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CLASS XII STUDENT VEDIKA KARIWALA WINS 'IIHM Young Chef India Schools 2015' a title at London



Grand Finale held at the University of West London Campus
Vedika Kariwala received winner's Cheque of ₹ 5 Lac
More than 20,000 participants pan India were participated

Vedika Ajaybhai Kariwala, from the city of Ahmedabad –Class XII student of Maharaja Agrasen Vidyalaya – has won the IIHM Young Chef India Schools 2015 Title at the Grand Finale in London.

The Winner of the IIHM Young Chef India Schools 2015 title Vedika Kariwala said, "It is like a dream for me. The journey from prelim round to final was memorable" On the day of the Grand Finale, the University of West London wore a festive look and the excitement was building up amongst a lot of students and Indians in London, who had gathered to cheer the contestants from India. It was a tough and close contest."

The participants had to present four identical plating of vegetarian Indian Main Course – main dish and

accompaniments cooked from a basket of Indian and continental vegetables, and an Italian dessert – Panna Cotta, all in 2½ hours. And the Young Chef finalist did India proud in the kitchens of London with their highly professional level of cooking and plate presentation, which made it very tough for the judges to select the winner. Vedika Kariwala, the Regional Finalist from Ahmedabad was declared the Winner of the IIHM Young Chef India Schools 2015 title.

Mr. Robert John Blackman (better known as Bob Blackman), a Member of Parliament in the House of Commons, UK Govt., was the Chief Guest at the Awards Function, and he handed over the Young Chef Winner's Trophy to Vedika Kariwala. Vedika also received the Winner's Cheque of 'Ru-

pees Five Lakhs' from Dr. Suborno Bose, the Chief Mentor of IIHM Group and the founder of the Young Chef contest, along with an autographed book written by Chef Heston Marc Blumenthal, OBE, a British celebrity chef and proprietor of The Fat Duck in Bray, Berkshire.

The Semi-Finals in Ahmedabad Region saw 160 students being short-listed from about a thousand participants in the Prelims conducted in various cities of Gujarat. The Semi-Finals were conducted in the Kitchen of IIHM-Ahmedabad in August 2015. A tough and close contest, with amazing food being created by class XI and XII students, culminated in producing the Ahmedabad Regional Winner – Vedika Kariwala, a class XII student of Maharaja Agrasen Vidyalaya, Ahmedabad.

APPRAISAL UNMATCHED

We all know that Guru Purnima has been celebrated this year on Fri, July 31, 2015. On this auspicious day what better way is there to honour one's teacher and acknowledging his efforts? Given below is a small note from a student to his teacher on this day.

Sir,

In honour of this full moon of Guru Purnima, I want to thank all the amazing teachers who have inspired me on my path and to whom I owe a huge debt of gratitude. There is no greater gift that I know of than the one the teacher gives to the student when they inspire the student to uncover the potential within themselves. Lives can be changed in moments simply through the exchange. So today I offer all that is bright and joyful in my life today at the feet of my teachers because without them I would never have had the ability to appreciate it and recognize it. Especially I would like to thank you for certain things that have changed my life:

- Thank you for your enthusiasm and delight
- For showing me the path to the light
- Thank You for changing the course of my life
- Teaching me the value of personal responsibility
- I owe you every thing
- Thank You for your kindness and your love.
- Your friendship was a balm to my soul during many difficult times of my life.

Thank you for teaching me the mantra of devotion and discipline and helping me to find those qualities in myself. Your freedom and absolute comfort in your body continues to inspire me. You have sparked a desire for knowledge that will keep me busy for many lifetimes to come.

Thank you for all your words of wisdom – you are often in my thoughts

Life has been an explosion of joy since the first class with you and I will forever be grateful to you for being my first teacher in this fabulous method.

Thank you for nourishing me with your deep wisdom, authenticity and integrity. I look forward to many more long hours learning at your feet.

Thank You for all the Love. Your incredibly generous nature and joyful enthusiasm are a great gift to your students. In a world that can be so cold and cynical you are the fire that warms the heart. **Continued page 3**

GREAT EXCITEMENT AMONGST PRINCIPALS- TEACHERS FOR 2ND OPEN PAGE EDUCATOR'S AWARD

The Open Page monthly newspaper, a favorite choice of students and held in great esteem by education fraternity, announced its 2nd Educator's Award on 5th September (Teachers Day). TOP expresses its gratitude for the tremendous response accorded by Principals and teachers.

Last year TOP organized its First Educator's Award in Ahmedabad which was well received by School trustees, man-



agement, Principals and teachers. Looking at the success of the maiden Award function, The Open Page is organizing its 2nd Educator's Award to honour the contribution of educationist at Rajkot under the aegis of Genius Group of School. Governor-shree of Gujarat Shri O P Kohli will be the Chief Guest of the function. After the announcement on Teacher's day, we have received more than 100 nomina-

tions from Principals /Teachers from different parts of Gujarat. We have already dispatched Forms booklet to all Schools of Gujarat. In case your School has not received the Booklet, you can download the Forms from our website (www.educatorsaward.com) and submit online or send us hard copy. Guidelines for filling up the forms have been given in booklet as well as website.

Our website and email id are www.educatorsaward.com educatorsaward@gmail.com

GANDHIJI LOVE FOR COUNTRY COMPELLED HIM TO RETURN TO INDIA

As the saying goes, great things are done when men and mountains meet. One can get the solvan solitude and utter silence in snow-clad mountains and these places are suitable to practice introspection, meditation and self-realization. But some great souls are born to do human welfare, so they prefer to live in the midst of people and society as a leader, philanthropist and altruist. They live for others with feelings of universal love and strive to maintain the perfect global amity to make this terrestrial planet fit for human habitation.

Long back, a great soul descended on this earth. It was the pious day of 2nd October 1869 when earth smiled and pure joy was in the air to greet this holy soul who was born to write the fortune of our nation on the pages of history. The name of that great soul was Mohandas Karamchand Gandhi who was called as 'Father of Nation' by countrymen. He was born in the coastal town of Gujarat, known as Porbandar. Gandhiji passed his schooling days in Porbandar and completed his high school from Rajkot. The name of his mother was Putlibai who was a staunch Vaishnav. He was brought up lovingly by his parents. With ticking of time the days slowly rolled into years and thus the childhood turned into youth.

He had gone to England for further studies and completed his degree of law. His professional career started from South Africa when he worked as a lawyer. His love for country compelled him to return India. His fame as a political leader started inching ahead and he sacrificed everything to break the shackles of slavery to give us a free air of liberty to breathe.

He tied the nuptial knots with Kasturba and wrote his autobiography 'My



"Freedom is never dear at any price. It is the breath of life. What would a man not pay for living?"

Experience with Truth' which inspired many readers. His message of 'simple living and high thinking had changed the lifestyle of many people.

He adopted the path of non-violence and forced the British rulers to give us freedom. Many times he was put behind the bars for his movements such as 'Salt March' from Ahmedabad to Dandi. In spite of many obstacles he kept his courage intact and played an important role to make India a democratic country. He declared 'Quit India' Movement and drove out the British rulers.

His professional career started from South Africa when he worked as a lawyer.

Out of three national holidays, Gandhi Jayanti is one of them. On 15th June 2007 it had been declared in United Nations General Assembly that 2nd October will be observed as the 'International Day of Non-Violence'. Gandhi Jayanti is celebrated in all states and union territories by offering prayers and tributes, particularly at RajGhat. In government institutions and other schools, essay and drawing competitions are conducted and winners are rewarded to add feathers in their caps. On this auspicious day the popular Bhajan of Gandhiji 'Raghupati RaghavaRajaram' is sung by people to remember him.



NILESH BHADORIYA
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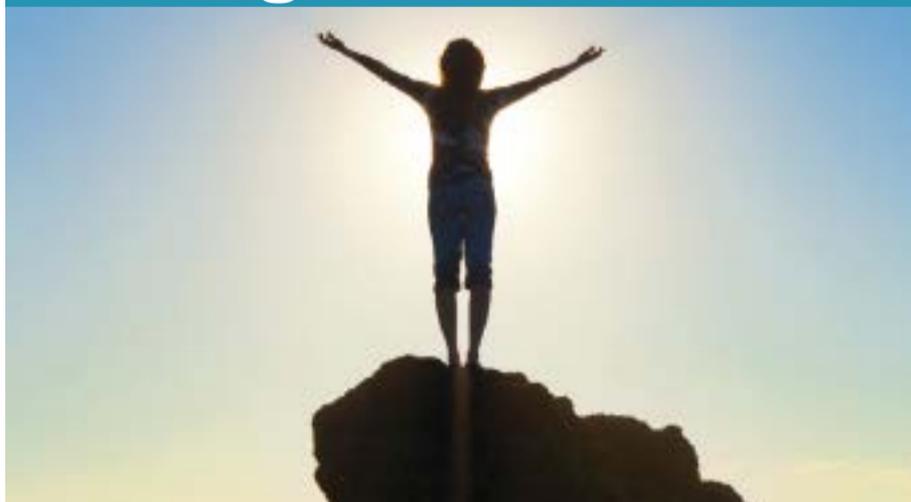
Kids have an enormous amount of eagerness, enthusiasm, fervour, fortitude, spirit, vigour, and promptness to perform a multitude of things. They all have certain amount of fanaticism, eagerness and longing to perform and achieve their desired goals. The common underlying thing among aforesaid nouns is the energy that drives kids.

Kids can achieve almost anything if they use this energy in a right manner. It is the same energy that drives them to study laboriously and become a topper, play ardently and become a champion and channelize their zeal to become the masters of their lives. Now, the requirement is to steer this energy in a right direction.

Parents and teachers are key contributors who can direct this energy and give shape to the lives of children. Teachings of children start from their very home, where they learn basic things such as the manners to talk, interact and behave within their family or with strangers. They learn the disposition, demeanor's and try to enact them in accordance with their parents.

Therefore, it has become a moral responsibility for parents to behave and act appropriately in front of their kids. And since every child has a distinct way of learning things, parents should adopt

How to channelize the energy of your wards in the right direction?



alternative ways to educate them.

Instilling the right manner of performing tasks and appreciating them develops a positive aptitude and attitude in the children. At times, children

make mistakes, become disobedient, unruly or rebellious. In such a situation, parents and teachers have to make them realize about their misdeeds and instill a discipline in them.

The initial years of children are very crucial where the learning begins. More important are the years where they start learning through watching television or through the internet. At this stage, the parents need to keep a vigil on the content accessed by the children. It's also necessary to instill the kids with virtues and a sense of judgment to choose good over bad. For this, the parents need to create a friendly environment where the child doesn't hesitate to share their problems.

Spending time with children helps parents and teachers know better about them. They get acquainted with their favorite games/sports, foods, actors/actresses, music and other likes and dislikes. Engaging them in an interaction helps them grow emotionally and develops them to become more sociable, outgoing and receptive.

Therefore, channelizing the inbuilt energy of your respective wards require a systematic and smart method, which will rightfully lay the foundation of a bright future for the kid.



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Three day IPR-GUJCOST Training and outreach programme concluded at Science City

It is the time to bring awareness and understanding about these frontier areas among the young students so that they can explore and experiment with newer technologies in future

About 60 science teachers from schools & colleges and Other's got the first training workshop

Plasma Science to charge the future in new knowledge, new technologies for sustainable development – Prof. Abhijit Sen

Plasma Science not only deals with the fusion, but also deliver a new set of knowledge to design new technologies for bringing sustainable development in our Planet Earth – said Prof. Abhijit Sen, Chandrasekhar Chair Professor at Institute for Plasma Research (IPR) in Science City.

Delivering the valedictory session address to the participants of three day training outreach programme on plasma science and technology for students and teachers, Prof Abhijit Sen expressed that plasma science is all set to charge the future. It is the time to bring awareness and understanding about these frontier areas among the young students so that they can explore and experiment with newer technologies in future. He urged the science communicators as Amitabh Bachhan as brand ambassador for popularizing plasma science among children and community members in the State.

Speaking on the session, Dr. B. P. Singh, Advisor and Head, National Council for Science & Technology (NCSTC), DST, Govt of India expressed that plasma science has a great promise to do the societal development and to be popular among students and teachers. He advised to submit a proposal in this regard so that NCSTC can implement at national level for a broader participation and wider outreach.

In order to bring awareness among children and community members about plasma science and technology and its potential promises and applications for the societal development, the Institute for Plasma Science (IPR) and Gujarat Council on Science & Technology (GUJCOST) have jointly launched a training and outreach programme on Plasma Science and Technology for the school and college students in the State at Gujarat Science City. The workshop was inaugurated by Prof Dhiraj Bora, Director, IPR.

Prof Dhiraj Bora expressed that plasma science impacts daily life in many significant ways. It plays an important role in plasma processing, the sterilization of medical products, lighting, and lasers. Plasma science is central to the development of



fusion as an energy source, high-power radiation sources, intense particle beams, and many aspects of space science.

Like a fish in the ocean, we humans too, live and spend all our lives in a gigantic ocean of plasma, but are barely aware what it is! It is very important to understand about plasma - the fourth state of matter.

Plasma science, a fundamental scientific discipline, impacts our day to day life in many significant ways. It plays an important role in plasma processing, the sterilization of medical products, lighting, and lasers. It is also central to the development of fusion as an energy source, high-power radiation sources, intense particle beams, and many aspects of space science.

The programme includes the training of about 200 plus trainers in four series of training workshops at Ahmedabad, Vadodara, Rajkot and (Lunawala) Mahisagar who will then organize further training and dissemination programmes in 2000 GUJCOST School Science Club Schools to train at least 5,00,000 students across all 33 districts in the State within a year time.

Dr. Vinay B Kamble, former Director, VigyanPrasar and consultant to IPR for



outreach programme expressed that the training materials will provide a feel of learning by doing. All the activities and demonstrations will create interest and excitement among students and teachers while understanding the facts and phenomenon of plasma science and technology.

The training and outreach materials includes a booklet titled as "Living with Plasmas" in English and Gujarati, a multimedia DVD with informative leaflets, illustrative posters, presentations and videos. The content materials have been prepared by a pool of scientists and technical staff members of IPR. GUJ-

COST has taken the responsibility of production and dissemination.

About 60 science teachers from schools and colleges, Community Science Centre coordinators and science communicators got the first training workshop and become Resource Persons to take plasma science and technology further to their schools, colleges and centres respectively.



NAROTTAM SAHOO
GUJCOST



APPRAISAL UNMATCHED

From page 1

Thanks to all the teachers. I have had the opportunity to study with you for one class, a week or longer – but each and everyone of you gifted me something special and I hold all of you in my heart.

Yours lovingly
Student

Imagine the tremendous potential of a TRUE TEACHER which he/she even might not be aware unless someone expresses. With strong conviction I would like to say that only such teachers are worth remembering because they possess all those qualities mentioned in my last article titled TEACHERS WORTH REMEMBERING featured in the September 2015 issue of THE OPEN PAGE. Who else can appraise a teacher better than his students? One such note to a teacher is more than LIFE TIME ACHIEVEMENT AWARD. Why? It is because this is the only profession where none can predict where the influence of a great teacher ends. I am proud to be in this noble profession and our country needs many more such teachers who can transform lives by instilling the right values in the young minds.



Never make someone a priority when all you are to them is an option. -Maya Angelou



IS CONSUMERISM CONSUMING US?

The word consumer means "One who consumes", here consumption relates with any thing we have, we purchase, we own, we wear, or we consume. In other words, it refers to the person who purchases different products for one's use and luxury.

In today's scenario, the concept of being consumer is changing. Today's consumer does not purchase goods or commodities only for consumption but also for possession. The concept of possessing more things has gained wide acceptance. Parents often tend to purchase goods for the children which they generally don't require. Today's children are facilitated more than necessary. Out of love towards children parents often forget that over facilitating the children in turn makes them more dependent and intolerant. Such purchasing happens as a result of extensive marketing done by malls and such shops. Off season sales on certain goods and unavailability of some goods in certain season lures the consumer towards stocking of goods with a provision for future use. This habit of the consumer makes him a quick buyer of goods and a slow user of the same, and thus the concept of stocking, store housing and warehousing develops.

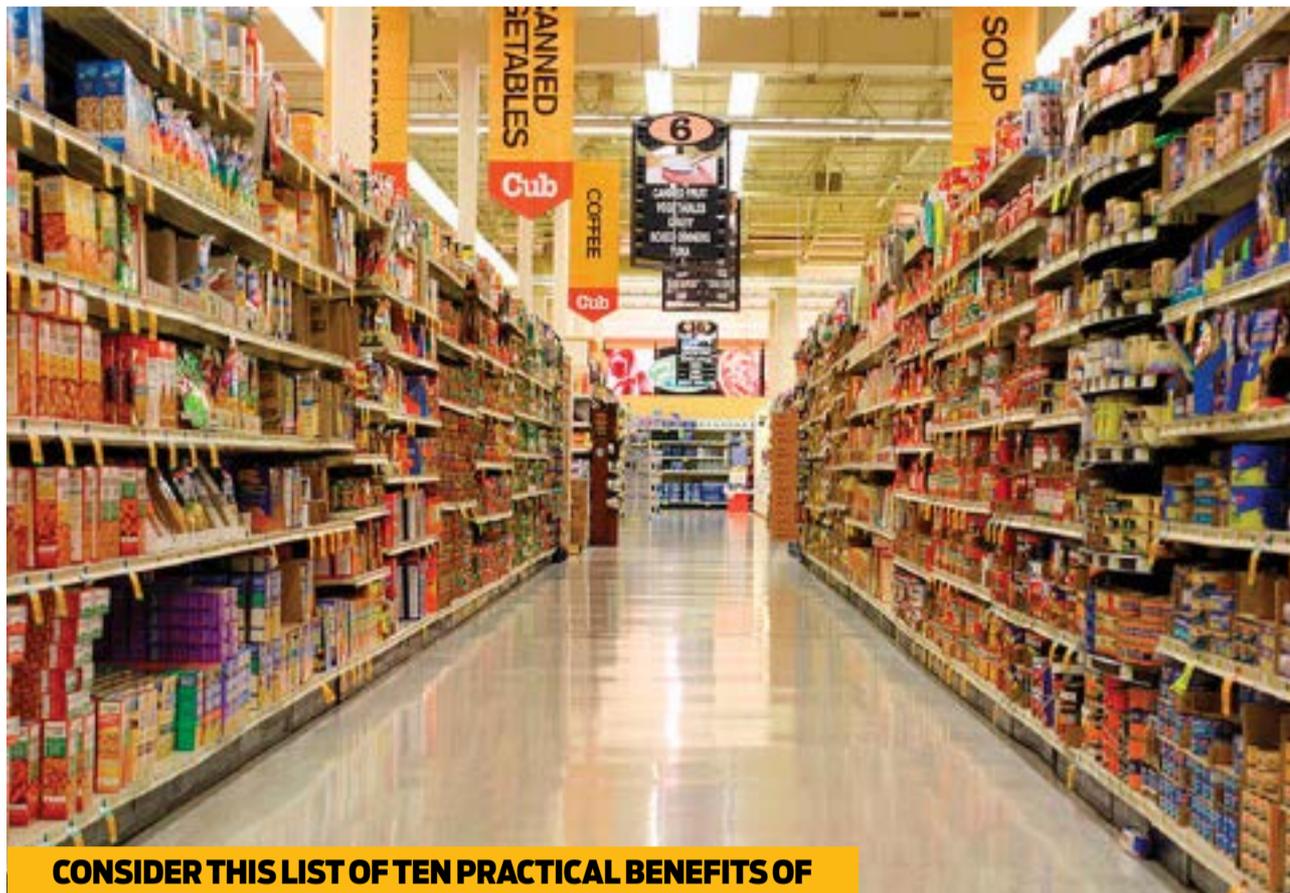
Day after day, we are bombarded with countless advertisements promoting their products and services to us: They invade us in our homes... on our TV screens, our laptops and computers, our cell phones and our radios. They attack us outside from every possible angle—billboards, posters, flyers, t-shirts, etc. They simply tempt the prospective users for purchasing goods that they offer on sale and the user gets slipped on their lucrative offers and ends up stocking goods that they probably may never be using.

This is a serious problem with every house hold that cannot put control on their temptations. This infact is a disease that is highly contaminating in nature and spreads from one house to another, from one kitchen to another and from one office to another. This disease of stocking goods that has less utility or zero utility is referred to as Consumerism. Yes, Consumerism is a disease that is fast spreading its effects and people are often found infected with it.

Just as the word, Consumer means "one who consumes", Consumerism refers to its opposite, "the one who gets consumed", Yes, this is true in today's context where the products have started consuming the consumer. That is why consumerism is referred as a disease. The basic concept of stocking goods for future purpose has changed into possessing such articles that are of no use. Availability and sales of winter fur jackets in a hot country like ours is just a befitting example.

According to Bertrand Russell, "Consumerism is the preoccupation with possessions, more than anything else, which prevents us from living freely and nobly."

Simply speaking: don't let your possessions possess you. In a consumerist society, advertisements



CONSIDER THIS LIST OF TEN PRACTICAL BENEFITS OF ESCAPING EXCESSIVE CONSUMERISM IN YOUR LIFE

1. Lessen your debts. Use credit cards less or possibly avoid using it.
2. Lessen your temptations towards possessions.
3. Lessen your desire to upscale your lifestyle norms.
4. Lessen the damage done to the environment. Don't use such products.
5. Lessen your need to keep up with changing trends.
6. Lessen your pressure to impress with materialistic possession.
7. Be more generous. Enjoy the joy of giving.
8. Be more content. Be happy with that you possess.
9. Empower your ability to see through the empty claims of advertisements and promotions.
10. Empower your ability to greater the realization that this world is not just material.

Escaping excessive consumption is not an easy battle. If it were, it would be done more often... myself included. But it is a battle worth fighting because it robs us of life far more than we realize. True life must be found somewhere else, within one own self and not outside.

and commercials objectify and disempower the consumer. Even though advertising emphasizes desire and customer control and choices, it is misleading because they are actually manipulating people in order to make a sale.

Stop being bogged down by so much stuff. The less carbon footprints we leave on this earth, the better. Give your child the heritage of human values, strong character, good manners rather than materialistic things. Try spending your time and money on worthier objectives, and it is guaranteed that you will feel much, much better—you will never be plagued with the insecurity that materialism causes.

Nowadays, we have turned consumption into a necessity. Will you be one of the people who define themselves by their possessions? Or will you take a stand and put a stop to all this madness? The choice is yours.

I, would like to mention a few quotes by great philosophers and leaders who foresaw the effects of this materialistic world.

Socrates in his philosophical view point suggest that, "Contentment is natural wealth; luxury, artificial poverty." Thomas Carlyle quotes that, "Not what you possess but

what you do with what you have, determines your true worth."

Gandhiji as we remember gave a message with his life style, "limit your requirements and believe in Simple living and High Thinking". His few lines are adopted by UNESCO in their book for Nature conservation that, "Nature provides for Man's Needs and not for Man's

Greed!!!"

Jainism favours the concept of "Aprigrah" meaning, not to possess materials that you don't need. If you have not purchased a good yourself and it has been gifted to you and such an article is not your necessity then you should find the right needy person for it and donate it.

What do we learn from this? It simply means that do not fall victim of this hazardous disease and create a diseased generation ahead. Rather prevent its contamination and create a healthy generation and a better world. It is time to take a step back and realize that excessive consumption is not delivering on its promise to provide happiness and fulfillment. Consumption is necessary, but excessive consumption is not. And life can be better lived and more enjoyed by intentionally rejecting it.



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Perhaps the very best question that you can memorize and repeat, over and over, is, what is the most valuable use of my time right now? ~ Brian Tracy



Nutrition and Pre School Education- A right path development of Child



India comes next to china in total population and accounts the second most populated country in the world. There is 12 % proportion of child out of total population in India. According to the survey of CRY NGO "India became the highest children populated country in the world with 400 million children". Children of today are the future of tomorrow and that is why Children university of Gandhinagar came up with a wide range of activities and research work with a tag line of "Every child matters".

There are various legal provisions to define children. Some organization / Institute/ Legal body consider age group of 0-14 years while UNCRC(United Nation's Convention on the Right of the Child) defined " A child means every human being below the age of 18 years unless, under the law applicable to the child majority attained earlier".

Nutrition and Preschool education are the pillars for the holistic development of children. Many research shows that child's neuronal , cognitive language and motor skills, develops in the first 2-5 years of life and in this period whatever he gains, done, feels, learnt and finally we can say children can bring imprint of entire life from here. Period of 0-5 year is crucial for each child for holistic development.

Nutrition and preschool education play very essential role in the context of development of children as early childhood is a time span of development of all vital organs. For instant, growth of tree, seed/ Plant need good amount of fertilizer, timely water supply and sun light. After taking proper care of it we have a precious fruit of it and likewise preschool education is the biggest platform to learn a range of skills and nutrition plays a crucial role in the physical development of child.

Unfortunately, our country has huge number of children who do not have access to quality

preschool education and lack of nutritive food. Recent survey of UNICEF indicates that India has 50% of malnourished children. Actually, it is a less medical and more social problem as most of parents are not aware about the skill of parenthood and gradually it became more and more complicated.

Few strategies for holistic development of Child to provision of nutrition and preschool education are following:

- 1 Exclusive breast feeding upto first 6th month,
- 2 Start supplementary feeding from 7th month
- 3 By the first year child should be given small amount of food with highly protein, energy 6-8 times in a day
- 4 Start preschool education at age of 3 as it is available at Government and Non Government set up
- 5 Avoid some myths and superstitions.
- 6 Monitor growth chart of children up to first 5 years and accordingly take further steps

According to me if we follow the above mentioned simple steps then we can overcome the problem of malnourishment which hampers physical and mental growth of a child.

In conclusion, child is citizen of tomorrow and it is our responsibility to provide a perfect environment of the children by giving right nutritious food and preschool education and make sure for right a path of the development coming citizen.



Ms. Megha Nimavat
Teacher,
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LEADERSHIP AND MANAGEMENT

LEADERSHIP: Leadership involves influencing task objectives and strategies influencing commitment and compliance in task behavior to achieve these objectives, influencing group maintenance and identification and influencing the culture of organization. Leadership is an ability to get men to do what they don't like to do and like it.

- Leadership is not gender specific ■ Leadership is nurtured with age and experience ■ Leadership can be developed through mentoring and training

LEADERSHIP AS PROCESS:

- Firstly, the processes involved are such things as influence, exemplary behavior and persuasion.
- Secondly, it involves interaction between actors who are both leaders and followers.
- Thirdly, the nature of interaction is affected by the situation in which it takes place. For example, the interaction between commander and troops on the battlefield is different in important respects from the interaction between a team leader and a group of scientists in a laboratory.
- Finally, the process has various outcomes-most obviously the achievement of goals, but also intermediate outcomes such as the commitment of individuals to such goals, the enhancement of group cohesion and the reinforcement or change of organizational culture.

MANAGEMENT: Management is perfectly adequate when things are routine and predictable; but when the organization hits turbulence and uncertainty, leadership is called for.

SEVEN ATTRIBUTES OF LEADERSHIP

- | | | |
|-------------------------|------------------|--------------|
| 1. Technical Competency | 4. People skills | 7. Character |
| 2. Conceptual skill | 5. Taste | |
| 3. Track record | 6. Judgment | |

LEADERSHIP DEPENDENT OR CONTINGENT ON MANY FACTORS

THE STYLE AND ROLES APPROACH: This approach analyses the leadership roles and behavioral styles of successful leaders. It acknowledges that group situations are often different, and emphasizes the need for flexibility in styles and roles. A person must play many roles and employ different styles in order to be an effective leader.

THE ACTIVATOR: When a person plays the part of an activator, the chosen behavior style is active and flexible. He is interested in involving other members of the group in a problem or situation and shares the decision making process, operating on the principle that "People support what they help create".

THE CONTROLLER: When a leader plays this role, the source of power comes from rewards and punishment. He attempts to frighten the group into action and the leadership behavior is rigid but active.

THE MARTYR: In this role, the leader attempts to induce guilt feelings in the followers. Martyrs try to impose their own values and policies on everyone.

THE CAVALIER: In this role, the leader wins group support through fun and games. The behavioral style varies between active and passive and has too much flexibility.

THE ABDICATOR: The abdicator avoids responsibility, postpones action, takes no risks, and often withdraws from the group. The style is passive and usually rigid, but it can be flexible on occasions.



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Mind Mapping – An Innovative way to teach Mathematics

Have you ever studied a Mathematics or brainstormed an idea, only to find yourself with pages of information, but no clear view of how it fitted together? This is where Mind Mapping can help you. Mind Mapping is a useful technique that helps you learn more effectively, improves the way that you record information, and supports and enhances creative problem solving. By us-

ing Mind Maps, you can quickly identify and understand the structure of a subject. You can see the way that pieces of information fit together, as well as recording the raw facts contained in normal notes. More than this, Mind Maps help you remember information, as they hold it in a format that your mind finds easy to recall and quick to review. Mind mapping is also known as Concept mapping too.

WHAT IS MIND MAPS?

Mind Maps were popularized by author and consultant, Tony Buzan. They use a two-dimensional structure, instead of the list format conventionally used to take notes. Mind Maps are more compact than conventional notes, often taking up one side of paper. This helps you to make associations easily, and generate new ideas. If you find out more information after you have drawn a Mind Map, then you can easily integrate it with little disruption. More than this, Mind Mapping helps you break large projects or topics down into manageable chunks, so that you can plan effectively without getting overwhelmed and without forgetting something important.



HOW DO I GET STARTED WITH MIND MAPPING?

- 1) Place the central theme/main idea or controlling point in the centre of your page. You may find it easier to place your page on the side, in landscape orientation, which is easier for drawing purposes.
- 2) Use lines, arrows, speech bubbles, branches and different colours as ways of showing the connection between the central theme/main idea and your ideas which stem from that focus. The relationships are important, as they may related with the concepts, steps of the solution of the problem.
- 3) Avoid creating an artistic masterpiece. You should draw quickly without major pauses or editing. Chances are, your first idea was fine and you placed that idea in the direction or on the branch you thought made the most sense. It is important in the initial stages of mind mapping to consider every possibility, even those you may not use.
- 4) Choose different colours to symbolise different things e.g. you may choose blue for something you must incorporate in your paper, black for other good ideas, green for the concepts and red for the things you need to learn or check with your tutor/lecturer. Your method is entirely up to you, but try to remain consistent so that you can better reflect on your mind map at a later stage.
- 5) Leave some space on your page. The reason for this is that you can continue to add to your diagram over a period of time. If A4 sized paper feels too small, you may like to use A3.
- 6) You should develop one mind map for one chapter and it is placed near your reading area or display in your study room so that you can easily see it.

What are the benefits of using mind mapping?

To achieve higher levels of concentration and creativity, together with greater organisation and more concise communication, mind mapping might be an effective strategy for you to consider. The benefits of mind mapping are many and varied. In summary they include:

- giving you an overview of a large subject/broad topic and allowing you to represent it in a more concise fashion
- encouraging you to see the bigger picture and creative pathways
- enabling you to plan/make choices about the selection of resource material you have for an assignment and where you are going to place it
- providing you with a more attractive and enjoyable format for your eye/brain to look at, muse over and remember.



How do We use mind mapping?

We can use mind mapping for the following:

- taking notes in a lecture and listening for the most important points or keywords
- showing links and relationships between the main ideas in your subject
- brainstorming all the things you already know the concept about a chapter.
- planning the easy steps to solve the problems.
- organising your ideas and information by making it accessible on a single page
- stimulating creative thinking and creative solutions to problems
- reviewing learning in preparation for a test or examination.



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Induction Training Program for Fresh Engineering Teachers held at GTU

Teacher should spare time in knowing their students & their characteristics

Gujarat Technological University [GTU] Center for Technology Education, Public Policy and Universities of the 21st Century (GTU-CeTEPU-21) Organized a One Day Induction Training Program (ITP) for Fresh Engineering Teachers-Phase II On Active, Interactive & Effective Teaching Sat GTU Chandkheda, Ahmedabad.

Total 80 participants were present in the event. Dr. Dilip Ahir Associate Dean, DE - Zone - 4, Gujarat Technological University and Ms. Arti Rathod, Lecturer, GPG, Ahmedabad were the trainers. A skilled teacher is able to handle behavioural problems with a minimum amount of disruption to the learning environment.

Three interactive activities have been conducted for participants as a part of ITP. One of the activities was



titled "Which is my potato?" in which selected participants were asked to choose one potato. They were given time to watch it closely. After a minute of observation they were asked to put it back in tray. One hour later they are asked to identify their potato and invariably, all have identified their own correctly. The message was

if each potato is unique with its own distinct characteristics – then how much more is each and every student unique! Each student is very different from others. Teacher must be able to identify each one who is very unique and treat them differently. Teacher should spare time in observing and knowing their students and



their characteristics, Dr. Ahir said.

Apart from preparing balanced question paper and effective evaluation was also incorporated under this one day induction training program. The purpose of the programme was to address such a mass of teachers who have never and ever undergone any kind of pedagogical training after being assigned role as a teacher.

Sanjay Trivedi
Project Officer [Media], Gujarat
Technological University.



The only disability in life is a bad attitude.
- Scott Hamilton



Equal opportunities to bright students of poor, middle class families

Bright students from Gujarat board & Central board who secure 90 percentile in 12th standard will be eligible to get 50% fee or ₹2 lakh/per year maximum

Gujarat Chief Minister Mrs. Anandiben Patel announces Mukhya Mantri Yuva Swavlamban Yojna

10th & 12th standard students opting for diploma courses with minimum 80% percentile will get government assistance of ₹25,000 per year or 50% of fee, whichever is lesser

Gujarat Chief Minister Mrs. Anandiben Patel made an important announcement to provide equal opportunities in higher education and government jobs to bright students of all categories-castes.

Spokes persons of the Gujarat Government Mr. Nitinbhai Patel and Mr. Saurabh-hai Patel gave details on significant decisions taken by Gujarat government.

They said that reservation policy for SC, ST and OBC is applicable in the state which covers about 49% seats. Various castes of general category have recommended that the bright students of the general category should be given equal opportunities for higher education which will be helpful in overall development of the state. Also, the government should help the students of all castes and communities for higher education.

Chief Minister Mrs. Anandiben Patel had constituted a committee of 7 ministers under the headship of Health Minister Mr. Nitinbhai Patel to hear problems of various castes of general category and to give recommendations for proper solution. The committee and the chief Minister have received more than 125 recommendations personally or through applications. After detailed study of recommendations and consultations with the senior officers, the committee has submitted its report to the chief minister.

Based on the suggestions and recommendations of the committee, Mrs. Patel announced Mukhyamantri Yuva Swavlamban Yojna for higher education and made important changes in rules for government jobs in the state. The scheme will be implemented from the academic year 2015 and the benefits of the scheme will be given on merely merit without castes and gender discrimination.



HIGHLIGHTS OF MUKHYAMANTRI YUVA SWAVALAMBAN YOJANA ARE

Bright students from Gujarat board and Central board who secure 90 percentile in 12th standard will be eligible to get 50% fee or Rs 2 lakh/per year maximum. Amount will be given to a student as government assistance in self finance and Gujarat Medical Education Research Society (GMERS) and dental courses. Thus, the government will provide assistance worth Rs. 10 lakh during five years. The annual family income ceiling will be considered as Rs 4.5 lakh.

In professional courses such as Engineering, Pharmacy, Ayurveda, Homeopathy, Nursing, Physiotherapy, 50% fee of Rs 50,000/year maximum for self-finance college, will be paid to the student as government assistance. Thus, the government will provide assistance worth Rs. 2 lakh during four years. The annual family income ceiling will be considered as Rs 4.5 lakh.

10th and 12th standard students opting for diploma courses with minimum 80% percentile will get government assistance of Rs 25,000 per year or 50% of fee, whichever lesser.

In B Sc, BA, B Com, B ed, graduation courses, 50% fee or annual Rs 10,000, whichever lesser, will be paid each year as government assistance to students in self-finance colleges.

Facilities for lodging and food: Students of talukas where higher education facility and government hostel is not available, will get Rs. 1200 per month for boarding and lodging for 10 months a year as government assistance.

Students of non-reserved categories will also get benefits of various government schemes provided to SC, ST, OBC students for higher studies. Under which, Medical and Engineering students will get assistance for books, equipments. Rs 10,000 for medical students, Rs 5000 for engineering students and Rs 3000 for diploma students at time of admission.

Same fees structures for all categories students to get admission in government colleges.

Free textbooks for all secondary and higher secondary students of granted and government schools.

Free-of-cost uniform, textbooks and scholarships for the students of all castes in government and granted schools. Around 62 lakh students will get the benefits.

Age relaxation has been extended by five years in all categories.

Private self finance colleges will not be allowed to charge high amount as form fees during admission procedures, government will regulate admission form fees.

In next five years, SPIPA's seat capacity will be increased from 340 to 1000.

Government will extend interest relief under MUDRA scheme.

Youth appearing for national competitive exams will be given training at training center that will be setup at every district.

Everyday teaches use a new thing, what matters is our willingness and acceptance.

As a teacher and mother of two kids, I always grab the opportunity to learn and strengthen the abilities to understand my students and children.

One such opportunity was a two days workshop "Master Yourself with NLP" by Arul Subramaniam, renowned international NLP coach.

Let's see what's NLP? NLP (Neuro Linguistic Program) means finding the essence of excellence. In simple words, It's an attitude of learning, curiosity and respect one's uniqueness in the world.

Our thoughts are influenced by the observations we make, thus we feel and ultimately react. NLP creates an awareness of practicing "What works well, and gives flexibility to thoughts and actions.

The two days' workshop taught me about "Beliefs of Excellence", "Filters in Thinking and Communication" and "Effective use of Lan-

NLP - THE ESSENCE OF EXCELLENCE



guage". The experience was like a journey within. I learned to overcome my drawbacks and proceed with positivity.

Recently I attended another NLP workshop on "Positive Parenting-the NLP way". It was all about creating awareness in parents for

their unconscious behaviour influencing their child's growth.

In this fast track life, parents are concerned about the issues like overdose of technologies, balancing the professional life with kids, inculcating good habits and values, handle the peer pressure and ut-

most the academic pressure on the children.

Our speaker Mr. Arul Subramaniam not only listened to the parents but also showed the ways to deal with these issues through conscious behaviour and positive thinking. All the parents had come with some or the other concern but the purpose was one, "healthy bonding with children".

This workshop has given new way to my thinking process and enabled to develop positive structures and acknowledge my kids' uniqueness.

"Each child is unique", let's believe and practice these words and give our children the wings to fly in this world.



MRS GARIMA SHAH
Educator and
Freelance Language
Trainer

Children share their views about Mahatma Gandhi Bapu, Sardar Vallabhbhai & Lal Bahadur Shastri on their birth anniversary

The birth anniversary of Mahatma Gandhi Bapu, Sardar Vallabh bhai Patel & Lal Bahadur Shastri falls in October month. Friends when you will be reading this favourite The Open Page monthly newsletter, the whole nation will be celebrating Gandhi Bapu & Lal Bahadur Shastri's birth anniversary. Now forthcoming on 31st October there will be Sardar Vallabh bhai's birth anniversary. On this event, our other dear friends have written their views which is as mentioned below.

MAHATMA GANDHI BROUGHT SPIRITUALITY TO THE INDIAN POLITICS

Mahatma Gandhi was born on 2nd October 1869, in Vaishya family in Porbander, a town in Kathiawar district in State of Gujarat. His Father's name was Karamchand Gandhi. His Mother's name was Putlibhai. He agreed to be married in May 1883. He was only a little more thirteen years old then! His wife name was Kasturba, was as old as him, and two became good friends soon, when he was living in London for the Higher study.

Later he went to British colony of South Africa to practice his law where he got differentiated from the light skin people because of being a dark skin person. He inspired lots of Indians to work against British rule for their own independence.

The full name of the Bapu is Mohandas Karamchand Gandhi. He went to England for his law study just after passing his matriculation examination. Later he returned to India in as a lawyer in 1890. He started a Satyagraha movement against the British rule to help Indians. He started weaving cotton clothes through the use of Charkha in order to avoid the use of videshi goods and promote the use of Swadeshi goods among Indians.

He was a strong supporter of the agriculture and motivated people to do agriculture works. He was a spiritual man who brought spirituality to the Indian politics. He died in 1948 on 30th of January.

DURGESH SUTHAR, GRADE:- VI, AATMAN INTERNATIONAL SCHOOL

MAHATMA GANDHI "FATHER OF NATION"

We all know many things about Gandhi ji, but do we know the following few things about him?

- Netaji Subhash Chandra Bose gave him the title of "Father of Nation" and the reason was due to his Quit India Moment.
- We call him Bapu or Mahatma Gandhi, Mahatma means "Great soul".
- He did his first Satyagraha in South Africa against discrimination.
- He was the first to apply the concept of Non-Violence in a political way to fight against Britishers.

SARDAR PATEL

- Vallabhbhai Patel was India's first Home Minister after Independence and awarded by Bharat Ratan.
- He was born on 31st October, 1875 at Nadiad, Gujarat.
- He was a Lawyer and Political Activist by profession.
- In 1917, he won election to become the Sanitation commissioner of Ahmedabad.

LAL BAHADUR SHASTRI

- Lal Bahadur Shastri was greatly impressed by Mahatma Gandhi. He was sixteen when Gandhiji called upon his countrymen to join the Non-Cooperation movement.
- He gave the slogan "Jai Jawan Jai Kisaan".
- Shastri as a Prime Minister continued Nehru's policies of Non-Alignment and socialism.
- He participated in Salt Satyagraha in 1930. He was imprisoned for two and a half years.

SARDAR VALLABHAI PATEL: INDOMITABLE PERSONALITY

It was due to his Sterling Leadership and Practical Vision that the Peasant Movement in Gujarat became a success. It was in this struggle that the Organizational Capacity for which Sardar Patel was famous in the whole Country became visible. He took over as the Nascent Nation's Home Minister at a very Crucial Juncture in History and Devoted himself whole heartedly to ensure that the Country which was also partitioned, remained intact and united.

ANSH PATEL, GRADE:- VI, AATMAN INTERNATIONAL SCHOOL

Lal Bahadur Shastri



Lal Bahadur Shastri, a well-known personality and the Prime Minister of India during the year 1964 to 1966, was a dedicated leader. He was born on 2nd October 1904 in Varanasi, Uttar Pradesh and left this earth on 11th January 1966. He was the Minister of External Affairs from 9th June 1964 to 18th July 1964 and Minister of Home Affairs from 4th April 1961 to 29th August 1963. During the year 1951 to 1956 he was the Railway Minister. He was the member of Indian National Congress. He was the follower of Mahatma Gandhi and also Pandit Jawarlar Nehru. Deeply influenced by Mahatma Gandhi, he lived a life of 'simple living and high thinking'. During his political career he visited many countries. He was the life member of the 'Servants of the People Society'. In the year 1930 he had taken part in Salt Satyagrah. He received the Award (Posthumous) of Bharaty Ratna in the year 1966. His famous slogan was 'Jai Jawan, Jai Kisan'.

PARMAR MIHIR KIRITBHAI, STD. IX, GALAXY GLOBAL SCHOOL, NIKOL, AHMEDABAD

SARDAR PATEL KNOWN AS THE IRON MAN OF INDIA

It is Prime Responsibility of every Citizen to feel that his Countryis free and to defend its Freedom is his Duty. Faith is not avail in absence of Strength and Faith Both are essential to accomplish any great work. Your Goddess is Impediment in your way so let your eyes be red with anger, and lay to fight the Injustice with a firm hand. Sardar Vallabhai Jhaverbhai Patel was born on 31st October 1875 was One of the Follower of Mahatma Gandhi, a Freedom Fighter and the First Home Minister of the India. He popularly known as the Iron Man of India for his work after Independence. He is responsible for current Shape of India.

VISHWA H PATEL
GRADE:- VI
AATMAN INTERNATIONAL SCHOOL



P.K. PATEL & U.D. BHATT SEC. & HR. SEC. ENGLISH SCHOOL

Prahladbhai Kasidas Vidya Sankul Campus, near Kumarshala, Naroda, Ahmedabad - 382330



SARDAR PATEL

Sardar Vllabhbhai Patel popular known as 'Sardar' & he is also known as Iron Man of India. Sardar Patel was an awesome freedom fighter, he was very enthusiastic in his work for freedom struggle. He has done Satyagrah with Gandhiji against Britishers, he used to a Man of his ideas, he was very intelligent and intellaactual. He has done his maxim for freedom of India. He was known as Tron-Man because once when he was child he got an operation so, it was necessary to give him Anesthesia but he refused to it and he said to doctor lets go without Anesthesia and that operation was done successfully and he became Iron-Man. He was born in Nadiad, Gujarat on 31st October 1875. His personality has some charm in it because everyone was attracted towards his personality and work. He had done so many freedom movements during his life. He was very eager to get freedom for Nation. His dream was that every Indian are free from clutcher of Britishers and our Nation. India will be prosper and united Country. Every Indian leave with other religious leave together in one Nation India. He got his title 'Sardar' while doing successful satyagrah in Bardli for farmers because revenue was increased by Britishers in order to abolish this Vllabhbhai Patel and satyagrah with great enthusiasm and got a huge victory in satyagrah. He was very much inspired by the Ideas of Gandhiji. He had done so many works for freedom after getting freedom also he was not stop. He was doing his work as usual for making our country proper and a country of unity. After independence, a huge problem was arised of making unity of 562 princely states in India. All the 562, princely states get merged in India only he convinced all the King were ready to merge and got very much appreciation for this work & he was also elected to make Prime Minister but due to some certain reasons in congress party our Jawaharlal Nehru was made Prime Minister or Home Minister. Sardar Patel has saved our country from so many crisis for that reasons our PM (Today) Narendra Modi has made a project of Statue of Unity. Which is actually a statue of Sardar Patel which is considered as to highest statue in the World.



PRAJAPATI
DHRUV - STD
9A - ROSARY
HIGH SCHOOL

A positive attitude may not solve every problem but it makes solving any problem a more pleasant experience. —Grant Fairley

NAVRATRI CELEBRATIONS



KUNAL CHAVDA
STD:10A
ROSARY HIGH SCHOOL

Navratri literally intrepeted as 'nine nights' is the most celebrated Hindu festival devoted to Goddess Durga symbolizing purity & power or 'shakti'. Navratri festival combing ritualistic puja & fostering & is accompanied by responent celebrations for nine consecutive days & nights. Navratri in India follows the lunar calendar & is celebrated in March/ April as charita Navratri & in September/ October as Sharad Navratri. During Navratri, people from villeges & cities gather to perform puja on small shrines representing different aspect of Goddess Durga, including Goddess Lakshmi & Goddess Sarasvati. Chanting of mantras & renditions of bhajans & folk songs for nine consecutive dyas of Navratri.

Navratri Celebrating : Defining both the religious & cultural themes , Navratri celebrations are seeped in traditional music & dance. Gujarat is the focus of Navratri celebrations with all night long dance & festivities. 'Garba' is a devotional dance form that derives from the folklore of Lord Krishna singing & dancing with the gopis using 'dandiya' or slim wooden sticks. 'Poos Garba' has also evolved to include steps like 'Dodhiya', 'Trikoniya', 'Three' & several others. What's more, with time, Navratri festival has been changes in celebrations with well-choreographed dance performances, high end acoustics & people dressed in made-to-order, bright costumes.

Tourists flock to Vadodara in Gujarat to enjoy a mix of high energy band music performances, singing & dancing. Navratri in India witness myriad forms of devotion across the country while retaining the common underlying theme of good or evil. In Jammu, Vaishna Devi shrine sees a huge rise in the number of devotes making their way to pilgrimage during Navratri. In Himachal Pradesh, the Navratri Mela marks the auspicious occasion of Navratri. In West-Bengal, men & women celebrate 'Durga Puja' with great devotion & reverence & worship Goddess Durga destroying the demon 'Mahishasura'. 'Ramliia'. In South India, during Navratri people arrange idols in a step pattern & invoke the name of God. In Mysore, the nine-day Navratri festival coincides with 'Dasara' festival involving folk music renditions & dance performances, wrestling.

DODHIYU, FREE STYLE GARBA



(TOP) SHRUTI
PATEL & HALAK
SHUKLA
(STD IX)
ARJUN ENGLISH
SCHOOL

religious feeling. Every year we are eagerly waiting for this festival.

Youngster of Gujarat are looking forward for Navratri festival to show their energetic dance performances. There are many forms of dance that people are performing during Navratri. But we like the Dodhiya - a total free style garba. The beautiful moves of hands and free style make a "Ramaiya", girls / boys look a real eccentric dance. This dance form takes 30 steps. "Rangela" is a new style of a garba performance which takes 20 steps. "Classical Dodhiya" which has 30 steps dance performance making devotional hand mudras. There are many stylish steps which are to be practiced a lot. Now, the girls have new style in dressing that is short Ghaghra with capris. Everybody looks colourful on these days. There is no discrimination of caste and creed. All assemble in group to perform their favourite dance forms. It is full of energy, activeness and surely a good form of exercise. So it is full of joy and happiness and give us a

What students think about Navratri?

Here we presented the articles which is written by students in their own words about Navratri.

Goddess Durga is seen in nine different forms

'Navratri' consists of nine auspicious days which are celebrated as the days of goddess Durga . This festival occurs twice a year, at the change from winter to summer in the spring, and again at the change from summer to winter in Autumn. The two Navartri Celebrations are known as Ram Navratri in Chaitra and Durga Navratri in Ashwin.

Goddess Durga is seen in nine different forms. Amongst her many forms, One sees her as Goddess Lakshmi for Peace and Prosperity and another as Goddess Saraswati, the Goddess of Knowledge.

It is believed that on this day, Goddess Durga killed the Demon Mahishaswara and rid the world of the evils.

In North India, a dry coconut is covered with a red cloth and placed on a small pot in the puja ghar, symbolizing the Goddess. Generally the ladies of the house fast for nine days and consume only special Navratri food. They feed seven or nine young girls as the goddess

is worshipped in the form of Kanya or girl. The most important feature of the Gujarat Navratri is the dances! The Dandiya and Garba Dance shapes the most important activity during this festival. My favourite step is Dadhiyo. The Chaniyacholi is the main costume that women or girls wear in the festival. My Chaniyacholi is fully decorated with designs.

The festival is thus celebrated in different parts of India under different names but underlying the thought is same, the worship of goddess Durga.

Actually it all began when Mahishaswara prayed very very hard to become invincible! Alas this power made him arrogant. "I am unbeatable "he roared to the Devas of Gods. The Devas were unable to match his invincibility and Mahishaswara managed to seize devaloka ,the heavenly abode of the gods! So, the Devas came together and created Durga from there combined energies. They wanted Durga to take on the challenge of vanquishing Mahishaswara.

"On, Great divine mother, Ma Durga, said the Devas." You are Shakti, the result of all our strength! Destroy this indestructible enemy!"

Mahishaswara and Durga went fighting for nine days! Finally, Durga or Ma Shakti" trampled Mahishaswara to death! So this nine days are celebrated to worship Goddess Durga.

VEDIKA PATEL ■ GRADE:- V
AATMAN INTERNATIONAL SCHOOL

ENJOYING THE RHYTHMIC MUSIC OF LIVE ORCHESTRA IN NAVRATRI

I Like Navratri Mohotsav as I enjoy the rhythmic music of live orchestra in Navratri. It is a visual treat as each and every one is wearing colourful clothes and fancy Jewellery playing Garba in circular motion but I like to wear simple Chaniyacholi with fancy jewellery. I and my friends enjoy dance Raas, Popatiya and Chal ta Chal steps. We always plan our costumes and jewellery earlier like on 1st and 2nd day of Navratri wear Chaniyacholi and third day skirt fourth day long skirt fifth day jeans. Then next day we wear costumes related to fancy dress competition

In our society we have Garba competitions and winner gets prizes

Navratri is also, celebrated to invite/ welcome of Spring and Autumn Seasons. During Navratri we pray and worship Goddess Durga.

RAHI PATEL ■ STD:- IV ■ AATMAN INTERNATIONAL SCHOOL

Nine-night-long festival is celebrated by all communities



Navratri is the festival of nine nights. It starts on the first day of the month of Ashwin and ends on the ninth day. It is said that Goddess Amba fought with the demon Mahisasur for nine days. She killed him on the tenth day, so the day of her victory is celebrated Vijaydashmi. People perform the garba and the dandiya raas. The place where garba is held is decorated with colourful lights. The Garbi with the idol of goddess amba is kept in the center. The garba or raas is performed around it. Famous singers and musicians are invited along with orchestra. People dance throughout the night. The programme ends with the arti. Navratri , the nine-night-long festival is celebrated by all communities. It is no doubt a popular festival. It is one of the longest festival.

PRINCY PATEL, GRADE - VI, AATMAN INTERNATIONAL SCHOOL

NAVRATRI IS NINE DAYS FESTIVAL

- NAVRATRI is nine days festival.
- We do pooja of "Maa Durga" every day.
- We wear different colours of clothes every day.
- We play different style of garba which are

BHAVAI RAS

DANDIYA RAS

DODHIYA RAS

TLPPANI RAS



GARBA RAS



Women wear different colours of Ghaghra, Odni and Chaniya-choli ■ Men wear Kadiya, Vajani.

PRIYANKA PATADIA, GRADE IV, ROLL NO. 19, AATMAN INTERNATIONAL SCHOOL

If you wish to be loved; love! — Seneca

Jay International School plays host to State Level Lawn Tennis Tournament U-17 Boys & Girls

The atmosphere of Rajkot-based Jay International School came alive with the students from districts all over Gujarat for the U-17 State Level Lawn-Tennis Tournament (Boys and Girls) which was held between 11th Sept and 14th September. The tournament's opening ceremony witnessed the delegates from all the fields. Total 24 district teams registered in boys tournament and 15 district teams registered in girls tournament. The boys tournament was led open by the Joint Commissioner of Police, Rajkot- R V Jotangiya whereas the girls tournament was inaugurated by the Police Commissioner, Rajkot - Mohankumar Jha. The U-17 boys tournament was won by Ahmedabad City

team followed by Ahmedabad rural and Patan district teams. Whereas that of U-17 girls was bagged by Gandhinagar rural team followed by Ahmedabad rural and Baroda city teams.

The four day tournament made the campus live with parents, guests, team-mates and the audience rushing in. The whole tournament was undertaken under the expert guidance provided by the Chairman- Bharatbhai Tanti as well as the Managing Director- D.V Mehta, whereas the team under the leadership of the District Sports Officer (rural) - Satyajit Vyas and the school Sports-heads Manindarkaur Keshap and Ahas Tande led it to be a success.



STUDENTS ENJOYED THE HANDWRITING COMPETITION

From 15 schools more than 350 children participated in the Handwriting Competition supported by 'The Open Page', students' favorite newspaper. The competition was held for students of Grade 1 to 5 where the art of handwriting was seen. The winners were highly motivated by the prize distributed from the LML School. The students had portrayed their inherent talent through their beautiful pearl-like writings.



SWIMMING COMPETITION

Tripada Gurukulam School, Viramgam organised swimming Competition at School Campus. Competition started at 8:40 with lighting the lamp by Chief Guest Mr. Jagdish Joshi. In the competition there were 4 groups of the students and parents. Special about the competition was that parents also participated in the competition. The competition was about Free Style Swimming Competition. In the competition total 35 students participated as well as 15 parents also. All the students and parents participated very enthusiastically. Meanwhile the competition sports coaches showed the different style of swimming as well as diving styles like: Butterfly, Backstroke, Dolphin Diving, reverse diving etc. most of the parents appreciated them with uproars and applauses. At the end of the competition Chief Guest and other guests awarded the winner with medals, certificate and gift also.

Delhi Public School, Gandhinagar Teachers' Day Celebrations

According to Robert Brault, "The average teacher explains complexity and the gifted teacher reveals simplicity." Teachers' day is celebrated in the honour of great scholar Dr. Sarvapalli Radhakrishnan. He was born on 5th September 1888. The power of learning and adapting problem solving skills, individual attitude and many other skills are polished by a teacher.

In our school, Teachers' day was celebrated with all meaningfulness on 4th September, 2015. The whole school staff was present in the auditorium. The function began with a welcome song by students of classes 3 to 5.

To focus on the importance of Teachers' day an inspiring speech and a poem was presented by the students followed by the tiny tots of class 1 who presented a dance 'We love you teachers'. After that a motivational speech was presented by a class 12 student. Finally, students of class 12 dedicated a song to all the beloved teachers of the school. At the end, Principal madam addressed the teachers and they were presented with a gift and a card as a token of appreciation. "Better than a thousand days of diligent study is one day with a great teacher..."



MATH'S – SCIENCE FAIR

Math's – Science Fair was organized by C.R.C level. Students of Hira Manek School, Narol has participated.

Division – 1 (Health & Nutrition)

The Project which was introduced by these students was selected at the city level.

By introducing this project students of Hira Manek School, Narol had shown their hidden skill and confidence.





HINDI KO NAMAN

BAPS Swaminarayan Vidyamandir, Raysan celebrated 'Hindi Diwas' with great enthusiasm and zeal on 14th Sept. 2015, to pay tribute and to respect to the mother language of India. The Day was celebrated with various programs and competitions in Hindi. All the students participated with great excitement and enthusiasm. A welcome song – "Aao Baccho Tumko Dede Shiksha Hindi Bhasha Ki" was sung by the students which made every one proud to be Indians. The 'suvichar' for the day was also presented in Hindi. The speech and poem stating the importance of Hindi language was delivered by the students of class IX and X. The message of the day was as Hindi is the better mode of communication among the people in India it should be respected and promoted among each other.

CHAITANYA SCHOOL STUDENTS INTERACT WITH PROF. ANIL KUMAR GUPTA



Globally renowned scholar in the area of grass root innovations, Padmashree Prof. Anil Kumar Gupta visited and interacted with Chaitanya students. He had an interactive session with the Chaitanya students, during which he organized an 'On-The-Spot Idea Competition' which brought to the fore the creative best in the students. He also visited an exhibition of models prepared by students of classes VI to XI. The students were highly motivated and inspired by Prof. Anil Kumar Gupta to follow their dreams much like Dr APJ Abdul Kalam, his mentor did. The visit was memorable because Prof Gupta, open to any innovative idea was a role model for the young Chaitanyans. "I'm so happy to see the creative expression of the children. They have made many models which address the urgent needs of our society. Hope the spark of creating compassion and collaboration will continue to inspire the children and transfer our country and the world".
Padmashree Prof. Anil Kumar Gupta At Chaitanya School, Lekawada



Partnering Excellence in Education at Chaitanya School Gandhinagar

Ms Swati Matta of Chaitanya School Gandhinagar, winner of the THE BEST DISTRICT TEACHER in the 17th SOF NATIONAL SCIENCE OLYMPIAD for the year 2014-15 with Trustee, Ms Nalini Subbarao and Director & Trustee, Ms Elizabeth Koshy

Doon Blossom Academy hosted Science & Mathematics Exhibition



Satyam SVS-5 Science & Mathematics Exhibition 2015-16 was organized at Doon Blossom Academy, Chandkheda. The event saw participation from 59 schools wherein 107 projects were displayed. The exhibition was inaugurated on 15th September 2015 by Mr. S M Barad sir, DEO Gandhinagar. On 16th Sep, students from various schools thronged to see the exhibits with great enthusiasm.

The exhibition had 5 sections, namely, Nutrition, Health and Cleanliness, Resource management, Agriculture and food safety, Industry and Disaster Management/ Maths for quality life. The exhibits included static models, working models and research based projects which were very innovative and relevant to today's times. One of the exhibit demonstrated how oil spills in oceans & seas could be removed. Another eye catching exhibit included a hydraulic lift. There were many solar based models showcasing concepts of sustainable energy like solar mobile charger, solar pump etc.

Under the able guidance of the Principal of DBA Mr. Kaumay Bhavsar, the exhibition was very well executed. Visitors appreciated the efforts of the students and the teachers who had guided them in broadening the horizons of the young minds of the country.



Divine Life international School (Vatva)

An Educational tour is always enhancing knowledge of student with great enthusiasm .the moment was experienced by the student of Divine life International school on 19th sep 2015 when they had visited the PARLE_G Factory at Naroda . They all had a great time over there with the understanding of how the famous Parle_G biscuits are manufactured. They also enjoyed relishing fresh biscuits over there. Certainly the trip taught them many things outside the walls of the school.



Yuvaunstoppable organized certificate distribution programme to encourage to Tripada International School's students at Grand Bhagvati Hotel, S.G Highway. They are given 10 certificate to the students.



Snaps of The best Radha Krishana coptn & Dahi Handi Mahotsav at Little Angles Play School. Kids enjoyed a lot.



INVESTITURE CEREMONY
Nurturing students to be future leaders Smt S G English Medium Primary School held its investiture ceremony on 15th July, 2015 to bestow deserving students with the responsibility of leading the school from the front. The electors and selected members of the school senate were conferred with badges and sashes by the chief guests, the principal and teachers. This was followed by the oath taking ceremony whereby the captains had sworn to fulfil their duties wholeheartedly and sincerely with full commitment.



Tiny tots of GLOBAL MISSION SCHOOL (SANSKARDHAM), MANIPUR

Ahmedabad had celebrated ALPHABET DAY on 7th July, 2015. It was a joy to see all the kids dressed up creatively by the parents with the initial letter of their name.

Recognition of alphabet was done by the kids on the stage. They introduced themselves by their initial letter and also gave names of other related things. It was fun learning the alphabet from them.

THE GYANSETU PROGRAMME AT F D SCHOOL



The Gyansetu programme of F D school partner Gaspur Bhata School, Gaspur. Under this programme F D school will undertake various activities with the students of Gaspur Bhata School. One such programme was organised on 15th September 2015, in which the students of the Primary section of Gaspur Bhata School were given demonstration of various science topics by practicals. They were shown different practicals relating to sound, light, speed, Magnetic Forces, working of Prizm, to name a few. They were also shown slides showing aomeba, paramecium, blood cells, plant cells etc. They were also demonstrated methods to test carbohydrates and protiens. F. D. School Asst. teachers Mr. Yusuf Khatumbra and Shakil Maniar along with Science Teacher of Gaspur Bhata School Ms. Rehana Mansuri actively helped the students understand the basics of science interestingly. Mrs. Falguniben Patel, Principal, Gaspur Bhata School thanked F D School Principal Mr. M. I Gena for his co operation.



COUNTLESS BLESSINGS GAINED BY BRIGHTIANS

The Brightians were showered countless blessings by the grandparents in the 'JEEVAN SANDHYA OLDAGE HOME'. Students of 10th standard, before their exams visited these isolated grandparents to give them lots of smiles. Many old people saw their own grand children in these students. They presented a rose to these grandparents and celebrated 'Special Rose Day' with them. The students were accompanied by their principal – S. K. Risam and few teachers also. It was really 'Value Education Tour' which taught them the values of parents and grandparents. The students were also made to take an oath that they will always respect and love their parents and in any situation, they will keep them with the family. The students were full of tears and entertained so many grand parents.



CARBOHYDRATE FACTS

Carbohydrates are chemical compounds that are made up of oxygen, hydrogen and carbon.

Carbohydrates can be divided into 4 chemical groupings; monosaccharides and disaccharides (simple carbohydrates often referred to as sugars), as well as oligosaccharides and polysaccharides (complex carbohydrates).

Carbohydrates are the body's main source of energy (calories) and are a key fuel source for exercise and sport.

Carbs are easily digested and are broken down into glucose, which the body then uses to do its various tasks. Protein and fat on the other hand, are more difficult energy sources to digest and are needed to build tissues and cells in the body.

Carbohydrates are where most of our daily energy intake should come from, but our bodies have a limit. Too many carbs and the body will convert the extra to fat.

Most food items we consume contain carbohydrates. All fruit and vegetables, all breads, grains and cereal products are carbohydrates as well as sugars and sugary foods.

Some foods have more carbohydrates in them than others, pasta, bread, rice, milk, potatoes, baked foods, fruits, vegetables, cereals, and popcorn are all high in carbohydrates.

Starch is the most common carbohydrate in the typical diet of a human being. Potatoes, rice, wheat and corn all contain large amounts of starch.

Carbohydrates are not all alike. Man-made refined carbs act differently in our bodies compared with more natural complex carbs.

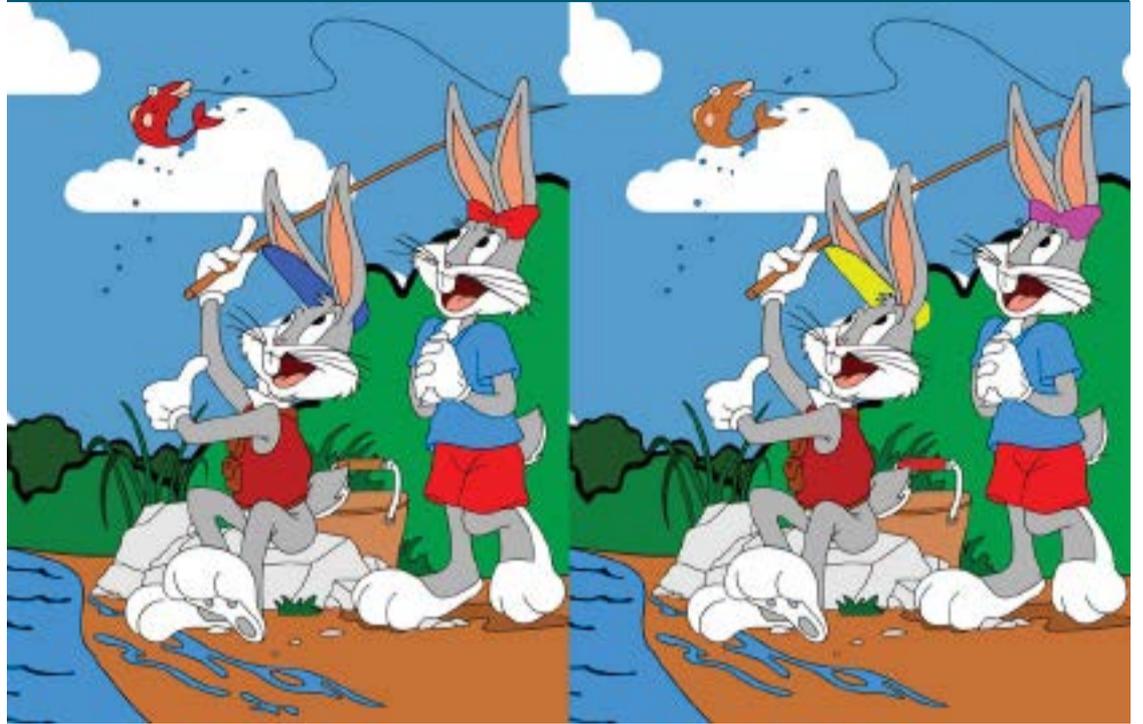
Processed, man-made carbs offer little in terms of nutrition and are broken down, digested and used very fast by our bodies. Eating these carbs will give a temporary burst of energy, but soon after we feel tired or hungry again. Refined carbs, are found in foods such as white bread, white pasta, white rice, sugar, cookies, cakes, and fruit juices which require a number of processing steps in their manufacture.

More natural complex carbs on the other hand are loaded with nutrients like fiber, vitamins and minerals. These carbs do not cause the same spike in blood sugar levels, our body breaks them down and digests them much slower, so we feel full for longer. Non-manufactured foods like fresh fruit and vegetables, wholegrain breads, cereals, pastas and brown rice are all healthy natural carbs.

It is possible for humans to live healthy lives while eating very low levels of carbohydrates, because our bodies can convert proteins into carbohydrates.

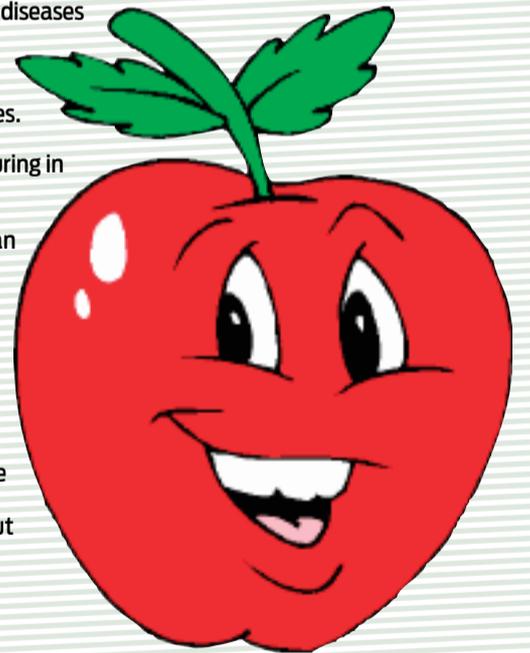


FIND THE 5 DIFFERENCES



APPLE FACTS FOR KIDS

- Apples are the fruit of apple trees and are one of the most widely grown tree fruit.
- Millions of tonnes of apples are grown every year.
- There are thousands of different varieties of apples including Fuji, Gala, Red Delicious, Golden Delicious, Pink Lady and Granny Smith.
- Granny Smith apples originated in Australia in 1868 accidentally after a chance seedling by a woman named Maria Ann Smith.
- While most apples are eaten fresh, they have other uses including juice making and cooking.
- The apple tree originated in Central Asia.
- China is the leading producer of apples.
- Apples were taken to North America by European settlers.
- Apple trees can be vulnerable to a number of different diseases and pests. Chemical sprays are often used to limit the damage but organic methods are also popular.
- Honey bees are commonly used to pollinate apple trees.
- Apple trees typically blossom in spring with fruit maturing in autumn.
- Apple seeds contain a cyanide compound. Our body can handle small doses of this naturally occurring poison so you'd have to eat a huge number of seeds for it to have an effect, and even then the seeds are covered in a protective coating which keeps the cyanide compound safe inside.
- An average apple contains around 130 calories.
- It is believed that the saying "An apple a day keeps the doctor away" originated in Wales in the 19th century. Sadly eating apples doesn't guarantee good health but they do have nutritional value and potential health benefits.
- The apple genome was decoded in 2010.



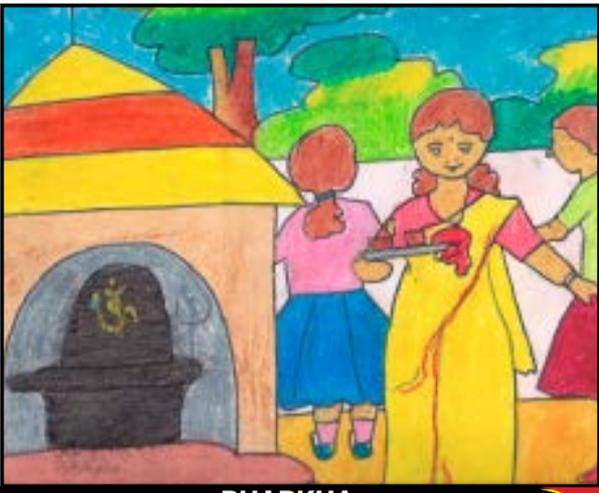
DOT TO DOT



GUIDE THE ROCKETSHIP TO MARS

FIND THE WAY

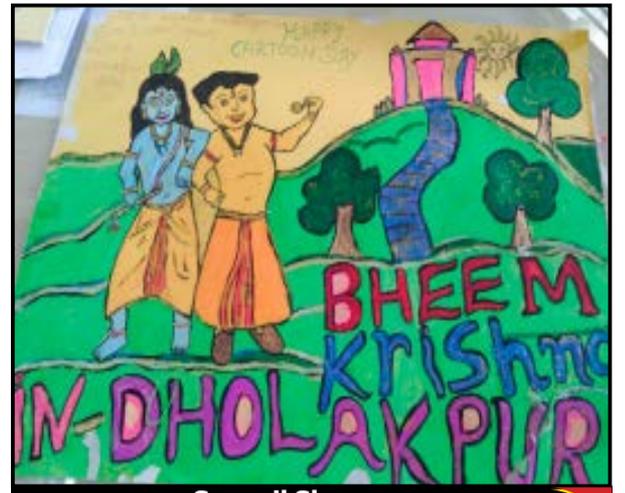




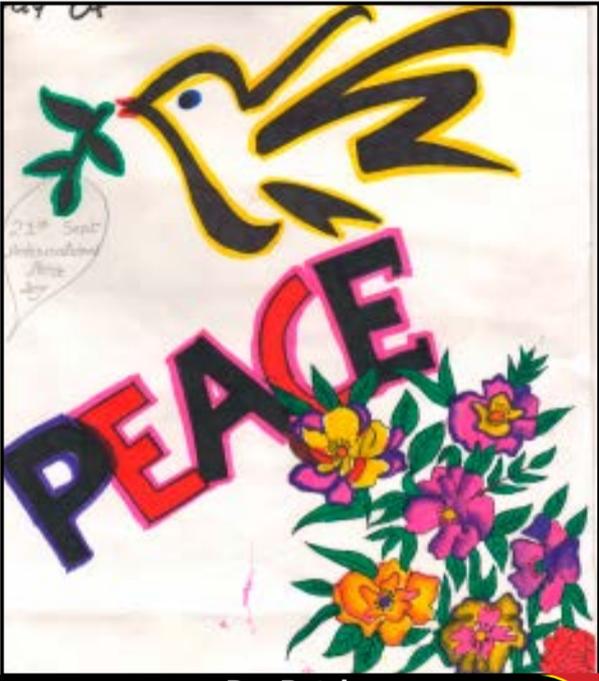
BHARKHA
STD-VI, The Rosery School



Dhanvi Shah
Std-7, Arjun English School



Svapnil Sharma
Std-1, Divine Life International School



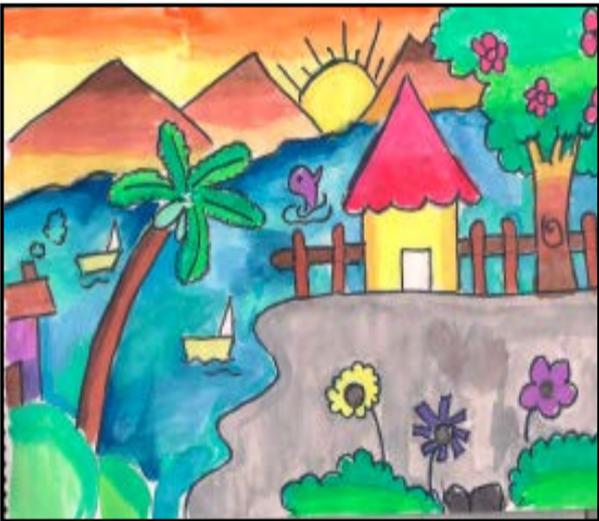
Dev Patel
Std- VII, Sri Satya Sai Vidya Niketan-2



Jimit V. Khatri
Std- 5 B, THS



Panchal Manushi Amit
Std 7th, Tripada day school



Vineet
STD-VII, The Rosery School



Shreya Shah
Std-9, Urmi School, Baroda



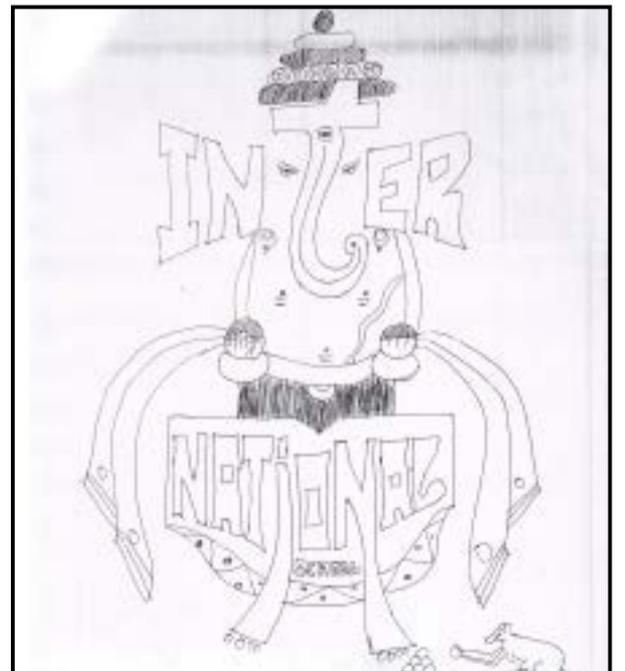
Vyas khyati
Std- IV, Tripada Gurukulam, Viramgam



Vaishnavi Chauhan
Class 6B, Global Mission International School



Vraj Desai
Std-2, Divine Life International School



Sneha Patel
Std-7, Degam International School



Email your answers to: theopenpage@tripada.com by 25/10/2015. You can also post your answers to the following
Address: The Open Page, 4th Floor, Vishwa Arcade, Opp. Kumkum Party Plot, Akhbarnagar, Ahmedabad - 13.

MUSIC TERMS WORD SEARCH PUZZLE

DQGGRIULELHNOGPOBSLCAOMYTAXEVH
XUBOAKKPERMHGSHSVAYQPUIJOBQYTT
YUXTWDWAUROPFAEAQJMPQEQQBWVNDQ
PLXZVGBXOPNJWOLPXXEWGKJPFALBNJ
CGLIATWOLLAWSREWOLFROOMVBQHGNVU
XEWVRJABEGREMEIFQDVYXXLLFUVUAA
GSRHEYINSECTCWL RHIVKEMIEVRFWMM
YGMETAMORPHOSISABAUOKOKLWTTCCND
AFEEPEIEAMHINHSCMWUDTNMWNNDVU
OHVYOENTOMOLOGISTSWLCDFANLOJRX
XXLEDCKAOLCGNINRUOMZQBELZQQNBC
RNFDIMHNYPRFJUDAGZRWHHJQMDWWYF
BZFNPNRSRYSYSLWLESQMGZGNGMRMASM
XSBUEUSEYNDRGTILLNFVQARBSZGFOO
CEQOLMXTBSIAEUNIOJNQWRJMXQMJSZS
AXCPDSRIGFALLKGPFPXPEXDPJLDQPQG
LXHMDVEHTBPLVDCREMASTERLRUQHIL
VUIOUPKUMMUIIDEWKLIMNZHYJXCIO
RKHCYPYPGKZATHSJTHORAXLAGMBFLAP
KCPKCVIWXZSIZSRIANCHDLFENLGPWU
LTLJLZQEXIERXCFCFIELAMEFNGTOCX
JBP I EFGYUSEFPKRSRLARIMDADERSII
AYBZNOJFPBWMYDPHJODPOSGNIWODDC
RFJHWIDVAPKPNQSCPQXBDYMNJJJSIWR
LYAMFJWYAAQKHQIJGLEBOOJICPWMLLB
OQRYFXRTZWEWPWSOHALORHKTQVHHLR
MATZ I OMHQCXLHQNUOPSREPSALCHYPB
RKRZSBOMTIXUVIXINEUBCWARIAXCOJ
HBAQXMMPPJDNVZGROBXYIXBJUMBKQB
LIYQJXPRJXGIIUKPHPYAVFISMZQTV

ABDOMEN
ANTENNA
BALTIMORECHECKERSPOT
BASKING
BROOD
CATERPILLAR
CHRYSALIS
CLASPERS
COMMONSULPHUR
COMPOUNDEYE
CREMASTER
DIAPYASE
EGG
EMERGE
ENTOMOLOGIST
FEMALE
FLOWERS
FOREWING
FRASS
FRITILLARY
GARDEN
HEAD
HIBERNATIONBOX
HINDWING
INSECT
LEGS
LEPIDOPTERA
MALE
METAMORPHOSIS
MILKWEED
MONARCH
MOURNINGCLOAK
NECTAR
PAINTEDLADY
PROBOSCIS
PUDDLE
PUPAE
REDADMIRAL
SCALES
SWALLOWTAIL
THORAX
VEINS
VICEROY
WINGS

GENERAL KNOWLEDGE QUIZ



1. True or false? Dinosaur fossils have been found on every continent of Earth.
2. What dinosaur themed book was turned into a blockbuster movie in 1993?
3. True or false? Ankylosaurus featured huge plates of bone that acted as body armor.
4. Did Sauropods such as Brachiosaurus and Diplodocus move on two legs or four?
5. True or false? Pentaceratops was the first dinosaur to be officially named.
6. Which came first, the Jurassic or Triassic Period?
7. True or false? The US state of Colorado lists the Allosaurus as its state dinosaur.
8. What weighed more, a fully grown Spinosaurus or Deinonychus?
9. A person who studies fossils and prehistoric life such as dinosaurs is known as a what?
10. True or false? Birds evolved from dinosaurs.

ANSWERS OF LAST MONTH

1. Three 2. True 3. The Jurassic Period 4. Herbivore 5. False 6. True 7. Two 8. Brontosaurus 9. False (65 million years ago) 10. Raptor (Velociraptor)

Matching objects with the same category

Draw line to match object on the left with the same object category on the right, for example fish with fish, food with food, animal with animal fruits with fruits, etc.

	•	
	•	
	•	
	•	
	•	

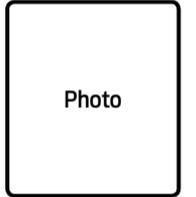
FUN WITH COLOURS

Till Std. 4th

Your drawing should reach us by 25/10/2015 at
The Open Page, 4th Floor, Vishwa Arcade, Nr. Akhbarnagar,
Nava Wadaj, Ahmedabad-380013

GIFT FOR
BEST
COLORING

Name: _____
Name of School: _____
Std: _____ Mobile No.: _____



VEGETABLES



KEEP YOU HEALTHY!

WINNER OF SEPTEMBER

FUN WITH COLOURS
Your drawing should reach us by 25/9/2015 at
The Open Page, 4th Floor, Vishwa Arcade,
Nr. Akhbarnagar, Nava Wadaj, Ahmedabad-13

Name: Reza H. Sheikh
Name of School: Blossam Primery school
Mob. No.: 9998443535




WEATHER

When the weather is wet,
we must not fret.
When the weather is cold,
we must not scold.
When the weather is warm,
we must not storm.
But be thankful together,
Whatever the weather.

—Rachit Prajapati
Tripada International School,
Ahmedabad



TEACHER

Teacher! Teacher!
Help for a good future.
And has a good nature
Also a filler.
And like a pillar
We are innocent
And you are mature
Forgive me when I make an error
May you ever love and not terror.
You are my role model
Guide me to achieve goals..

—Rutvik Shah
Std-10th
Sri Sathya Sai Vidyaniketan

Social and emotional developments

“While physical development is the easiest to observe, child's social and emotional achievements can be difficult to identify directly. Such skills can be tough to see, but they are just as important as the physical.

During the first few years of life it is essential for children to learn that they can trust and rely on their caregivers. By being responsive and consistent, parents help children learn that they can depend on the people they are close to. If a child knows what is expected and what shouldn't do, will help kids develop a greater Sence of self control.

To develop social and emotional skills, parents need to give their children opportunity to play with

others, explore their own abilities and express their feelings. Parents should pose to help kids make their own decisions.

Children need to understand the feelings of others, control their own feelings and behaviours and get along with their peers and teachers in school. Children need to be able to cooperate, follow directions, demonstrate self control and pay attention.

Recent research shows a direct connection between healthy social-emotional development and academic success. The national Academy of Sciences identified three qualities children need to be ready for school :- intellectual skills, motivation to learn and strong social/emotional capacity.

It's our duty as both parents and teachers to provide healthy and appropriate culture to grow social and emotional developments in the child "

Bhavesht Patel
Rudra Patel's
Parent
Std:- 3 - A
TIS



GLOBAL SSV'S CHILDREN AWARDED

This honour is bestowed upon global SSV Ahmedabad for commendable performance in Avantika cultural Olympiad colouring, greeting card, and essay writing competition in the year 2015.

NAVRATRI STANDS FOR

N – NINE NIGHTS

A – ACTIVE ON DRUM BEATS

V – VERIFY

R – REVELERS

A – AWAKEN

T – THROUGHOUT THE NIGHT

R – REPRESENTING

I – INSTANEOUSLY

Sanjana Prajapati
STD VII, Arjun English School



FRIENDSHIP

Friendship means understanding,
not agreement.

It means forgiveness,
not forgetting.

It means the memories last even
if lost....

Friendship isn't about
Whom you have know the
longest....

It's about who come,
And never left your side....

The best of friends,
Will always share,
Your secret dreams,
Because they care.

I will take your hand & comfort your
tears,

Will you hold me & soothe my
fears?

With you my most favorite thing I'll
share,

If only I know do you truly care?

—Mansi Gupta Std-8th
Tripada Gurukulam English School

Soap Distribution in the Ranip Prathmik shala



IT'S JALSOO TIMEEEEE

What a fun day on Saturday we were gathered on TGBC the grand Bhagwati, for YUVA UNSPOTTABLE an 5/9/2015 It Was a jalso time for us. We shared our opinion to Mr. Anitabh shah . he is was an founder at YUVA UNSPOTTABLE we enjoyed lot. The students who attended were Bhavin ,Yash,jenish, Vinay, Jugal all from 11th commerce some from 12th & 10th they are shivani, kairavi , brinda, Shreya, Priyanshi & lakum Sunita (T.D.S Teacher)

Bhavin & Yash (11th commerce)

To eradicate life threatening illnesses, YUVA UNSTOP-PABLE, along with schools, is working towards creating awareness about cleanliness and prevention of such illnesses among the less privileged students. TRIPADA students too are actively involved with this organization in their various awareness drives. As a part of drive, students collected soaps, hair oil, tooth brush, tooth paste, powder, shampoo etc... and distributed to the students of RanipPrathmikShala No-4. Along with 36 students, scouts and guides were also involved in this awareness drive. Our main motto was to distribute these products to the poor children for their healthy life and to help them.

As an appreciation YuvaUnstop-able's team invited our student team for the felicitation program held at TGB. Certificates were distributed by the founder, Mr. Am- itabh Shah and he interacted with the students for their opinion about the awareness programs.

LAKUM SUNITA G.
Educator, Tripada day school,
Ahmedabad

Project Exhibition Held at Grow more School, Himatnagar

On the festival of Janmastami, trio functions of religious, cultural and science were held at the campus of grow-more school of Himatnagar (S.K.) students of school developed projects related to energy, ecology, pollution, modern agriculture and demonstrated at function. Teachers and students of architect college inspired school students. C A E OF school Mr. H. B. Patel inaugurated the exhibition. Trustees, parents, teachers had congratulated the show cased at exhibition prepared by students which was attracted all visitors and symbolized close love of brother and sister.

In the third half of the celebration of janmastami- birth ceremony of lord Krishna was cheered up with matki-fod, dance and musical songs. The student performance on the song jay-ranchod-makhan-chor the entire atmosphere was filled with fun and spirituality with shouting jay Kanaiyalalki-Hathi Ghoda Palki Some students dressed themselves as Krishna and Radha. The entire campus echoed like grow-more gokul. Trustees and principal J. D. Patel congratulated all for this grand celebration and paid good wishes of janmastami.

Teacher: A friend, a mentor and a guide

“Education is the key to success in life and teachers make a lasting impact in the lives of their students.”

Teacher's day is celebrated on 5th September 'to pay admiration, adoration and appreciation to the teachers for their caring'. The teachers are viewed as the foundation of our society as they are the path guider for all the students, career creator and are the one who make the student to become an ideal citizen of our nation.

BAPS Swaminarayan Vidyamandir, Raysan celebrated the birthday of two great teachers—firstly the spiritual and divine Guru Lord Krishna and secondly Dr. SarvepalliRadhaKrishnan - the great architect of the society and an ideal teacher of the nation on Friday 4th September'15. The celebration started in the morning assembly with Dhun-Prarthana. The first half of the celebration was based on Janmashtami. The programme was performed by the students of Pri-primary and Grade 1 to VIII with great enthusiasm, joy and fervor. The religious story about the birth of Lord Krishna and the significance of Shri Krishna Janmashtami was conveyed to the students. The tiny tots dressed themselves as Krishna, the children danced on the song “ChhotiChhoti-Gaiya” depicting the characteristic of Bal Gopal (child Krishna). The student performed on the song “Nandgheranandbhayo” and the entire atmosphere was filled with fun, frolic and spirituality. There was also the programme of Dahi-Handi, which depicts the mischievous part of Krishna.

In the later half of the celebration the students paid a tribute to the teachers by expressing their gratitude towards them by reciting

the poems. There was also a speech given by one of the educator Mrs. Dolly Dave wherein she shared her teaching experiences, stated the role of an ideal teacher and asked the students to lead a disciplined and healthy life. The student-teachers organized some exciting and energetic games for the teachers which made the day special for both the students and the teachers. They had also given to all the teachers handmade 'Thanks Giving Greeting cards'. The school Director Ramesh Patel and the administrators P. C. Patel and Arun Trivedi also made the educators feel special by giving their precious presence blessings and the gifts as the token of love and appreciation.

Principal Mrs. Monalisa Das, in her speech considered teaching as 'a noble profession and asked the teachers to give their best to the students'. She further emphasizes - as a teacher all should be responsible as they produce the professionals who serves in the various fields of the society. She quoted the words of Dr. APJ Abdul Kalam “Technology can't replace teachers”. On the occasion of Janmashtami Celebration she also conveyed the message of Lord Krishna—'Do your best (work hard), not wait for the result'.

Thereafter all the student-teachers taught their respective subjects in different grades which were observe by the subject teachers. On the basis of their observations the results were declared at the end of the day and the student-teachers who performed well during their teaching were felicitated with prizes by the Principal Mrs. Monalisa Das.

Festival of Navratri

Navratri is an important festival of Hindu calendar. It is celebrated first in the month of Chaitra and secondly in the month of Ashwin. The festival is celebrated nine days and nine-different forms of Goddess are worshipped with brimming joy and zeal. With Garba on lips and Dandiya in hands the female devotees dance on the beats of drums.

The story for celebrating this festival begins and then goes on in this way. Mahishasura was the king of demon and he was so powerful that he conquered the whole world and became the sovereign of this terrestrial world. Even, he vanquished the demigods and took the power of heaven in his own hands. Thus, the demigods were overthrown by him and captured the throne of Indra. Along with Brahma, they all had taken the refuge of Lord Vishnu and Lord Shiva. Then, the Trinity i.e. Goddess of wisdom, wealth and power united to take the form of Goddess Durga. When Mahishasura saw this form of celestial beauty, he got attracted and put the proposal of marriage. Goddess Durga said “She may marry him if he is ready to fight for defeating her. Mahishasura accepted the proposal and a fierce fight started which lasted for nine days. On the ninth day Goddess Durga smashed him and thus the end of that demon came. This victory of Goddess is celebrated on tenth day by observing the festival of Dasera. In two states namely, Gujarat and Bengal this festival is celebrated with fervent zeal and enthusiasm.



Navratri is the season of farming and farmers pray Goddess to bestow on them her perennial grace and blessings for a better yield of crops. The nine days of Navratri is divided in three parts. First three days are termed as the days of worshipping Durga. Then next three days are the holy days to worship Goddess Lakshmi and last three days are the ending days of Navaratri to worship Goddess Saraswati.

There are nine forms of Goddess Durga, known as Navdurga. The first form is called Shailputri. Once, Satiji, the daughter of Daksh Prajapati who was insulted in a Yagna ceremony, gave up her body and took birth as a daughter of Himalya, then, her name became Shailputri. Second form of Goddess is Brahmcharini. Once, Goddess had performed severe penance to get Lord Shiva. Seeing her austerity, Brahmaji was highly pleased and gave the boon of her choice. Third form of Goddess is Chandraghanta. This form of Goddess is having half bell-like crescent moon on her forehead and because of this reason she is popular by this name. Fourth name of Goddess is known as Kushmanda. Before creation the whole universe sank into darkness. Kushmanda created the whole universe. She dwells in the inner celestial abode of the sun, therefore she is as bright as sun. Fifth form is the mother of Skand or Kartkeya. Therefore this form is called Skandmata. Sixth form is called Katyayani. There was a great sage, named Katyayan, who performed severe penance to please Goddess and requested her to take birth as his daughter. Seventh form is called Kalratri and in this form the complexion of Goddess is dark with disheveled hair. Then, the eight form is known as Mahagauri and her complexion is as fair as a white flower. She is four-armed Goddess and wears white clothes. Ninth form of Goddess is called Siddhidatri because she is the giver of all psychic powers. She sits on the flower of lotus and have four arms holding Chakra, Mace, Conch-shell and Lotus.



DR HEMANTKUMAR S. PANDYA
Principal/Director, Rameshwar School, Nikol, Ahmedabad, M.
9879208516, Email : hpphoto2001@yahoo.co.in



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Website : www.tripadasoftech.com | Email : info@tripada.com

SCHOOL MANAGEMENT SYSTEM

School Management System is an online support available for students, parents and teachers (24x7x365 everywhere). The main purpose of School Management System is to reduce gap between parents and school/student and teachers with the help of our web application features, it also provides prompt reporting of student attendance to their parents via SMS. We believe that this application will keep all the students connected with their teachers and classmates all the time and it will specially help parents to check their child's progress or improvement anytime and anywhere.

FEATURING SERVICES

Student Record Management	Result
Subject, Activity & Class Management	Document Management
Attendance Management	Circular Management
Fee Management	Transport Management
Exam Management	Notice Board

BUILD DYNAMIC WEBSITE THROUGH OUR TRISHA CMS & E-COMMERCE

PLAN	DESCRIPTION	PRICE
SILVER	Content Management (File, Image, Video), - WYSIWYG management Document management, Linked Documents, Spell-checker, Multiple Language, Banner Management, Tags, Keyword, description (Good for SEO), Mobile website support, Security and membership, Authentication, Permissions, Easy control panel, Google analytics Friendly URL	₹ 6000 to 7000
GOLD	All Silver facility, Logo scroller & banner scroller, Create more than submenu and pages, Image gallery with image editor, Blog, Category, Subcategory, Newsletter, Store client information in control panel	₹ 8000 to 9000
PLATINUM	Include facility Silver + Gold, Online payment, Shipping provider, Taxes calculation, Product option, Download products, Custom product types, Discounts, Reports, Shopping cart, Social marketing, Google map, E-mail marketing	₹ 15,000 to 20,000

Note : Domain and Hosting Charge Extra as per your requirement. -* Condition Apply