

INSIDE

Roasted Turkey and Basil...



Pull the largest four romaine leaves from the outside of the bunch and wash and dry carefully, trying not to tear the leaves.

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SRI KRISHNA JANMASHTAMI



Janmashtami is a Hindu festival and a Gazetted holiday in many regions of India.

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MS Dhoni may get...



The image of Indian cricket's most famous shot, Mahendra Singh Dhoni's 2011 World Cup-winning heave over long on, started doing the rounds on social media on Saturday.

p10

Life Skills and Schooling



Amid the pandemic, as the Janmashtami Celebrations are low key and virtual, a Sattvite reminisces her favourite memory of the festivity of Birth of Lord Krishna in her school precincts in the good old days.

p12

BOND BETWEEN STUDENT AND TEACHER



MRS. SHEFALI SOMPURA

Educator
Mundra - Kutch

There are many sayings in our tradition for praising the teachers and they are worthy. A small child when comes to the school for the first time, their parents leave their complete trust on the teacher. The teacher also plays a great role in winning the trust of the child. For a child a teacher is like mother and is always next to the teacher. The child shares every small talk from his daily routine with the teacher and the teacher also patiently listens to the child. They always try to give their best to their students. A teacher is never biased between any of their students just like a mother is not biased for her children.

It happens many times in primary classes while answering, students they call teacher 'mummy'. It is a reflection of students love for the teacher. This shows that the relation of the students with their teacher is very close and intimate. They cling to their teacher when she/he enters the class. They miss their teachers if they are absent for some days. They feel the pain of the teacher while the teacher is down. For the students teacher is more than their parents and they blindly follow what their teacher has said. A teacher is the role model for the children. The teacher is gifted with the art of bringing out the inner talent of the child. A teacher is aware of the hidden potential of the child and helps them to develop it.

A teacher can easily bring the required changes in students' behaviour. These healthy relationships grow strong when the child grows and goes into secondary classes. This is the stage in children's life when there are many changes in their body. At the same time they have to adjust with the surroundings. This makes them sometimes angry, irritating and confused. Here the role of teacher is very important.

A teacher has to become friendly with

the student and help him or her to cope up with the situation. The teacher will help the child to focus on studies. They will make the child realise the importance of education. A teacher now becomes the friend of the students and listens to them. He tries to find solutions to their problems. As and when the child grows the role of the teacher also grows. In higher secondary classes, the teacher is a mentor for the students. They can give them career counselling,



guide them for further studies and help them to see the benefits of different courses in the future.

They are like supporting pillars for them. I would like to say that if any person sets a goal and works hard to achieve the goal, he/she will surely achieve success. There is nothing in this world which is impossible. Everything is possible. And the role of the teacher is to make the child understand this. That, 'You can do it.' 'It is very easy.' 'Just keep trying.' These positive words play a great role in everyone's life. A teacher has to first make the child feel comfortable, adjustable and brave. With these qualities children will be able to face any challenges which are on their way. They will never get afraid of the hardships and accept it positively. A positive atmosphere creates positive vibrations in the surroundings. It has lot of energy and can make everyone around happy.

Another great weapon for the teacher

is 'MOTIVATION'. Yes, this word is very important to be developed by the teacher. A teacher has to be motivational. The duty of the teacher is to motivate their students regularly. Motivation helps the child to grow. In fact not only students everybody needs motivation in our daily life. Hard work and good work should always be motivated. It has positive impact in the mind of the doer and it also helps them to grow. For a small child when the teacher praises him/ her before the whole class, it is a great reward. They go home and share this with everyone in the family. They feel proud for themselves. They work effectively. In smaller classes students should be motivated using stickers of stars and making picture of ice cream, writing good (remarks) etc. Maintaining behavior chart in class and giving stars and smiley face makes the child happy. Peer assessment is a very wonderful thing which can be done in any classes. It helps the child to grow. Children with the help of their friends complete their work, solve their difficulties and work effectively. It also develops leadership quality in children.

In a big class room where the teacher cannot go personally to each and every student, this is a very effective technique. And again the child who is helping others should be motivated before the whole class. Looking at the motivation other children will also develop the skills to help others. A teacher should be friendly with the students. He/ She should not use abusive words or insult the child before the whole class. A teacher should also not take undue interest in the personal life of the students. However, when the child is facing some serious problem, it should be solved by the teacher. A teacher should act positively in the class and always think for the benefit of the students.

A teacher should be positive with parents and guide them properly for the development of their child. It is proud to be a teacher. Yes because only a teacher can bring a change in students lives. A teacher is like the potter who makes the pot out of mud. Here the student life is molded into a beautiful pot by the teacher. Salute to all the teachers in the world for doing this wonderful job.

To feature your school event on this page, send the details and photographs to editor@theopenpage.co.in

Various Schools Celebrated 74th Independence Day



Tender Touch School

CCIS Green Campus

Sanskardham Campus

ACHIEVEMENT



Independence Day activity by the Students of Tripada Gurukulam School



Ved Rana-Grade-6

Jainam Chapaneri-Grade-6

Moksh Jain-Grade-6

Janmastami Celebrated by the Students of Various Schools



SG English Medium primary School Organised "Online Rakhi Making Activity"



CCIS Green Campus Organised "Online Rakhi Making Activity"



Name: Vidhi Donga
School: Adani Vidya Mandir
Standard: 12 CBSE



Percentage scored in board exam?

83

How much time do you spent on studies in a day?

10 Hours

What motivates you to study?

My Goal

Do you get leisure time?

Very less

What do you do in your leisure time?

Listen Music

Hobbies

Reading Biographies and listening to music.

Do you prefer reading books other than syllabus? (Can you name it)

Yes General Knowledge Books.

What is your goal in life?

To be an IPS officer.

What advice you would give to other students?

Just keep in mind your goal and be behind it.

Name: Dhruvisha Rakholiya
School: Adani vidhya mandir
Standard: 10th CBSE



Percentage scored in board exam?

89.4

How much time do you spent on studies in a day?

What motivates you to study?

Do you get leisure time?

What do you do in your leisure time?

Hobbies

Reading, drawing

Do you prefer reading books other than syllabus? (Can you name it)

What is your goal in life?

What advice you would give to other students?

Utilise your time preciously.And study well.

Name: Vatsal Gupta
School: Adani Vidya Mandir
Standard: 12 Commerce CBSE
Percentage scored in board exam?



90

How much time do you spent on studies in a day?

3 hours

What motivates you to study?

Tough Competition

Do you get leisure time?

Yes

What do you do in your leisure time?

Used to watch Nat Geo

Hobbies

Railfanning, Writing

Do you prefer reading books other than syllabus? (Can you name it)

Nope

What is your goal in life?

Public Representative

What advice you would give to other students?

Believe in yourself and focus on your goal.

Name: Krishi Jariwala
School: Adani Vidya Mandir
Standard: 10th CBSE



Percentage scored in board exam? 90

How much time do you spent on studies in a day? 10hours

What motivates you to study?

My goal,teachers and parents

Do you get leisure time?

Yes but less

What do you do in your leisure time?

Sleep

Hobbies

Reading

Do you prefer reading books other than syllabus? (Can you name it)

Horror and inspirational

What is your goal in life?

To have good future (Doctor)

What advice you would give to other students?

Your parents trust you so much study by keeping this thought in your mind and study hard.Your one result can bring a big smile on your beloved ones faces.

Name: Sofiya Abbasi Hazari
School: Sri Sri Ravishankar Vidya Mandir
Standard: 12th CBSE



Percentage scored in board exam?

93.6

How much time do you spent on studies in a day?

3 Hour

What motivates you to study?

Parents and Teachers

Do you get leisure time?

Yes

What do you do in your leisure time?

Use mobile and watch TV

Hobbies

Singing and Travelling

Do you prefer reading books other than syllabus? (Can you name it)

No i dont prefer reading books other then syllabus

What is your goal in life?

To be a psychologist and a good human being

What advice you would give to other students?

Be positive and do not take tension of studies

Name: Yash Sojitra
School: Adani Vidya Mandir
Standard: 12 science CBSE
Percentage scored in board exam? 93.2



How much time do you spent on studies in a day?

I used to study 2-3 hours a day on school days and on holidays I used to study for 6-7 hours

What motivates you to study?

Firstly the concepts of physics ,chemistry and mathematics motivates me to study more in depth. Also sometimes I used to watch motivational videos too

Do you get leisure time? Yes

What do you do in your leisure time?

Litening music, solve rubics cube, play games, sometimes movies to

Hobbies

Coding, exploring new things and places

Do you prefer reading books other than syllabus? (Can you name it)

Yes (harry Potter, shiva -amish tripathi)

What is your goal in life?

Want to became an IT engineer and a live a happy and successful life

What advice you would give to other students?

I would like to suggest that smart work is better than hard work. Also to study productively in less time gives you more progress

Name: Sheshang patel
School: Adani vidya mandir
Standard : 12 th CBSE
Percentage scored in board exam? 95.8



How much time do you spent on studies in a day?

Two and a half hrs after school

What motivates you to study?

My dream to get into NIT

Do you get leisure time?

Yes

What do you do in your leisure time?

Enjoying with parents and watching TV

Hobbies

Playing football

Do you prefer reading books other than syllabus? (Can you name it)

Yes, power of subconscious mind.

What is your goal in life?

To become a good personality in whatever field may I choose. Preferably electrical or computer engineering

What advice you would give to other students?

Follow your passion

Name: Aneri Chauhan
School: Adani Vidya Mandir
Standard: 10 CBSE



Percentage scored in board exam?

94

How much time do you spent on studies in a day?

4 hours

What motivates you to study?

I want to be in civil services and I want to fulfill my this dream and this thought always motivates me to study.

Do you get leisure time?

Yes

What do you do in your leisure time?

I just plan for my upcoming tests and revision of topics.

Hobbies

Reading, writing essays and poems.

Do you prefer reading books other than syllabus? (Can you name it)

No

What is your goal in life?

I want to be in civil services. To become an IPS officer.

What advice you would give to other students?

Study hard..no matter if it takes time ..no matter if you have to up all night..just remember that the feeling of success is the best thing in the entire world!! Believe in yourself!!



Name: Ankur Jatinbhai Parekh

School: Adani Vidya Mandir

Standard: 10th SSC CBSE

Percentage scored in board exam?

93.33

How much time do you spent on studies in a day?

4-5 hrs

What motivates you to study?

My low grades in UTs and School examinations

Do you get leisure time?

Yes

What do you do in your leisure time?

Take a fresh air outside, and else watch tv to refresh my mind.

Hobbies

Drawing, Listening to Music

Do you prefer reading books other than syllabus? (Can you name it)

At times I read books which are fictional or inspirational.

What is your goal in life?

To become an aerospace engineer And make my family proud on me.

What advice you would give to other students?

My first advice would be for all that when you are learning or reading something, be sure that you are focused to your reading.. Secondly, while practicing mathematics, be sure that your basic concepts are clear. Then practice more and more so that you're able to solve any of the problem based on given concept. Finally, I wish ALL THE BEST all the candidates who are appearing for boards this session...Give your best while writing in every examinations....

Name: Ishan G Mithadiya
School: Adani Vidya Mandir
Standard: 12 CBSE



Percentage scored in board exam?

96.6

How much time do you spent on studies in a day?

6-7 hrs

What motivates you to study?

My interest in science

Do you get leisure time?

Yes

What do you do in your leisure time?

Playing games, watching TV

Hobbies

Reading

Do you prefer reading books other than syllabus? (Can you name it)

Yes. The Immortals of Meluha

What is your goal in life?

To be a doctor

What advice you would give to other students?

Be healthy and keep learning new things.

Name: Shelvi Tank
School: Cosmos Castle International SCHOOL
Standard: 10 CBSE



Percentage scored in board exam? 87.8

How much time do you spent on studies in a day? 3 hours

What motivates you to study?

To become independent and be respected amongst our fellow citizens

Do you get leisure time? Yes

What do you do in your leisure time?

Listen songs

Hobbies Cooking

Do you prefer reading books other than syllabus? (Can you name it)

Three man in a boat

What is your goal in life?

To become a pharmaceutical

What advice you would give to other students?

To concentrate on their goals

Name: Aryan S
School: Cosmos Castle International School
Standard: Class 12th CBSE



Percentage scored in board exam? 85.4

How much time do you spent on studies in a day? 2 hours daily , 3 hours on holidays

What motivates you to study?

Excellence motivates me. New concepts to learn challenge me, and I look to studying as building of my knowledge inventory.

Do you get leisure time?

During the week, I make it a point to make time to pursue some of my leisure activities.

What do you do in your leisure time?

I play football and read a broad genre of books, as time permits. I also beatbox and love to challenge myself by solving crossword puzzles

Hobbies

My hobbies include playing sports like cricket and football, reading books, listening to music and beatboxing.

Do you prefer reading books other than syllabus? (Can you name it)

Yes I love reading books on various genres. I mostly read on fiction, crime and history. I am deeply fascinated by the works of Alex Rutherford, Dan Brown, John Grisham and Jeffery Archer.

What is your goal in life?

My goal in life is to be a beacon in my chosen field of journalism, contribute to society and lead a balance and fulfilled life.

What advice you would give to other students?

Follow your dream/s and work hard as there are no short cuts to success. Don't stress much. Learn to cope with your failures and learn from your mistakes.

Name: Harita Makwana
School: Adani vidya mandir, Makarba, Ahmedabad
Standard: 10th CBSE



Percentage scored in board exam? 90.6

How much time do you spent on studies in a day? 3 and 1/2

What motivates you to study?

I always think about my goal when I study and it motivates me to study.

Do you get leisure time?

Yes , i get leisure time for 1 hour .

What do you do in your leisure time?

I usually play games with my little sister to avoid stress and strain in my leisure time

Hobbies

Writing quotes in my diary and sketching

Do you prefer reading books other than syllabus? (Can you name it) No

What is your goal in life?

I want to become a Finance lawyer.

What advice you would give to other students?

Practicing sample paper is the best way of preparing for 10th boards after the revision is completed.

Name: Sonit Rajpurohit
School: Sri Sri Ravishankar Vidya Mandir



Standard: 12th CBSE

Percentage scored in board exam? 87

How much time do you spent on studies in a day? 10

What motivates you to study?

The greed to learn more and achieve what I dreamt of.

Do you get leisure time?

I do, and I feel its important to have some leisure time in order to stay in good grades.

What do you do in your leisure time?

I watch tv series or play football. Also, writing poems daily is my best leisure time.

Hobbies

Writing, Football and Cooking.

Do you prefer reading books other than syllabus? (Can you name it)

I do, autobiographies and fantasy novels.

What is your goal in life?

To become a Professional and work in the big four MNCs.

What advice you would give to other students?

Just hang in there until last moment, 12th is something that will give you the realization of how actual exams be.

Name: Riteek Panigrahi
School: Cosmos Castle International School
Standard: 10th CBSE



Percentage scored in board exam?

90

How much time do you spent on studies in a day?

8 hours

What motivates you to study?

My goal

Do you get leisure time?

Yes

What do you do in your leisure time?

I prefer listening music.

Hobbies

Cooking food

Do you prefer reading books other than syllabus? (Can you name it)

No

What is your goal in life?

To become an IITian

What advice you would give to other students?

Once you set a goal in your mind, focus on it and don't get your mind diverted to other things that may harm or stop you from achieving your goal.

Name: Lekhini Oswal
School: Sri Sri Ravishankar Vidya Mandir
Standard: 12th commerce CBSE



Percentage scored in board exam?

85

How much time do you spent on studies in a day?

4-6 hours

What motivates you to study?

The only thing which motivates me is to get better future and a good life ahead

Do you get leisure time?

Yes , I was having more than enough leisure time to explore things out and within me..

What do you do in your leisure time?

Mostly I used to sketch , write on some specific topics And I never forgot to get enough rest other than that usage of social media .

Hobbies

Drawing and writing is my favourite one but from ending months of the 12th I started getting interested in photography

Do you prefer reading books other than syllabus? (Can you name it)

Personally I don't like to read books ... But if I develop interest in some topic then i definitely start reading be it an article...or anything..

What is your goal in life?

Not every student have a specific goal from there early age And I am one of them But as time passed I got to know where my interest lies and now I'm working on it... Managing human resource in a reputed MNC is my ultimate goal..

What advice you would give to other students?

Sometime going slow can give you a clear and a strong path for your career.. so don't panic if someone ask what's your goal in your life becomes it's totally okay... you just temporarily don't have the answer but surely you are going to have one soon And the last thing, studying hours and hours is not the thing which matters ... How much quality knowledge and clearing your concept is the ultimate thing which matters because this more your concepts are clear the more easy it seems to study or remember.



Name: Sethulakshmi Rajan
School: Cosmos Castle International School
Standard: 12th CBSE

Percentage scored in board exam? 97

How much time do you spent on studies in a day?

2 hours (including breaks...which is very often.)....frankly speaking I don't study everyday...I tend to get bored every half and hour of studying..so I take 5min break to listen to music or to read a book...it helps refreshing my mind.

What motivates you to study?

I am the kinda person who studies at last moment...u would find me cursing myself and study hard at the last few days of the exam ..the thing that really helped is when

Teachers taught...I listened and took notes which really helped....so it was easy for me to study at last moment because I remembered every lessons

Do you get leisure time?

Plenty... my parents never pressured me to study 3-4 hours everyday...they wanted me to enjoy my schooltime and improve my other skills...I went to 2 dance classes (one western and other classical) and a drawing class...which helped me to release any stress related to boards

What do you do in your leisure time?

Mostly watching documentaries..movies.. writing

Hobbies: Danceing,drawing,singing,cooking,m ovies,books

Do you prefer reading books other than syllabus? (Can you name it)

I read a lot ...mostly fiction..I am a huge hardcore fan of Harry potter (read it like 15 times already)and Percy Jackson..the meluha series reading really helped improving my vocabulary and my imagination power

What is your goal in life?

Make my brother proud of me..and to work in films...since childhood I was amazed by the art of filmmaking,direction,acting....it's not an easy path but i am willing to work hard to reach that goal.

What advice you would give to other students?

To tell u the truth...I don't think I am worthy enough to give advice ...but one thing I would like to share is be patient..work hard , be aware about your capabilities and always be love your parents and yourself..

Roasted Turkey and Basil Cream Cheese Pinwheel Sandwiches

Ingredients

- 1 large head romaine lettuce
- 4 ounces whipped cream cheese
- 1 cup baby spinach leaves, loosely packed
- 8 large fresh basil leaves
- Kosher salt and freshly ground black pepper
- Four 10-inch flour tortillas
- 8 slices oven-roasted deli turkey (about 8 ounces)
- 1 whole roasted pepper from a jar, sliced into 1/4-inch strips (about 1/2 cup)
- 1 cup shredded carrots

Directions

1. Pull the largest four romaine leaves from the outside of the bunch and wash and dry carefully, trying not to tear the leaves. Cut the leaves at the base where they were connected to the root; the pieces should be about 9-inches long. Using a vegetable peeler, shave the center rib so the leaves roll up more easily. Set aside.
2. Combine the cream cheese, spinach and basil in a food processor and puree until smooth. Season with 1/4 teaspoon kosher salt and a few grinds of pepper.
3. Lay one of the tortillas on a clean work surface and add one of the romaine leaves to fit neatly on top. Place 2



slices of turkey next to each other, covering the lettuce. Spread 2 tablespoons of the cream cheese mixture over the surface of the turkey and line up a quarter of the roasted pepper strips along one edge. Line up 1/4 cup of the shredded carrot just above the peppers. Roll up the wrap tightly starting from the edge with the peppers and carrots, so the wrap holds together with the peppers and carrots in the middle. Place the wrap seam-side down. Repeat with the remaining tortillas, vegetables, turkey and cream cheese spread. Cut the wraps into 1-inch pieces, then pierce each segment with a toothpick or skewer from the outside of the tortilla through the seam on the bottom.

ZUCCHINI TART

Ingredients

- 1 round store-bought refrigerated pie dough
- 1/3 cup mayonnaise
- 1 tablespoon Dijon mustard
- 2 medium zucchini, thinly sliced into rounds
- 1 teaspoon chopped fresh thyme
- Kosher salt and freshly ground black pepper
- Extra-virgin olive oil, for drizzling

Directions

1. Put a baking sheet in the oven and preheat the oven to 375 degrees F.

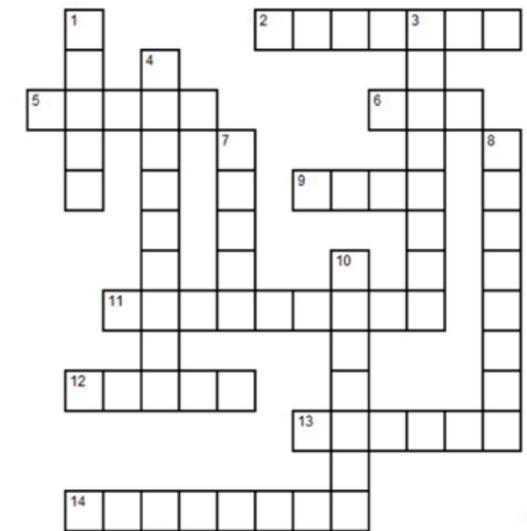


2. Lay the pie dough on a piece of parchment. Slightly raise the edges and crimp. Stir together the mayonnaise and mustard in a small bowl, then spread the mixture over the crust.
3. Put the zucchini and thyme in a medium bowl. Sprinkle with salt and pepper and drizzle with extra-virgin olive oil; toss gently to combine. Arrange the slices over the mayonnaise mixture.
4. Carefully remove the hot pan from the oven. Slide the parchment paper onto the pan and bake until the crust is golden and the zucchini is tender, 20 to 30 minutes.

FILL IN THE COLORS



CROSSWORD



ACROSS

2. fat layer that keeps some marine mammals warm
5. fish use these to breathe oxygen from the water
6. name for a group of whales
9. ocean dwellers that lay eggs and have bones
11. what a shark has instead of bones
12. a shark has several rows of these
13. what younger whales are called
14. marine animals with soft bodies and no backbone

DOWN

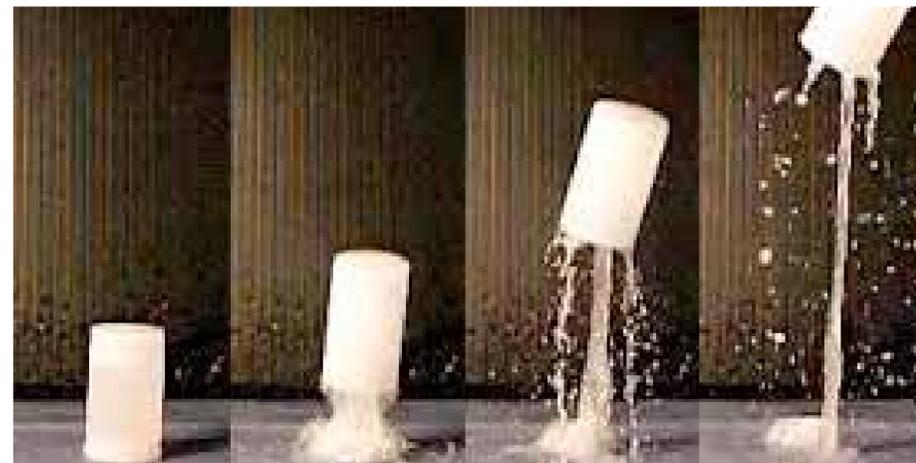
1. small creatures that look like shrimp
3. how a whale or dolphin breathes
4. largest animal in the world
7. bioluminescent animals make their own
8. clams, oysters and scallops are all ...
10. ocean dwellers that birth live babies and nurse their young

QUIZ

1. What is the largest big cat in the world?
2. How many legs does an octopus have?
3. Yes or no? Is a dolphin a mammal?
4. What is a group of lions called?
5. What are baby goats called?
6. What type of animal is a poodle?
7. What do camels store in their humps?
8. What is the only mammal which can fly?
9. The world feline relates to what type of animal?
10. What is the slowest animal in the world?

Send your answer to openpageyr@gmail.com. Names of the Winners would be announced in the next issue

Build a film canister rocket



You will need

- One empty 35mm plastic film canister and lid. These are getting harder to find, but stores that develop film should have some. (The white canisters work much better than the black ones do.) If you have trouble finding canisters, you can get them [HERE](#).
- One fizzing antacid tablet (such as Alka-Seltzer – Get this from your parents)
- Water
- Safety goggles

What to do

1. Put on those safety goggles and head outside – no really, when this works, that film canister really flies! If you want to try the indoor version, do not turn the canister upside down in step 5.
2. Break the antacid tablet in half.
3. Remove the lid from the film canister and put a teaspoon (5 ml) of water into the canister.
4. Drop the tablet half into the canister and snap the cap onto the canister (make sure that it snaps

on tightly.)

5. Quickly put the canister on the ground CAP SIDE DOWN and STEP BACK at least 2 meters.
6. About 10 seconds later, you will hear a POP! and the film canister will launch into the air!

Caution

- If it does not launch, wait at least 30 second before examining the canister. Usually the cap is not on tight enough and the build up of gas leaked out.

MATH WORKSHEETS

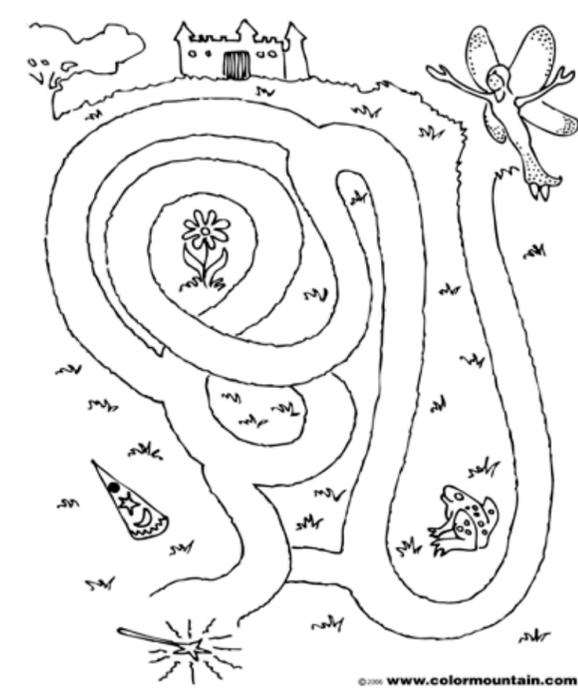
ADDITION

6+2=	2+3=
3+5=	8+2=
2+4=	10+0=
1+2=	7+3=
2+5=	4+5=
7+2=	3+1=
4+3=	4+4=
6+0=	5+5=
1+8=	2+2=
9+1=	1+1=
3+4=	2+8=
5+2=	2+7=
0+0=	1+5=
6+4=	2+6=
3+3=	4+2=

FIND THE DIFFERENCE



FIND THE WAY



SRI KRISHNA JANMASHTAMI

When was Sri Krishna born?

Janmashtami is the birth date of Lord Krishna—the day he made his earthly appearance. According to mythological texts, Shri Krishna was born in the month of BHadrapad, on the eight day of the dark fortnight. And if this day coincides with the Rohini Nakshatra, then it is considered even luckier and that year, this day is

from Krishna's life.

Many customs have developed in the different parts of India, all based on stories from Krishna's life. For instance, it is said that as a boy, Krishna loved butter and milk so much that they had to be kept out of his reach. This story is reflected in many climbing games for children.

■ In Tamil Nadu, oiled poles with pots of money tied to the top are set up. Boys dressed as Krishna then try to climb these poles to get the money while onlookers squirt water at them.

■ In Maharashtra, where the festival is known as Govinda, pots con-

taining buttermilk are suspended high over streets. Teams of boys then form human pyramids competing against each other to see who can break the most pots.

Krishna

Many colourful legends tell of Krish-



na's life and he is a prominent figure in Hindu writings.

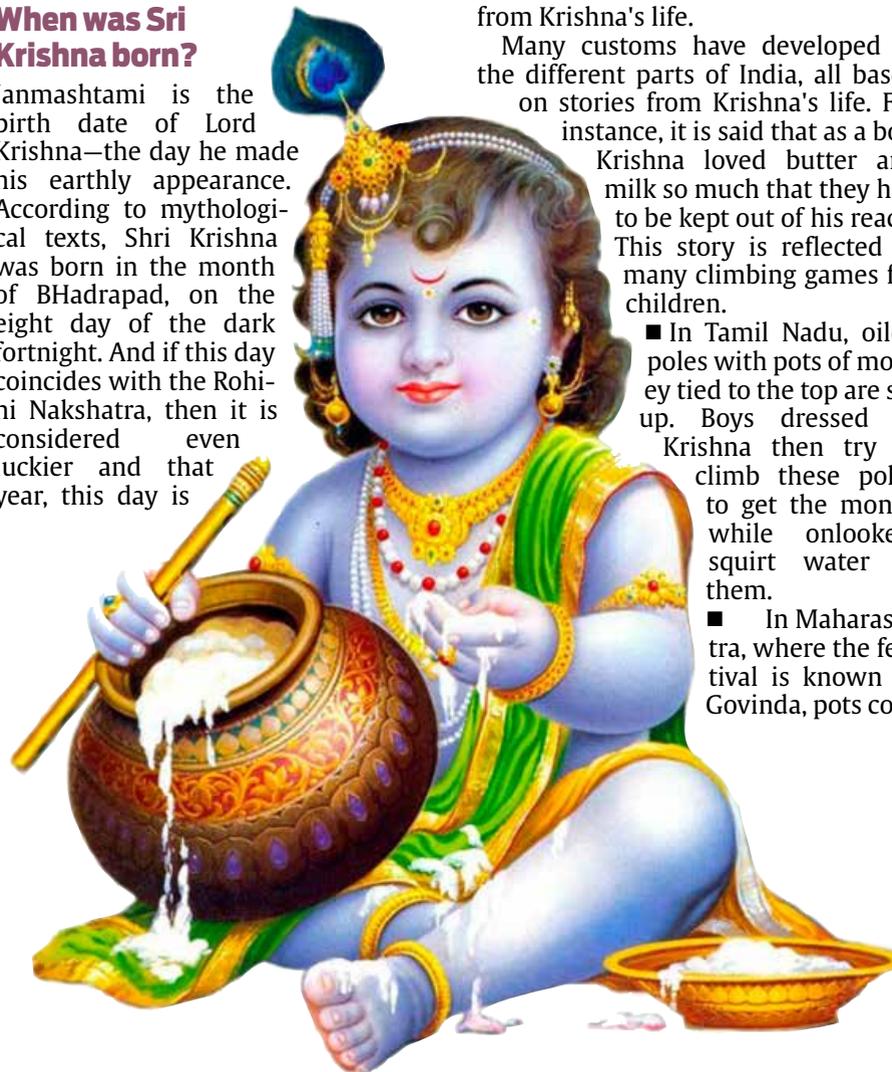
As a child he is noted for his pranks such as the aforementioned butter stealing and images of him as a child often show him dancing joyously and holding a ball of butter in his hands.

As an adult, he is most commonly depicted as a dancer or a lover, often playing the flute and surrounded by adoring women. In one story, it is said that he defeated the many headed serpent Kaliya by dancing it into submission.

Janmashtami around the world

Fiji

Though not a public holiday, in Fiji, the festival is called as 'Krishna Ashtami' and the celebrations last for eight days culminating on Lord Krishna's birthday. During those eight days, Hindus in Fiji gather at Temples or at their homes with devotional groups and celebrate by singing songs, dancing, reciting prayers and distributing the Prasadam.



also celebrated as Sri Krishna's birth anniversary.

Krishna was born to Devaki and Vasudev in a prison in Mathura. To save the baby from getting killed by his maternal uncle, he was taken across the river to Vrindavan, by his father where he was brought up by Yasoda and Nanda, a cowherd.

History and Background of Janmashtami

This is one of the most important Hindu festivals, Janmashtami (Krishna Jayanti) is the birthday of Lord Krishna, the eighth re-incarnation of Lord Vishnu who gave the vital message of the Bhagwat Gita - the guiding principles for every Hindu.

Across India there will be ceremonies and prayers at temples dedicated to Krishna. The day before may consist of fasting and prayer up to midnight, the time at which it was said that Krishna was born.

Krishna was born in Mathura, Uttar Pradesh. In this region, a common tradition is the performance of Krishna Lila, a folk drama consisting of scenes



When is Janmashtami?

Janmashtami is a Hindu festival and a Gazetted holiday in many regions of India.

It may be known as Gokulashtami or Sree Krishna Jayanthi in some regions. According to the Hindu calendar, Janmashtami is celebrated on the Ashtami (eighth day) of Krishna Paksha (dark fortnight) in the month of Shrawana or Bhadra (in the Hindu calendar, there is a leap month once every three years).

In India, it is a Gazetted holiday in Bihar, Chandigarh, Chattisgarh, Delhi, Gujarat, Haryana, Jammu and Kashmir, Jharkhand, Mizoram, Madhya Pradesh, Nagaland, Orissa, Punjab, Rajasthan, Sikkim, Tamil Nadu, Uttar Pradesh and Uttarakhand. In Tamil Nadu this holiday is known as Sri Krishna Jayanti.



In Hindu mythology, the 8th incarnation of Vishnu, Sri Krishna, is the only one who appears in different colors in every stage of his earthly life. As a child he was mischievous and his childhood was full of pranks and fun. Some worship Krishna as the ideal child of innocence. In his youth, he was the most romantic lover and wooed young girls with his flute. The girls were devoted to him and Radha was his greatest devotee. He was a compassionate king and cared for the poor. He was a loyal and trusted friend. He was skilled in war and counseled his friend, Arjuna, on the battle field of Kurukshetra, giving the world the greatest scripture—Bhagwad Gita, which is read worldwide.

Just before the war, Arjuna had a dialogue with Krishna, in which Krishna had explained how an aspiring seeker might seek union with God. This formed the basis of Bhagwad Gita, which till date, when studied, comes forth every time with new meaning. Unlike the other scriptures of the past, The Gita did not teach world renunciation, but instead encouraged world acceptance.

There are many exciting stories about Sri Krishna from his birth to his death. Those who believe in the Hindu faith and in Sri Krishna, celebrate their adorable God's birthday in the form of Janmashtami. On this day, devotees pray and keep a fast to obtain the grace of Lord Krishna. It is one of the biggest religious festivals in India.

15 August - Day of the Assumption of the Virgin Mary



On 15 August, the Christian feast day of the Assumption of Mary is celebrated with the belief that God assumed the Virgin Mary into Heaven following her death. Mainly, it is celebrated in parts of Europe and South America. It is also called the Assumption of the Blessed Virgin Mary.

16 August - Bennington Battle Day



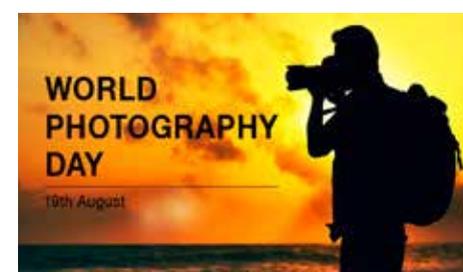
Bennington Battle Day is observed on 16 August annually to honour the Battle of Bennington which took place on 16 August, 1777.

17 August - Indonesian Independence Day



Indonesian Independence Day is celebrated on 17 August every year. This day is celebrated as the declaration of independence from Dutch colonization in 1945.

19 August - World Photography Day



World Photography Day is observed on 19 August annually to raise awareness about the importance of photography.

19 August - World Humanitarian Day



World Humanitarian Day is observed annually on 19 August around the world to pay tribute to aid workers who risk their lives in humanitarian service. This day also honours the work of women in crises throughout the world.

20 August - World Mosquito Day



World Mosquito Day is observed on 20 August every year to commemorate the British doctor, Sir Ronald Ross's discovery in 1897 that 'female mosquitoes transmit malaria between humans'.

20 August - Sadbhavna Diwas



Sadbhavna Divas is observed on 20 August every year to commemorate the memory of our late Prime Minister Rajiv Gandhi. In English, Sadbhavna means goodwill and bonafide.

20 August - Indian Akshay Urja Day



Indian Akshay Urja Day is celebrated on 20 August annually to raise awareness about the development of renewable energy in India. It is a campaign that is celebrated since 2004. This day commemorates the birthday of former Prime Minister Rajiv Gandhi.

23 August - International Day for the Remembrance of the Slave Trade and its Abolition



This day is observed on 23 August every year to remind us about the tragedy of the slave trade in memory of all peoples that is about the tragedy of the transatlantic slave trade. It provides a chance to think about the historic causes and the consequences of the slave trade.

23 August - European Day of Remembrance for Victims of Stalinism and Nazism



This day is observed on 23 August every year as a remembrance day for victims of totalitarian regimes mainly Communism, Fascism, Nazism, etc. It is also known as Black Ribbon Day in some countries. This day also symbolises the rejection of "extremism, intolerance, and oppression".

26 August - Women's Equality Day



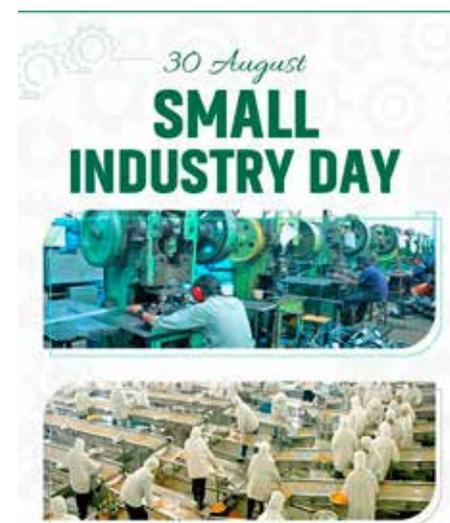
This day commemorates the passage of the 19th Amendment to the U.S. Constitution which granted the women right to vote. In 1971, the U.S. Congress officially recognized August 26 as Women's Equality Day.

29 August - National Sports Day



National Sports Day is celebrated on 29 August every year to honour the birthday of Dhyan Chand a field hockey player. National Sports Day is also known as Rashtriya Khel Divas.

30 August - Small Industry Day



Small Industry Day is observed on 30 August every year to support and promote small scale industries. Do you know that small scale industries are privately owned small corporations or manufacturers with limited resources and manpower?

31 August - Hari Merdeka (Malaysia National Day)



Every year Hari Merdeka (Malaysia National Day) is celebrated on 31 August.

MS Dhoni may get a permanent seat at Wankhede Stadium

The image of Indian cricket's most famous shot, Mahendra Singh Dhoni's 2011 World Cup-winning heave over long on, started doing the rounds on social media on Saturday. It's a shot that has become a synonym for everything Dhoni has achieved, and a testament to his captaincy that saw the country win both the 20-over (2007) and 50-over World Cups.

Though the temporary frenzy online was brought by the 39-year-old announcing his retirement from international cricket, there is a plan on the table for a permanent dedication to his achievement after it was proposed to mark the seat in the Wankhede Stadium where his famous six landed.

Mumbai Cricket Association (MCA) Apex Council member Ajinkya Naik on Monday wrote a letter to the MCA with the proposal, just two days after Dhoni announced the end of an international career that lasted nearly 16 years, and included 90 Tests, 350 ODIs and 98 T20 Internationals. "As an act of gratitude and tribute to Mahendra Singh Dhoni's immense contribution to Indian cricket, the MCA can devote a permanent seat on his name at the stand where his famous World Cup-winning six had landed," read Naik's letter, which has been accessed by The Indian Express. "We can find out the area where the ball landed - and which seat it was flying to - after

Dhoni smashed it to win the 2011 World Cup."

It's the first time there has been an offer for a specific seat in a stadium, and not an entire stand, to be named after a player in India. Abroad, however, the idea has been implemented a few times.

In 1993, at the Melbourne Cricket Ground, a seat in the Great Southern Stand has been painted yellow to commemorate Simon O'Donnell's 122-metre six for Victoria over New South Wales. In 2018, the Etihad Stadium in Melbourne painted a third-tier seat red to honour Big Bash League franchise Melbourne Renegades' Brad Hodge, who hit a 96-metre six in what was his last match before retiring.

Elsewhere, at Eden Park in Auckland, New Zealand Cricket decided to honour former all-rounder Grand Elliot by naming a seat after him. Elliot hit a six off South African Dale Steyn's bowling which secured New Zealand's first-ever spot in final of a World Cup back in 2015. The plaque that was placed on the seat where the ball landed stated: "Here Lies the Resting Place of Grant Elliott's Mighty Six That Propelled the Blackcaps on March 24, 2015, into their maiden World Cup Final."

Similar to how Elliot's effort was honoured, a plan has been put in motion to celebrate Dhoni's hit.

In the summit clash of the World Cup



nine years ago, Dhoni sealed India's triumph with a six off Sri Lankan pacer Nuwan Kulasekara's bowling. The ball landed in the MCA Pavilion. "We can paint and decorate the seat in a unique way to celebrate Dhoni's association with historical Wankhede Stadium in Indian cricket history," Naik's letter said. "The seat could also be used as a major tourist attraction, like a paid tour of the stadium perhaps. It will allow the fans to relive the most glorious moment in Indian cricket and it will be part of MCA's heritage. We can have a plaque on that seat with some special text to honour that moment."

The MCA Apex Council is scheduled to meet on Tuesday and it is likely that Naik's proposal will be discussed. He also went further to suggest finding the World Cup ball that was used in the 2011 final, which can be preserved in the MCA's planned museum. "It would also be nice if possible to find out where that World Cup ball is," he added in the letter. "It can be a proud attraction in the upcoming cricket museum. Here is a small suggestion from me to honour the legendary MS Dhoni."

So far, the Wankhede Stadium has dedicated a few areas to former players. There is the Sachin Tendulkar Stand, the Sunil Gavaskar Stand, and Vijay Merchant Stand. There's also the Polly Umrigar Gate and Vinoo Mankad Gate.

PSG, RB Leipzig seek maiden UEFA Champions League final appearance

The similarities between Paris Saint-Germain and Leipzig end with both clubs trying to reach the Champions League final for the first time.

The French powerhouse will head into Tuesday's semifinal match with its Qatari money and high-profile squad, while the German club comes with its Red Bull backing and a team of mostly untested players.

At the Stadium of Light in Lisbon, it will be Neymar, Kylian Mbappe, and his teammates taking on a Leipzig squad with little Champions League experience.

Leipzig has almost nothing to lose. For PSG, anything short of the title will feel like a disappointment for a club where a priority aim has been to break through with the European title after years of dominance in France.

PSG became a European contender under its Qatari owners, but Leipzig is just starting to try to make its mark in Europe under energy drink company Red Bull, which in 2009 bought the license rights from the fifth-tier club SSV



Markranstaedt and financed the new team's steady promotion through the lower leagues.

Leipzig reached the Bundesliga in 2016 and the Champions League a few years later, but it has become highly unpopular at home because of its fast rise financed by Red Bull, prompting rivals fans to often protest at games.

In its second Champions League appearance, the German club eliminated Tottenham in the round of 16 and Atletico Madrid in the quarterfinals. PSG, managed by German coach Thomas Tuchel, got past Borussia Dortmund in the last 16 and Atalanta in the quarterfinals.

PSG enters the semifinals with the feeling that this finally could be the time it triumphs in Europe.

"We have a very capable team," said defender Marquinhos, who scored one of the goals against Atalanta. "Not only the first team players but at the moment our squad is much stronger compared to previous seasons."

PSG was eliminated in the last-16 in the last three seasons, and in the quarterfinals four straight times before that. Its last semifinal appearance was 25 years ago when it lost to AC Milan.

"We don't talk about history, we live at the moment," Tuchel said.

"We are here because we played a great Champions League season. If it's a historic moment, it's because we

worked very hard for many, many months. We are hungry for success and we are here to win and to make all that hard work pay off. We can't control the result but we will fight until the end."

PSG will again be led by the Red Bull-sponsored Neymar, who was signed to try to help the club make the leap and clinch the European title. On Tuesday, he is expected to have the full support from Mbappe and Angel Di Maria.

Mbappe couldn't play the entire match against Atalanta because he was returning from injury, while Di Maria was suspended.

Goalkeeper Keylor Navas, who had to be replaced against Atalanta because of a right leg muscle injury, was listed as doubtful. Veteran defender Thiago Silva was expected to play after tests showed only a low-grade tear in his right hamstring.

It is unclear if American player Tyler Adams, who scored Leipzig's late winner over Atletico Madrid, will be on the bench again or will make the starting lineup.

US election: Michelle Obama says vote for Joe Biden like your lives depends on it



Former first lady Michelle Obama launched a scathing attack on President Donald Trump on the first night of the Democratic National Convention on Monday, calling him the “wrong president” for the country and urging Americans to elect Joe Biden in November to end the chaos created by Trump’s presidency. While acknowledging she did not care much for politics, Obama said Biden’s steady and empathetic approach to problems was the answer and urged voters to stand in line or do whatever it takes to ensure they can beat Trump.

Delhi Metro starts casting work of U-girders for Aerocity-Tughlakabad corridor



The Delhi Metro commenced the casting work of U-girders which would be installed on 4.2-km elevated section of the Aerocity-Tughlakabad corridor under its Phase-IV project, officials said. This stretch includes construction of four elevated stations, namely, Sangam Vihar, Khanpur-Devoli, Ambedkar Nagar and Saket-G, on the 22 km-long corridor.”The Delhi Metro Rail Corporation (DMRC) today commenced the casting work of U-girders which would be installed on 4.2-km elevated section of the Aerocity-Tughlakabad corridor under Phase-IV,”

Sabrina Singh makes 1st Indian-American press secretary to US VP nominee. Who is Sabrina?



Senator Kamala Harris appointed Indian-American Sabrina Singh as the press secretary for her Democratic vice presidential campaign. If Harris made the first woman of African and Indian descent to make it to the presidential ticket in the US, then Sabrina Singh became the first-ever Indian-American press secretary to a vice-presidential nominee of a major political party. A young achiever, 33-year old Sabrina previously was the spokeswoman of two Democratic presidential candidates and headed the press shop of two Democratic presidential candidates -- New Jersey Senator Cory Booker and former New York mayor Mike Bloomberg.

Indian foreign secretary set to visit Bangladesh to boost ties



Indian Foreign Secretary, Harsh V Shringla, will be on a day-long visit to Bangladesh’s Dhaka to boost ties between the two countries. The visit comes at a time when both the sides have started year-long celebrations of ‘Muji Barsho’ and 50 years of liberation struggle of Bangladesh. During the visit, Harsh V Shringla would be calling on Bangladeshi Prime Minister, Sheikh Hasina, and Foreign Minister, Abdul Momen, and would hold bilateral meetings with his counterpart, Foreign Secretary, Masud bin Momen.

China grants country’s first coronavirus vaccine patent to CanSino



China’s vaccine specialist CanSino Biologics Inc has won a patent approval from Beijing for its COVID-19 vaccine candidate Ad5-nCoV, state media reported, citing documents from the country’s intellectual property regulator. It is the first COVID-19 vaccine patent granted by China, state-owned newspaper People’s Daily reported on Sunday. The paper cited documents published by China’s National Intellectual Property Administration saying that the patent was issued. Saudi Arabia said this month it plans to begin Phase III clinical trials for the CanSino vaccine. CanSino has said it is also in talks with Russia, Brazil and Chile to launch Phase III trials in those countries.

YSRCP refutes TDP chief’s phone tapping charges



The YSR Congress Party on Monday refuted the Opposition’s allegations of phone tapping and claimed that Telugu Desam Party chief Chandrababu Naidu was trying to make an issue out of a non-issue. The ruling party categorically stated that there was no reason for the state government to tap phones. Chandrababu Naidu had wrote to Prime Minister Narendra Modi, alleging that the phones of opposition leaders were illegally being tapped by the YS Jagan Mohan Reddy government in the state.

China blasts US ‘digital gunboat diplomacy’ over TikTok



China on slammed Washington for using “digital gunboat diplomacy” after US President Donald Trump ordered TikTok’s Chinese owner ByteDance to sell its interest in the Musical.ly app it bought and merged with TikTok. As tensions soar between the world’s two biggest economies, Trump has claimed TikTok could be used by China to track the locations of federal employees, build dossiers on people for blackmail, and conduct corporate espionage. The order issued late Friday builds on sweeping restrictions issued by Trump that TikTok and WeChat end all operations in the US.

Hyderabad airport resumes direct flight ops to UK under ‘air transport bubbles’



The Rajiv Gandhi International Airport in Hyderabad has resumed its flight operations with Heathrow Airport in London, under the Government of India’s ‘air transport bubbles’ with other countries. The government had created ‘transport bubbles’ with the United States, France and Germany earlier this week. In addition to Indian carriers, carriers from all the countries coming under this ‘bubble’ arrangement are now permitted to operate services between India and their respective countries. With flight operations resuming between Hyderabad and London, the first flight of British Airways (BA 276), a Boeing 787-9 Dreamliner wide-bodied aircraft with passengers on board, took off from Hyderabad Airport around 7.50 a.m.

BIRTHDAY WISHES

SUNIDHI CHAUHAN

14th AUGUST 1983

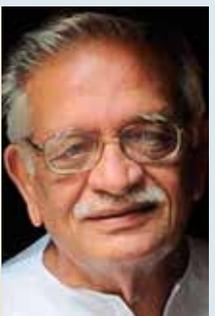
Sunidhi Chauhan born 14 August 1983 is an Indian playback singer. Born in Delhi, she began performing in local gatherings at the age of 4 and made her career debut at the age of 12, with the film Shastra (1996). During the year, she won the first singing reality show titled Meri Awaz Suno and rose to prominence after recording “Ruki Ruki Si Zindagi” from Mast(1999). It won her Filmfare RD Burman Award for New Music Talent and was nominated for the Best Female Playback Singer.



GULZAR

18th AUGUST 1934

Sampoorn Singh Kalra born 18 August 1934, known popularly by his pen name Gulzar, is an Indian film director, lyricist and poet. Born in Jhelum District in British India (now in Pakistan) his family moved to India after partition. He started his career with music director S.D. Burman as a lyricist in the 1963 film Bandini and worked with many music directors including R. D. Burman, Salil Chowdhury, Vishal Bhardwaj and A. R. Rahman. He was awarded Padma Bhushan in 2004, the third-highest civilian award in India the Sahitya Akademi Award and the Dadasaheb Phalke Award — the highest award in Indian cinema.



MOTHER TERESA

26th AUGUST 1910

Mary Teresa Bojaxhiu born 26 August 1910 commonly known as Mother Teresa and honored in the Roman Catholic Church as Saint Teresa of Calcutta, was an Albanian-Indian Roman Catholic nun and missionary. She was born in Skopje (now the capital of North Macedonia), then part of the Kosovo Vilayet of the Ottoman Empire. After living in Skopje for eighteen years, she moved to Ireland and then to India, where she lived for most of her life.



MICHAEL JACKSON

29th AUGUST 1958

Michael Joseph Jackson August 29, 1958 was an American singer, songwriter, and dancer. Dubbed the “King of Pop”, he is regarded as one of the most significant cultural figures of the 20th century and one of the greatest entertainers. Jackson’s contributions to music, dance, and fashion, along with his publicized personal life, made him a global figure in popular culture for over four decades. The eighth child of the Jackson family, Michael made his professional debut in 1964 with his elder brothers Jackie, Tito, Jermaine, and Marlon as a member of the Jackson 5.

Life Skills and Schooling



JAYSHREE JOSHI
Principal
Sattva Vikas School



Every year different incidents that infuse in young Sattvites qualities of valour and righteousness are depicted. And year after year we have been giving it a New Meaning; discovering a new Learning!

Today I remember vividly when the palakhi (palanquin) of Baal Gopal carrying our youngest Sattvite, all dressed up and adorned as incarnation of little Krishna enters the auditorium amidst chants of 'Nand Gher Anand Bhayo! Jai Kanahaiya Lal Ki!' every human being in the audience is Bhaav Vibhor and has tears of joy and emotion. They feel their own child is an incarnation of Krishna and Radha.

In the climax when our little Krishna from Kindergarten challenges the mighty King Kansa for a duel every spectator rises from his chair; clapping and cheering Krishna to vanquish the evil Kansa. The Kandressed in all black with a big moustache and ferocious laughter collapses on the floor with a big thud; breathing his last as little Krishna effortlessly twirls him around. I have noticed at that moment every child is implanted with a feeling of fearlessness for a life time. His belief that Good always wins over Evil becomes even stronger than before.

And this climax was always followed by a sudden appearance of 8-10 little Krishna's captivating the audience with

their cute antics. Our Secondary and Senior Secondary boys carry these personifications of Gopala on their shoulders; dancing and singing they move towards the lush green lawns where a matki hangs high up on a string. A vast ocean of humanity follows them with great anticipation. When these boys form a human pyramid with the youngest Krishna at the top; the school corridors are abuzz with Sattva Family in its

the matki after multiple attempts. This entire exercise is not just a fun festivity and surely teaches our students valuable lessons of life like teamwork, critical thinking, problem solving, effective communication, coordination and caring.

We as educators are sadly mistaken if we think only a text book of Value Education can enrich and nurture our Gen Next spiritually and emotionally. In this ever-evolving world the only constant is CHANGE. Only a well-balanced and scientifically blended curriculum of curricular and cocurricular activities can strengthen the character of our children to face the challenges of day today life; without the fear of failure.

Focus on EQ (Emotional Quotient), SQ (Social Quotient) and AQ (Adversity Quotient) is as important as IQ (Intelligent Quotient) of students. Students must explore what happiness is as part of a school Mindfulness Program. They must learn to cultivate inner strength and outer stability. At Sattva Vikas, students discover a whole new approach to being together, exploring nature and sharing what gives them strength and joy. Their ability to reflect thoughtfully and articulate personal experiences of inner happiness, which has more to do with their context and perspective than with obtaining something outside themselves is very liberating and enlightening.

With NEP to guide let us all move away from mere bookish knowledge, memorising of unnecessary facts and give our children opportunities to explore and learn 21st century skills to lead a beautiful and fulfilling life. Let us give them wings to soar.

entirety; cheering at their loudest. Everybody waits with a bated breath. And the excitement reaches its crescendo when our very own Kanha succeeds in breaking

