

The Open Page

Inspire Learning

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SURE-FIRE WAYS TO IMPROVE YOUR VOCABULARY



Words are the basic blocks of the language, and one of the key predictors of someone's

education level, profession and social status. Yet most students struggle to increase their vocabulary effectively, as new words go one into one ear and out the other.

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"CHILDREN MUST BE TAUGHT..."



Youth unemployment is emerging as big problem in our country. It is often shocking to see that many young Indians can't get suitable jobs despite having advanced college degrees.

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REMEMBERING THE LIFE...

The genuine guru is God's representative and he speaks about God and nothing else. Such was the first Sikh guru, Guru Nanak who laid the foundation for Sikhism.



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NEET 2019 PREPARATION GUIDE



The National Eligibility Entrance Test (NEET) is a highly competitive medical entrance exam.

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INNOVATION AND PROGRESSIVE...



We have been in the field of education for the last 65 years and are considered to be one of the best educational institutions in the city of Ahmedabad.

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ONLINE FAKE CONTENT: THREATS AND REMEDIES

BREAKING NEWS: 1

Our national anthem is declared world's best anthem by UNO.



DR. SHIRISH KASHIKAR
Director
National Institute of Mass Communication and Journalism - Ahmedabad

Friends, you might have come across such messages or videos almost every second day on your social media-platforms like Facebook or Whatsapp or Instagram etc. Sometimes you accept it as it is and forward it to friends and family members without blinking an eye lid. But do you know above all three "Breaking news" are fake one? They have no substance in it. In fact child lifter women's gang news video had created such unrest that an innocent women of Madari tribe was unnecessarily thrashed by the mob and killed.

So, such unconfirmed and unsubstantial content/news on social media platforms are called fake content. In this age of social media, it is a big threat for society and democracy.

Let's understand first what fake news or content is. Interestingly on social media, we see the fake content in news format. Since news is the most trusted piece of information, we believe it and trust it. So, those who misuse these platforms to circulate fake content use news format.

Many a things we read online especially on Facebook or Whatsapp may appear true, often they are not. Fake news is news, stories or hearsay created to deliberately misinform or deceive readers. Usually these stories are created to either influence people's views, to propagate political motives or cause confusion and can often be a profitable business for online publishers. Fake news stories can deceive people by looking like trusted websites or using similar names and web addresses to reputed news organisations. According to a media research scholar, there are three elements of fake news- Mistrust, Misinformation and

BREAKING NEWS: 2

Our Prime Minister Narendra Modi is declared world's best Prime Minister by UNO.



Manipulation.

As far as social media is concerned, there are various types of fake or misleading news or content that we need to be aware of. It includes click baits, propaganda, satire or parody, sometimes misleading headings, biased or slanted news.

Now, let's check what the situation in India is. India accounts for nearly a fourth of Whatsapp's 1 billion global users. Each day 200 million (20 crore) users wake up every morning to spread various content on it including fake one. In our progressive nation, an explosive growth of smart phones, the spread of 4G up to the grass root level and the nature of platform like Whatsapp has aided in the spread of misinformation. The internet and mobile association of India (IAMAI) estimates that the number of mobile internet users in India will touch 478 million by (47.80 crore) by this year including 187 million (18.70 crore) rural areas. Smartphone use is growing annually by 18.6 percent in urban areas and 15 percent in rural areas, the highest in the world. There lies the problem. There is no direct control of government agencies on content generation and when messages are generated in lakhs every day, it is next to impossible to monitor it. Some of the government agencies like Gujarat Police, Rajasthan police, Karnataka police has started social media monitoring cells where they scrutinize messages which could cause social unrest, in fact there are cyber laws and some

BREAKING NEWS: 3

A Bihari gang of child lifter women is roaming in your city. They have lifted 5 kids as of now and next may be your child.

other provisions in our law mechanism that punishes the guilty of cyber crime like this. Union government recently asked Face book and Whatsapp to check the flaws in their information dissemination systems. They were asked to create technical mechanism to stop the spreading of fake news.

Google and Facebook has taken call of Government and started "News Labs" for quality journalism to eradicate the menace of fake news. They have started quality content generation (news or other) training programs for journalists and social media influencers. It is a good initiative for a long time solution. Some technical changes in their software are also in the pipeline and some of them are implemented, like Whatsapp has reduced forwarded messages to only five messages at a time and that too with "forwarded" tag.

Since we all are consuming genuine or fake content (including news every day being a user it becomes our duty to break the chain if we come across the fake content. The basic question arises for a common user, how to identify fake content! So first whenever you get content on your social media platform first check the sources of story. Is it really done by a trustworthy news website, Secondly, don't just go on headline, read the full article post, because headline can be deceptive. Third, is it covered by other news companies or just a single unknown website is spreading it. Fourth, check the facts, such fake content often contain incorrect dates and data. Fifth sometimes satirical content like standup comedy video or memes are spread out of the context, so get these facts checked first. After this scrutiny, if you find the content fishy then don't forward it and break the chain. You can do the fact checking on www.webqoof.com/ quint or www.boomline.in also. So, next time when you receive a mega star is no more, please don't forward the post without fact checking.

To feature your school event on this page, send the details and photographs to editor@theopenpage.co.in

My Own School collects Rs. 4 Lakh for Kerala Relief Fund



We are very proud to announce that our school My Own School (D.P.Campus) has collected a fund of Rs.4,00,001 through contributions from students, teachers and directors for the devastating Kerala flood. It was bid to sensitise our students to most devastating calamity and how we could help our fellow countrymen in such a difficult time. From the funds collected, we contributed Rs 1,00,000 to Gayatri Parivar and Vivekanand Swami Medical Mission and Rs. 3,00,001 were given to Deputy Chief minister Shree Nitinbhai Patel Sir, under Prime Minister Relief Fund in the presence of Governor Shree O.P. Kohli.

LML students participated in various inter-school competitions



LML students participated in various inter-school competitions held at DPS Gandhinagar on 24th November. Various competitions were held such as theme dance, folk song, art and craft competitions, and quiz competition. LmLites secured 2nd position in the dance competition in which they performed on the theme "The Right To Education" and were felicitated by awards.

SPORTS DAY CELEBRATION



LML School celebrated Sports Day at their campus. The day started with a March Past and followed by various sporting competitions including lemon race, 100m race, etc. The winners were awarded by school head boy Kunj Patel and head girl Khushi Srivastav.



The Principal of Rameshwar School, Nikol was awarded Atal Bihari Vajpayee Avantika National Award - 2018 on 18th November at Indian International Centre - New Delhi. He also received a gold medal in the national essay competition. Delhi Police Commissioner Shri Sanjaysingh (I.P.S.), Shri S.K.Nanda (I.A.S.) & A.D.C.P.-C.I.D. Crime, Gujarat Shri Anil Prathm (I.P.S.) gave the award to Dr. Hemant Pandya.

Educational trip of Madhav Vidhya Sankul



A 3 day Educational Trip was organized for the students of Std. 5 to 7 to Kumbhalgad, Udaipur, Shamlaji by Madhav Vidhya Sankul

SURE-FIRE WAYS TO DRASTICALLY IMPROVE YOUR VOCABULARY



GARIMA BHATT
is the Editor at
The Open Page. She is
an inspiring and
passionate
educationist with
extensive media
experience

Words are the basic blocks of the language, and one of the key predictors of someone's education level, profession and social status. Yet most students struggle to increase their vocabulary effectively, as new words go one into one ear and out the other. It's not that we have difficulties grasping the vocabulary when we see it. Rather, we struggle to recall when we get the opportunity to use it, or worse yet, forget to use frequently enough only to end up back where we begun. Described below are a few proven tactics to overcome this struggle and learn new words faster, recall them more effectively, and remember them forever.

HOW TO IMPROVE YOUR VOCABULARY

1. Make use of spaced repetition techniques

The science is clear on how memories form, and solidify in our brains. The basic concept is that memories begin to fade shortly after forming, and disappear into oblivion unless we are exposed to the information again. With each exposure, the chance of forgetting that information becomes lower and lower. This is why reviewing what you've learned regularly is so important to effective learning. Making a vocabulary journal, where you add new words along with meaning and usage can be a great help. By reviewing your journal at spaced intervals and testing yourself, you can refresh the memory and the new words would go straight into your long-memory after 4-5 appropriately spaced repetitions.

2. Study vocabulary in context

Research shows that the vast majority of words are learned from context. Learning in context of situations and sentences has huge benefits for all three aspects of vocabulary acquisition: learning, recall and retention. This means that you should never learn vocabulary from isolated lists of unrelated vocabulary, without seeing them as part of a wider picture. There are many ways of introducing context into your vocabulary learning,



the simplest being to learn vocabulary in sentences. This has additional benefits of introducing you to several words at a time, and clarifying their meaning, which may not always be obvious from a simple dictionary translation. Beyond sentences, you can experiment with learning words with stories, songs or just everyday situations.

3. Make the vocabulary personal, and emotional

You've probably heard stories of car crash survivors who can remember every little detail before the accident. We've also all experienced how difficult it can be to forget something we've been told that touched us to the heart. This effect can be put to great effect in vocabulary learning when combined with the previous tip. Rather than settling for a boring sentence like "The photo is on the table," try something like "The photo of my mother fell off the desk just when I got the call." Try to think of new vocabulary in context of the people you know, places you're familiar with or important events in your life.

4. Read regularly, and from a variety of sources

Reading exposes you to the same vocabulary at regular intervals, integrated it into the context of a longer story, personally relatable once you get immersed in the story. This makes reading one of

the most effective ways to increase your vocabulary. The stereotype might portray bookworms as boring and asocial, but studies have in fact confirmed repeatedly that regular readers are much more expressive if you give them a chance to speak. While you read, pay close attention to words you don't know, but don't try to look up everything right away or you'll fail to appreciate the narrative and eventually get bored. Instead, highlight words that appear to be particularly useful or central to the story, then try to figure out their meanings from context before checking the official definition. Make sure to engage with material on many different subjects, and in different formats. The language will be very different depending on whether you're reading Harry Potter, a glamour magazine, or the daily newspaper.

5. Have some fun with the words you learn

Word games may not be enough in and of themselves, but they're a fun and effortless way to increase the recall speed of the vocabulary you know already, as well as to pick up an occasional new word from your peers. Crosswords and Scrabble are a good place to start while learning English. Boggle and Quiddler are also great fun and a good way to improve your vocabulary. You can find more such word games and apps in your phone's app store.

6. Appreciate the language

You can try every learning method you want, but at the end of the day, you'll only make rapid progress when you begin to truly appreciate the language for its expressiveness, its intrinsic beauty, the subtle differences between seemingly identical words and phrases. Find yourself using the same word again and again? Open the thesaurus and try to integrate a few nuanced alternatives into your language. Notice a pattern? Try looking up the word's root, prefix, and suffix, and how they're used in other vocabulary. Rather than learning words as meaningless syllables, discover their etymology or origin.

Learning about the origins of the words you use can be very effective at solidifying the connections in your brain, and guessing the meanings of the vocabulary you come across in the future. Once you know that 'ortho' means straight, you can quickly guess the meaning of complex words like orthodontist (a doctor who straightens teeth) or orthography (the proper way of writing).

Before you can use any of the above learning hacks, you'll need a list of vocabulary to start learning. Ideally, much of that vocabulary should come from encounters in daily life, whether through reading, watching the news, listening to songs, watching movies, or paying attention to conversations in the elevator. Most experts agree that language should be learned in a way that allows you to use it at the earlier opportunity. That is a key value of learning in context, of learning vocabulary that is personally relevant, and generally engaging with words as blocks you can use to construct something bigger, rather than individual pieces of information.

This is why the best source of learning basic vocabulary are word lists ordered by the frequency at which they are used in day-to-day language. One rarely sees this approach in classroom setting, but it has been found to be extremely effective and popular among many successful language self-learners. In many languages, learning just 1000 basic words will make you understand 90 percent of the spoken language, and even the first 250 most common words will give you a good sense of the conversation. If you acquire just 10 new words a day, getting up to speed in a conversation will take less than a month of casual learning.

INTER SCHOOL HANDWRITING COMPETITION AT LML SCHOOL

“Handwriting is an imprint of the self on the page”



Believing in this, Lalji Mehrotra Lions School hosted an Inter school handwriting competition (Hindi and English) in collaboration with 'The Open Page' on 1st December, 2018 for the students of classes 1 to 5. The contest witnessed vivacious participation of around 406 tiny tots from around 20 schools, including the LML School. Each school sent 3 participants from each class for each category. DAV, Cosmos Castle, DPS, Tripada and Rachna were some among the winner schools.

The jury for the competition was served by eminent personalities like Shri PradeepBalkrishna Joshi Editor-Rajasthan Patrika – Ahmedabad Edition and Ms Pramila Mishra Sr. Manager – Reach to Teach – UK Charity organization.

They were assisted by 10 other judges who were also the educators of the participating schools.

The children incontrovertibly presented their agile dexterity on papers startling the judges for both the languages and bagged many prizes.

During the prize distribution Mr. Pradip Joshi addressed the participant and the parents his words motivate them to take the life with full confidence and never be afraid of failures. He also told parents to support their children in all walks of life. Mrs Premila Mishra words inspired children that they work hard and never feel dejected by failures. Mrs Nipa Shukla, CEO – The Open Page congratulated all the participating students and thanked the Principal & Staff for the hard work they have put in to make the Competition a great success.

Mrs. Ranjana Mandan, Principal of LaljiMehrotra Lions school gave vote of thanks to all the participating schools and the students. She also appreciated the efforts taken by the parents to motivate their wards to participate in the competitions.

She also thanked the judges for guiding in selecting the winners for both English and Hindi. She also thanked The Open Page and team for extending full support in organizing the event.

Under the guidance of the Principal Ranjana Mandan school has been conducting this competition since last 10 years with an undaunting aim to uphold the importance of the skill of good handwriting, which even in today's 'keypad world' stands out as a merit of the possessor.



Winners Of The English Handwriting Competition				Winners Of The Hindi Handwriting Competition			
Class I	1st	Hitarth	Shree Narayan Central School	Class I	1st	Swara Barot	Cosmos Castle International School
	2nd	Kanushi	Rachana School		2nd	Simmi Halakar	Delhi Public School
	3rd	Baanee	Khyati World School		3rd	Prisha	Aavishkar International School
Class II	1st	Swayam Shah	Tripada (Atul) Primary School	Class II	1st	Yashika Rai	Cosmos Castle International School
	2nd	Manushri Trivedi	Tripada International School		2nd	Gauravi Baldaniya	Rachana School
	3rd	Nishk	Rachana School		3rd	Sahar Khan	Cosmos Castle International School
Class III	1st	Janmejy Patel	Rachana School	Class III	1st	Hirdarshan Patel	LaljiMehrotra Lions School
	2nd	Shlok Patel	Anandniketan		2nd	Kavisha Jain	Rachana School
	3rd	Ananya K	Rachana School		3rd	Anvita Bhatiya	Rachana School
Class IV	1st	Vansh Shah	Zydus School of Excellence	Class IV	1st	Shreedra Singh	Delhi Public School
	2nd	Divij Limbadiya	Cosmos Castle International School		2nd	Aarohi Shukla	Aavishkar International School
	3rd	Ananya Suryavanshi	Delhi Public School		3rd	Kashish Dhavle	Cosmos Castle International School
Class V	1st	Seeya S Patel	Anandniketan	Class V	1st	Tanvi Kamleshbhai	AnandniketanBhadaj
	2nd	Tanvi Salecha			2nd	Ishani Basu	D A V International School
	3rd	Navya Jaiswal	Delhi Public School		3rd	Ananya Agarwal	Delhi Public School



Mother's Pet - SVS English School held an exhibition cum presentation



Mother's Pet - SVS English School held an exhibition cum presentation. The topic "Our Amazing Earth". The students of grades IV, V, VI, & VII had done a power point presentation on various topics like democracy, Indus Valley civilization, the tribes of the world and famous reformers of the world. Students from I to VII grades also presented various skits which depicted our world like effects of global warming, the various food webs and life of aquatic living beings. Finally, the children as young as the 2nd graders singing the song " Mile Sur Mera Tumhara" in all different languages was a real treat to hear.

SEGREGATION OF WASTE



The initiative of segregation of dry garbage and wet garbage was launched from December 2018 by the Ahmedabad Municipal Corporation. Tripada English School's students (std 1st to 4th) were given the awareness of this new programme during assembly. Students were dressed in Blue and Green colored dress. The motive of this segregation, the material to be thrown in this bins, dry garbage to be recycled and wet garbage to be decomposed as to be used as a fertilizer for the growth of plants, all this concepts were explained to the students. Students have taken a pledge to spread this awareness among the parents and their neighbourhood as waste segregation is the first step that will help to save the environment and improve the quality of atmosphere we live in..

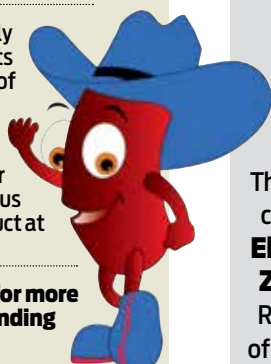
Invitation to Form an OP Editorial Club in Your Own School

Open Page invites all our partnering schools and students to form Editorial Clubs in their own school or connect your existing one with us.

By registering your club with us, you can easily publish your stories, achievements, news, events and photos in Open Page and reach thousands of students across all schools in Ahmedabad.

This is a great opportunity for budding journalists and writers to not only showcase their talent, but also polish their skills through various workshops by experts that Open Page will conduct at your school campus.

Write to us at editor@theopenpage.co.in for more information, to register your club, or to sending your articles with photographs



SHRADHANJALI



The Open Page offers heartfelt condolence on sad demise of **Eklavyasinh Digvijaysinh Zala** of Tripada High School, Rannapark. He was a student of std. 6th and member of YRC.

Verbal Disputes

Keeping up our tradition of providing a platform for oratory skills of young minds, the 4th inter school Debate competition was organized at Khyati World School. 16 schools Participated in it. The children were enthusiastic and giving their views and displayed a deep understanding of the topic. For Group A -Topic is Homework should be banned; Ahmedabad should be renamed as Karnawati. The highlight of the Debate was Rebuttal round, Here each participant asked their opponent question on the matter presented by that contestant. Each Participant rose to the occasion to defend their argument. Debate really does engaged inspire an empower. We engaged with a many new student to inspire other Teachers, judges, competitors and students with our event and Finally we empowered others by encouraging them to aim bigger and bigger. And the Rolling Trophy was bagged by Zydus School for Excellence.

- Overall it was a fabulous event and lots of good memories to restore.
- Congratulations to team Zydus!

LIST OF WINNERS

Group A

- First Position - Anay Jalota, Hetansh Mehta From DAV International
- Second Position - Vivaan Shahane, Arya Dave From Zydus School for Excellence
- Best Orator - Rishika Reddy From Divine Child

Group B

- First Position - Gatha Joshi, Nitya Pillai St.Kabir Naranpura
- Second Position - Kanishka Ajwani, Malhar Shah From Zydus School of Excellence
- Best Orator - Nitya Pillai From St.Kabir



Make a Cartesian Diver

You will need

- A clear ONE liter plastic soda bottle and cap (not the big 2 liter bottle)
- A ball point pen cap that does not have holes in it
- Some modeling clay ("sculpey" works too)

What to do

1. Remove any labels from your bottle so that you can watch the action.
2. Fill the bottle to the very top with water.
3. Place a small pea-size piece of modeling clay at the end of the point on the pen cap. (see drawing)
4. Slowly place the pen cap into the bottle, modeling clay end first. (some water will spill out – that's okay) It should just barely float. If it sinks take some clay away. If it floats too much add more clay.
5. Now screw on the bottle cap nice and tight.
6. Now for the fun part. You can make the pen cap rise and fall at your command. Squeeze the bottle hard – the pen cap sinks... stop squeezing and the pen cap rises. With a little practice, you can even get it to stop right in the middle.

How does it work?

Impressive, but how does it work? This experiment is all about DENSITY. When you squeeze the

bottle, the air bubble in the pen cap compresses (gets smaller) and that makes it more dense than the water around it. When this happens, the pen sinks. When you stop squeezing, the bubble gets bigger again, the water is forced out of the cap, and the pen cap rises.

If it doesn't work: play around with the amount of clay and be sure the bottle is filled to the very top before putting on the cap.

Soy Sauce Diver: That's right, next time you go to your local Chinese Food restaurant, ask for a packet of soy sauce (the kind they use for take out orders) Don't open it – just put it in the bottle the same way instead of the pen cap. When you squeeze the bottle the air bubble inside the packet compresses and become more dense. The bubble in the packet makes it rise and fall just like the pen cap. This sometimes works with ketchup and mustard packs too. Have fun!

MAKE IT AN EXPERIMENT

The project above is a DEMONSTRATION. To make it a true experiment, you can try to answer these questions:

1. Does the size of the bottle affect how hard you have to squeeze the make the diver sink?
2. Does it matter if the bottle is not filled all the way with water?
3. Does the temperature of the water affect the density of the the diver?



ELECTROMAGNET

You will need

- A large iron nail (about 3 inches)
- About 3 feet of THIN COATED copper wire
- A fresh D size battery
- Some paper clips or other small magnetic objects

What to do

1. Leave about 8 inches of wire loose at one end and wrap most of the rest of the wire around the nail. Try not to overlap the wires.
2. Cut the wire (if needed) so that there is about another 8 inches loose at the other end too.
3. Now remove about an inch of the plastic coating from both ends of the wire and attach the one wire to one end of a battery and the other wire to the other end of the battery. See picture below. (It is best to tape the wires to the battery – be careful though, the wire could get very hot!)
4. Now you have an ELECTROMAGNET! Put the point of the nail near a few paper clips and it should pick them up!

How does it work?

Most magnets, like the ones on many refrigerators, cannot be turned off, they are called permanent magnets. Magnets like the one you made that can be turned on and off, are called ELECTROMAGNETS. They run on electricity and are only magnetic when the electricity is flowing. The electricity flowing through the wire arranges the molecules in the nail so that they are attracted to certain metals. NEVER get the wires of the electromagnet near a household outlet! Be safe – have fun!

MAKE IT AN EXPERIMENT

The project above is a DEMONSTRATION. To make it a true experiment, you can try to answer these questions:

1. Does the number of times you wrap the wire around the nail affect the strength of the nail?
2. Does the thickness or length of the nail affect the electromagnets strength?
3. Does the thickness of the wire affect the power of the electromagnet?



UNPOPPABLE BUBBLE RECIPE

- 3 cups water
- 1 cup dish soap
- 1/2 cup corn syrup
- Scissors
- Plastic pipette
- Microfiber gloves
- Pour water into a bowl.
- Add dish soap into bowl.
- Add corn syrup.
- Mix well.
- Cut off end of pipette.
- Dip cut end of pipette into bubble solution and blow from the other end to make unpopable bubbles!



Craft Stick Catapult

GET TOGETHER

- 9-10 craft sticks
- 4 rubberbands
- bottle cap
- hot glue or double sided sticky tape
- mini-marshmallows or other small items to use as projectiles

PUT IT TOGETHER:

Stack and band together all but 2 sticks.

Band the other two sticks as shown. Glue or stick on the cap.

PLAY:

Put the projectile into the cap, hold down top stick, release and watch the object fly.

Practice aiming by setting up a target.



“Children must be taught how to think, not what to think.”

EDUCATION SHOULD BE SKILL BASED RATHER THAN KNOWLEDGE BASED

DR. ANJU VERMA

M.Sc. Ph.D CHEMISTRY
is the Principal of Khyati
World School. A
recognised educator,
with extensive
experience and
expertise in the field of
education.

challenges of everyday life. The dramatic changes in global economies over the past five years have been matched with the transformation in technology and these are all impacting on education, the workplace, and our home life. Skills-based learning provides classroom environments where independence, thinking skills, collaboration and active learning are developed at the same time as knowledge is acquired.

There is a very small yet very significant change in mindset needed if you want to be a skills-based educator. Traditionally we teachers look at our knowledge curricula then choose activities we think will best pass on that knowledge. The activities happen to require certain skills. To become skills-based we flip it. No longer do we think, "What activity shall I use to teach them about fractions". Instead we switch it to, "Would fractions be a good context for them to develop resilience and perseverance?"

The Benefits of Teaching Life Skills at a Young Age

- Building life skills is essential- It is an exercise in

helping children develop sound judgment and good habits for long-term stability, wellness, and success.

- How to Promote Life Skills for Young Students
- Parents can take an active role in teaching life-skills at home with projects that provide real world examples and lessons in decision making and problem solving. They can be as simple as assigning household chores and budgeting practice through pocket money, to caring for a pet or volunteering in the community.
- Fun and easy to organise activities, like game nights (or afternoons) with family and friends with an educational focus that also encourage working in teams, can help to build social and interpersonal skills.

Everyday Survival Skills

In addition to brushing their own teeth and learning how to tie their shoes and get dressed, young children should know what to do in common situations as well as emergencies, such as:

- How to get to and from home and school
- Who to call in an emergency (memorise phone numbers)
- How to safely cross the street
- What to do if they are bullied or witness bullying
- How to safely use kitchen appliances and prepare basic meals
- How to do the laundry

The Importance of Books and Reading

The benefits of reading to young children and fostering a reading habit early in a child's life are hard to overstate. From building and strengthening vocabulary and language skills to aiding with creative thinking, reading is one of the easiest and best activities available to teach children a range of new skills. Some of the many benefits of reading include:

- Builds self-regulation
- Teaches empathy
- Improves imagination and vocabulary
- Increases concentration
- Exposes children to diversity and different perspectives and situations than their own.

The acquisition of problem-solving and reasoning abilities is a fluid and ongoing process, and working with children early in their development to lay the framework with examples that they can understand and apply on their own is a good place to start.

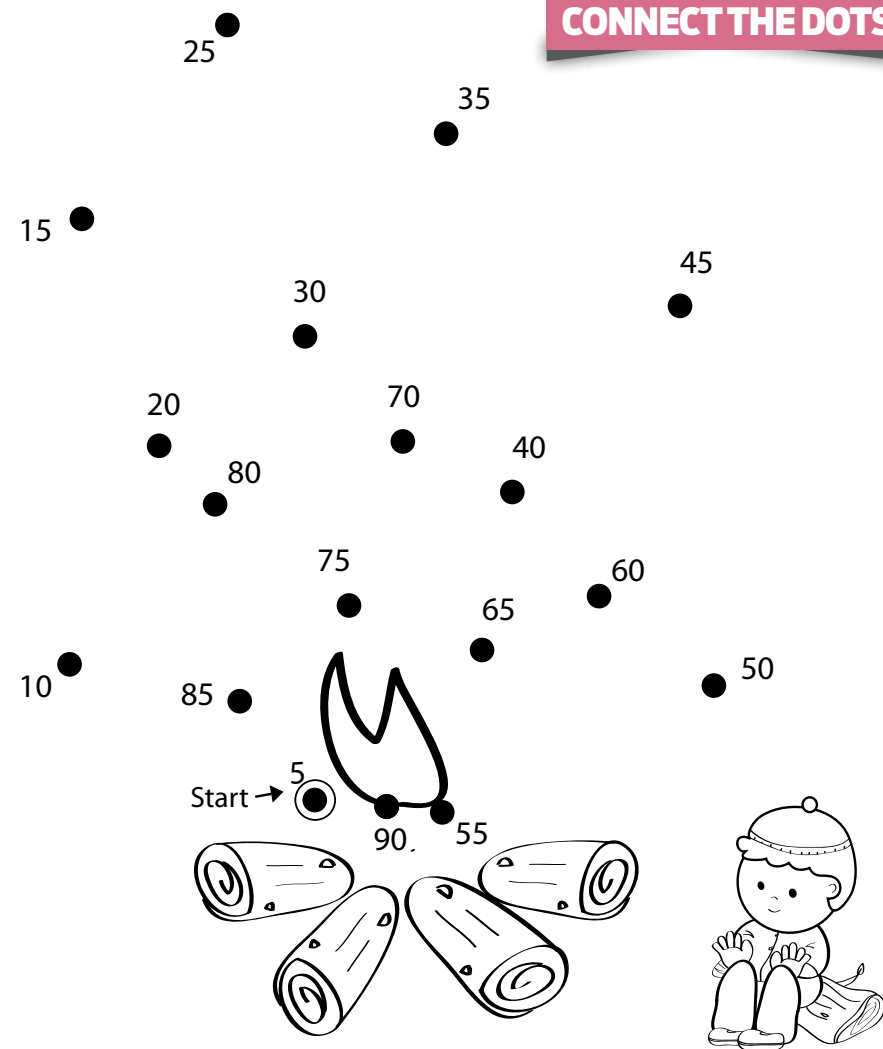
We at Khyati World School see to it that students are working on skills along with their regular studies through play way method. The students get exposed to natural environment and mingle easily in smaller groups.

Youth unemployment is emerging as a big problem in our country. It is often shocking to see that many young Indians can't get suitable jobs despite having advanced college degrees. When the purpose of education is to create active, empowered and engaged young citizens then are we missing something? In reality the world around us is changing really fast while our education system is struggling to keep up. One fundamental shift is on how we assess and support the growth of skills, not just knowledge. While we are moving into a knowledge-based economy, the biggest challenge is that we learn things in the classroom that don't always connect with the way it is used in real life. A student can pass a maths test, but if they can't quickly recalculate change when working that first job, then what impact have we really made?

In a constantly changing environment, having life skills is an essential part of being able to meet the

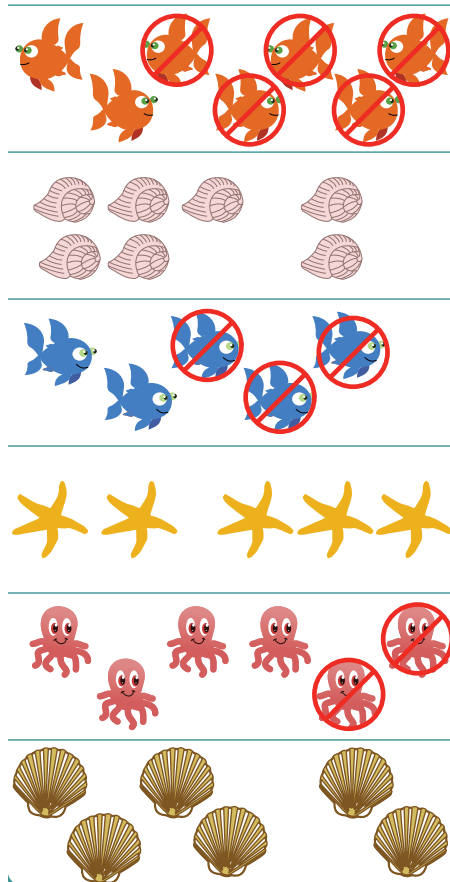


CONNECT THE DOTS



NUMBER JUMBLE

This Math homework is mixed up. Can you match each number sentence to the correct picture equation?



$$6 - 2 = \underline{\quad}$$

$$2 + 3 = \underline{\quad}$$

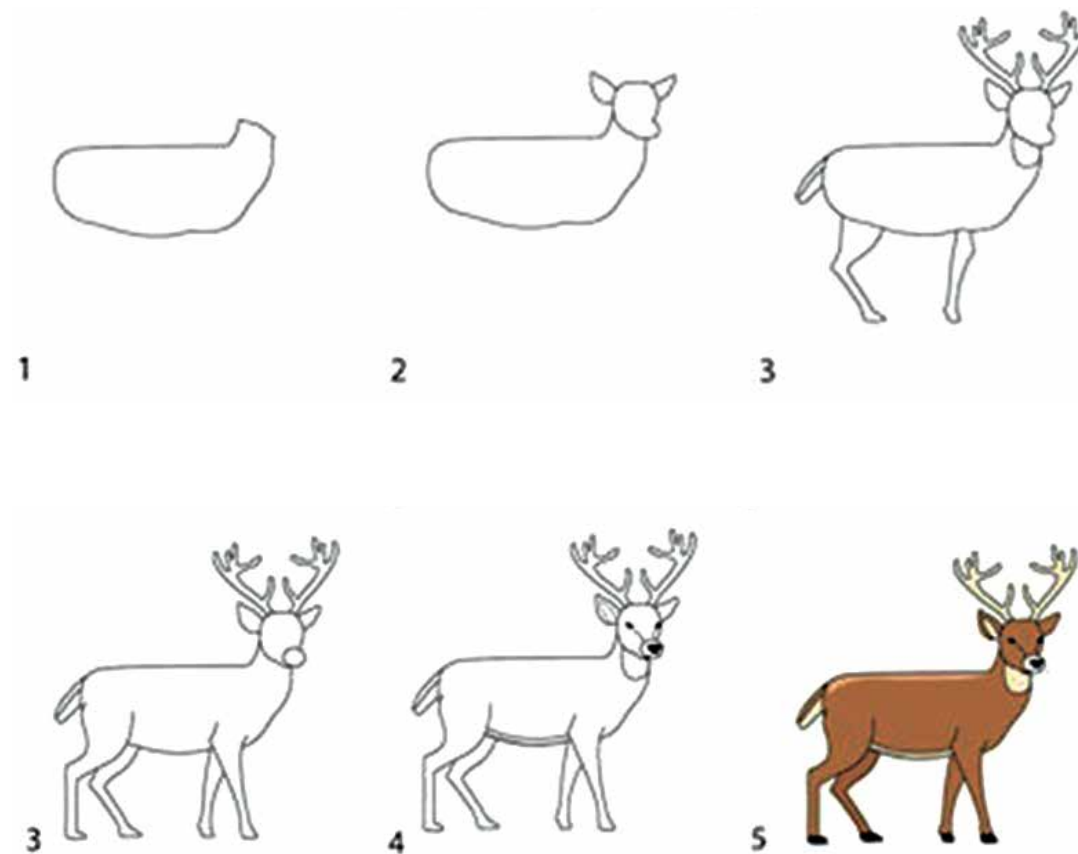
$$4 + 2 = \underline{\quad}$$

$$5 - 3 = \underline{\quad}$$

$$5 + 2 = \underline{\quad}$$

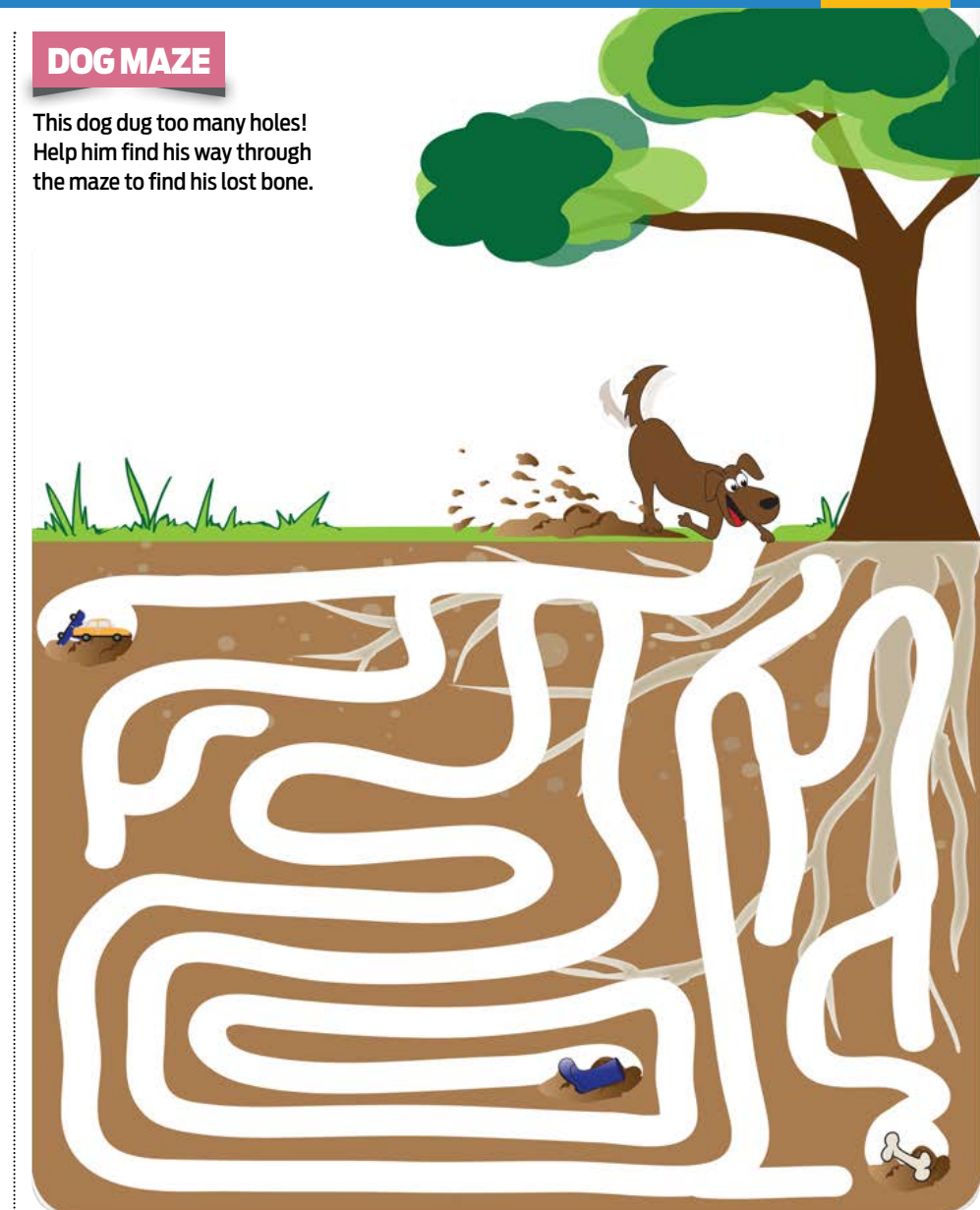
$$7 - 5 = \underline{\quad}$$

DRAW DEAR

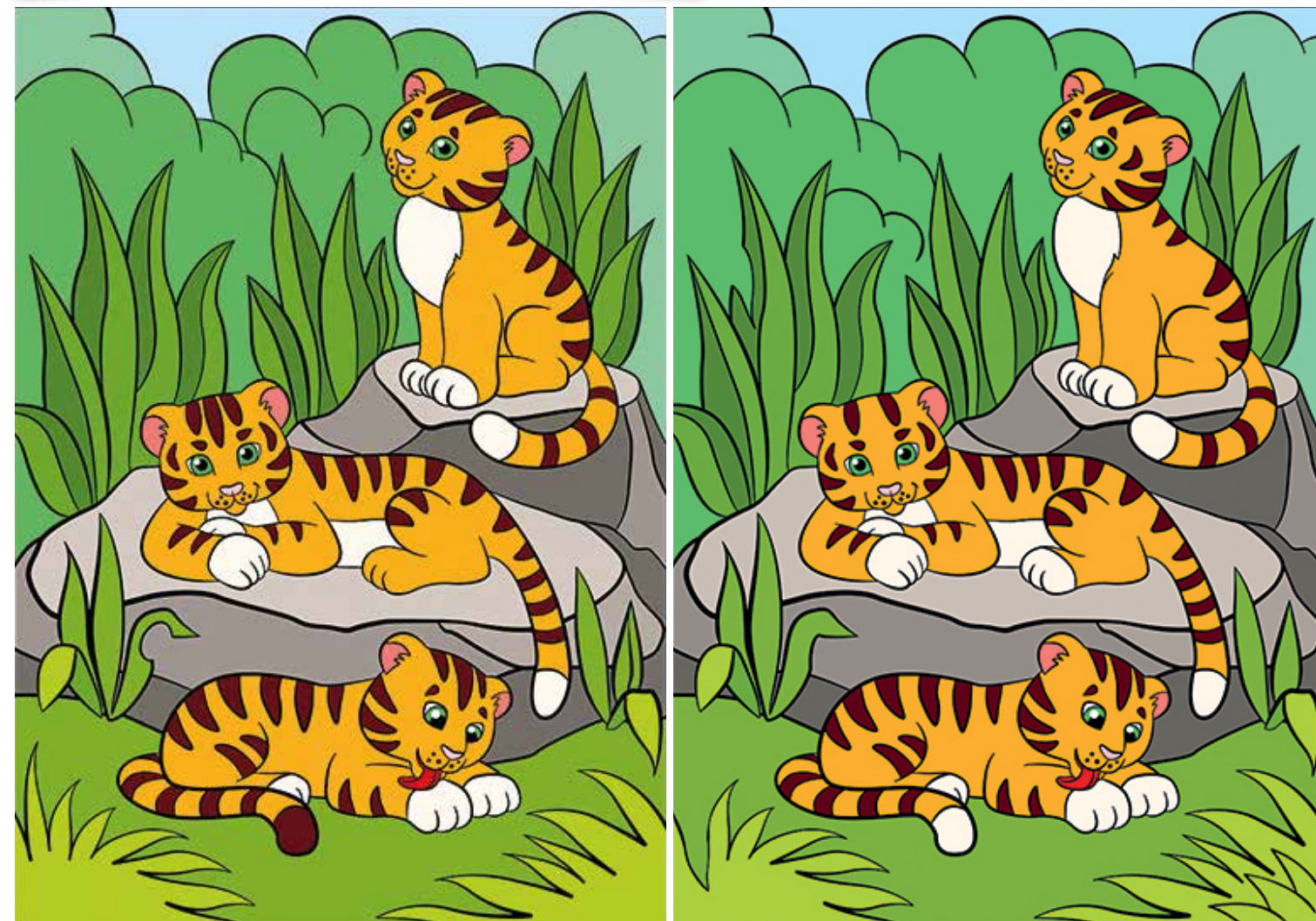


DOG MAZE

This dog dug too many holes! Help him find his way through the maze to find his lost bone.



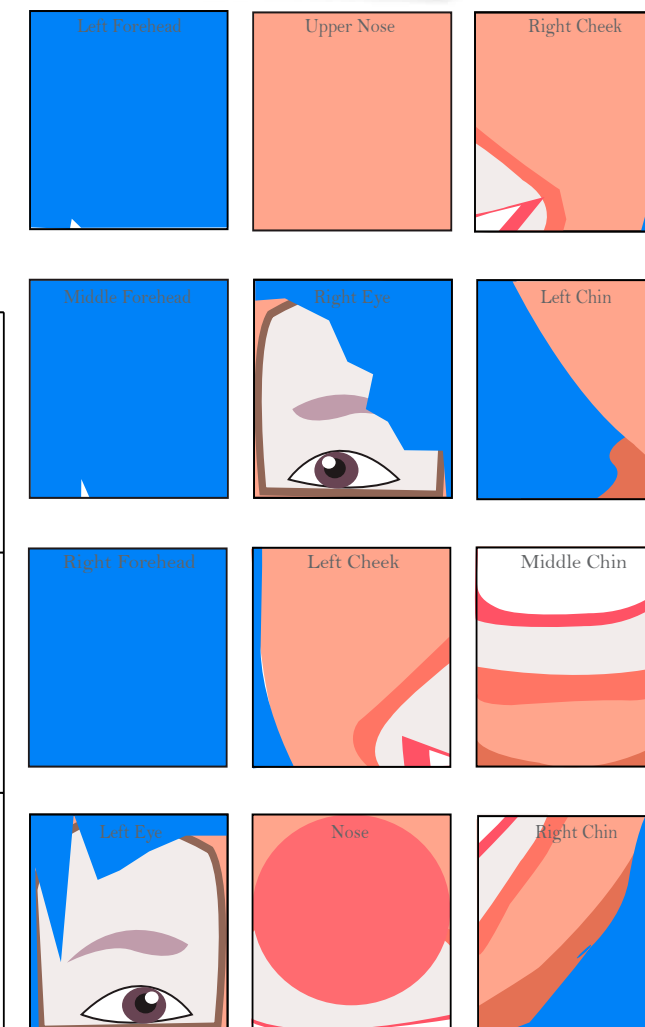
FIND 12 DIFFERENCES



BLUE CLOWN MULTIPLICATION SQUARES

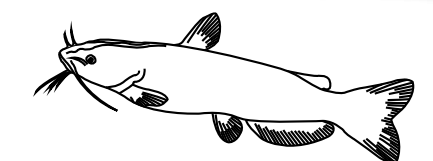
First, solve the problems below. In each answer box you will find the clown face part name that goes with your answer. Then cut out and arrange the clown face part squares from left to right, starting with the lowest number and ending with the highest to make your own clown face. Your clown face should be three squares wide by four squares tall. You can paste your final clown face on another piece of paper.

$\begin{array}{r} 6 \\ \times 8 \\ \hline \end{array}$	$\begin{array}{r} 8 \\ \times 5 \\ \hline \end{array}$	$\begin{array}{r} 1 \\ \times 6 \\ \hline \end{array}$	$\begin{array}{r} 6 \\ \times 9 \\ \hline \end{array}$
Left Chin	Right Cheek	Right Forehead	Right Chin
$\begin{array}{r} 3 \\ \times 3 \\ \hline \end{array}$	$\begin{array}{r} 7 \\ \times 7 \\ \hline \end{array}$	$\begin{array}{r} 6 \\ \times 3 \\ \hline \end{array}$	$\begin{array}{r} 3 \\ \times 4 \\ \hline \end{array}$
Left Eye	Middle Chin	Nose	Upper Nose
$\begin{array}{r} 2 \\ \times 2 \\ \hline \end{array}$	$\begin{array}{r} 2 \\ \times 8 \\ \hline \end{array}$	$\begin{array}{r} 1 \\ \times 5 \\ \hline \end{array}$	$\begin{array}{r} 5 \\ \times 3 \\ \hline \end{array}$
Left Forehead	Left Cheek	Middle Forehead	Right Eye



COLD-BLOODED ANIMALS WORD SEARCH

LIZARD
TURTLE
SQUID
SALAMANDER
BULLFROG



CATFISH
NEWT
IGUANA
CHAMELEON
LAMPREY

J	B	U	L	L	F	R	O	G	T	I	S
U	E	W	L	Q	U	V	R	H	Z	N	A
K	C	H	A	M	E	L	E	O	N	P	L
Y	F	O	M	C	S	L	I	D	E	G	A
R	X	E	P	E	T	M	Q	Z	C	V	M
L	P	I	R	W	A	F	X	D	A	T	A
T	U	Y	E	H	N	J	Z	K	T	R	N
U	R	N	Y	O	F	P	W	C	F	B	D
R	I	X	B	S	H	T	O	P	I	M	E
T	K	J	S	Q	U	I	D	F	S	A	R
L	W	Z	E	C	C	X	B	O	H	U	V
E	K	L	H	S	I	P	L	C	Q	M	D
I	G	U	A	N	A	G	A	Y	J	H	V

Remembering the Life and Message of Guru Nanak

The genuine guru is God's representative and he speaks about God and nothing else. Such was the first Sikh guru, Guru Nanak who laid the foundation for Sikhism. Guru Nanak was born on 29th November 1469 in village Talwandi of the Punjab province to the house of father Mehta Kalu ji, a village accountant, and mother Mata Tripta ji, a simple and religious woman. The village, now known as Nankana Sahib, is situated near the city of Lahore in present day Pakistan. Sikhs over the world celebrate the auspicious occasion of Guru Nanak Dev Ji's birth as 'Gurpurab' on the pooranmashi (full moon) day in the Lunar month of Katak.

From an early age, it was evident that Nanak was an extraordinary child and blessed with divine grace. Having a deeply contemplative mind and rational thinking, young Nanak would often surprise his elders and teachers with the sublimity of his knowledge, particularly on divine matters. By the age of 16, Guru Nanak had mastered multiple existing religious texts and languages (Sanskrit, Persian, Hindi), and was writing what many believed were divinely inspired compositions.

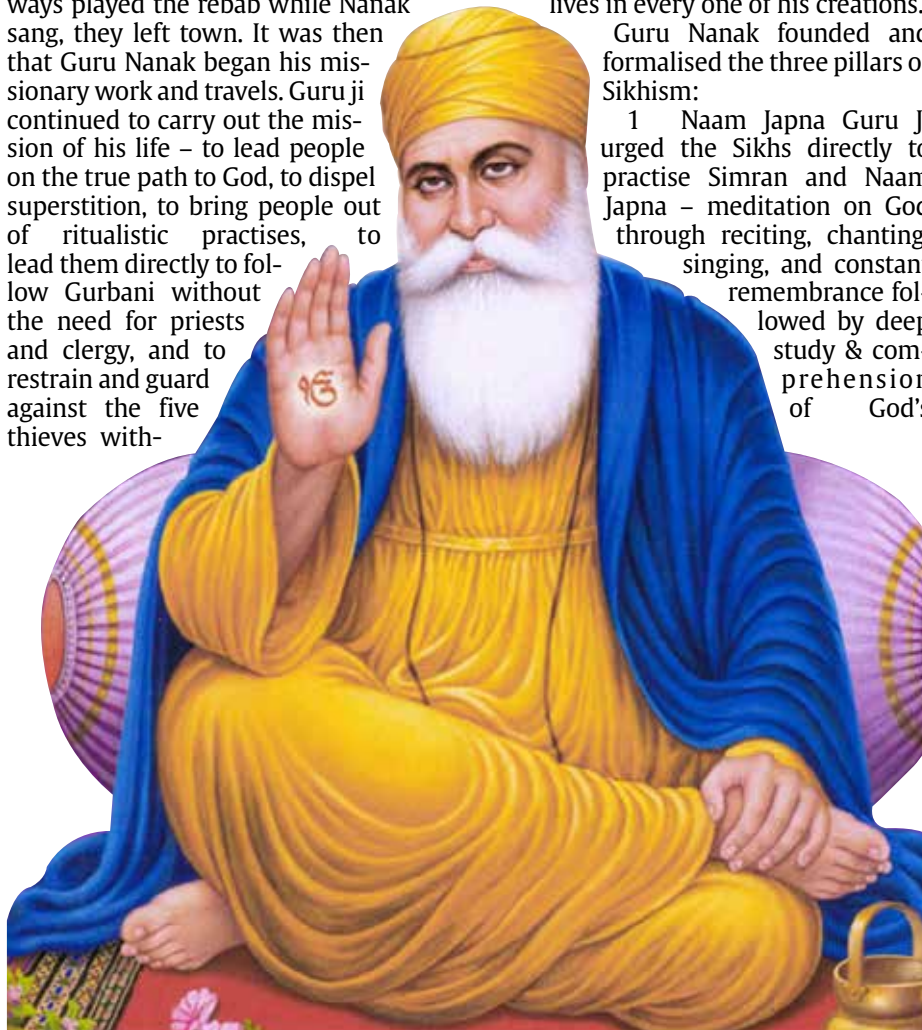
When he came of age, Nanak married and had two sons. Guru ji's brother-in-law obtained a job for him in Sultanpur as the manager of the government's granary. One morning, when he was twenty-eight, he went as usual down to the river to bathe and meditate. It was said that he was gone for three days, and he reappeared, filled with the spirit of God. It was apparent to all that he was a

changed man. He would say nothing, he quit his job and distributed all that he had to the poor. Accompanied by his childhood friend Mardana, who had always played the rebab while Nanak sang, they left town. It was then that Guru Nanak began his missionary work and travels. Guru ji continued to carry out the mission of his life – to lead people on the true path to God, to dispel superstition, to bring people out of ritualistic practises, to lead them directly to follow Gurbani without the need for priests and clergy, and to restrain and guard against the five thieves with-

in – Pride, Anger, Greed, Attachment and Lust. Guru Nanak travelled far and wide teaching people the message of one God who is the eternal Truth and lives in every one of his creations.

Guru Nanak founded and formalised the three pillars of Sikhism:

1 Naam Japna Guru Ji urged the Sikhs directly to practise Simran and Naam Japna – meditation on God through reciting, chanting, singing, and constant remembrance followed by deep study & comprehension of God's



Name and virtues.

2 Kirat Karni He expected the Sikhs to live as honourable householders and to earn by ones honest physical and mental effort, while accepting both pains and pleasures as God's gifts and blessings. One is to stay truthful at all times and fear none but the Supreme Soul. Live a life founded on decency immersed in righteousness and governed by high spiritual, moral, and social values.

3 Vand Chakna. The Sikhs were asked to share their wealth within the community by practising Vand Chakna – "Share and Consume together". The community or Sadh Sangat is an important part of Sikhism. One must be part of a community that is living by the great objective values set out by the Sikh Gurus and every Sikh has to contribute in whatever way possible to the common community pool. This spirit of Sharing and Giving is an important message from Guru Nanak.

Guru Nanak Jayanti, also called Guru Nanak's Prakash Utsav, is a reminder for the devotees to follow his teachings and devote their life in the selfless service of God. Nanak's teachings can be found in the Sikh scripture Guru Granth Sahib, as a collection of verses recorded in Gurmukhi. Two days prior to the festival, akhand path-a 48 hour nonstop reading of Guru Granth Sahib is held at Gurudwaras. Nagarkirtan, a procession of devotees is organised day before Gurpurab and it is followed by singing of hymns and prayers. Guru Nanak Jayanti's celebrations begin as early as 3 am. The time between 3 am to 6 am is called Amrit Vela.

The Gurpurab celebrations are held with much fervour and joy at Golden Temple, Amritsar. Guru Nanak appointed Bhai Lehna as the successor Guru, renaming him as Guru Angad, meaning "one's very own" or "part of you". Shortly after proclaiming Bhai Lehna as his successor, Guru Nanak died on 22 September 1539 in Kartarpur, at the age of 70.

CHRISTMAS TREE

One of the most awaited Christmas decor items, especially by kids, is undoubtedly the magical looking Christmas tree. It is said that Christmas tree was included in the celebrations ever since humans observed these evergreen trees glistening in the moonlit sky on a clear night sparkling against the backdrop of white snow. One of the most import Christmas symbols for centuries, Christmas trees were used in many pagan festivals to honor their gods and spirits. Vikings in North Europe considered these evergreen trees a reminder of the Spring that is about to approach and that the Winter will end soon. In ancient England and France, Druids used to honor God of harvests by decorating oak trees with fruit and candles, just as Romans adorned trees with trinkets and candles on Saturnalia.

It is said that the German Christians were the first to bring the trees into their homes to decorate or use a Christmas pyramid made of wood in areas where there was a scarcity of trees. Soon, whole Europe caught up with the trend and the English Royalty popularized it among the elite. Prince Albert, husband of Queen Victoria, decorated the first Christmas tree. They had then used candles, candies, fruits, and gingerbread. Christmas tree came to America with the German immigrants and was accepted by the general public only in the late 1800s. At the time of the first public display of a Christmas tree by German settlers in Pennsylvania, it was considered a symbol of pagans. Till then, apples, nuts, cookies, candies, colored popcorn and candles were the popular Christmas tree ornaments.

In the early 20th century, electricity brought a revolution in Christmas tree decoration. Electrical Christmas lights grew more and more popular every year and now most communities throughout the US feature public displays of Christmas trees. The President of the United States now lights the National Christmas Tree every year in Washington as an indication of the beginning of Christmas celebrations. The huge lighted tree at Rockefeller Center in New York is quite a spectacle and skaters spinning beneath it look like angels. Christmas Tree has now gained popularity all over the world and choosing the right Christmas tree and its ornaments, placing gifts beneath it and opening them at midnight is all now part and parcel of Christmas fun and revelry.



Varanasi Celebrates Dev Deepawali

Dev Deepawali or the 'Deepawali of gods' is celebrated on the Kartik Purnima at Varanasi, Uttar Pradesh, India. This festival is celebrated to mark the victory of Lord Shiva over the demon Tripurasur. It falls on the full moon of the Hindu Month of Kartika and takes place fifteen days after Diwali. The gods are believed to descend to Earth to bathe in the Ganges on this day and so it is also observed as Tripura Purnima Snan.

Devotees bathe in the holy river Ganges on this auspicious day and light earthen lamps (diyas) when dusk sets in. The steps of all the ghats of the Ganga are lit with over a million earthen lamps (diyas) making for a breathtaking sight. This tradition of illuminating the ghats with lamps was first started at the Panchganga Ghat in 1985. During Dev Deepawali, houses are decorated with oil lamps and colourful rangoli, and firecrackers are burst as well. Moreover, processions of decorated deities are taken out into the streets of Varanasi, and oil lamps are set afloat on the river. As much as anything else, Dev Diwali is celebrated to usher in love, peace and happiness into our lives.

Rituals of Dev Diwali:

The main ritual of Dev Diwali is the lighting of diyas after seeing the moon. The steps of all the ghats on the riverfront of the Ganges River, from Ravidas Ghat at the southern end to Rajghat, are lit with more than a million earthen lamps (diyas) in honour of Ganga as well as the other presiding gods and goddesses.

The devotees get up early on this day and perform the Kartik Snan, which is a ritual of taking a dip in the holy Ganges. They perform 'deepdan' (offering oil lamps) in the honour of Goddess Ganga.



Following this 'Ganga aarti' is performed by 24 priests along with 24 girls, with full devotion.

On this occasion of Dev Diwali, people decorate their houses with oil lamps. Colourful designs or rangoli are made on the front doors. In several houses in Varanasi, 'Akhand Ramayana' is organised along with offering 'bhog'.

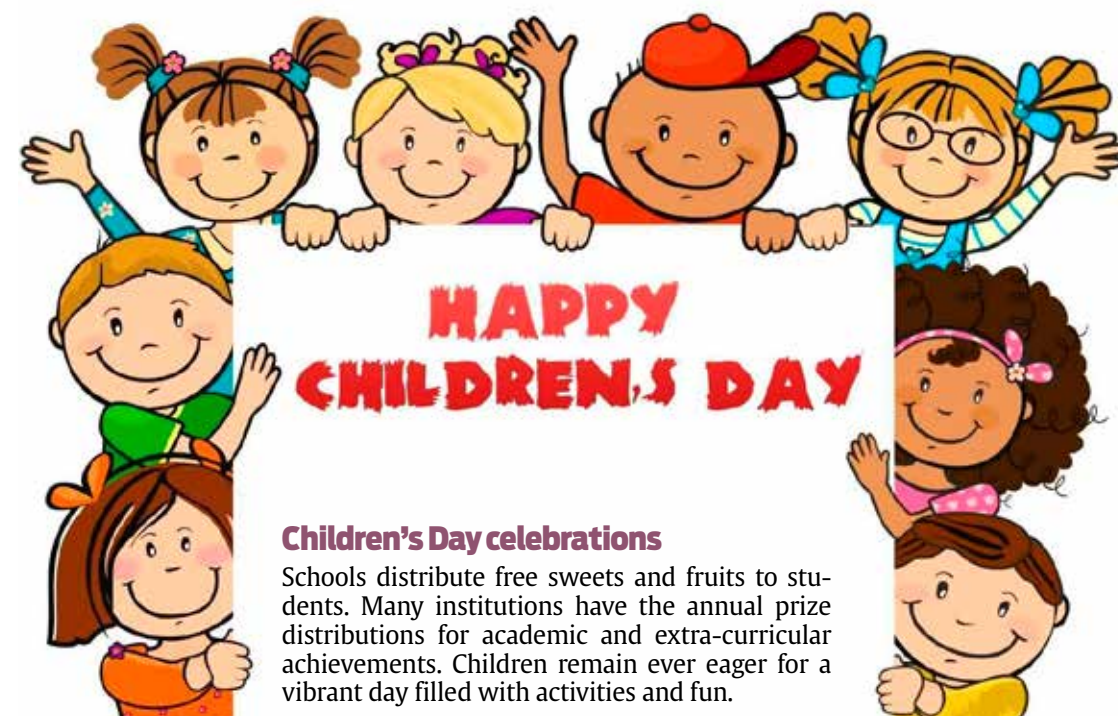
In the evening, on the streets of Varanasi, huge processions of beautifully decorated deities are taken out with full

enthusiasm. The night sky is lit up with the lights of the fireworks. After the event, dance performances and cultural programmes by famous personalities of Varanasi also takes place.

The small town of Varanasi, turns into one of the biggest tourist attractions on the occasion of Dev Diwali. Thousands of devotees from different parts of the country and abroad, come to witness this breathtaking sight. Besides the religious significance, the day of Dev Diwali

also commemorates the brave martyrs, who lost their lives fighting for their country. Wreaths are offered as remembrance for those brave soldiers, in different areas of Varanasi.

This event is organised by the 'Ganga Seva Nidhi'. The traditional last post by the three armed forces (Army, Air Force and Navy) is performed at the end. Bhajans and patriotic songs are also sung and the 'Bhartiya Shourya Samman' awards are also given.



Children's Day celebrations

Schools distribute free sweets and fruits to students. Many institutions have the annual prize distributions for academic and extra-curricular achievements. Children remain ever eager for a vibrant day filled with activities and fun.

Children's Day is unique for its honoring of the children throughout the world. Several countries have adopted different dates for observing the International Children's Day. In India, the day commemorates the birth anniversary of the first Prime Minister of Independent India, Jawaharlal Nehru. Observed every year on November 14, the day is exciting in every school-going child. Children's Day in India began after the government recognized the efforts of Pandit Jawaharlal Nehru. Pandit Nehru had immense love for children and considered them the bright future of the country. According to him, the responsibility of development and advancement of India rested in the shoulders of the young. Post Independence, Jawaharlal Nehru worked passionately for the welfare of the poor children and influenced them to education. He despised child labor and exploitation of children in any form.

About Children's Day

Iran and India celebrate Children's Day on November 14 through cultural programs, sports activities, and other entertainment. Schools, clubs, public libraries, and cultural institutes sponsor games, competitions, sports events, races, and programs inviting the student's participations. Several NGO's and private donors contribute to the orphanages and centers for the differently able children to combat poverty. Clothes and books are distributed to the needy kids. Communities in metropolitan cities arrange for cultural songs and dance performances to make a delightful evening.

The young guns of Flory SA record two wins in Ahmedabad Baby League

FSA BOYS SHINE IN ABL

It was a day to remember for the youngsters from Flory Soccer Academy (FSA) as both their teams recorded wins in under-11 Ahmedabad Baby League.

Avirat Shinde scored five goals (8th, 37th, 39th, 56th, 59th) as FSA 'A' registered a 9-6 win over Rising Sun Soccer Academy.

For the winners, Dhairya Shah (3rd and 7th) scored a brace while Viraj Talati (10th) and Arth Shah (31st) scored a goal each.

For the losing side, Harit Jayprakash (11th, 13th) and Devam Dhabhai (23rd, 58th) hit the net twice while Moksh Rathod (49th) and Jevesh Dave (59th) scored a goal each.

Later in the day, Chandrak Mehta (34th, 48th) and Nishay Patel (48th, 54th) scored a brace each as FSA 'B' came from three goals down to shock Shahibaugh FC 5-4 in a close tie. For the winners, Vansh Shah (56th) gave the finishing touch while Aamir Sheikh (23rd, 28th), Shreya Jha (24th) and Dishant Asari (36th) hit the net for losing side.



Young Avengers dominate

Meanwhile, in a lopsided match in the under-11 category, Hrishikesh Panchal (9th, 48th, 57th) scored a hatrick while Shiv Mori (3rd, 6th) hit a brace as Young Avengers blanked MGIS Puma U11 'B' 8-0.

Rishon Roy (5th), Shaurya Patel (28th) and Varun Mandaviya (34th) also scored for the winners.

MGIS boys, however, had a lot to cheer as five goals from Varghese Kandathil (13th, 16th, 26th, 54th, 58th) helped MGIS Tiger U11 'A' come from a goal down to beat ARA FC 6-4.

While Anay Kinariwala (44th) added the sixth goal for the winners, Shaurya Patel (42nd, 51st), Palaash Thakkar (4th) and Het Patel (27th) found the net for ARA FC.

In another tie, goals from Siddharth Panicker (3rd, 5th), Yash Patel (15th, 57th), Mikhail Fernandes (59th) along with an own goal in the 7th minute helped Bhaichung Bhutia Football School record a 6-3 win over CN Sharpshooters 'B'.

For the losing side, Om Dave (7th), Mirav Khabiya (16th) and Om Parikh (43rd) found the net.

ARA colts shine

In the under-9 category, ARA FC thrived on Luksh Shah's (31st, 33rd, 40th, 41st) four goals while Dakshraj Jadeja (20th, 24th, 45th) chipped in with a hatrick as they breezed past Shahibaugh FC 11-2.

In another tie, (Neel Chandrekar 1st, 12th, 14th, 17th, 28th, 36th) scored six goals while Shaurya Bhavsar (21st) added another as Ahmedabad Stars beat Soccer Champs Rockets 7-5. Kevin Patel (23rd, 26th, 27th, 28th, 33rd) too shone with five goals as ANTS FC beat MGIS Lions U9 5-1.

For Lions, Pranshu Raithatha pulled one back in the 15th minute.

Bowlers lead SMVM charge in U-19 tourney



Dhairya Patel and Devarsh Gajjar of Shardamandir Vinaymandir (SMVM) were in fine form as they helped their team register a 101-run victory over Shree Vidhyanaagar School (SVS) in the under-19 School Tournament at Vivekniketan campus.

Choosing to bat first, SMVM struggled to post 183 in 47.4 overs. Dhagash Jani was the top-scorer for his team with his 89-ball 59.

Dhruvil Joshi was the pick of the bowlers for SVS scalping five wickets while Rutvik Parmar added three more.

SMVM's bowlers were up for the challenge as they wrapped up their rivals for just 82 runs in 31.5 overs. Dhairya was the pick of the lot with five wickets while Devarsh added four more. For the losing side, Darshit Sathwara top scored with 18 runs from 36 balls.

SPORTS BRIEF

Two golds for Ishita at KMK



Ishita Shah of DPS, Bopal and Ahmedabad Rural aced the under-17 girls' individual and doubles title in the State Khel Mahakumbh badminton held recently in Vadodara. She thumped her district-mate and silver medallist Archi Kumar with a 21-13, 21-19 win in the final match. In

the penultimate round, she defeated Surat's Yuti Gajjar in the semis. Yuti later defeated Urdhva Khadse of Navsari to claim the bronze medal. Meanwhile, in the inter-district team events, Ishita partnered with Archi and edged past the pair of Saishwari and Shakti Choudhary with a 2-0 win in the final match. In semis, Ishita and Archi had recorded a 2-0 win against Yuti and Krishna Panchal.

Hiramani go through on team effort

Kushan Patel displayed some brilliant all-round skills, Raj Chaudhary shone with the bat while Harsh helped Hiramani School with six wickets as they routed Vijaynagar Edu Society with a 336-run win in the Reliance U-16 Inter-School Tournament at Shivay cricket ground. Electing to bat, Hiramani posted a mammoth total of 429/10 in 66.4 overs. Raj topped the chart with his 166-ball 187 and Kushan chipped in with 150 runs from 103 balls. For Vijaynagar, Drona Desai scalped five wickets. As they returned, Vijaynagar boys collapsed to their rivals in 26.2 overs for just 93 runs. Dipen Bhavsar top-scored with a 30-ball 28. For the winning side, Harsh Sharma scalped six wickets while Kushan picked four.

Panther win U15 crown

Gandhinagar Panther edged past Palanpur CC on the basis of their first innings lead to win the SGVP Trophy in the under-15 All India Cricket Tournament at SGVP ground. Winning the toss, PCC posted 204 with Dharmik Patel top-scoring with a 111-ball 72 while Jaydeep Prajapati added 46 runs from 61 balls. Lucky Bhati was the star bowler for Panther picking four wickets. Man of the match Smit Adalja top scored with an unbeaten 80-ball 55 while Kahan Majethiya added a 78-ball 55 as Panther posted 205 for eight to edge past their rivals. For the losing side, Dharmik Patel took three wickets while Jaydeep Prajapati added two more.

FARAAZ STARS IN BHS WIN

The all-rounder helped Best High School beat DBMS in U-19 inter-school meet

Mihir Nimavat's all-round performance was bested by Faraaz Pathan and his team's joint efforts as Best High School (BHS) won against Diwan Ballubhai Madhyamik Shala (DBMS), Ellisbridge on the basis of their 1st innings lead in the multiday under-19 Diwan Ballubhai School Tournament at Sunrise cricket ground.

Electing to bat first, DBMS were bowled out for 202 with Mihir being the sole performer with his innings of 101 runs from 118 balls.

For BHS, Raja Altaf scalped four wickets while Faraaz added three more in his blistering spell.

BHS's first innings saw them amass



Source: Internet

218 with Faraaz top-scoring with 76 runs from 182 balls.

Mihir continued his fine form with the ball as well grabbing six wickets with Abhay Talaviya adding three more.

Returning to bat for the second time,



(L-R) Deepankar Trivedi, Parva Patel and Mihir Nimavat

DBMS were able to register a score of 139 for the loss of five wickets with Mihir yet again scoring the highest in his knock of 72 from 68 balls.

Faraaz picked two wickets more helping his team edge past.

Bowlers lead CN charge

Meanwhile, at Royal cricket ground, bowlers powered Sheth CN Vidhyalaya to an innings and 218-run win over Bhakt Vallabh Dhola (BVD).

Choosing to bat, Yash Mistry took five wickets as BVD were bowled out for 166. Yusuf Qureshi was the topscorer for his team with an unbeaten 42-ball 52.

Deepankar Trivedi then slammed 176-ball 150 as CN posted 495 in reply. Jainish Raval (181-ball 85), Sumit Solanki (63-ball 61) and Parva Patel (102-ball 55) too chipped in with useful runs.

For BVD, Vedant Jani grabbed a fiver while Ahmed Shaikh picked three wickets. Parva then rolled his arms for good as his five wickets saw CN bowl out their rival for 111 to record a big win. For the losing side, Vedant topscored with a 29-ball 36.

SUPERWOMAN MARY KOM CREATES HISTORY FOR INDIA



Boxing is one sport where Indian women are clearly outshining their male counterparts at the international stage. In the 11 women's world championships held so far, Indian boxers have won 32 medals until now, including nine golds. In comparison Indian male boxers have only won four bronze medals in the 21 amateur men's boxing world championships held since 1974.

Leading the way for Indian women is the boxing legend Mary Kom, who won a historic sixth gold in the World Championships on 24th November. By claiming her sixth world title, Mary Kom became the most successful woman boxer in history. She beat Ukraine's Hanna Okhota, 22, in a unanimous 5-0 verdict in the 48kg category bout at the Women's World Championships in New Delhi. She had won her maiden gold at the World Championships back in 2002. However, by her own admission this AIBA legend, whose endurance, perseverance

and the never-say-die attitude is unparalleled in history, is in no mood to slow down after her latest triumph and has set her sights on winning her seventh World Boxing Championships title and the 2020 Tokyo Olympics.

Speaking to reporters after her victory, Mary Kom said: "I would like to dedicate this win to my country." The 35 year old Manipuri trailblazer, who won her sixth title after a gap of eight years, said despite several additional responsibilities -- including being a mother of three -- she has continued to work towards achieving her dream of winning the world championship again. Mary's five previous World Championship titles had come over five successive editions from 2002 to 2010, after a silver medal at the inaugural Worlds. She remains the only Indian female boxer to have won an Olympic medal, a bronze at the 2012 London Games, and also the only one with a Commonwealth Games gold, won in Gold Coast earlier this year.

Dipa's coach plans gold route to Tokyo



source: Internet

Dipa Karmakar needs to win nothing less than a gold in the upcoming World Cups to qualify for the 2020 Tokyo Olympics, says coach Bisweswar Nandi, who is targeting a podium finish for the ace gymnast at the 2019 World Championships in Stuttgart.

Dipa made a strong start to her qualifying bid for the Tokyo Olympics by winning a bronze at the Artistic Gymnastics World Cup in Cottbus, Germany on Saturday.

"I didn't hope that she would do so well given the strong field, which had lot of medallists. But I'm satisfied with the way she performed. She had very less time to prepare for the event and she did very well. I made her cry a lot during the last few months. So very satisfied," Nandi said.

"It is a good start but to qualify for the Olympics, she will have to win gold in the next 3-4 events of the world cup she participates in. Second or third position won't matter," he added.

The Cottbus meet is part of an eight-event qualifying system for the 2020 Games, under which a gymnast will make the cut based on their best three scores.

The three events where Dipa might participate next are World Cups in Baku, Melbourne and Doha. Nandi said: "We haven't decided yet which would be those events. I alone can't take that decision. But the main target for us is to do well at the World Championship in Germany next year. That is an event where even a 3rd or 4th place finish can earn you a berth at the Olympics. So that would be the main target for her."

PREVIOUS WORLD TITLES

2002 Mary participated at the Women's World Amateur Boxing Championships hosted by Turkey in Antalya. She won the Gold medal weight category in 45kg pin, after beating Jang Song-Ae from North Korea. It was the 2nd championship, which debuted 2001 in Scranton, Pennsylvania, USA.

2006 The 2006 Women's World Amateur Boxing Championships was hosted by India in New Delhi. This time, Mary went against Steluta Duta from Romania in the finals and won the title in 46kg category. India ranked number one that year, scoring a total of four golds, one silver and three bronze medals.

2010 In the 2010 AIBA Women World Boxing Championships hosted by Barbados in Bridgetown, Mary Kom once again defeated Romania's Steluta Duta in the finals to win her fifth World Title. They competed in Barbados in the 48 kg weight category, after AIBA had stopped using the 46 kg class.

2005 In the third edition of Women's World Amateur Boxing Championships which was hosted by Russia in Podolsk, Mary Kom won the Gold medal in 46kg category, beating Jong Ok from North Korea, again. That year, India was ranked third in the tournament with a total of five medals.

2008 For the third consecutive year, Mary participated in the 46kg category, but this time at the AIBA Women's World Boxing Championships. In the tournament hosted by China in Ningbo City, Mary won the Gold medal defeating Romania's Steluta Duta in the finals for the second time.



source: Internet

NATION

Concerned mothers launch a movement for quality education in Telangana



November 24: Amid high decibel campaign by political parties for the December 7 elections in Telangana, women in Thungathurthy (Suryapet district) assembled at the local government school to discuss about the quality of education in state.

Police set up camp around isolated Andaman Island



November 22: Local police reinforcements on Friday took up position near the North Sentinel Island where isolated tribals killed John Allen Chau, an American missionary, though no effort was to be made to recover his body.

Maharashtra tigress Avni had not eaten for 4-5 days: Necropsy report



November 9: Tigress Avni died due to excessive internal haemorrhage and cardio-respiratory failure and her stomach and intestines were filled with fluid and gas, indicating she had not hunted or eaten for 4-5 days, according to a provisional necropsy report.

Indian female chef Garima Arora honoured with Michelin star



November 14: Chef Garima Arora, who heads the Bangkok based Gaa restaurant, has been awarded the prestigious Michelin star. It is being claimed that she is the first Indian woman to get the honour.

SPORTS



December 1: Prithvi Shaw has been ruled out of next week's first test against Australia after the young opener injured his ankle while fielding during a tour match in Sydney, according to the Board of Control for Cricket in India (BCCI). The 19-year-old was taken to hospital for scans after he rolled his left ankle when taking a catch on the deep mid-wicket boundary and tumbled over the rope during the third day of the warm-up contest against a Cricket Australia XI.

Source: Internet

INTERNATIONAL

FB investors want Zuckerberg to resign



November 18: Facebook investors have increased pressure on Chairman and CEO Mark Zuckerberg to step down after a New York Times investigation suggested the social network hired a Republican-owned political consulting and PR firm that "dug up dirt on its competitors".

D&G founders say sorry after sites pull products



November 24: Dolce & Gabbana's co-founders asked for China's "forgiveness" on Friday, trying to salvage a crucial market for the luxury brand after a backlash against its latest advertising campaign forced e-commerce websites to pull their products.

Sandstorm sweeps northwest China



October 29: A northwest Chinese city was engulfed by a massive sandstorm that sparked rural fires, forced traffic to slow down and prompted residents to cover their faces, according to state media. Video from state broadcaster CCTV showed a grey wall of sand hitting Zhangye City in Gansu province. Casting a yellow fog across the city. Images from official news agency Xinhua showed residents covering their faces in scarves as they went about their daily lives.

PSLV-C43 SUCCESSFULLY LAUNCHES HYSIS AND 30 CUSTOMER SATELLITES

November 29, The Indian Space Research Organisation's (ISRO) Polar Satellite Launch Vehicle (PSLV-C43) on successfully launched satellites from Satish Dhawan Space Centre (SDSC) in Sriharikota. The PSLV-C43 lifted off at 9:57:30 (IST) from the First Launch Pad and injected India's Hyper-Spectral Imaging Satellite (HYSIS) into the 645 Km sun-synchronous polar orbit, 17 minutes and 19 seconds after the lift-off. Later, 30 foreign satellites were injected into their intended orbit after restarting the vehicles fourth stage engines twice. The last satellite was injected into its designated orbit 1 hour and 49 minutes after the lift-off.



BIRTHDAY WISHES



GURU GOBIND SINGH
22 DECEMBER 1666



VISWANATHAN ANAND
11 DECEMBER 1969



YUVRAJ SINGH
12 DECEMBER 1981



MIRZA GHALIB
27 DECEMBER 1797



ATAL BIHARI VAJPAYEE
25 DECEMBER 1924



SALMAN KHAN
27 DECEMBER 1965



TWINKLE KHANNA
29 DECEMBER 1974



DHIRUBHAI AMBANI
28 DECEMBER 1932



BAICHUNG BHUTIA
15 DECEMBER 1976

TIPS TO HELP YOU NOT ONLY PLAN AN EFFECTIVE STRATEGY FOR NEET PREPARATION BUT ALSO SCORE HIGH MARKS

NEET 2019 PREPARATION GUIDE

The National Eligibility Entrance Test (NEET) is a highly competitive medical entrance exam. Candidates who passed class 12th with 50% aggregate marks in Physics, Chemistry, Biology are only eligible to apply for the exam.

There is a tough competition as every year above 10 lac students apply for NEET and work day and night to crack this exam. The exam has three sections and in order to crack the exam in the first attempt, candidates need to spend equal time on preparation of all subjects covered in NEET.

About NEET

Started as All India Pre Medical Test (AIPMT), the medical entrance exam became the National Eligibility Entrance Test (NEET) in 2012. Now, this is the only national level entrance exam in India for admission in medical colleges for MBBS and BDS courses. Candidates who want to get admission to public and private medical colleges in India need to fill NEET application form and appear for the exam that is conducted in May every year. Candidates who meet NEET eligibility criteria of passing class 12th with minimum 50% marks in PCB can only apply for the exam.

Applicants must meet NEET cut-off and achieve top AIR ranks to get seats in all India government medical and dental colleges. Undoubtedly, NEET is one of the toughest entrance exams in India, but by following the right NEET preparation tips and tricks, you can crack it easily.

Change in NEET Conducting Body and Exam Format

The exam used to be conducted by the Central Board of Secondary Education (CBSE), but now the newly formed National Testing Agency (NTA) will conduct the exam. NTA will conduct NEET, 2019 onwards to help students get admission in top public and private colleges offering MBBS and BDS courses across India. From 2019 onwards, NEET will be conducted twice a year for a single admission process. Candidates will have to appear for the exam in February and May.

Candidates can either appear for just one exam or can sit for both the exams, based on their performance as best of the two score will be used to select candidates for counselling and admission process

Computer-based NEET 2019



NEET 2019 will be a computer-based exam where students will have to solve the questions on computers. There will be no option of the pen-and-paper based exam. Further, the exam will be conducted on multiple days and candidates will be free to choose the exam schedule as per their convenience.

How To Prepare For NEET?

NEET is one of the toughest entrance exams and students need to work both hard and smart to crack it. They need to grab every opportunity in order to ace the exam with top ranks and secure a seat in a medical college of their choice. From attending the best coaching classes to referring to recorded video lectures and other study material, students leave no stone unturned to get a high rank in these exams. But only hard work is not enough, candidates also need to have a clear preparation strategy. Here are some preparation tips to help you start your journey towards the achievement of your dream of becoming a doctor.

1) Understand NEET Exam Pattern

First and the most important preparation tip for NEET is to have a clear understanding of the exam pattern. NEET exam pattern helps you get an idea of the type of questions asked, the total duration of the exam, topics covered, marking scheme and other important details based on which you

can plan your NEET preparation plan.

NEET Exam Pattern

No.	Particulars	Details
1	Mode of Examination	CBT (Computer Based Test)
2	Exam Duration	3 hours
3	Languages	English, Hindi, Assamese, Bengali, Gujarati, Marathi, Tamil, Telugu, Oriya, Kannada and Urdu
4	Type of Questions	Multiple Choice Questions (MCQ) Physics - 45 Questions
5	Sections	Chemistry - 45 Questions Biology - 90 Questions
6	Total Number Of Questions	180 Questions
7	Total Marks	720 Marks
8	Marking Scheme	4 marks for each correct answer 1 mark will be deducted for each wrong answer

2) Check NEET syllabus

Next NEET preparation tip to get high scores in the exam is to go through the complete syllabus. From the subjects to the topics covered in them, you should carefully go through the entire syllabus to get a clear picture. The syllabus is huge and to complete it in a limited time, you need to make an effective preparation plan. Having a thorough understanding of the syllabus will not just help you

make an effective study plan but will also help you in proper topic wise time allocation. Based on the topics covered in the exam and your command on them, you can decide the areas that need more practice than others and can devote more time to them.

NEET Syllabus 2019

Physics – Mechanics, Optics, Thermodynamics and Nuclear Physics
Chemistry – Mole Concept, General Organic Chemistry, Periodic Table, Chemical Bonding, Coordination Chemistry
Biology – Ecology and Environment, Genetics, Cell Biology; Morphology, Reproduction, and Physiology of Plants and Animals; Basics of Biotechnology

3) Create a realistic study plan

Now that you are aware of the exam pattern and syllabus, this is the time to make an effective and result-oriented study plan. When making a study plan for your exam preparation, make sure that you utilise your time wisely and make an effective timetable. Set your goals, calculate the total time available with you for NEET 2019 preparation, check the resources and then make a schedule to study. Plan your weeks in advance by noting down the chapters who want to cover.

To be continued in the next issue

Innovation and Progressive Thinking Make Great Schools



A great example of his out-of-the-box thinking is that back in 1980s & 90s we didn't have school bells to change the periods, but when period changed the music of Beethoven, Zakir Husain or Ravi Shankar would play instead



VIVEK KAPASI
Managing Trustee
Shree Vidyanagar School
Ahmedabad

We have been in the field of education for the last 65 years and are considered to be one of the best educational institutions in the city of Ahmedabad. My grandfather- Shree Himmat bhai Kapasi (Kapasi Sahab) started Shree Vidyanagar School in the year 1953 at the young age of 24. He was very fond of Indian classical music and was also a co-founder of Saptak School of Music, which even today runs in the school premises.

He cultivated all his interests through school- may it be sports, music, films and other. He always used to say that he had always taken pride in doing the unexpected. A great example of his out-of-the-box thinking is that back in 1980s & 90s we didn't have school bells to change the periods, but when period changed the music of Beethoven, Zakir Husain or Ravi Shankar would play instead. By this small but notable innovation, he passed on his interest in classical music to many of the school children who became familiar with these legends.

Today, we have nearly 50,000 alumni and many of them have become greats in their respective field like Parthiv Patel (cricket), Mr Abhi-

jat Joshi (writer of films like P.K, 3 Idiots, Sanju and many others), Mr Saumya Joshi (writer of dramas like 102 not out), Mr Dhaval Patel (Collector of Surat), Mr Kaustubh Patel (Best Cancer Surgeon of Ahmedabad), Mr Vyomesh Kapasi (CEO of Kotak Mahindra Bank), Ms. Saumya Pandya (3D Artist), Ms. Kanan Desai (IPS Officer), Mr. H.K.Patel (Collector of Mehsana) and many others.

I became the Managing Trustee at an age of 24 and it was very challenging task for me as I had to continue the great work of my grandfather and people's expectation from the school were very high due to the standards set by him.

My wife and I started the English Medium branch in 2012 with only 42 kids, and now in a span of 6 years we have got 650 students and this is only due to the trust and confidence of my grandfather as well as the new parents in us.

We have also faced some ups and downs in these years but the most important thing that keeps us going is the firm belief that we are in a noble profession and want to give the best to our students as much as we can. We are very proud to announce that recently our school has been awarded the best school amongst all the state board schools running in the city of Ahmedabad by the Govt. of Gujarat and we were felicitated by the Honourable Education Minister of the State himself.

MUSIC FOR BETTER LEARNING

Music can help children retain information and enhance learning. Chris Brewer, author of the book Soundtracks for Learning, says sounds can help to hold our attention, evoke emotions, and stimulate visual images. Students of all ages—that includes adults—generally find that music helps them focus more clearly on the task at hand and puts them in a better mood for learning.

Brewer calls the use of music throughout the day “positive mood management” and suggests that various styles of music are appropriate for different types of activities. For instance, she recommends using upbeat popular music to motivate learning, especially songs with lyrics that encourage positive thinking. When studying, writing, or reading, play instrumental music to sustain concentration, she says. Classical music of the Baroque era, like Bach, Handel or Mozart work particularly well. “Music can help shift energy levels, too, so playing upbeat music can boost tired minds and bodies while slower, more reflective music helps calm and focus,” says Brewer.

Here are their top tips to activities that use music to boost memory and make learning more sensory or interactive:

- Embark on a “learning journey.” Play reflective, meditative music while you verbally lead your child on an imaginative journey related to an academic topic. Read a science

chapter about the planets of the solar system while a song with a slow, calming tempo plays in the background. Urge students to close their eyes and picture traveling in space, for example.

- Fuse audio with visual. Visual aids connected to data help your child recall information. Explain a concept or work on a math problem, for instance, with classical music playing. Use the board to create charts and diagrams—anything students can connect to the idea you are explaining.
- Tie tunes to tasks. Children memorise more effectively through rhythm and rhyme. Chants and raps improve memory of details and help the retrieval of information later. Encourage students to take a favourite song and change the words to fit information they are learning. If they have a lesson on ecosystems, for example, change the tune of “Twinkle, Twinkle, Little Star,” to “Mountains, Oceans, Forests, Plains.” They can sing this version before tests to retain and recall facts.
- Take a walkabout. On a nature walk, have your students brainstorm ideas for a short story for English class. Then, head back inside, play a CD of nature sounds, and have them spend at least 15 minutes recalling and jotting down their ideas.

Music can be used in different ways—not only to stimulate your students' ears, but also their mind. So turn it up!

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