -APJ KLAM**

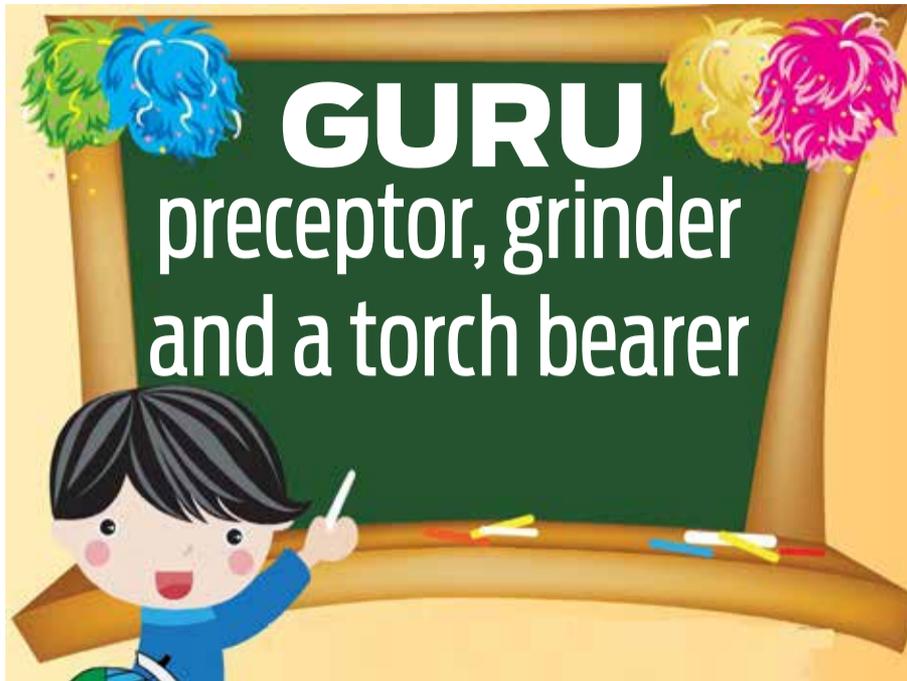
Yes, Kalam sir was absolutely right. Because the base of the happiness and prosperity of a country is SCHOOL. And therefore the role of a teacher is most vital for the development of any country. So, to convey an appropriate magnitude we should celebrate TEACHERS' DAY as the biggest festival of a country.

But, at the same time teacher has to acknowledge that the honor brings lots of responsibility. And to perform sincere responsibility we need to observe the life of great character. And fortunately Teacher's day is the day of auspicious personality - Dr. RADHAKRISHNAN, who enjoyed his splendid life as a teacher. So, let's glance through his life to find out new horizon FOR US.

**LOVE FOR LEARNING**



If we just go through the life of Dr. RADHAKRISHNAN the first and utmost thing we would feel that he published so many articles on education, philosophy and many more fields. He was such a scholar that HARVARD University also honored him. He was vice chancellor of two universities. But, these all were achieved only due to his passionate reading habit. Every day he was keen to read a new topic, passionate to write on it and eager to pass it to the students. This shows his love for learning. TODAY we all need to develop this attitude to develop our method of teaching. I am sure you all will agree to me that whenever we deliver the precise knowledge to our students, we and our students achieve a great sat-



isfaction. Even to receive a respect as a teacher our knowledge is wonderful tool, Isn't it? So just take a SANKLAP to be the lover of learning... as Dr. RADHAKRISHNAN.

**RESPECT FOR TEACHING PROFESSION**

If we perform a survey of how many teachers want to send their ward in teaching profession, we all know the answer The teacher who are teachers by chance not by choice may be feeling that other professions are better than teaching. And this disrespect brings most of the problems like, lack of commitment, lack of innovation, lack of passion...etc. and in this sad situation Dr. RAD-

HAKRISHNAN enters as a role model. He was vice chancellor, VICE PRESIDENT, scholar, ambassador but, he preferred his birth day as teachers' day. And in the present era this type of attitude needs to be cultivated among us to give heights to teachers in society.

**CONVINCING COMMUNICATOR**

Today we all are performing our duties with full strength. But, then also we are always on target. For any bad incident teachers automatically become responsible whether it is corruption case, terror attack or suicide case. These situations are created because we are not able to convince the society about our efforts and problems. And on teachers' day Dr.

RADHAKRISHNAN wants as to see him as a role model. He was sent to soviet union as an ambassador of INDIA in 1949, just after the independence. That time we were not having good relation with Russia but, he towards the world community and his efforts puting across our problems to Russian government in such a convincing way that Russia become our best friend.

Today for our survival and success we need to develop this skill from Dr. RADHAKRISHNAN.

**CHARM FOR CHARITY**

Before independence he formed KRISHNARPAN charity trust with Ghan-shyamdas Birla. And the important thing was, he was not so rich, but he was dedicated for charity. Today we -teachers have to develop the attitude of charity in our selves. And it is not necessary that every time we donate money, if we donate our time to teach poor students, it will be the greatest charity for our country. So for the upliftment of our country we need to create a charm for charity within our self.

Friends, if we honestly try to follow these four things in our life as a teacher, it will be a true tribute for Dr. RADHAKRISHNAN... and it will become an appropriate celebration of our teachers' day. Happy teachers' day.... Lets make this celebration a global and a most important festival.



**KRUTARTH JOSHI**  
PRINCIPAL  
DAHOD

**TEACHER - AN ANTIDOTE**

This is my humble submission to all my Teachers, essentially those from whom I have learnt so much, to stand tall today and all those people who unknowingly or unintentionally made me learn so much by coming and being a part of different stages in my life, instilling the passion of learning into the world by large. We come across quotes, messages and motivational speeches and momentarily get overwhelmed by the message that is to be communicated.

If one statement could make you smile and conscious, just imagine; what when you encounter a teacher one-to-one - World is not enough. For most of the issues pertaining to child education at schools, the teacher acts as an antidote. One medicine for all sorts and take my word - IT definitely works positive

each time, IT is used. Sarvepalli Radhakrishnan (5 September 1888 - 17 April 1975) was an Indian philosopher and statesman who was the first Vice President of India (1952-1962) and the second President of India from 1962 to 1967. One of India's most distinguished twentieth-century scholars of comparative religion and philosophy, his academic appointments included the King George V Chair of Mental and Moral Science at the University of Calcutta (1921-1932) and Spalding Professor of Eastern Religion and Ethics at University of Oxford (1936-1952).

His philosophy was grounded in Advaita Vedanta, reinterpreting this tradition for a contemporary understanding. He has been influential in shaping the understanding of Hinduism, in both India and the west, and earned a reputation as a bridge-builder between India and the West.

Radhakrishnan was awarded several high awards during his life, including a knighthood in 1931, the Bharat Ratna, the highest civilian award

in India, in 1954, and honorary membership of the British Royal Order of Merit in 1963. Radhakrishnan believed that "teachers should be the best minds in the country". Since 1962, his birthday is celebrated in India as Teachers' Day on 5 September.

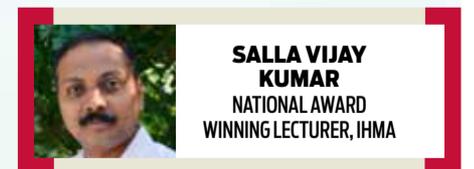
In lines with the great man, there have been eminent personalities in the history and the current world who have been striving continuously only to give back to the society. The best of this endeavor is that their exercise outcome is incomparable and distinct to its dissemination in order to check the extensity of their penetration /reach to the needy.

It is not wrong to mention that we Teachers spend more time with students than our own are in a better position to make informed decisions about a student's education, should be given as much autonomy as possible when it comes to choosing instructional strategies, designing lessons, and providing academic support. It is a boon when standardizing and upgrading teaching

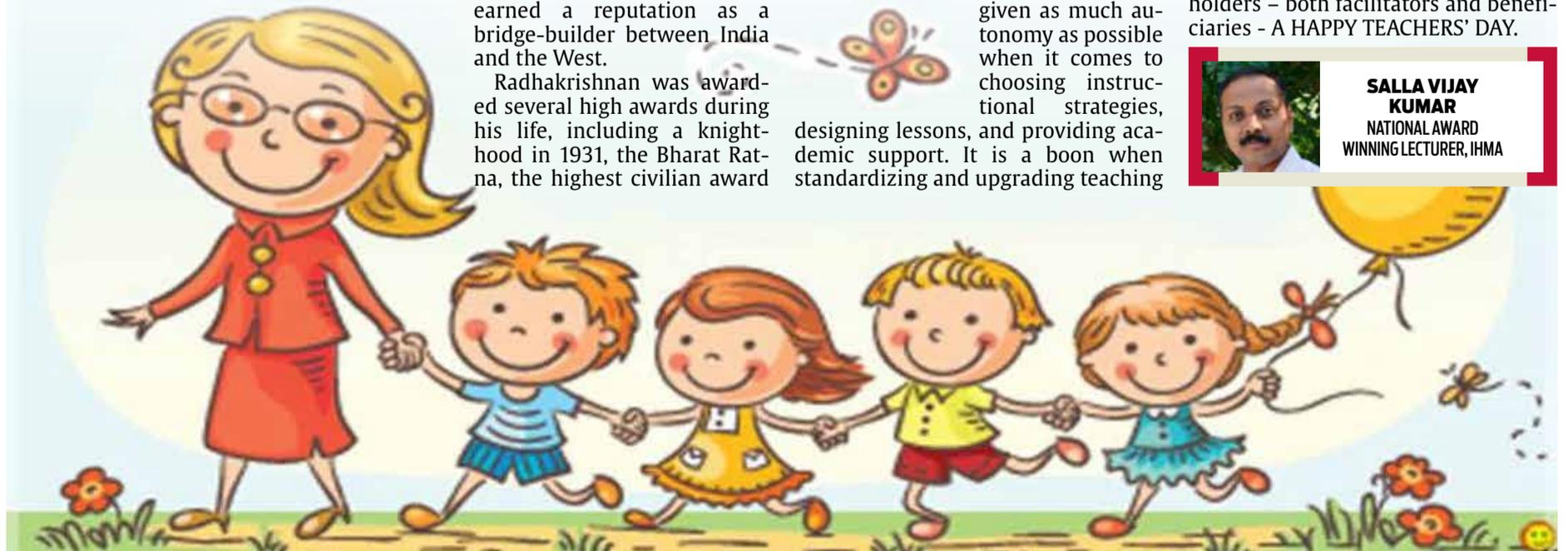


methodologies is reinforced as a never ending process. To update and incorporate the best i.e., out of classroom sessions, market survey, vocational training, extra-curricular activities, projects etc break the monotony on the part of the students (definitely striking read-play balance) and increases productivity and excellence amongst the budding students.

Let the nobleness of teachers reach greater heights in accomplishing the spirit of education. Today 5th Sep 2017, is just one day to mark, but accounting for all our learning days - gone by, current in and yet to come. Wishing one and all learning stakeholders - both facilitators and beneficiaries - A HAPPY TEACHERS' DAY.

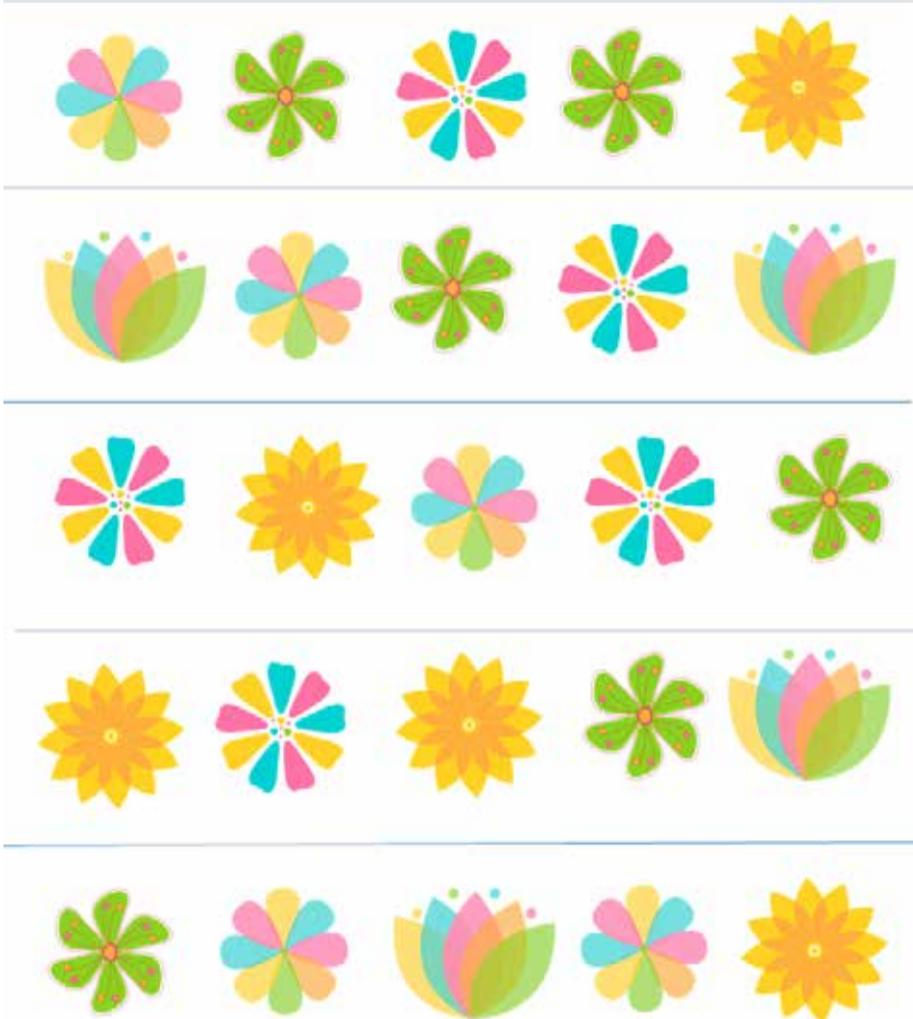


**SALLA VIJAY KUMAR**  
NATIONAL AWARD  
WINNING LECTURER, IHMA



**MATCHING FLOWERS**

Circle the two flowers in each row that are the same.



**MATCH IT UP**

Draw lines to connect the numbers and shapes that go together.

6	
7	
8	
9	
10	

**SEQUENCE THE PICTURES**

sequence the pictures in order of 1 to 3.

Brushing teeth	Having breakfast	Wake up in the morning
<input type="text"/>	<input type="text"/>	<input type="text"/>

**FIND THE WAY**



**FIND THE DIFFERENCE (ATLEAST 13)**



**WEATHER WORD SEARCH**

B	R	A	I	N	B	O	W	N	O	B	W	E	E	G	J	L	K	T	D	AIR
M	A	S	S	O	S	L	E	E	T	E	L	T	P	A	A	L	Q	E	H	ATMOSPHERE
S	Q	R	Y	J	A	R	F	S	C	H	A	I	S	P	W	U	N	M	U	BAROMETER
U	H	R	O	D	T	L	A	R	T	M	E	M	Z	P	R	O	G	P	M	BLIZZARD
E	Y	C	D	M	K	H	O	V	I	R	R	R	G	Z	I	N	R	E	I	CIRRUS
E	G	O	Z	E	E	F	U	L	A	O	A	C	M	T	A	I	R	R	D	CLIMATE
C	R	N	P	T	H	T	C	N	T	T	C	T	A	O	Z	R	V	A	I	CLOUDY
U	O	D	R	E	A	W	E	S	D	W	M	T	O	C	M	E	D	T	T	CONDENSATION
M	M	E	E	O	I	A	C	R	E	E	I	O	W	S	I	E	V	U	Y	CUMULONIMBUS
U	E	N	S	R	L	T	Y	N	I	P	R	N	S	D	P	R	T	R	C	CYCLE
L	T	S	S	O	N	E	C	V	I	H	D	T	D	P	V	H	R	E	M	ENERGY
O	E	A	U	L	W	R	L	C	W	S	U	N	N	Y	H	G	E	U	R	EVAPORATION
N	R	T	R	O	Y	E	E	W	V	K	Z	R	J	A	N	E	X	R	S	FOGGY
I	E	I	E	G	R	R	P	F	O	G	G	Y	R	I	A	W	R	V	E	FORCE
M	S	O	L	Y	P	R	C	L	O	U	D	Y	N	I	Q	N	R	E	Q	GAUGE
B	M	N	S	T	R	A	T	U	S	L	L	T	E	B	C	O	Q	V	G	HAIL
U	O	V	E	R	C	A	S	T	B	X	H	M	F	R	P	A	X	W	T	HEAT
S	G	Z	Y	N	C	L	K	W	G	G	Q	Y	Z	A	V	M	N	A	A	HUMIDITY
M	E	V	A	P	O	R	A	T	I	O	N	K	V	O	S	U	E	E	O	HURRICANE
K	Q	E	N	E	R	G	Y	L	T	R	O	P	O	S	P	H	E	R	E	

MATCH THE OCCUPATION

Match the things which goes along with the occupation.

COUNT AND WRITE

Look at the number of spring pictures in the addition problems below and write the addition equations.

SPRING ADDITION

JOIN THE DOTS

SUDOKU

4	3	7		1		2	6	
	5				6	3		1
							8	5
	7	4	6	2				
		9	7	3		1		
	2		9	5				
	9	3						
7			8	2		3	4	
8			3	7	9			

**How to Play:** Fill each of the blank boxes with the number grid from 1-9, with no numbers repeating in vertical, horizontal rows or 3x3 grids. Do not repeat any letters in a line. Each puzzle has only one solution.

9	5	1	6	7	3	2	4	8
6	3	9	2	9	8	5	1	7
4	8	2	7	4	8	3	6	9
1	2	7	4	3	7	9	8	5
3	7	4	3	6	2	4	7	3
8	9	5	1	2	6	4	7	3
5	8	4	7	3	2	1	6	9
5	8	4	7	3	2	1	6	9
1	7	3	9	6	4	8	5	2
9	6	2	8	1	5	7	3	4

ANSWERS

ART CORNER



**HARDI PATEL**  
LML SCHOOL, AHMEDABAD



**PEDHADIYA VIVEK**  
ROSEY SCHOOL, RAJKOT

WINNER OF AUGUST

TAKSHRAJ RAJPUT  
Mother's Pet SVS English school



KEEPING CLEAN

Identify and circle the objects related to the first picture.

# “Why ordinary students CAN dream to do extra ordinary”

Teacher and mother are the oars of the child's boat, who puts equal effort and play similar role to take the boat ahead in the right direction simultaneously.

“Teacher and mother are the boon given by God to the children”

Realizing the importance of my Teachers' role in my growth, would like to say that, at home without mother a child cannot learn moral values and good behavior, same way there is a special place of teacher in the classroom to give shape and educational direction to the learners. I realized that teacher does not stick to only one role, in many factors their efforts are seen, which they have contributed to develop me in all the aspects where I am unable to do..They



**CHARMI PATEL**  
STUDENT, TSI

have taught me, guided me, motivated me, boosted me for the competition, they have filled confidence in me, Yes!!! you can do!!!!, these are very common words but it becomes magical words when it come out from my teacher' mouth. They have improved my academic performances, including individual characteristics and they have taught me to feel the good bonding of family and neighborhood too. Now, when I close my eyes, Teacher and mother both come together in my picture, but then also if we make them stand in series, teacher comes first in line.

Everyone have different view regarding their role model, but I can say that my teacher is my role model and I emphasize the importance of a good teacher



er and It is my observation that good teachers are best identified by their performance, their efforts shown towards the child to overcome from his or her lacking. Their bonding formed with me is an endless relation and will last in my memory even if I am 80 years old. My teachers have shown me the importance of relations, which has given the

connectivity to understand her better and which has formed a long bridge between me and my teacher to understand her in better way. I would like to praise my teacher by appreciating her profession that, “teachers are very prestigious and holds respect in the society as they are the mentors of the young learners and contribute a lot to give them right path to career”.

“Teachers are guides who take the responsibility to raise the mind status of students and even living standard of the common people through their magic of teaching”. “They are our mentor, guide, friend, sometime mother also”.

Message to my teachers” Dear teacher, you may be a teacher for the world, but for me you are a Hero”..

You have held my hands, opened my mind and touched my Heart!!!

## CELEBRATE ENGINEERING

### What is engineering?

Engineering is a profession in which scientific knowledge and mathematics, gained through study, experiment and practice are applied with intuition or judgment to develop ways to use economically, the materials or forces of nature for the benefit of mankind. This word has turned the face of the earth to look more interesting and accommodating.

### When and why is engineer's day celebrated?

September 15 is celebrated every year in India as Engineer's Day to commemorate the birthday of the legendary engineer Sir M. Visvesvaraya (1861-1962).

Internationally recognised for his genius in harnessing water resources. He was responsible for successful design and construction of several river dams, bridges and implementing irrigation and drinking water schemes all over India.

### How is engineering useful in our daily life?

Basically everything you touch with your hands, an engineer has something to do with it. Cars needed engineers to design them, roads require civil engineers, mobile phones and computers need electrical engineers. Mechanical engineers design air-conditioning systems, building require engineers to built; bikes, aeroplanes, satellites, electricity pylons, power stations, water pipes, all these require engineers to make them and keep them working. Engineers build airports, hospitals, fire engines, furniture, gaming consoles, etc.

Engineering as a profession is a major player in the twenty-first century. Engineering is a unique profession and it has been changing the face of the earth for good. The world is upgrading and seeing clearly because of the importance of engineering profession in our society. Engineering is a unique art of organising and directing the materials of nature for the benefit of human race. Being an engineer is coming up with solutions to problems that no one else knows the answer to. Being an engineer is being part of a profession that makes life better for humanity. Being an engineer is finding the answers to the challenges that confront society. Happy engineers day to all the dreamers, innovators, researchers, problem solvers, in short an engineer.

**NIRJA OZA**, STUDENT, LML SCHOOL

## WORLD DEAF DAY

World deaf day God's blessings are abundant. No one is perfect and nobody is incapable of doing anything. The only barrier is that one should forget the past and keep doing the fresh. By doing so, one can taste the success at any given moment. Otherwise we all are handicapped in our thoughts, speech and action. Those are termed as divyaangs are well ahead of normal persons. Examples are many like Helen Keller, Stephen Hawkins etc. They need the time and opportunities and God's blessings are plenty.

Deaf day is being observed on the last Sunday of September every year globally. This is a day to create a proper attitude towards deaf persons, a day to provide full facilities and basic services, a day to lend technological support by government and moral support from the society.

There are nearly 70 million people who are deaf and among them 80% are living in developing countries. To manage and provide the basic help, the World Federation of the Deaf was established in Rome, Italy in 1951. For them, hearing and speech therapy was introduced and many organizations are working with sign language formula.

In India, we are fortunate to have a democratic government. For the deaf people here we see a rapid change and



the concept of inclusive education is spreading its roots for the academic growth of our friends. All India Sports Council of the Deaf, All India Cricket Association of the Deaf & Delhi Sports Council for the Deaf; these are the main organizations to uplift the sportive qualities of these citizens.

Every year we celebrate international week of the deaf in September (18th.-24th.). This year the last Sunday will be observed as an important day. Let us bring a change in our mentality towards our friends and show our empathy & sympathy for a noble cause. After all they are equal to us and have equal rights to enjoy their lives. Let us make sure that no one should be deprived of his or her rights in the society. To me, closer to divyaangs nearer to attain divyatma virtues.



**AVANTIKA BHANJA**  
STUDENT, H.A.S.V-SURAT

## WORLD CHOCOLATE DAY

We all love chocolate a lot, but did you know that there is a World Chocolate Day? Well guess what is there! It is internationally celebrated on July seventh. Chocolate is something that tastes like heaven and makes you very addictive to it. It has a lot of sugar and some milk, flour etc. Solid chocolate was first invented in 1847. It is terrible for all people but tastes too delicious that we cannot give it up.

On this day (as the name suggests) chocolate is eaten. People hold fairs in which they sell items that include chocolate. They even hold competitions for those who make the best chocolate items. More than this, the day is celebrated for love and bring closer the ones we love with our favorite chocolate.

People ask why this day is celebrated but no one knows the answer. It suddenly just became a tradition and everyone started following it. What else could people want than to celebrate a mouth-



watering sweet! For all the chocolate lovers, out there, there is not just one chocolate day, but many more. For instance, National Bittersweet Chocolate Day is on January 10th, while Chocolate Soufflé Day is February 28th. May 2nd is National Chocolate Mousse Day; National Chocolate Chip Day is almost two weeks later, on May 15th. June 22nd is National Chocolate Eclair Day. If you can't get enough chocolate cupcakes, their National Day is October 18th. And the list goes on and on...

The origin of chocolate is from the cacao tree from which chocolate is extract-

## WORLD TOURISM DAY

The United Nations World Tourism Organisation has commemorated September 27 as world tourism day.

The main purpose or objective of this day is to make people aware of the role of tourism within the international community and to show people how much it matters socially, mentally, culturally and economically. Secondary objective is to highlight the contribution the tourism sector can make in reaching goals. It also improves the quality of people's lives. It can bolster environmental protection, champion diverse and culture heritage, and strengthen peace in the world. The idea behind celebrating the world tourism day is to acknowledge every person's "right to experience the incredible diversity this planet has to offer"

### IMPORTANCE

While travelling we come across new people, new sights, and new ideas. Often our perception of the world changes as we see more of it. However, we must not forget that for many people, travelling can be quite a difficult process. Accessibility for all should be at the center of tourism policies and business strategies not only as a human right, but also as a great market opportunity.

World Tourism day for me is a really good step that the UN has taken because It helps me to feel mentally and spiritually happy and there are many of us for whom this day is important. The world to me is a book and if I stop travelling to places I have never been before I won't be able to complete the book. Being a tourist makes you realise that no matter how much you know, there is always something new to see and something new to experience.

**Janwee Mukim**, Student, LML School

ed and processed

It is believed that the ancient Mayan civilization were the first people to grow cacao trees and drink chocolate from it, and later the Aztecs got it. The word "Chocolate" comes from the Aztec word "xocoatl" which refers to a bitter, spicy drink that the Aztecs made from the cacao tree, and the scientific name, Theobroma cacao means "Food of the Gods."

These are some of the flavors of the Indian chocolate which I believe you may have never heard of-

1. Dark Chocolate with Black Pepper & Mango
2. Dark Chocolate with Guntur Chili
3. Dark Chocolate with Himalayan Rock Salt
4. Orange Basil & Pepper Dark Chocolate
5. Indian Paan Dark Chocolate
6. Lavender Dark Chocolate

On this July seventh, it is going to be the 467th year since chocolate was made by the Europeans. So, this chocolate day add some more sweetness to your life as well as to others'. Send out chocolate day gifts, and share them with the ones you love!

**Renee shah**, Student, LML School



“Heartfelt Thanks”, “Broken Heart”, “Heart Missed A Beat”, “From The Bottom Of My Heart” Etc...

# Heart, a fist sized organ has taken all the attention in every walk of life

“WORLD HEART DAY!!!!”, If this organ has already grabbed its central place in the whole body system, why do we have to create an awareness for its importance again?.

The phrases given in the title were coined by people who lived hundreds of years back and had time or took time to feel their heart beat in its various rhythm as per their emotions. They could control their life themselves. They did not have technology to take them away from being with nature. Their hearts pumped happily. Times and technology has changed the lives of the present generation. Along with childhood, technology has taken hold of their daily life, which in turn, has taken away the health and happiness of this fist sized organ in their body.

India has the largest population in the age group of children and young adults and it is strongly relying on this future generation to globally establish itself as one of the fastest developing country. As an educationist, dealing with this future generation, it is alarmingly sad to notice their weakness of falling prey to various illness and diseases. It's taking toll on their heart. Dying of Heart attack was once only related to people over 50 years. But recent surveys claim that around one million people die of heart attack in a year which includes

young children and youth. Diseases like diabetes and blood pressure is taking a toll on the hearts of these young children. They have surrendered to the syndrome, named, 'STRESS'. Stress to compete with peers in studies, competitions, jobs, adapting & adopting new technologies, changing lifestyles, changing climate... a lot to think, feel, do in 24hours!!! It's a lot of work for the heart - what to do and what not to do?, what to think and what not to think ?. The heart which pumps 72 times per minute to purify and supply blood to the whole body, never resting, working beat by beat, second by second but cannot increase from 72 beats, in other words, it is not able to cope with the wants and desires of the person in whom it is living.

The change in the importance of profession from 'Gurus (teachers)', in olden times to 'Doctors' and 'Engineers' in the present, should raise an alarm to the society that it is becoming sicker and sicker with the accumulation of technology.

I am not against technology, but against its misuse. As an educationist, one of the analysis which could be a corrective measure to prevent blood pressure leading to a weak heart is the talking. Research says that the physical act of talking, public speak-

ing, recalling anger, intense discussions all produce significant rise in the blood pressure. Most of us talk regularly and throughout the day, over time, the talks have become hostile and exaggerated. I can see and hear people talking loudly to draw attention or to get their points across. Swearing and curse words have become a norm. I would not go into the scientific explanation to the whole process of how it increases the blood pressure, but a sure hint is you can notice the doctor telling you to be silent when measuring your blood pressure. We are constantly in the process of putting our views across, that we sometimes forget that we have two ears which are in the shape of a heart when put together. In fact the word, EAR, is in between the word, 'HEART'. So 'listening' is an important part of communication and good health too. Apart from this a good play, a good 7 hours of sleep would surely make our citizens, 'healthy wealthy and wise'.

If there is no health, there is no future, even for the country.



**ANNIE VARGHESE**  
EDUCATIONIST, AHMEDABAD

## VEDIC MATHEMATICS-3

In this article we will learn few interesting methods of Multiplications.

### MULTIPLICATION WITH 25

■ Multiplication of two digit number with 25

■ First divide this number by 4 and if one remainder place 25, two remainder place 50, three remainder place 75 and no remainder then place 00 after the result.

33	54	47	64
x 25	x 25	x 25	x 25
33÷4=8	54÷4=13	47÷4=11	64÷4=16
And no remainder So, 25	And no remainder So, 50	And no remainder So, 75	And no remainder So, 00
825	1350	1175	1600
So, 33×25=825	So, 54×25=1350	So, 47×25=1175	So, 64×25=1600

■ Multiplication of three digit number with 25

■ First divide this number by 4 and if one remainder place 25, two remainder place 50, three remainder place 75 and no remainder then place 00 after the result

323	542	345
x 25	x 25	x 25
323÷4=80	542÷4=135	345÷4=86
And no remainder So, 75	And no remainder So, 50	And no remainder So, 25
8075	13550	8625
So, 323×25=8075	So, 542×25=13550	So, 345×25=8625

■ Multiplication of four or more digits number with 25 and we should use above method but we should keep remainder in mind and it will add to new digits onwards... Here few examples of it..

4323	3726	4653
x 25	x 25	x 25
4321÷4=1080	3725÷4=931	4653÷4=1163
And no remainder So, 75	And no remainder So, 50	And no remainder So, 25
108075	93150	116325
So, 4323×25=108075	So, 3726×25=93150	So, 4653×25=116325

### MULTIPLICATION WITH 50

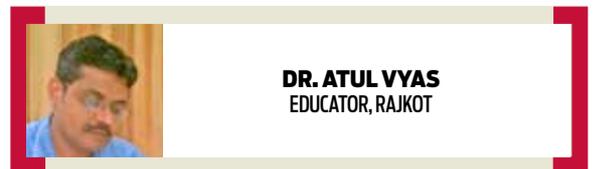
■ Multiplication of any digit number with 50

■ First divide this number by 2 and if one remainder place 50 and no remainder then place 00 after the result.

33	58	47	64
x 50	x 50	x 50	x 50
37÷2=18	58÷2=29	47÷2=23	64÷2=32
And no remainder So, 50	And no remainder So, 00	And no remainder So, 50	And no remainder So, 00
1850	2900	2350	3200
So, 37×50=1850	So, 58×50=2900	So, 47×50=2350	So, 64×50=3200

323	542	345
x 50	x 50	x 25
323÷2=161	542÷2=271	345÷2=172
And no remainder So, 50	And no remainder So, 00	And no remainder So, 50
16150	27100	17250
So, 323×50=16150	So, 542×50=27100	So, 345×50=17250

4323	3726	4653
x 50	x 50	x 50
4323÷2=2161	3726÷2=1863	4653÷2=2326
And no remainder So, 50	And no remainder So, 50	And no remainder So, 50
216150	186300	232650
So, 4323×50=216150	So, 3726×50=186300	So, 4653×50=232650



**DR. ATUL VYAS**  
EDUCATOR, RAJKOT

# KHAANPAAN-O-LOGY

Name of the Vegetable	Cauliflower
Binomial name	Brassica oleracea
Indian name	Phool Gobhi
Other names	Brassica oleracea also includes broccoli, brussels sprouts, cabbage, collard greens, and kale, collectively called "cole" crops
Common dishes	Cauliflower Au Gratin With Crispy Pancetta. Photo: Sweet Paul. ...
Creamy Cauliflower Sauce	Photo: Pinch of Yum. ...
Cauliflower Mash. Photo	The Healthy Chef. ...
Parmesan-Roasted Cauliflower	Photo: Bon Appetit. ...
Raw Cauliflower Couscous With Kale and Cabbage. Photo: The Roasted Root. ...	
Low-Carb Cauliflower Fried Rice.	
Reasons of dislike	Looks lack chlorophyll
Cooked with stalks	
Overcooked	
Medicinal Benefits	One cup of raw cauliflower is rich in the antioxidant vitamin C, which is required for tissue growth and tissue repair in all parts of the body.
It is also necessary for the formation of the important protein collagen, which is used to make skin, tendons, ligaments, scar tissue, and blood vessels.	
Cauliflower offers a healthy dose of fiber, potassium, folic acid, and also contains a sulfur compound isothiocyanate that promotes overall health and prevents disease.	
Glucosinolates act like natural pesticides in plant cells, but when consumed by humans, they help with changes in enzyme activities, DNA damage, and slowing the growth of mutated cancer cells	
Take care about the Side Effects	Gout
	Gas and bloating
	Allergic response
Try to pre-prepare it well	Wash and cut florets.
Put in a container with salt water to get rid of worms	
Dishes to include in your plate	Best use by East Indians – One day stalks, second day florets and third day stalk for curry
Tandoori/ Gobhi Mussullum	

## CHEESEY GOBHI



### INGREDIENTS:

- Cauliflower 1 medium size Cut Into Florets
- Oil wee bit
- Garlic 10 Cloves finely chopped
- Green chilli 02 small slit lengthwise
- Black Peppercorn 1/4 Tsp crushed
- Salt to taste
- Fresh malai 100 ml
- Thinly Sliced capsicum optional
- Red Chilli flakes optional

### METHOD

1. Wash and cut florets of cauliflower
2. Boil in salt water till 80% done
3. Take a pan heat and add oil
4. Add chopped onion, chopped garlic, slit greenchilli and stir fry
5. Add the boiled cauliflower florets and toss together
6. Can add sliced capsicum optional
7. Add fresh malai and allow to coat
8. Adequate Seasoning and chilli flakes optional
9. Can be accompanied by chaat masala or tomato sauce
10. Can be had with pulao or roti
11. Please note there is NO CHEESE in the recipe



**Chef Salla Vijay Kumar**  
- IHMA



Action makes more fortune than caution —Charlotte Whitton



## NARENDRA MODI

Born in 17th September in Vadnagar (Gujarat)



Narendra Damodardas Modi is an Indian politician who is the 14th and current Prime Minister of India, in office since May 2014. He was the Chief Minister of Gujarat from 2001 to 2014, and is the Member of Parliament for Varanasi.

**ACHIEVEMENTS:-** His achievements are innumerable as he has been credited to secure highest number of parliamentary seats in 2014 Lok Sabha election moreover he has been credited with rolling out of GST (One nation One Tax Policy) along with ironing out policy paralysis in India with cutting down Redtapism instead simplifying national economic policies with transparency & changing Indian currency rather replacing currency with new 500,2000 notes.

## P. CHIDAMBARAM

BORN IN 16TH SEPTEMBER 1945



Palaniappan Chidambaram (born 16 September 1945) is an Indian politician and attorney who currently serves as Member of Parliament, Rajya Sabha and formerly served as Union Minister of Finance of India. Chidambaram is a corporate lawyer and an important member of the last Congress-led government.

**ACHIEVEMENTS:-** As Commerce Minister he dismantled various controls over imports and brought down the import duty very drastically. EXIM scrips were introduced by which additional premium was payable to the exporters. India moved towards the reform of exchange rate regime.

He introduced moderate rates of taxation that resulted in a rise of tax-GDP ratio. His term as Finance Minister saw the highest rise in growth rates in the Indian economy.

## MANMOHAN SINGH

BORN IN 26TH SEPTEMBER 1932



Manmohan Singh born 26 September 1932) is an Indian economist and politician who served as the Prime Minister of India from 2004 to 2014. The first Sikh in office, Singh was also the first prime minister since Jawahar Lal Nehru to be re-elected after completing a full five-year term.

**ACHIEVEMENTS:-** Manmohan Singh the economist credited with playing a key role in ushering in economic reforms in the 1990s, demits office of Prime Minister after 10 years, leaving a mixed legacy of achievements and failures.

Scams that surfaced during UPA II may have undone the good work of the 81-year-old leader, who had achieved the distinction of serving two tenures as Prime Minister, the longest after the first PM Jawaharlal Nehru's 17 years in office.

## LATA MANGESHKAR



Proud of India ,know as nightangle was born on 28th September. It's a blessing to our country that we got India's best voice .

**ACHIEVEMENTS:-** Best known singer and occasional music composer, India's Top voice served herself as a music composer. She has made the record of singing more than thousand Hindi film songs.

She has sung songs in over thirty-six regional Indian languages and foreign languages, though primarily in Marathi and Hindi.

She has received three National Film Awards, 12 Bengal Film Journalists' Association Awards, four Filmfare Best Female Playback Awards and many more. The Dadasaheb Phalke Award was bestowed on her in 1989 by the Government of India. She is also the second vocalist, after M. S. Subbulakshmi, to have ever been awarded the Bharat Ratna in 2001, India's highest civilian honour.

# “IT IS TIME TO PAUSE”, KNOW THE SUCCESSFUL WARRIOR

India is a land of great leaders and warriors who ruled the country effectively and also by protecting its national interest. It was not an easy task to accomplish, keeping in view the changes taking place in the world . These great warriors as Leaders have indispensable role in changing the perspective of world towards India. With their Leadership and courageous performance they have brought forward a platform.

They Choose to lead.They became the person to whom others choose to follow.

They Provided vision for the future. They are the inspiration. They made other people to feel important and appreciated. Given a teaching to Live your values for your country.



MS. POONAM DWIVEDI  
EDUCATOR, AHMEDABAD

## RAVICHANDRAN ASHWIN



Ravichandran Ashwin born 17 September 1986 is an Indian international cricketer. An all-rounder who bats right-handed and bowls right-arm off break, Ashwin plays for Tamil Nadu in domestic cricket and the Rising Pune Supergiants in the IPL. He is the fastest Indian bowler to reach the 50-, 100-, 150-, 200-, and 250-wicket mark in Test cricket in 2016; he became the only Indian after Rahul Dravid and Sachin Tendulkar to win the ICC Cricketer of the Year award.

### ACHIEVEMENTS

1. He is the fastest Indian bowler to take fifty Test wickets (9 matches) and fastest 100 Test wickets (18 matches)
2. Along with Ian Botham, he is the fastest bowler in the world to take fifty Test wickets and score 500 hundred runs.
3. He is the 47th Indian cricketer to win Arjuna Award
4. He is only third Indian cricketer to score a century and take five wickets in an innings in a Test match. This memorable innings was against West Indies.
5. He is at par with Sachin Tendulkar and Sehwag in terms of the Man of the Series award. He has won the title five times in 12 Test series. It took Sachin 74 series and Sehwag 38 series to do the feat.



## ABHINAV BINDRA



Abhinav Bindra (born 28 September 1982, in Dehradun, Uttarakhand, India is an Indian professional shooter and businessman and is a World and Olympic champion in the 10 m Air Rifle event. By winning the gold in the 10 m Air Rifle event at the 2008 Beijing Olympic Games, he became the first Indian to win an individual gold medal at the Olympic Games. It was also India's first gold medal since 1980, when the Men's Field Hockey Team won the gold. He is the first and only Indian to have held both the World and Olympic titles at the same time, a feat he accomplished by capturing the Gold Medal at the 2008 Olympic Games in Beijing, after having won the gold at the 2006 ISSF World Shooting Championships. Abhinav won Gold Medal in 2014 Commonwealth Games at Glasgow.

### ACHIEVEMENTS

Abhinav Bindra is credited to popularize Shooting Games in India by his sheer efforts & concentration with Dedication sports. He has been conferred & commissioned as Honorary Lt. Col of the Indian Army (TA), 2011. Padma Bhushan 3rd highest Indian Civilian Award, 2009. Punjabi Rattan Award, 2009. CNN IBN Sportsman of the Year Award, 2009. NDTV Sportsman of the Year Award, 2009. Rotary Shreyas Award, 2009. Bharat Shiromani Award, 2009. India Youth Icon Award, 2009.

## BHAGAT SINGH: A Perennial Saga Of Inspiration



September 28, 1907  
March 23, 1931

Bhagat Singh was born to Vidyavati and Kishan Singh on September 28, 1907, in the village Banga in Lyallpur district, now we can see this location in Pakistan. His original village was Khatkar Kalan in Jalandhar district. He hailed from a patriotic family. Bhagat Singh naturally imbibed patriotic sentiments.

The life and work of Bhagat Singh shows the glorious struggle against British Imperialism assumed legendary proportions. He has been a perennial saga of inspiration to all those who cherish sovereignty, secularism and socialism-ideals for all who have participated to make India free.

One incident which also hammered Bhagat Singh when he was then just 12 years old and was studying at the D A V School in Lahore. He was deeply enraged by the Jallian-wala Bagh massacre. It has been recorded that he immediately went to the Bagh and collected its soil in a bottle and kept it as a constant reminder of the hurt and humiliation that that the Indian people had suffered.

When the Non-Cooperation Movement started in 1920, Bhagat Singh left the D A V School and joined the National College. His college friends included Bhagwati Charan Vohra, Sukhdev and Yashpal. He evinced great interest both in his studies and in politics and was a voracious reader. His area of special interest was the history of revolutions.

He advocated armed Uprising against British rule. His greatest achievement was to inspire huge number of youths to the cause of Freedom.

March 23, 1931 is the death day, when India lost Bhagat Singh. Some motivating words from his mouth which has boosted the followers. They may kill me, but they cannot kill my ideas. They can crush my body, but they will not be able to crush my spirit.

'It is easy to kill individuals but you cannot kill the ideas.'  
'Love always elevates the character of man. It never lowers him, provided love be love.'  
'If the deaf are to hear the sound has to be very loud.'

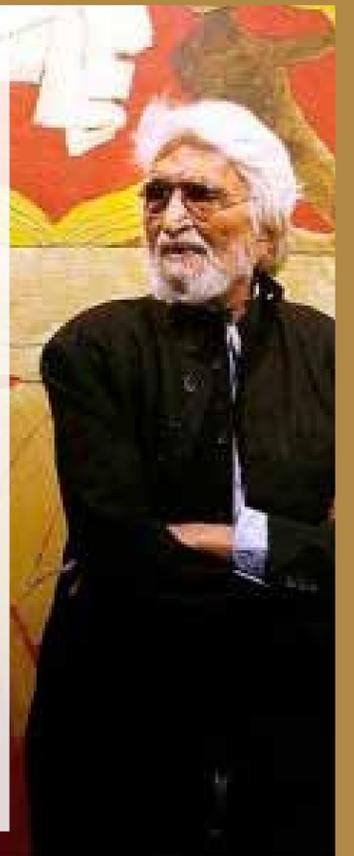
Revolution is an inalienable right of mankind. Freedom is an imperishable birth right of all. Labor is the real sustainer of society, the sovereignty of the ultimate destiny of the workers.

## M F HUSSAIN

Maqbool Fida Husain (17 September 1915 – 9 June 2011) was a modern Indian painter of international acclaim, and a founding member of Bombay Progressive Artists' Group. Husain was associated with Indian modernism in the 1940s.

### ACHIEVEMENTS

- Padma Shri (1966)
- Padma Bhushan (1973)
- Padma Vibhushan (1991)
- In 1967, M.F Hussain made his first film, Through the Eyes of a Painter. It was shown at the Berlin Film Festival and won a Golden Bear short film award.
- At the age of 92 Husain was to be given the prestigious Raja Ravi Varma award by the government of Kerala
- M.F Hussain was also nominated to the Rajya Sabha in 1986.
- In 2010, he was honoured Qatar citizenship.
- In 2010, the Jordanian Royal Islamic Strategic Studies Centre named Husain as one of the 500 most influential Muslims.
- So huge is the popularity of his paintings, that Maqbool Fida Husain was once called as the 'Picasso of India' by the Forbes magazine.



# FASHION AND STYLE FOR TEENS

Teens are often on the lookout for the latest and most adventurous ways to get "high." They thrive on being independent from adults and adult rules and fitting in with their peers. Some teens will do whatever it takes to demonstrate that they are free and fearless. Over the last 10 years, Indo-Western wear, an exciting blend of Indian and western wear, has topped the popularity charts for Indian teens.

## Why is fashion so important to teens these days?

The dressing sense of teens in our society is impacted by various forces which are external as well as internal factors. Fashion

is something that teens use to make them resist in their everyday life. Teens now a day's stumble on brands to be amazing & feel that it will make them look "classy" as many teens say at school. Style and fashion are a big deal for up to date teens, and most teens like reading about new styles and trying out the most recent trends in clothing and accessories. As it lets them experiment with different styles, express themselves and look quirky yet stylish.

## Teen Fashion Influence

The dress selections of teens are largely influenced by their peers groups. The liking towards the same fashion leads to

Curious and selective about wardrobe solutions, teenagers today are as fashion conscious as adults and love to flaunt the latest trends. —Mohita Indrayan

become a part of same group which can be the identity of the group).

Magazines are an additional source of fashion inspiration for teens, and many of them features the styles that teen celebrities are currently sporting. Several teens spend a lot of time looking for the most up-to-date chat about celebrity styles, while others simply become accustomed to the trends once they have become established. Popular styles seem to come and go extremely fast, so something that was in style a few weeks ago might be viewed as obsolete today.

## Parents & Teen Clothing Choice

Parents and teens often experience fashion conflicts, and parents may specifically forbid their teens from wearing a meticulous outfit or style of clothing. In some cases, the constraint can be in the best interest of teens, such as when a parent forbids the teen from

wearing band emblem or dressing in an overly provoking manner. Parents may also forbid specific outfits for certain situation, such as wearing short skirts to school. While dealing with parental limitations can be annoying, they can often find a substitute outfit that looks great while also pleases parents.

Sometimes, teens need little wardrobe stuff that is projected for specific occasions. Teens looking for a job require an interview outfit that looks professional without looking like they're trying too hard to be supposed as adults. A pair of suits can serve a teen not only for job interviews but also for college entrance interviews and special events. Other special clothing collections might include:

- Formal dresses, including dresses for proms and homecoming dances
- Sports and exercise clothing
- Holiday outfits or costumes
- Sleepwear
- Nice yet modest outfits for specific event

## Developing a Personal Style

The best way for teens to build up their own fashion style is by looking for elements of fashion that they like and then personalizing individual elements in some way. The best thing about teen fashion is that there are no rules.



# Friendship: A Mirror of Life



Friendship is a divine and devoted relationship between two people. in which both of them have true feeling of love, care and affection to each other without any demands and misunderstanding. Friendship is another name of care and support to each other.

A true friendship is the most precious gift of the life of persons involved in it. True friendship gives us memorable, sweet and pleasant experiences of life. True friendship leads two or more persons involved in it towards success without any demotion in life. Human is a social being and cannot live alone; he/she needs someone to share his/her feelings of joy or sorrow. Generally, a

good friendship exists between persons of same age groups, hobbies, and background. Friends are loyal support for each other during bad moments of life without any expectations.

True friendship needs proper understanding, satisfaction, helping nature trust. True friend never exploits but tends to motivate each other to do right things in life. Some people have tendency to unite as soon as possible but they also tend to terminate their friendship as soon as their interests become fulfilled. It is difficult to say something bad about the friendship but it is true that any senseless person gets cheated in friendship. Now a day, it is very hard to

find true friends in the crowd of bad and good people but if someone has true friend, no other than him is lucky and precious in the world.

Friends have distinct way of reflecting back each other's fears, insecurities and strengths in the most comforting ways.

Because in life, you don't need a big mirror, but rather, a long-standing friend. Unlike with mirrors, with a good friend you'll never see yourself backwards. You'll never see yourself through steamy reflections or cracked façades. Because unlike the fake portraits of a "skinny mirror" or a dimly lit bathroom, you'll always see yourself in true form

when you're with your best friends.

A mirror, which shows us as we are. It shows us our good character and our faults as well. A friend is someone who not only helps in our difficult times, but also constantly helps us in knowing ourselves. Since our friend might have observed us at close quarter, he / she might be correct in his opinions about us. In addition, he will have our best future at his / her heart when he / she criticize us in the right time for the right reason in the right manner.

They are the ones who show us our strengths when all we see is weakness; they point out our good character traits, like courage and loyalty, when we are down on ourselves. They remind us of past accomplishments and spur us on in our future. They build into our lives and we are richer for having spent time with them. We come away with a stronger sense of "self" because we have been together.

There's no makeup around them, no dressing up. They know you: what you look like and what you wished you looked like. They know you for all your insecurities and all those things you won't even admit to yourself. They are the only people who consider you more clearly than you see yourself. Because all those things we don't want to see, admit or face in the mirror is reflected in them. Friends are representations and extensions of yours. They hold the baggage of secrets and regrets of their friends which is sometimes too heavy for us to carry; they hold on to pieces of our past we don't always want to look at. They represent you better than yourself... sometimes. We're born alone, we live alone, and we die alone. Only through our love and friendship can we create the illusion for the moment that we're not alone.-- Orson Welles.

DR. DEEPA PANDEY, AMITY UNIVERSITY, GWALIOR

All cruel people describe themselves as paragons of frankness.  
— Tennessee Williams

# A change in way of explaining can open new avenues for children

Our world is a unique combination of unity and division. On one side, the world is becoming more and more connected and becoming one common entity due to proliferation of internet and smart phones. Today in a few clicks one can know what is happening in any corner of the world. On other side, the world is divided on the basis of various parameters. There are many such parameters on which the world is divided.

One such great parameter which divides the world of students is MATHEMATICS. Maths haters and maths lovers form the entire ecosystem of students' world. Maths lovers just love the subject. They find it as interesting as games and puzzles. They are passionate about it. They find it a scoring subject. Their love for the subject makes the base for other subjects as well.

Maths haters find it scarier than even ghosts at times. The common excuse they often give is "what is the use of so and so maths laws and rules?" They often question the usage of maths in real life. They find it very difficult to connect to the real life. For them the equations and problems in maths are nowhere close to reality. According to me, this is the core problem of the issue. This attitude needs to be changed.

Being a maths lover and educator of the subject for past seven years, this disturbs me. To address this issue to the core, I decided to pick one such maths hater or maths fearing student and decided to change his attitude through some experiment.

As I wanted to do this experiment at the personal level, I chose a student whom I have an easy access to. I chose my nephew Mohit who is in class 6th and unfortunately a big maths hater. He just gets irritated whenever someone teaches him maths or talks about it. This experiment was for him but I am sure there are many Mohits out there who can closely relate to it.

He is a big movie buff. So I decided to take him for a movie on a weekend. The movie was Jagga Jasoos. He was very excited and totally ignorant that he would be a part of an experiment. We collected our tickets from the counter which we had booked online. While entering the hall, I asked him to help me find our seat. I said "I am finding it difficult to find it, can you please help". He found

it so encouraging. Kids just love it when you treat them as adults and grown ups.

Our seat was E14 and he rightfully guided me towards that. I said thank you and he was blushing. While the theater was running the commercial, I looked at him and said, "Wow Mohit, you are a maths champ now. You solved one of the problems of co-ordinate geometry" Surprise on my comment he asked, "Me? And solved a problem of co-ordinate geometry"

I said, "Yes, you just did that"

He asked, "But how? I have not opened the book of maths since ages."

I said, "Who said maths is bound to books only? It is everywhere in real life as well."

Clueless at my words, he just stared with surprise.

I continued, "Look at this ticket. How did you find that we need to come to this seat only?"

He replied, "It is simple. It is written E14. So I located the row E and then 14 number in that row".

I said, "Precisely. You did it because you know the basic formation of a co-ordinate geometry. In co-ordinate geometry how do we locate a number on the line?"

He was speechless.

I continued, "You first find the x component and then you find y component and then you mark the number on the number line as (x,y). Here your X became E and Y became your 14. So whenever you have to locate a position where there is a combination of rows and columns (X and Y component) you solve it through co-ordinate geometry."

Mohit could not believe himself and found it so interesting. There was a kind of glow on his face which was even more than the one after watching the movie. Really a small change in the way of explaining can open so many channels into young minds. We as teachers and parents should really work to make kids understand how and what they learn is directly related to the life that is beyond books.

**BHAGWATI BULANI**, EDUCATOR, LML SCHOOL



## LONG LIVE ABSOLUTE WORLD PEACE

Peace is a matter of understanding and true realization of the needs of others and self. Hence it is an essential term in academic and worldly behavior. 193 member nations of UN voted to designate the day as a period of non-violence and cease-fire (2001), although in 1981 this concept of peace day was originated by the UN general assembly.

To support refugees and migrants, to eradicate physical and economic insecurity to their lives and to spread the peace and harmony; this day plays vital role. International peace day is a festival in many countries where as in India it is confined to some urban schools and educational institutes only.

Every year UN proposes the annual theme on which the general assembly and other member countries follow the rules to celebrate this day on 21st. September. This year the theme for peace movement is-"Together for Peace: Respect, Safety & Dignity for all". In short it may be understood that the value of WE is far better than I.

On this occasion, the secretary general Mr. Antonio Guterres read these words as "We must respect cynical efforts to divide communities and portray neighbors as "the other". Discrimination diminishes us all. It prevents people-and societies- from achieving their full potential. Together, let us stand up against bigotry and for human rights. Together, let us build bridges. Together, let us transform fear into hope".

Normally, this important day is being celebrated in advance at the head quarter of UN, where in peace garden; the peace bell starts ringing at 9 a.m. and followed by one minute of silence. All the member nations gather there to pay homage and respect to our brothers and sisters those are in need of support.

In 2005 Kofi Annan called for 22 hour cease-fire and a day of non-violence to mark this day. Further in 2007, Ban-Ki-Moon called for 24 hour cessation of hostilities, one minute silence to be observed around the world.

Every year for this International peace day or popularly known as world peace day, the theme is new and aims at a global effective solution. These are;

- **Year 2007**-Peace is the United Nations' highest calling.
- **Year 2008**-Human rights & peace keeping,
- **Year 2009**-Disarmament and non-proliferation,
- **Year 2010**-Youth for peace & Development,
- **Year 2011**-Peace & democracy: Make your voice heard.
- **Year 2012**-Sustainable peace for sustainable future,
- **Year 2013**-Education for peace,
- **Year 2014**-The right of peoples to peace,
- **Year 2015**-Partnerships for peace-Dignity for all,
- **Year 2016**-The sustainable development goals; Building blocks for peace.

British film maker Jeremy Gilley pro founded the non -profit organization called as Peace One Day. It means all the nations vowed not to wage war and worldwide cease-fire & to observe a day of non-violence.

International peace day and Indian peace day both are different. In India we observe this in educational campuses and that to for a memory. Understanding the agony, apathy and the basic needs of our brothers, millions in number, those are termed as migrants & refugees; we can celebrate our days with a new hope and satisfaction. Not only the government agencies but each individual can contribute for this noble cause .For me, this day is not for a particular date or month to be celebrated but we must support these people for a longer period with harmony and a sense of brotherhood. Above all, we Indians are the

torch bearers of non-violence and having true spirit of sharing & caring attitudes.

Long Live Absolute World Peace.



**DR. DHANANJAYA BHANJA**  
EDUCATIONIST, SURAT



All achievements, all earned riches, have their beginning in an idea.  
— Napoleon Hill



# RISE ABOVE THE ORDINARY

He is the Inspiration to all our young youth to get a high profiled life is not an accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, to work with a goal, of what you are doing or learning to do. You have to keep trust on your self, that will give you power and confidence to fight with your struggle. You have to believe in something, but in your career you have a lot of moments, ups and downs which is not easy to explain but you have to keep constant try to fill the highs and lows -of your life's valleys and peaks. It will tests resilience and will give you a boost with a push which will make you to overcome with the challenges and with that you will find that life is a teacher and teaches us lessons every now and then. The things which you will learn with the life ,will give you the judgment to take the move to take yourself to the top. Which return makes you more better and stronger to achieve your goal.

I would like to show you the mirror of one most prestigious personality who has become a heart throbbing inspiration for all the youth. His life is Inspirational and has an amazing ability to motivate others and change the way we feel about ourselves. I think his journey of life will show us that why we all find him so interesting and crucial. The word "success" which everybody wants to make a part of their life, but everyone has their own definition. Only you who can define success according to your goal.

## Let !!!! See what's their secret?

We observe ,think and react , the way we think and feel about ourselves, comprehend our beliefs and expectations about what is accessible for us to do, from out of everything that happens to us . When we change the parameter of our thinking, We change the parameter of our life,

Here is a short story of success journey completed by My Role Model.

Little Narendra Modi during his schooling days used to assist his father in selling tea at the Vadnagar ,local railway station. His

Keep your dreams alive. Understand, to achieve anything, requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe.

passion was towards reading and debates.

When Modi was of eight years old he got introduced to the Rashtriya Swayamsevak Sangh (RSS) and met Lakshmanrao Inamdar, the man who is known for being his political guru and mentor.

He took interest and kept himself on the track when their home celebrated all the traditions. At the age of thirteen he got married but as he had decided to devote his time to walk on his dream path ,he could not pursue his married life and left home to catch his dreams. People were knowing him as a 'Balswayamsevak' also. As a junior cadet in RSS he worked with whole heartedly.

During his moves, he came across types the journeys. He travelled to visit the Ramkrishna Mission in Rajkot and then at the Belur. Math in Kolkata. In Guwahati he joined an ashram that was established by Swami Vivekananda in the foothills of the Himalayas. Sometimes later he came back home, only for a while and again set out for Ahmedabad.

Modi embarked on a journey of spiritualism and full filled Swamiji's dream of Jagad Guru Bharat. He himself took the responsibility.

Narendra was only 9 years old when a large flood in the Tapi river created havoc. With helpful thought, he moved ahead with his friends and the proceeds were all donated for the relief work. His attempt to serve his Mother India at this tender age was indeed remarkable which silently laid the foundation of the making of a worthy Prime Minister of the nation. He was only working on his passion to serve his nation.

He wished to join the Indian Army; but

his family never let him to fulfil this dream. Modi has always been a mighty dreamer, When Modi became the Chief Minister of Gujarat in 2001, he ensured a constant growth of GDP. Under his umbrella, he has developed Gujarat and uplifted the graph which has shown an overall growth encompassing agriculture, manufacture and services.

The dreamer Narendra Modi said, "I did not get an opportunity to die for the country, but I have got an opportunity to live for the country".

He provided the world with a vision that how the power needs of the future generations can be solved in an environment-friendly manner".

No wonder, Modi has evolved over the years as a true leader, for and by the people. His high thinking and never stop to chase your dreams has made him reach new heights of popularity so much so that he won the 2014 Lok Sabha elections in India by a huge majority and made a clean sweep.

The day Narendra Damodardas Modi was sword as the 15th Prime Minister of India was a day that promised a new beginning.

Therefore, It is essential to dream to get something done. We should not forget that our vision will only be clear when we are able to look into our heart.



UNMESH DIXIT  
EDUCATIONIST, AHMEDABAD



## To create and nourish your talent, You have to carve it, like a sculpture

Natural talent is a concept that goes back thousands of years. Ancient mythology is full of stories of vastly skilled masters of their craft who were rumored to have been born with their talents - gifts from the gods. This idea of being born with a natural talent still persists today .

The science of skill acquisition has been the focus of a number of recent studies and books. As it turns out, we are born with very few, if any, natural talents and skills. Excellence is borne not of any particular innate ability, but of practice. In other words, you can be good at whatever you want.

If it's possible for anyone to acquire any skill, why don't more people do it? Why don't they improve or get good at things they've always wanted to do. dancing, etc.,

It's easy to dismiss the hard work and commitment behind greatness as mere talent, but we don't realize how much is behind becoming a top performer. Even talent requires, the mental toughness, the endless hours of



practice.....

We can give conclusion to our mind by knowing the effort done , to become India's best voice .

Nightingale girl as mostly known to us as Lata Mangeshkar ,, is the daughter of Pandit Deenanath Mangeshkar, (a theatre actor and classical singer)

and Shevanti (Shudhamati). Born on 28th September 1929, Lata was not her original. She was born as Hema but rechristened later as Lata after a famous character Latika from her father's play Bhaaw Bandhan. Lataji started singing at the age of five and studied the fine art of music with Aman Ali Khan Sahib and Amanat Khan, established and famous singers of that time. When Lata Mangeshkar entered the film industry as a playback singer, she was rejected because in that era, signers like Noor Jehan and Shamshad Begum ruled the roost with their heavy nasal voices. Lata didi's voice was considered too thin for that time. She acted in over eight films from the year 1942-1948 due to the sad demise of her father who passed away in 1942, leaving Lataji to fend for her family. With no success in these films, she debuted with playback singing for the Marathi film Kiti Hasaal (1942) but the song never saw the light of day as it was edited from the film.

Her, hardcore constant practice and

not to leave the hope had illustrated and reflected the country that where there is a will there is a way. And proved that only inborn talent does not take a person on the top until you burn yourself to spread your light. to spread light you have to become a candle ,In born talent is a shine which is like reflection of a mirror, which needs a support of source to shine.

She had an illustrious career in various roles, better at some than others. A God-gifted voice and her hardship towards music led her to become the most successful and celebrated female playback singer from the 1940s till 1980s.. Her songs had touched the hearts of millions throughout the years and across borders. She also did some acting at the start of her career.

Today with the great pride at the age of 85 also she is a heart throbbing singer and know as a Melody Queen. , the Nightingale of India..

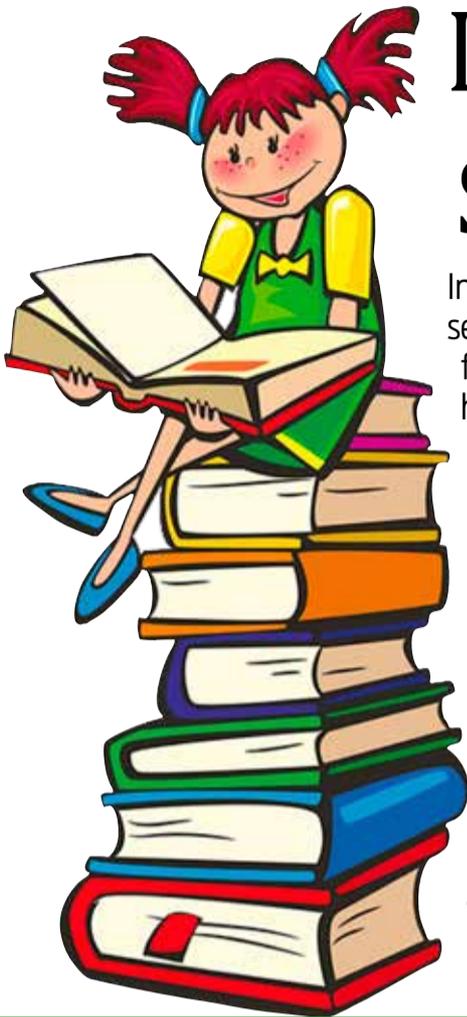
The message to young readers As Gardner provides water and nourishment to grow and blossom the garden in the same way hard work provides nourishment to the talent to develop and shine. guts. , sacrifice, determination, commitment, toughness, heart. , That's what we all need to touch the sky . So ,Talent to get popularity ,needs support of constant hard work.

The Open Page



Age wrinkles the body; quitting wrinkles the soul. — Douglas MacArthur





# Learning the required age based skills for age 8 to 14 years

In the last month we have seen the age based skills set for age group 5 to 8 years, hope you must have taken note of it. Continuing further for the same, in this month I am sharing with you the required age based skills for age 8 to 14 years.

Essentially this fall in the criteria of primary education especially from grades 2 to 8. A school is always performing the task of developing the children's aptitude and attitude which also results in the development of skills. However, it

is observed that in the present scenario of facilities and amenities, we as parents do not allow our children to perform certain tasks, as, the same are either professionally carried out or done by others, like, maid or servants.

The school always makes efforts to teach the children what is right and needed, however, due to parental care and affection at times the children are devoid of the relevant practical exposure of the same. This renders the child devoid of certain skills that is essential for developing global

citizens. As parents we should see that we allow our children to perform the tasks that help develop good skills and attitude. Please find below the list of such tasks that can be done/performed by such age group.

The list is however, exhaustive and may have missed out a few tasks, you may please amend it at your end and make use of it.



**DR. VISHAL VARIA**  
EDUCATIONIST, RAJKOT

## AGE BASED SKILLS FOR AGE 08 TO 14 YEARS

## DOES YOUR CHILD AGED BETWEEN 8 TO 14 YEARS POSSESS THESE SKILLS?

1. Can your child arrange back the toys and books after use at its proper place?
2. Can he/she identify amongst dirty vs. clean clothes? Does he/she have that sense that one should not go out or at school wearing dirty clothes? Does he/she possess proper cleanliness and hygiene sense?
3. Does he/she have that sense of putting things, toys, books, etc. back to its original place after use?
4. Can he/she clean the place with broomstick? Does he/she know when and where to use cleaning agents like soap, detergents, shampoo, chemicals, etc.?
5. Does he/she know the purpose and use of cooker, mixer, washing machine, iron, geyser, etc.?
6. Can he/she identify amongst spanner, hammer, pair of tongs, scissors, etc. tools of daily use? Can he/she know the purpose and use of such tools?
7. Can he/she differentiate between washed & ironed clothes as against unwashed clothes? Can he/she fold and pile up such clothes in proper order?
8. Can he/she identify different types of fruits and vegetables available in the market? Does he/she know the seasonal fruits available in different seasons?
9. Does he/she know the basic difference between grains and pulses? Can he/she identify wheat, rice, peas, millet, and such other grains and pulses?
10. Is he/she aware of the use of different types of flours used to make different type of breads, Indian breads, pudding, wafers, wedges, etc.?
11. Can your child help you in the kitchen like cutting vegetables, arranging the vessels, putting on the gas, preheating the vessels, removing skin of potato and other such vegetables, separating leaves of coriander and such spices, etc.?
12. Does your child have the sense of finishing the plate and not wasting food? Does your child place the dish into the wash basin after meals?
13. Can your child do some daily house hold chores like cleaning the floor with broomstick or vacuum cleaner, wiping the floor, cleaning vessels and arranging them back in the store?
14. Can your child understand the silly needs of the family members and can cater to their requirements? Like fetching a glass of water for Grandpa or Grandma, Helping the younger sibling to wake up or sleep? Etc.
15. Does your child have the awareness of helping the family member when ill? Like fetching the medicine, lending a hand of support for getting up or sitting down? Etc.
16. Can your child identify between trees, shrubs or plants? Does he/she have the awareness to water the plants or trees?
17. Can your child purchase and bring household groceries from a nearby store? Like milk, bread, ice-cream, food related stuff, etc.?
18. Can your child explain the money used for such expenses and balance left? Does he/she have an approach of giving explanation and allow verification of use of funds or pocket money? Does he/she consider it as a good habit to report to the parents the use of funds?
19. Can your child identify different daily usage goods from a Mall? Does he/she know where such goods are used?
20. Does your child know or is aware of where different categories of goods are available in the market? Like medicine, shoe polish, body spray, cold drink, vegetables, etc.?
21. Can your child purchase the needed stationary item on its own? Does he/she know to purchase the right pencil, pen, etc. or economical price range?
22. Does your child enjoy playing, singing, running, swings and slides and other such outdoor games or child plays?
23. Does your child know how to climb, run, hide, rope skipping, etc.? Does he/she like playing such child games?
24. Does your child know how to behave normally and in disciplined way with elders, other family members or neighbors? Can he/she establish cordial relation with them?
25. Does your child know how to treat guests and behave when we have guests at home? Can your child serve water to the guests?
26. Does your child have faith in God and in prayers? Does your child value the images or idols of God at home or places of worship? Can he/she identify the idols?
27. Can your child identify different Gods / Goddesses, Saints / Prophets and such Characters that we worship from photographs, idols or images?
28. Does your child possess the primary information of different electronic devices at home like music system, TV, Mobile phone, telephone, computer, etc.? Can he/she operate them?
29. Does your child possess necessary awareness for taking care of different electronic devices, safe ways to operate and handle them? Does he/she knows when not to use them or how long to use them?
30. Does your child know about Internet and its uses?
31. Does your child inform you about the instructions received by him/her at school? Can she pass such information without any trouble?
32. Is your child aware as for not to use unknown devices, things without the permission of its owner? Is your child cautious before using strange articles?
33. Is your child aware as not to damage any article at home, outside home or at school?
34. Can your child develop amicable relations with people other than that of the family? Especially friends and peers at school?
35. Does your child possess knowledge about different vehicles used for transportation?
36. Has your child travelled using public transport? Like bus, train or tube?
37. Does your child know from where to purchase tickets for travelling in bus, tube or such public transport?
38. Can your child prepare his/her own bag for an outing? Can he/she get ready and fill the bag with necessary clothes and article for going on an outing for a day or two?
39. Is your child aware about different public places like Mall, Cinema, Market, Post Office, Bank, Railway Station, Bus Station, etc.? Does your child possess primary information about uses of these places?
40. Can your child make use of different communication tools like post, parcel, public telephone, etc.?
41. Can your child top up the prepaid mobile balance? Can he/she make use of mobile phone as means of communication?
42. Is your child aware that he/she should not loiter in the public and must take care about public places?
43. Does your child have necessary awareness of walking in a public road or crossing roads? Can he/she safely reach home from the other side of the road?
44. Can your child enjoy the pleasures of nature? Does he/she enjoy the rising sun, the full moon, playing by a lake side, etc.? Can he/she enjoy in the lapse of nature?
45. Can your child identify amongst lake, river, ocean, ponds, etc.? Can your child feel the serenity of the nature?
46. Can your child identify trees or plants at nearby locations of the house? Can he/she find the home back from a nearby location?

The above are the chores that the said age group child can easily do. Parents need to assure that the child learns such basic skills and then can expect the child to develop scholastic achievement. Parents must take help of the school / class teacher if they face any issues while developing such skills in the children.

**Wish you happy grooming of your child.**



Advice is what we ask for when we already know the answer but wish we didn't. — Erica Jong



OPEN YOUR EYES!

# “School buses are much safer than passenger vehicles”

- A school bus is circulated considering the students need, comfort and safety.
- It's a vehicle introduced for carrying students to and from school, home, and school events
- Parents should take into consideration the benefits of having their children ride the school bus.

Children learn time management: Every parents want that their child should learn to manage the time for his or her routine work. As the school bus operates on strict and definite time schedule, so the child has a time limit to prepare all his or her morning routine work or else he/she will miss the school bus. Here, every parents can teach their children how to manage their time efficiently and to develop the alertness and realize the responsibility.

### It encourage to become child a independent :

Getting yourself on the right bus at the right time with all of the bags, snacks and school supplies that you need for the day, teaches children about self-reliance from a young age.

### Opting a school bus is safe and convenient to students:

Grown up children may not prefer small van and auto rickshaw as they don't find fixable space. So they compel their parents for purchasing two wheeler and as we hear in news about teenagers facing accidents of car crashes and most of these teenagers crash because of inexperience in driving.. Having your child take the school bus would increase the possibility of your child leaving and arriving home safely. Every family does not own a car and it is little inconvenient to drop and pick every day according to school schedule school bus transportation makes you relax.



School bus are designed keeping in mind the safety of students.

It's sociable

Riding to school with friends is fun! What's more, school bus riders have a chance to mix with children of different ages. You'd be surprised how protective the bigger kids are of the little ones, and how much the little ones enjoy the chance to speak to older children. This builds confidence, social skills and self-esteem.

Even Socialization and increased community engagement for children happens where indirect learning of thought takes place, It is safe because all are under the observation of an adult conductor along with the school authorized driver.

Their yellow color is easily seen by other drivers. The sides of the vehicle are reinforced to protect passengers in a crash, and the high seat back also provide protection during an impact. Parents who think that their children are safer if they personally drive them school should consider this: students are about 20 times more likely to arrive at school safely than if their parent drives them.

### It's better for family harmony:

For many families, the start to each

school day is a race against the clock – a race to get the kids up, dressed, fed and in the car, racing to get on the road before the rush hour traffic really hits, racing to get to school before the drop-off crush, and racing off again to work or whatever other appointments you have. Now, imagine a school day in which all that stress and responsibility lies with someone else.

Parents can get economic benefits if they let their children use the school bus. With the price of gas and oil increasing these days, having your children use the school bus system will let you save money from the gas you use when you drive them to and from the school..

Usage of school bus can contribute to reduction in pollution. By taking the bus, your contribution to air pollution is dramatically reduced. Buses emit fewer pollutants per kilometre travelled than cars on a per passenger basis,

If the parents of 40 students use their individual cars to drive them to and from the school, the pollution caused by those cars can affect our environment greatly. Using a bus can reduce the pollution caused by these individual cars and can make the air in the community cleaner. so by taking the bus, you are helping us all breathe cleaner air.

### School buses improve traffic conditions:

When you consider that each school bus takes about 36 cars off the road, the effect they have on congestion becomes very clear. Multiply 36 cars by an average of 9,600 school buses per state and that's a lot of extra traffic added to the morning commute. Suppose the elementary school closest to your house serves about 500 students. Can you imagine what the surrounding roads would look like at 8 am if a few hundred parents drove there separately, all trying to get to the school to drop off their children? In fact, each school bus removes an average of 36 cars from the roads.

Accident security: Accidents can happen to school bus as well, but then they are far more protective than auto rickshaw or van. School Bus usually have teachers and caretakers who can provide help. Usually auto-rickshaw or school van have drivers who are not registered. School Bus drivers are registered with the school.

Break down issue: If the school bus breaks down then school considers it for attendance or exams. But not the case with private vans. Dear readers ,School bus ridership benefits everyone. The next time that you see a bus on your way to work, remember all the ways in which it benefits everyone . Riding school buses are also known as pedal pods[4] or Cycling School Buses and remember The impact of your choice to use school transportation can touch many others in a positive way.



**NIRAV SHAH**  
TRANSPORT INCHARGE

## WORLD TOURISM DAY

The World Tourism Day celebration was started by the United Nations World Tourism Organization in the year 1980 which is celebrated every year at 27th September. This particular day



was selected as at this day the laws of the UN-WTO came into force in the year 1970 which is considered as the big landmark for the global tourism as it aims to aware to people about the significant role of the tourism inside the international community as well as to exhibit how the social, economic, cultural, political values are affected by it globally.

The purpose of this day is to raise awareness on the role of tourism within the international community and to demonstrate how it affects social, cultural, political and economic values worldwide.

**THEMES:** The theme of 1980 was “Tourism’s contribution to the preservation of cultural heritage and to peace and mutual understanding”.

- The theme of 1981 was “Tourism and the quality of life”.
- The theme of 1982 was “Pride in travel: good guests and good hosts”.
- The theme of 1983 was “Travel and holidays are a right but also a responsibility for all”.
- The theme of 1984 was “Tourism for international understanding, peace and cooperation”.
- The theme of 1985 was “Youth Tourism: cultural and historical heritage for peace and friendship”.
- The theme of 1986 was “Tourism: a vital force for world peace”.
- The theme of 1987 was “Tourism for development”.
- The theme of 1988 was “Tourism: education for all”.
- The theme of 1989 was “The free movement of tourists creates one world”.
- The theme of 1990 was “Tourism: an unrecognized industry, a service to be released”.
- The theme of 1991 was “Communication, information and education: powerlines of tourism development”.
- The theme of 1992 was “Tourism: a factor of growing social and economic solidarity and of encounter between people”.
- The theme of 1993 was “Tourism development and environmental protection: towards a lasting harmony”.
- The theme of 1994 was “Quality staff, quality tourism”.
- The theme of 1995 was “WTO: serving world tourism for twenty years”.
- The theme of 1996 was “Tourism: a factor of tolerance and peace”.
- The theme of 1997 was “Tourism: a leading activity of the twenty-first century for job creation and environmental protection”.
- The theme of 1998 was “Public-private sector partnership: the key to tourism development and promotion”.
- The theme of 1999 was “Tourism: preserving world heritage for the new millennium”.
- The theme of 2000 was “Technology and nature: two challenges for tourism at the dawn of the twenty-first century”.
- The theme of 2001 was “Tourism: a toll for peace and dialogue among civilizations”.
- The theme of 2002 was “Ecotourism, the key to sustainable development”.
- The theme of 2003 was “Tourism: a driving force for poverty alleviation, job creation and social harmony”.
- The theme of 2004 was “Sport and tourism: two living forces for mutual understanding, culture and the development of societies”.
- The theme of 2005 was “Travel and transport: from imaginary of Jules Verne to the reality of the 21st century”.
- The theme of 2006 was “Tourism Enriches”.
- The theme of 2007 was “Tourism opens doors for women”.
- The theme of 2008 was “Tourism Responding to the Challenge of Climate Change and global warming”.
- The theme of 2009 was “Tourism – Celebrating Diversity”.
- The theme of 2010 was “Tourism & Biodiversity”.
- The theme of 2011 was “Tourism Linking Cultures”.
- The theme of 2012 was “Tourism and Energetic Sustainability”.
- The theme of 2013 was “Tourism and Water: Protecting our Common Future”.
- The theme of 2014 was “Tourism and Community Development”.
- The theme of 2015 was “Millions of tourists, millions of opportunities”.
- The theme of 2016 was “Tourism for All – promoting universal accessibility”.
- The theme of 2017 will be “Sustainable Tourism – a tool for development”.

# TRY TO UNDERSTAND LIFE, RATHER THAN SEEING

On one eve, as I was walking down the cold streets and the shopkeepers were closing down their shops leaving their merchandise to freeze to death, I came across a peculiar looking beggar sitting on the footpath. He was peculiar because when someone gave him a 500 rupee note, he returned it back to the right owner. I mean, why he wouldn't take it? He could buy himself some clothes or bread. Being a curious annoying kid, I asked the man why he did not take the money. Those plain set of words meant nothing to me as a 9 year old kid, and now it all makes sense. He replied with a little laugh, "Beti, appearances are deceptive". And today, I come to know that he was the mayor of our town. Like, what? Expected much? That's what the quote wants to say.

From the past 14 years, oh!!! sorry, 15 years of experience of being a human starting from an innocent babbling baby to a delusional teen, I have made my analysis. And I am officially jumping to conclusion that adults are the most cynical beings on this planet (of apes, we were once, social apes). Once all of us were crying annoying kids who literally had no control over what we said but

whatever we uttered always put the elders into deep thoughts. But as we grew up and our brain put this logical and reasoning thing to every situation, things got less interesting and eventually zeroed to boring. In this world, the adults have no time for emotional aspects because they are too busy figuring out the other "serious" matters of their lives. Being a child was the most adventurous task one could come across. We took interests in even the minute things starting from watching the cars run on the road all day long to noticing the change in the colour of the leaves. In a nutshell, childhood was fun, for we did everything to our heart's content. We felt everything and tried not to believe in what we saw. Today, nothing sort of that happens, like sitting in a train compartment we would see people boarding it and getting off on a routine basis with that same tired expressionless face. But if we try seeing, rather understanding them not by their facial looks but the deeper "them", the whole scene changes, and that's an art in itself. For example if you attend a fashion show, the models race along the runway like huge mannequins with a small fake smile on their faces. Now, we don't ex-

"SOMETIMES THE HEART SEES WHAT IS INVISIBLE TO THE EYE."  
— R. Jackson Brown Jr.

actly know what they are going through behind that made up look. Similarly, a person who's always happy and making the auras well as people around him jolly too which makes him popular might be the loneliest and the most depressed person in the neighbourhood.

Eye might be the window to this crazy colourful world, but it might not be the whole truth. Unless, the eye is not accompanied by the heart, we don't see the clear picture. We don't see the beauty, the inner beauty that lies in any human. Moreover, we would never be able to feel the emotions and that's how the future of humans would look like, emotionless. We are becoming technical parasites, and that's a whole new level of development. That's not exactly what we want, right. Okay, so if you still aren't convinced, I will be happy to give some more examples. These creations that we see today wouldn't have existed if the creators just stood there looking at things happening on their own. If they didn't

have a heart, they would never have got this sudden thirst of curiosity of starting to build things and it would only remain as a string of dream like the others. Now, laziness is another story and let's just focus on one thing rather than pretending to suffer from ADHD and jump from one topic to another.

Wright Brothers saw the airplane flying in their heart before they actually started working on the actual prototype. Addison saw the bulb lighting in his heart before he could make a bulb actually light up. Abraham Lincoln saw the possibility of abolition of slavery in his heart first before he actually accomplishes the Emancipation Proclamation. Similarly, Mahatma Gandhi saw the freedom movement in his heart before he actually launched the Indian Freedom Movement against the British.

They had this spark lying latent in their hearts waiting to be lit through determination, perseverance and passion.



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## LOTUS POSE

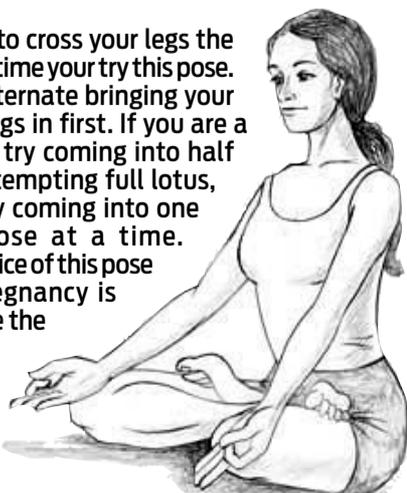
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### BENEFITS

- Opens up the hips
- Stretches the ankles and knees
- Calms the brain
- Increases awareness and attentiveness
- Keeps the spine straight
- Helps develop good posture
- Eases menstrual discomfort and sciatica
- Helps keeps joints and ligaments flexible
- Stimulates the spine, pelvis, abdomen, and bladder
- Restores energy levels

### DESCRIPTION

- With palms down, sit on the floor with legs stretched straight out in front of you. Bend the right knee and bring the lower leg up into a cradle. The outer side of the foot should settle in the crook of the left elbow, while the knee should settle in the crook of the right elbow. Clasp hands outside the shin and hold this posture for a few moments.
- To lengthen the spine, lift the front torso towards the inner right leg, but try not to round the lower back. Explore the full range of motion of the hip joint by gently rocking the leg back and forth. Repeat this process with the opposite leg.
- Come back to sitting with the legs stretched out in front of you. Now, bend the right knee and bring the right ankle to the left hip crease, allowing the right foot to face upwards. Settle the foot into the hip crease. Repeat this process with the left leg and right hip crease.
- Remember not to cross your legs the same way every time you try this pose. Make sure to alternate bringing your right and left legs in first. If you are a novice at yoga, try coming into half lotus before attempting full lotus, this means only coming into one side of the pose at a time. Consistent practice of this pose throughout pregnancy is said to help ease the pains of childbirth.



## FUN WITH COLOURS

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