

The Open Pase



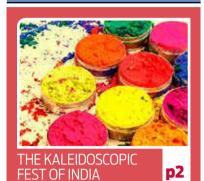
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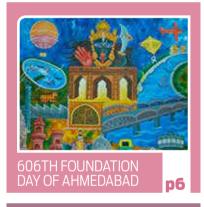
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inside













TEACHING WITH FUTURE

Purpose of education is to nurture future citizens and a real education is a perfect blend of past, present & future. For all of us a pertinent question is "are we preparing future citizens? Or are we just equipping our students with past and present?" Most of the time our teaching and learning is limited to the past and present. It is rightly said tomorrow's problem cannot be solved with today's thinking.

A future centered education will nurture future conscious citizens, who will also live present, keeping future in mind. Future centered education aims to help children think of future and be aware of future prospects & problems. Some of the advantages of future centered teaching and learning is as follows.

AWARENESS: Awareness about future will help student live present, keeping future in mind. It will help them to be a conscious individual with reference to natural resources, life style, environment etc.

THINKING SKILLS & PROBLEM SOLVING: Imagine students doing future projects e.g. fuel of future, cars of future. Such projects stimulates thinking and help them imbibe problem solving skills.

FUTURE READINESS: Discussions & visualization about future prepares them for future. Most of time during crisis, be it death, personal tragedy or accident, most of us do not know what to do. Simulation of future situations will help

them develop coping strategy and common sense.

There are many advantages of "Future centered education"...for example development of visualization skills, impulse control, instant decision making skills etc. There are many strategies to help children connect past & present with future.

BRAIN STORMING: Imagine students brainstorming on "future currency and Banks, future wars, language of future" and many such topics. When I did a brainstorming in 1985 with class V students they came out with ideas like "future will have no banks, cashless transaction/ business..." Brain storming helps them discuss in group and generate ideas for a problem or situation.

PROJECT AND ACTION RESEARCH:Let us move away from thermo color card-board based projects and facilitate challenging projects in every subject. Some of the project topics in biology are, "Which organs will become extinct in future, apparels for moon, medicines we will need in space etc."

students find it difficult to face interviews, cope up with work places because they are not trained for future requirements. Let us train them for future job requirements, situations they may face, small things "how to introduce oneself", what to ask when interviewer is asking,"do you have any question for us" how

to carry certificates, certificates in plastic bag vs having a portfolio of certificates etc. Stimulated discussion on future situations like "you are trapped in a lonely un safe place a group trying to overpower

you etc" they may not face such situations which we read in newspapers now a days but preparations will help them deal with such situations effectively.

FILMS, LITERATURE AND STUDIES BASED ON FICTION: There are many films, novels and literature on future. Films based on fiction & future can be screened and discussed along with a related project or action research.

ry class end with future note if it is a class of periodic table, let them think for some time, while teaching periodic table let them think on "new elements to fill the gaps in the periodic table, pressure cooker for moon/ mars etc. In literature, while analyzing a poem let us also discuss about the future interpretations.

Future is sure, let us nurture future ready citizens.

DR. SHAILENDRA GUPTA EDUCATIONIST, AHMEDABAD

The routines of PTMs have bogged me down. The expectation of the parents and their anger towards the teachers who are not able to fulfill their expectation of their wards achieving A grades, was bogging me down. Why am I too tired? Am I tired or disappointed? Looking for a solution, I walked into the classrooms and talked to the students. After a week's drill of going into the classroom, meeting the students and teachers, I could vaguely see my perception.

Children are vulnerable. I could relate their condition to that of the anecdote of the frogs who participated in the competition of climbing a steep hill. Some of them gave up because they heard the frogs in the audience telling them that the task is difficult and they would not make it. The hill is steep, they might get hurt. Some of the frogs accepted the audience opinion and retreated, few still kept going up, but gave up towards the end. But one frog reached its destination because it was deaf. It did not hear the frogs down shouting to give up. Likewise, children are always compared with each other and told and asked repeatedly, 'Why are you a failure?', 'You won't be able to do this task', 'You are a DUMBO!',Some children hear these sentences often and accepted and

Mindset and You 'CONDITIONAL' VERSUS 'OPEN HEARTED'

conditioned themselves that they cannot perform and succeed. Their minds and hearts are conditioned and closed.

Some children are like that successful frog who was deaf. Here the children are not deaf, but these sentences, even though have been heard by them, is not conditioned in the mind. Their hearts are open, their minds are open. They are able to even pick up sentences spoken rarely, like, 'you are great!', "You can do it!'. Even a simple, 'Good' for their task is a booster for their open mind. Their minds and hearts are conditioned too; but positively. They know which sentences to be taken seriously and imbedded and which sentences to let it pass by.

Is this an inborn trait to be an open

minded or is it inculcated? Largely, my perception says that it can be inculcated. We elders are responsible to plant the correct values, thoughts, vision, traits at an early age when the child is in a receptor mode. The child plays the role of an observer and acguires what the surroundings give him. He/she picks from the environment around him. So as a society, as a parent, as a school, it is our responsibility to provide them with such a surrounding that can push and boost the child the confidence to

be independent and nurture an open minded and positive approach to lead a successful life. Having found the solution for the nag-

Having found the solution for the nagging PTMs, partially, I entered my office with a new strength and hope to bring in a total solution. I sat down with my team of efficient educators, first to open their mind and then to plan and imple-



ment a positive environment for my budding learners to enjoy the process of success.

PRATIKSHA PARIKH ACADEMIC DIRECTOR, AHMEDABAD



THE KALEIDOSCOPIC FEST OF INDIA

The Indian way of welcoming spring is when vivid colors fly high in the sky with people's beliefs and faith. We Indians celebrate each festival with some or the other spiritual stories and the festival of Holi does not step back in this as well.

The legend goes back at the time of Krishna leela and Holika's destruction over good. The time when Lord Krishna played with all his 'Gopis' and the time when victory was achieved over evil by Holika 'Dahan' by Hiranya Kashyap. We've all grown up hearing those stories and celebrating this festival of colors. The vibrancy of India is seen not only in playing with different hues, but the way each different region has its own name and way of celebrating 'Holi' all over India.

Let us roam around with my words and enjoy the vibrant festival in distinct ways as our country does. Different states and cities have unique traditions and ways of observing this day. I am bringing few of the top destinations

where Holi is not just another battle of colors. You can visit these places for a real feel of discrete Indian cultures.

MINAL JOSHI







Mathura- Vrindavana's Krishna Leela

Holi holds the special stories of Lord Krishna and Radha. The devotees here believe that Holi is celebrated when Lord Krishna played with 'Kesuda' flower and painted his love Radha with its Orange shades all over while making 'Leela (Dance)' with her. People over there still play the same way and make it an organic festival without any harm to skin. The temples at Krishna's birth place dramatize the whole scenario on this occasion with the chants of 'Radhe Radhe'.



Celebrating our Culture at Shantiniketan

At the university founded by the great writer 'Rabindra Nath Tagore' in the state of Bengal, the 'Basant Utsav(Spring Festival)' is celebrated in a very distinct way. The students in shantiniketan, gathers local as well as foreigners to witness the cultural pageant during this time known as 'Vasantotsav'. Students put up cultural performances, songs, dance shows and play. All the shows are prepared on the works of this great Noble Laureate 'Rabindra Nath Tagore'. They can't miss out colors on Holi; thus, followed by the performances the war of colors take place.



Barsana's 'Lath Maar' Holi

It is a small town which is about 50 kilometer north of Mathur and also related to Lord Krishna. Referred to 'Lath Maar Holi', the festival here is celebrated in a very unusual way. Men rush to women to drench them in colors while women stop them with the help of 'Lath' i.e Bamboo sticks in hand. Their way sounds violent but this has a strong and significant meaning in here. On this day all that men need to do is save themselves from fiery charged up womenfolk. Barsana is the place where Lord Krishna's beloved Radha was born. The stories go back in the time when Krishna started the tradition of applying colors on Radha's face. He visited Radha's place and teased her and her friends. By this act of playfulness, the women of Barsana chased him away and since then 'Lath maar Holi' is played this way. Here the men are aware of the act and pad themselves fully to cover their bodies with shields.

Jaipur's Elephant Festival and Holi



The Elephant Festival is a remarkable event held annually in Jaipur, the capital of the Rajasthan. Groomed to perfection, glittering in gold, row upon row of elephants catwalk before an captivated audience. The elephants move gracefully in procession, run races, play the regal game of

polo, and finally participate in the spring festival of Holi. It is festival time for the elephants.

There are deadly and fierce elephant fights in the Jaipur Chaugan or polo field, the venue of the Elephant Festival. During Holi, the Chaugan is brought alive with elephants, dancers, musicians, and onlookers from the entire globe. The festival starts with an impressive procession of the majestic animals lovingly painted and tastefully attired with glittering ornaments and embroidered velvets. Strangely, most of the participants are female elephants. The mahouts (elephant keepers) take great care to decorate the elephants-painting their trunks, foreheads, and feet with floral motifs and adorning them from tusk to tail with interesting trinkets

The Jataka stories of Buddhism refer to the tradition of Hastimangala (the Elephant Festival). A royal mount from time immemorial, the elephant has also been a symbol of strength and wealth. For the Rajput kings, the elephants were of special significance not only during war but also during the royal festivities-a must at royal pageant. Nishan-ka-hathi, the flag carrier, led the procession. The king always mounted a caparisoned elephant. Special hunting programs and elephant fights were organized to entertain the royal guests. Rajasthan Tourism revived the tradition by including the Elephant Festival in the cultural calendar. The present-day pageant, originated only a decade ago, was devised especially with the tourists in mind.

Hampi: Holi in South India



If you're looking for an exuberant Holi, south India is generally best avoided. As Holi is primarily a north Indian festival, it's quite subdued at most places in the south. The focus is mainly on religious aspects and temple rites. However, Hampi in Karnataka is a notable exception! The whole town turns out to play

Holi in the morning (perhaps for the benefit of the many western travelers there), amid drumming, dancing, and the evocative ruins of the grand Vijayanagar empire. Afterwards, the crowd slowly moves to the river to wash all the color off.

Anandpur Sahib, Punjab: Warrior Holi



Experience Holi the Sikh way at Anandpur Sahib in Punjab! 'Hola Mohalla' is an annual fair that dates all the way back to 1701. It

was first organized by Sikh Guru Gobind Singh to celebrate Holi. However, instead of throwing colors, expect to see a demonstration of physical agility. There's wrestling, martial arts, mock sword fights, acrobatic military exercises, and turban tying. Punjab Tourism offers a four day Hola Mohalla tour, including a farm stay in Chandigarh or travel independently during the Holi days.

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n 23 March 1931, India lost her one brave hero, who even today ignites inspiration in the mind of millions of Indians. Bhagat Singh was hanged at 07:15 PM on that fateful day along with Sukhdev and Rajguru, his associates, friends and colleagues. He was a revolutionary. He was the most influential revolutionaries of Indian nationalist movement. In his short life span of just 24 years he achieved plenty and even today he is the symbol of true and selfless patriotism. In the month of March, the month these three heroes of India sacrificed their life to awaken Indians and unite them against British Raj, I would like to write about his life events for information to all our readers.

Bhagat singh was born on 27 September 1907 in the village Banga, Punjab which is now in Pakistan. He was a born Sikh, but at a later stage he became an atheist. He believed in ideology of socialism, nationalism, anarchism and communism. His belief was in line with that generally prevailing at that time. Congress under the influence of Gandhi also believed in socialism.

Right from his childhood he learnt the lessons of nationalism from his family itself. When he was born his father and two of his uncles Ajit Singh and Swaran Singh were in jail. They were in jail for demonstrating against colonization bill introduced in 1906. Ajit Singh had established an organization called Indian patriot's Association. They also had organized peasants against Chenab Canal Colony Bill. His family was supporter of Ghadar party. Thus politically charged environment in the house helped him to inculcate deep sense of patriotism.

During his childhood various incidents influenced him greatly and shaped his outlook to be a strong patriotic. These were massacre of Jaliawala Baugh in 1919, Non – Cooperation Movement started by Mahatma Gandhi on 31 August 1920, massacre and killing of unarmed Akalis in 1921 at Nankana Sahib etc. Initial days like his family he also supported non – violence movement and believed in getting Swaraj through non – violent means. He took part in non - cooperation movement and he defied British and burnt government sponsored books. Gandhiji called off the movement following Chauri - Chauri violence. Bhagat Singh was unhappy with this decision and withdrew himself from Gandhiji's non – violent movement. He joined 'Young Revolutionary Movement'. This is how his journey towards insurgency against British Raj started.

He was also greatly influenced by Eu-

ropean Nationalist Movement. He was very much influenced by Friedrich Engles and Karl Marx. That explains his inclination towards socialism. He formed Naujawan Bharat Sabha in 1925 and he was its secretary. Later he also joined Hindustan Republic Association (HRA). HRA was rechristened by him and his fellow revolutionaries Chandrashekhar Azad and Sukhdev as Hindustan Socialist Republic Association (HSRA).

How Chandrashekhar Azad got his name Azad is also an interesting story. At the age of 15 years he joined non – cooperation movement of Mahatma Gandhi. He was arrested and was produced in front of a magistrate. To the magistrate he gave his name as Azad, father's name as Swastantrata and his residence as Jail. From that day he was known as Azad.

Bhagat Singh at this stage got associated with Kirti Kisan Party and contributing regularly to its magazine 'Kirti'. He also regularly wrote for news paper called Veer Arjun. His articles were mainly used to outline violent uprising and methods to overthrow British Government. His writings influenced youth.

In 1928 Simon commission came to India. This commission was Indian Statutory Commission. This commission was formed to review Government of India Act formulated in 1919. Simon commission was appointed to review the progress and suggest the improvement in how India was to be governed. However, Indian National Congress in December 1927 meeting decided to boycott the commission since the commission did not include a single Indian representative.

Lala Lajpat Rai, a much respected nationalist, on 30 October 1928 led a procession to oppose the arrival of the commission at Lahore railway station. Police resorted to brutal lathi charge in which he sustained serious head injuries. He succumbed to the injuries on 17 November 1928. His death created shock waves and anger in the minds of all nationalists. In order to take the revenge of his death. Bhagat Singh with Chandrashekhar Azad plotted to assassinate James Scott, SP of Lahore who believed to have given order of lathi charge. Mistaking JP Saunder, AOP as Scot, they shot Saunder. Thereafter, they escaped left Lahore. To avoid recognition Bhagat Singh shaved his beard and cut his hair.

Bhagat Singh along with Batukeshwar Dutt planned to throw a bomb in Central Legislative Assembly, Delhi. The plan was to protest against Defense India Act ordinance to be passed as act. Defense India Act was enacted in 1915 to protect the state against enemy action in the World War I. It gave more power to police and was used against revolutionaries like Bhagat Singh. The idea was originated by Bhagat Singh influenced by similar bombing by Auguste Valliant in French Assembly. On the D Day of 08 April 1929, Bhagat Singh and Batukeshswar Dutt threw a bomb in the assembly corridor. Bomb was not at all powerful enough to kill anyone. More so, the bomb was thrown in a corridor away from all present. They shouted 'Ingulab Zindabad' and also threw pamphlets. They did not try to escape but they preferred to be captured by the police. Idea was to speak out and let the whole nation listen. Slogan 'Inqulab Zindabad' they shouted, became a war cry of our

TMERCAS Bhagat Singh, son of Kishen Singh. Freddent of Khawasrian, Lahore, one of the prison

in the Labore Conspiracy Case, having been found

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with section 6 of that Act and with section 120-B

of the Indian Penal Code at a trial commencing fro

the 5th: May, 1930, and ending with the 72 October

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execution by causing the said BRAGAT SINGH to be

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1930, to hereby sentenced to death.

guilty by us of offences under section 121 and sec

The trial was conducted in which Bhagat Singh defended himself. Following the explosion there was a massive political disapproval. In the trial Bhagat Singh responded saying, "Force when aggressively applied is 'violence' and is, therefore, morally unjustifiable, but when it is used in the furtherance of a legitimate cause, it has its moral justification." They were given life sentence.

independence movement later.

At this time police also raided bomb making facility of Hindustan Socialist and Republic Association (HSRA). In the raid they arrested 21 revolutionaries including Sukhdev and Rajguru. Bhagat Singh and Dutt were brought to Lahore jail for the case related to the murder of Scott and making of bombs. In jail they were kept separately from other revolutionaries. They went on hunger strike from June 15. Later all their inmates too joined them. Total period of their hunger strike was more than 5 months that was more than total hunger strike days of Mahatma Gandhi.

The case in the court was progressing slowly. To hasten up the case on 01 May 1930, Lord Irwin issued an ordinance

called Lahore Conspiracy Case Ordinance. Under the ordinance case was transferred to a three judge special tribunal aimed to complete the case within a fixed timeframe. Also the decision of the tribunal could not be challenged in the Supreme Court. This ordinance was never approved by Central Assembly or British Parliament and lapsed later. Thus it never had a legal sanctity and the sole purpose of the ordinance was to hang Bhagat Singh in the shortest possible time. On October 07, 1930 judgment was given to hang Bhagat Singh, Sukhdev and Rajguru. Copy of the death warrant issued is shown in the figure here.

The Lahore conspiracy case was a big farce. The details are well represented in a book titled 'The Trial of Bhagat Singh' by AG Noorani a well known legal mind of India. Tribunal started hearing of the case on 05 May. On 12 May accused refused to attend the hearings further and sang patriotic songs in the court. In their absence their counsels were insulted by the court repeatedly. Tribunal also refused permission of the counsel Amolak Ram Kapur to cross examine 457 prosecution witnesses and present any defense witnesses. He was allowed to cross examine only five approvers. Meantime, Bhagat Singh wrote many letters to tribunal, high court and the jail authority exposing tribunal and its sole purpose of hanging him.

Mahatma Gandhi met Lord Irwin and spoke to him during many meetings. However, I am of the opinion that he did not put in sufficient pressure on British Government on the issue. He tried to get Bhagat Singh to write a letter that he would give up the revolutionary methods and in turn the execution could be stayed. Bhagat Singh refused to agree for such condition. This, as per me was Gandhi's attempt to prove the world that he was more right than others. This tactics in itself was incorrect and reduced the effects of his efforts.

Initially the execution was planned for 31 March. Instead they were hanged on 23 March 1931 at 07:15 PM. Generally no hanging is executed after sunset, however in this case exception was made. This was carried out due to the fear of rising anger of public against the execution order. After the execution body was taken away and there are two unconfirmed stories on how the body was disposed off by the jail authority. But, it is said that they were cremated at Hussainiwal on the banks of Sutlej by the jail authority and body was never handed over to the family.

Unfortunately our educational text books paint these national heroes as terrorists. In the class V text book of NCERT heroic acts of Bhagat Singh are described as acts of individual terrorism. Similarly history book of Delhi University titled "India's struggle for Independence" in chapter 20 describes Bhagat Singh, Chandrashekhar Azad and others as revolutionary terrorists.

I salute this real son of the soil. Not only Bhagat Singh but all his associates mainly Chandrashekhar Azad, Sukhdev, Rajguru and others are also equally praiseworthy for their contribution to the freedom movement. It is high time we wrote the Indian history correctly and without biased acknowledging role of others. Bhagat Singh is still not given an official status of a martyr. I feel that it is high time we give them their due in the history books. Bhagat Singh, Azad, Sukhdev, Rajguru and others who sac-



rificed their lives for freedom of this country be given the status of martyr.

> VETERAN WG CDR JAYDEV DESAI

Cut and Paste Cut out the shapes and paste them on the correct bug with the same shape.

Saint Patrick's day Word search

С	Е	0	1	Е	D	Α	R	Α	Р	1	Р	Ν	В	D		
Α	L	U	D	S	0	S	Н	Α	М	R	0	С	K	U	Irish	March
T	F	Ε	Α	S	Ī	М	М	С	J	1	G	Р	I	В	Green	Cathedral
Н	V	1	P	0	W	R	0	Ε	S	S	K	C	U	L	Leprechaun	Rainbow
Ε	0	S	Α	R	0	Α	Н	L	G	Н	Z	D	P		Lepiechauh	Railibuw
D	Т	F	Т	С	Ε	Н	0	Т	0	G	R	Ε	Ε	Ν	Parade	Charm
R	U	٧	R	Κ	I	С	W	1	D	Ρ	L	Ε	Q	1	Shamrock	Clover
Α	Ε	K	I	Ν	U	Α	Н	С	R	Υ	W	Т	0	С	Gold	Jig
L	0	H	C	Α	J	Ρ	L	Α	В	V	M	1	U	L		•
Τ	0	Z	K	Κ	Ρ	0	Н	D	U	٧	0	S	Ε	0	Celtic	Saint
Ν	М	Α	R	С	Н	Α	L	I	0	Ν	1	J	L	V	Dublin	Cross
1	Α	G	Ν	С	Χ	0	U	В	Q	W	Ε	F	Е	Ε	Patrick	Shillelagh
Α	L	U	J	D	G	1	Α	W	0	В	N	1	Α	R		ormetagr.
S	Н	1	L	L	Ε	L	Α	G	Н	W	Υ	Α	Q	0	Luck	Harp

Solve the Maze



Spring Word Scramble

Lock at each spring picture and unscramble the letters and write the spring word on the line provided.

tetters and write the spring	word on the line provided.
terfubtly	putils
banroiw	ugladby
kcich	saediis
tibbar	gondhurog

Sudoku

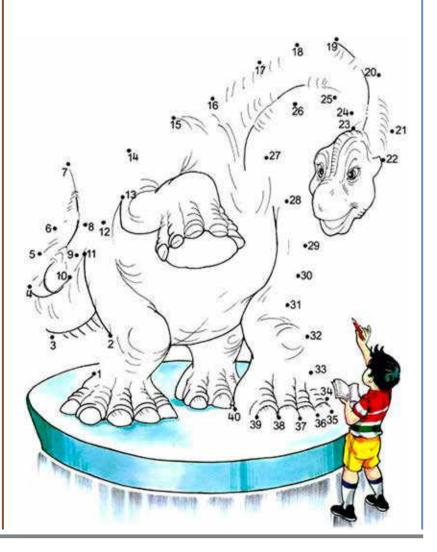
3	4	5		6	
2	6				5
6	5	3			
		6	5	2	
		2		4	6

3		2	1	6	
		1		5	
	2		6		5
	1				
2		4	5		1
		5	2		6

Fill the empty cells in the grid with the digits 1 to 9. each number may only appear once in a row, column or region. (3 by 3 block)

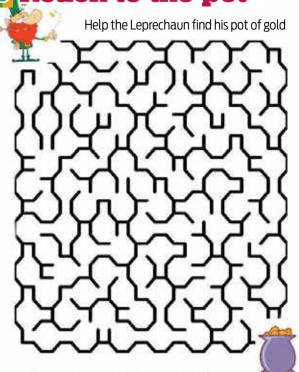
	1			2	3
2			5	1	
	6	1			
		2	6		
1			3		2
		6	1		5

Conect the dots



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Reach to the pot



Match the vehicle

Match the vehicle with its name



O Tractor



O Truck



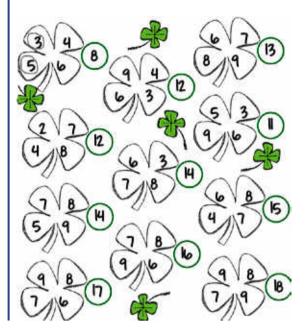
○ Yacht



O Train

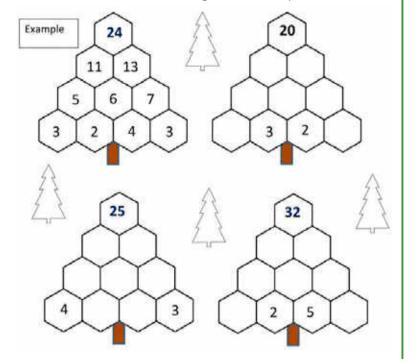
Addition pairs

In each shamrock circle the pair of numbers that add to the number in the circle. The first one is done to show you what to do.



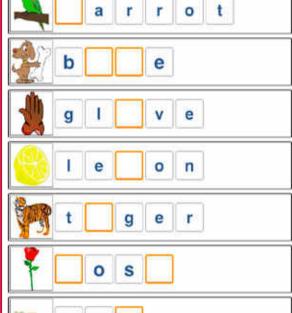
Number Puzzle

Each hexagon is made by adding up the numbers in the two hexagons below it. Fill in the missing numbers in the puzzles.

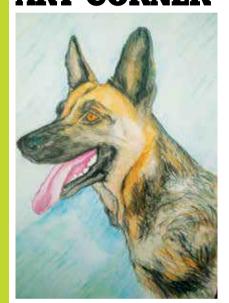


WRITE THE MISSING

LETTERS



ART CORNER



HEMANT PANDYA

Find the Differences







VIDHI BHATT STD-9, A.G. HIGH SCHOOL



SANJAY RAWAL



606TH FOUNDATION DAY OF **AHMEDABAD**



Ahmedabad just celebrated its 606th Foundation day on 26th February 2017 (Sunday). The present city was founded on 26 February 1411 and announced as the capital on 4 March 1411 by Ahmed Shah I of Gujarat Sultanate as a new capital.

People of Ahmedabad are famous across the world with the name 'Amdavadi'. It's a common belief, if Amdavadi needs water he'll prefer tea, asks to bring half cup of tea for three friends, drinks two glasses of water and reads newspaper right from first to last page, never take out hands from pockets and empty out pockets also, if required. The talent of doing trade and custom can be noticed in him, which is inherited and inborn in Amdavadi.

If you want to have a fleeting glimpse of Amdavad city life, just roam in the narrow lanes of city. Here, lanes are further divided into many branched out paths with city squares and old buildings having aesthetic carvings. Even our first Prime Minister surprisingly said," What's this KHAD-IA?" The city Mumbai is developed on a plain land and pathway while Amdavad is developed on a sphere-like structure. The city which was formerly surrounded by gates is now extended with new areas like Ashram Road, Paldi, Vasana, Maninagar, Saraspur, Meghaninagar, Shahibaug etc. After the construction of C.G. Road the weight of this city is somewhat lightened. A round of Ring Road covers the distance

The citizens of Amdavad are fond of eating. A variety of delicious dishes is available at Manekchowk especially when the shadow of night starts falling on ground. The food items of famous country and state like China and Punjab are available here even more delicious than the original one. Mouth watering Mughlai food is also famous among people. Apart from these spicy foods, people also relish the fruits and vegetables offered generously by the season. People gorge food at weekends and regain the energy in morning walks, jogging and yoga, when the week begins.

The water of Sabarmati is just like an elixir and now it becomes more pure as the water waves of Narmada now flow with the stream of Sabarmati. The father of Nation Mahatma Gandhi preferred to stay beside the river and became popular by the name "Sabarmati ke Sant". The contribution of Amdavadi, in the field of trade, development, art, literature, education patriotism etc is remarkable

The past of Amdavad was also great. Asfar-as, textile is concerned; it was known as the Manchester. The biggest hospital 'Civil Hospital' is also situated here. The things that attract the eyes of travelers are Shaking Tower, Siddi Sayad ni Jaali, Roza of Sarkhej, Kalupur Swaminarayan temple, Dera of Hattisingh, Bhadra Fort, Kankaria, NID, IIM, AMA, etc. Apart from that, many structures are erected to provide education, entertainment, knowl-

Finally, with all senses at my command, I salute the city and the citizens with glo-

rification and celebration to mark the event, "Foundation Day of Amdavad."



WOMEN'S DAY



8 th March, The International Women's Day is a global day, celebrating the social, economical, cultural and political achievements of Women. The day also marks a call to action for accelerating gender parity. International Women's Day has been observed since the early 1900s- a time of great expansion and turbulence in the industrialized world that saw booming population growth and the rise of radical ideologies.

International Women's Day is a collective day



HEER VADERA STD: 9

of global celebration and a call for gender parity. Not just the Government, an NGO, any Charity, any corporation, any women's network or media hub is solely responsible for International Women's Day. Many organizations declare an annual IWD (International Women's Day) theme

that supports the specific agenda or cause and some of these are adopted more widely with relevance than others.

"The story of women's struggle for equality belong to no single feminist nor to any one organization but to the collective efforts to all who care about the human rights "said world renowned feminist journalist and social and political activist Gloria Steinem. International women's day is all about unity, celebration, reflection, advocacy and action whatever that looks like globally at a local level. It has been occurring for well over a century to grow from strength.



World Meteorological Organization

WORLD METROLOGICAL DAY

World Metrological Day is a global observance. It is annually held on 23rd March. Many activities and events are organized for this occasion. The International Metrological organization became world metrological organization on March 23rd 1950. It became the UN's special agency for metrology. World metrological organization

plays a crucial role in contribution to people's safety and welfare. Its work is impor-



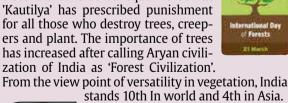
KALAWADIA KUSH STD: 10

tant in providing safety, food security, water resources etc. world metrological day has been observed on March 23rd, each year since 1961. In recent years, the themes for world metrological day includes whether and climate observing our planet for better future, preventing natural disasters, our future climate etc. it marks the anniversary of

World Metrological Organization's establishment on March 23rd, 1950.

21ST MARCH WORLD FORESTRY DA

mportance of trees is described in our ancient books. In 'Vikramacharit', trees are considered equal to saints. 'Kautilya' has prescribed punishment for all those who destroy trees, creepers and plant. The importance of trees has increased after calling Aryan civilization of India as 'Forest Civilization'.





STD: 9

World Forestry Day has been celebrated around the world on March 21st every year to alarm the people in the society about the importance and significance of forests and the source of benefits which are gained from NISHAD JYOTI them. The origin of the concept of celebrating this World Forest Day came up at the 23rd general assembly

of the European confederation of Agriculture in 1971. The celebration also involves bringing awareness in people about the anatomy of forestry like protection, production, recreation and the major contribution to the living organisms. March 21st was chosen to be observed as World Forestry Day for it is both the autumnal equinox in the southern hemisphere. It is duty of each and every individual to participate in the creation of new forest.

WORLD WATER DAY

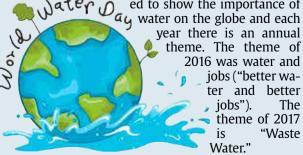
2nd March is observed as World water Day. It is an annual event celebrated on March 22nd. The day focuses attention on the importance of fresh water and educates for sustainable management of fresh water recourses. In 1993, the first World Water Day



MAITRY **MEGHANI**

was designed by United Nations general assembly and since, each year focuses on a different issue. The UN and its member nations devote this day to implementing UN recommendations and promoting concrete activities their countries regarding the world's water resources. A number of non-governmental organizations promoting clean water and sustainable aquatic

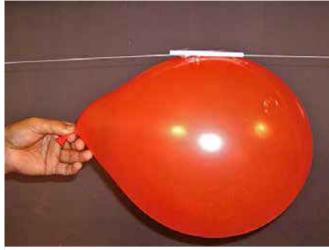
STD: 10 habits have used World Water Day as a time to focus attention on critical issues of our era. year World Water Day is celebrat-Each ed to show the importance of water on the globe and each year there is an annual







MAKE A BALLOON ROCKET

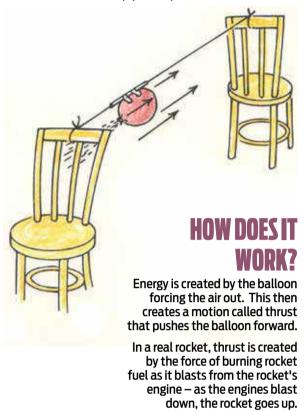


ACTIVITY

- First, thread the string through the straw.
- Next, either hook your piece of string across a large archway using the two hooks, or rig it up between two chairs.
- It works best if one end of the string is higher than the other.
- Blow up the balloon but don't tie it off, just hold it pinched shut.
- Without letting the balloon deflate, tape it to the straw on the string.
- Slide the straw and balloon up to the high end of the string.
- Let go and watch your balloon rocket shoot to the end of the string.

WHAT YOU NEED

- Balloon
- Long piece of string (about three metres)
- Drinking straw
- Masking tape
- 2 stick-on hooks (optional)



DAYS & YEARS QUIZ

1. Which city is hosting the 2017 Indian Panorama Film Festival?

C. New Delhi

B. Shillong D. Kochi

A. Port Blair

2. T V Parasuram, who passed away recently, was related to which field?

A. Science C. Journalism
B. Film Industry D. Sports

3. Sandeep Singh, who has been bestowed with the honorary degree for sporting excellence, is related to which sports?

A. Chess C. Cricket
B. Hockey D. Tennis

4. Which Indian chess master has been honored with the title of Candidate Master (CM) by World Chess Federation (WCF)?

A. Saptarshi Roy C. Sundar M Shyam
B. Kush Bhagat D. Akshayraj Kore

5. What is the theme of the second edition of Hunar Haat-2017?

A. Skill haat to promote craftsmen

B. Craft & cuisine for minorities

C. Craft aur cuisine ka sangam
D. Skill haat for craftsmen

6. Which country is hosting the 2017 Cobra Gold joint military exercise?

A. Thailand C. United States
B. Japan D. China

7. GNFC township, which has become the India's first-ever cashless township, is in which state?

A. Maharashtra C. West Bengal

B. Gujarat D. Assam



8. The Indian Space Research Organisation (ISRO) has successfully launched a record 104 satellites from which rocket vehicle?

A. PSLV-C38 C. PSLV-C36
B. PSLV-C37 D. PSLV-C35

9. The world's longest elevated cycle path has opened in which country?

A. Japan C. France
B. Brazil D. China



10. Which city is hosting India's first-ever International Table Tennis Federation (ITTF) World Tour event?

A. New Delhi C. Kolkata
B. Chennai D. Kochi

A, C, B, B, C, A, B, B, D, A

ANSWERS

CHEESE & CELERY SANDWICHES



Ingredients:

8 Bread slices

1 large tomato, sliced thinly

4 lettuce leaves

salt and freshly ground pepper to taste

To be mixed into a spread:

1/4 cup cheese spread

2 tbsp Eggless Mayonnaise

1 clove of garlic (lehsun), grated

1 tbsp celery, finely chopped

2 spring onions with greens, finely chopped freshly ground pepper to taste

Method

- Apply a generous layer of the spread on the bread slices.
- Place a large lettuce leaf on a slice of bread.
- 3. Top with the sliced tomatoes.
- 4. Sprinkle with salt and freshly ground pepper.
- 5. Sandwich with another slice of bread.
- Repeat with the remaining bread slices to make 3 more sandwiches.
- 7. Serve immediately.





ducation is conceived as a powerful agency, which is instrumental in bringing about desired changes in the social and cultural life of a naringing about desired changes in the social and cultural life of a nation. The whole process of education is shaped and molded by the teachers, who play a pivotal role in any system of education. It is, to a great extent, the teachers who shape the students' life, play a vital role in their overall development. Not only they are responsible for imparting academic knowledge,/but also responsible for inculcating the right values and principles to their students. In our life, a teacher holds the same place which a mother does. We have also seen such teachers who care more for their pupils than for themselves. They devote their lives for their disciples, their students. Inspired highly motivated teachers are the building blocks of a good education system.

An inspired teacher links the individual goals of the students to the societal and national goals. My experience is that teachers care about students, know the content and know how to explain it. Teachers expect and demand high levels of performance of students, great performers



and storytellers that rivet their students' attention. The teachers in any educational institutions are expected to follow the best practices and strategies while addressing the students. If the teachers are well trained and highly

inspired, they can meet the expectations of course, signifies development of adequate skills, dedication to teaching and a determination for continuous growth and learning especially when they are going to teach to differently abled children. Very often, teacher training programmes act as a key catalyst in preparing such teachers. It is an experienced phenomenon provided for transforming the behavior of the teacher trainees and arranged to influence learning that produces changes in knowledge, skills and attitudes.

Hence, teacher training at all levels is designed to develop highly specific and immediately useful skills in teacher trainees. Teacher training through therefore is a specialized and important segment of education involving systematic preparation for the development of teaching skills among those who may have attracted towards teaching profession. Teacher training should be imparted so effectively with effective methods and strategies that the teacher trainees may be able to perform in a better way in a practical situation to teach to students with differently abled such as students with hearing impaired. I would like to thank The Open Page educator's awards team who take the steps to honor teachers and the initiative on the whole that aims at encouraging outstanding educators who are torch bearer of quality education. It is a privilege for me, my family and my institute that I was awarded best teacher's educator's

Respected Sir, Congratulations for the mega event!!

I am Velumurugan, who got the award for Best Parent Educator, 2016-17 at Surat, at this mega event of The Open Page Educator's Award. I want to thank from the bottom of my heart for this honour. I am a south Indian, settled in Gandhinagar since a long time.

I would like to say that initially when my son was diagonised with DMD disease, I was shattered, I was so slow and could not think of any solution. I went into depression and still suffering from depression and diabetes ultimately. Everyday my wife and I used to worry a lot and went to different doctors for solutions. Our friends consoled us, motivated us. Here I would



award.

Mr. Velumurgan **Parent Educator Award**

like to mention about my friend, Nityanand Verma, who collected information about this disease and awared us about it. He used to give us information about how to treat, and tackle it. He used to regularly update about it also.

With his inspiring talks and motivation, My wife and I decided to battle and

With a lot of support from my son's school, SGEM, for the special facilities provided to my son for his education, I am really obliged to the teachers and the management of the school. They really encouraged our involvement in our son's education. A special thanks to Ms. Milli Sinh (Special Educator and Director) at Surat, introduced me to the noble deed of The Open Page's Educator's Award, which has the category to award inspiring parents in the field of education. I had no idea about how to register for the award, with guidance from Ms. Milli, we have finally achieved the award.

It was an unforgettable experience for us, when our name was announced as the winners in the category. I had tears in my eyes. I am grateful for the wonderful hospitality from P P Savani School, Vibrant Academy and The Open Page team. They made us feel special. Special thanks to Management of H K HUB. I want to congratulate and thank the Managing Editor of The Open Page, Mr Archit Bhatt, Project in charge, Ms Hansa Upadhyay, for this noble work of felicitating good people in the field of education.

I thank God for giving me a lovely son, Arvind. Sitting amongst eminent educationist, on that day, inspired me to be the best parent for my son. With best wishes pouring from the audience and well wishers I would have great strength to be with my son and work for his overall growth and development.



WORDS FROM THE WINNERS

Soul is healed in being with children. Starting each day with this thought I carry my responsibilities and duties as a teacher and try to make school a second home for my students. Teaching in itself is a challenging profession and I am carrying out this wonderful responsibility for the past 12 years. A kindergarten teacher plays a vital role in moulding a child. I am proud here doing it and preparing today's students as tomorrow's responsible citizens to create a more beautiful and peaceful world.

The Open Page Tripada with Vibrant Academy invited me for the 3rd Educators Award. The invitation as a nominated candidate itself made me feel very overwhelmed. I was glad to be seated in front of a 5 jury members who were highly skilled and erudite personalities from various parts of Gujarat. The panel had a series of questions related to my area of work as a teacher and a coordinator of senior



KG. The questions essentially were related to the education system, pattern of teaching and ways of working with the kids. Throughout the duration I felt absolutely lucky to be seated in front of such scholars and discussing and answering them.

The award function was scheduled at 3:00 p.m. at H.K. Hub, Surat. The dignitaries consisted of significant scholars and notable members of the society. The award ceremony commenced with each of the dignitaries coming forward to share their thoughts. With every passing speech my enthusiasm and motivation only kept gong up feeling more responsible to contribute in different ways in the time to come.

The most awaited moment of the function was the arrival of Pujya Shri Rameshbhai Oza. With joined hands we all welcomed him and were eager to hear a few words of encouragement from him. He made us all feel blessed and proud by portraying us as the torch bearers of the society.

At last, the award ceremony began with the set of awards for the 17 shortlisted candidates. The first category was for the Pre-Primary teacher award. My ears were ringing in disbelief as my name echoed in the atmosphere. I felt proud and splendid moving towards the stage. In that one moment, I felt grateful, honored and so touched that I cannot describe in words. It was quite a moment of fortune as I bowed to receive the blessings of Pujya Rameshbhai Oza. As I walked down with the trophy and certificate in my hand, as much as I felt contended with the achievement, it also was for me, a benchmark to perform better and continue to offer back to the society.

am really obliged to win such an award and I am thankful to Mr. Archit Bhatt of 'The Open Page Educator's Awards' and its whole team members for giving me this huge platform.

I would gladly note down some of The Open Page's impressive things and those are as follows:

- Online Registration
- Registered applicant's applications will be carried forward for next 5 years.
- The designed categories are in such a way which includes the left outs from the society like Parent of the year, Social service, School management etc.



Mr. Dahyabhai Patel School Management Award

- Unforgettable way of motivating by awarding.
- Futuristic decisions of carrying the registrations forward to save time, money and
- Well educated and full of knowledge selection committee. (Jury)
- Renowned education personalities like Dr.Hasmukh Hingu's guidelines.
- The venue for the program, organization and memorable behavior of The Open Page
- The place of the award function, Arrangements, respect given, certificates, trophies

- and the motivation received is up to the mark. Getting an award from 'Ramesh bhai Oza will be a life time memory for me.
- Giving a reorganization for my work, and that too in presence of collector 'Mahendra Patel', Education minister 'Mr. U N Rathod', DEO and kind hearted person like 'Mr. Savjibhai Dholakia' is like a dream come true. I have never been recognized the way The Open Page did in my entire life.
- In front of my family, friends and the renowned education personalities. I was awarded and it created a golden memory of

This organization rewards the dedicated and deserved ones and for that I really want to congratulate them. Instead of saying THANKS I would say I will make every possible efforts where and when The Open Page will need me in future. Educator's awards made my years count and at the age of 72, I am feeling like I am born again. My school celebrated this winning of mine and honored me again. This increased my value and respect in the city and among my near and dear ones. At school, I was honored again and my family, friends, school teachers, principals, coordinators and every staff members gave full support with their wishes. Mr Deepak Rajguru - Vibrant academy came and made the event more impactful for everyone of us. I feel really proud while dedicating my award to my school, my principal, full staff and the entire city. My best regards to The Open Page for their future projects and their dedication to make India a better place to study.

GOLDEN MEMORIES MADE BY 'OPEN PAGE'

" લાખ કરો કોશશિ દબાવવાની ઊગી નીકળવાનો, પીપળની જાત છું ભીત ફાડી ફૂટી નીકળવાનો"

The phrase says, "Try as hard as you can to bind me, but I'm also like an 'Ashwattha' tree, will crack the wall, bloom and unbind me"

'The Open Page' literally made me feel like the above phrase. I'm from Thasra city of Kheda district and doing my job with full dedication since last so many years as a school Principal. My experience of these many years has taught me that people around me have never valued my work but instead, they've tried to bring me down. 'The Open Page' valued my efforts and awarded me in front of such huge crowd and from renowned educationists. For me and thousands of educationists like me, these awards are of utmost importance.

'The Open Page, literally means 'A Blank Page' and sp as the name suggests, their Educator's Awards were of pure unbiased decisions.

The process of scrutinizing few from the received hundreds of applications of each category and inviting them, that too without any discrimination or biasness and the selection out of those few 5 to 7 by great educationists touched my heart. 'The Award becomes greater when the deserved one get it.' The sentence fits perfectly for me and thus it is of utmost importance to me.



Mr. Maheshkumar **Parmar** Elementary Principal Award

Efforts of 'The Open Page' and support of 'Vibrant Academy-Surat' made the event at 'Hari Krishna Exports' ground more delightful and if this would not fulfill the requisites the award trophy of 'Best Prin-

cipal of the Year' along with a certificate and cash price of ₹11000 was given to me in front of the religious god 'Ramesh bhai Oza', the diamond king 'Savjibhai Dholakia', Collector 'Mr. Mahendra Patel', Vice chancellor of Vir Narmad University 'Dr.Daxesh Thaker', education minister of Surat 'Dr. U N Rathod, Vallab bhai Savani' of Savani Group, 'Dr. Hasmukh Hingu' and Managing Editor of The Open Page 'Mr. Archit Bhatt'. The excitement made my heart beat faster and the happiness of recognition was flowing through my eyes. This feeling was natural on that day as 'The Open Page's' Open Platform gave my work a recognition and I was selected from not only Gujarat's candidates but also from Maharashtra and Delhi participants as well. Winning 'The Principal of the Year' award made golden memories of my life.

Recalling the 21st and 22nd January still thrills my heart. Reaching at the railway station on 21st January evening, I saw host P P Savani's school bus waiting for us. Entering the P P Savani school campus and their way of welcoming us filled me with joy. Their great first impression stayed as it is and literally become the last impression as well. The way my two days passed and the way we all were treated being Educator's Awards' guests left me

After the breakfast on 22nd January, the Vivas of short listed candidates started. Ex vice chancellor of children's university, Gandhinagar, Retired Education minister and a great current educationist took my viva. It took them an hour to check my every small detail and ask me questions related to my work. I was guided for much further work as well.

Who would give the detailed attention from inviting the candidates, giving fares for their to and fro journey, pickup and drop facilities to the venue, two days stay with food and winning trophy, shawl plus a ₹11000 Cheque! This VIP treatment showed immense respect to us all. I would say, No other organization than 'The Open Page' could do this much for giving educators this opportunity and make them experience such respectfulness. I'm really thankful to 'The Open Page's' Managing Editor 'Mr.Archit Bhatt, Dr.Hingu, the project incharge Smt. Hansa Upadhyay, Jyoti madam and the entire Open Page Team.'

This golden page of my life would be always open for all to see and read it.

First of all I would like to congratulate the whole team of The Open Page Educator Award especially Mr. Archit Sir and Hansaben for doing Such incredible job.



Ms. Sudha Joshi

I must Say It's Open Page Educators Award's best effort to encourage teachers for doing their best. The procedure of selecting and evaluating the best teacher is very impressive, transparent and just. Because of this deserving teachers get rewards. It will inspire me a lot to do my best for the Blind Students. It will provide inspiration and encouragement to bring out the best from the students in every walk of life Really I am very thankful to the Team of the Open Page Educator Award.

ristly i would like to thank the entire Open Page Award Team for designing such a beautiful concept which gives constant motivation to the Aspirants in the field of Education to perform better everyday. The 3rd Open page educators award at Surat was a beautiful experience and will always be memorable. The Jury members were



Harkhani

highly experienced were able to Parent Educator provide such a comfort for me as a participant

to express our views in detail, the motivation given by them is highly appreciated. The venue and and award function was Grand which gives the participant a feeling of performing better every year and to attend The Award Function year on year. No flaws noted: From Selection process - to jury round - to presentation - to venue selection - to guest of honour - to quality of trophy - to hosting the entire program. Everything was par excellence. In fact the hospitality in terms of stay, transportation and food was at its best.

NOT THE HONOUR OF THE SERVANT, **BUT THE HONOUR OF THE SERVICE.**

While I was rendering my social service as per the daily diary, for the sake of people at the place where even there was no network available, my phone suddenly rang...."You have been short-listed." I completed the preparation joyfully. It was really a matter to be proud for me to be short-listed. After spending the night in a very comfortable man-The fragrance of my service-oriented activities ob- ner, we were fully set for the Jury round. My heart **Nectar-drop of pleasure** tained the medium of the wind.

Award before the award

As soon as I entered the campus of P.P. Savani school, I got a welcome full of affection and warmth, got good facility for staying, I felt a strong desire to take a stroll on the ground. I asked twice or

thrice to the organizer as to the venue of the dinner. Saturday means a fasting day for me. Even I had been very hungry. During last five years, that was the first Saturday on which I didn't have any kind of I happened to glance two senior teachers who were walking with pain in their feet carrying two big

Immediately I carried their luggage. After completing their registration, I accompanied them to

their room. After seeing the feeling of happiness on their faces, I didn't know where my hunger went away. They were panting while walking. I gave my introduction in brief. Such words came out from their mouth...."You will surely get the award for social service. It is our hearty wish...

Well....All Is Well. So, I had to make presentation

Mr. Kirankumar **Patel** Social Service Educator

only for myself, but also for the honour of the people who always be helpful to me in my service-oriented noble acts. And the questions of the Jury started......

In the reply, along with the responsibility, even I Farari item. While searching for the venue of dinner, had joy that I was possessing answers of all the questions. I shared some good occasions / experiof my life, my experience of Kanava village with them. The Jury members were absolutely surprised. to bathe in the shower of kind wishes I felt that the depth of my social services was shot by of the school – society and friends.

the "Shabda-Vedhi" arrows....

I even presented the act-song of Tattu Tortoise. The time of 40 minutes was not sufficient for me.... "So many victories are remaining, so many de-

feats are remaining, Yet the conclusion of life is remaining,

I have started for new destinations from here,

This was just a page....yet, the book is remaining.

was beating very In the 3rd Educators' Award, in all the categories, I fast. But my noble was the youngest in age, as well as, in the experiacts of service were ence, there were so many questions, but no answer telling me – All Is at all. I preferred to sit at the front row with a view to seeing Hon. Bhaishree closely. The award function was very well managed, and even in the Diamond Hub, it seemed that even the sunshine became obstinate to shine us. The presence of Hon. Bhaishree filled our heart with pleasure. Amidst magnificent excitement, my name was announced. And I got the nectar-drop to bring fame to the people who have always been helpful to me in my noble, social activities, my parents, my school, by the hands of Hon. Bhaishree. I felt extreme proud while ences with them. I even shared the bitter experience accepting the certificate from the hands of very generous Savajibhai. I really enjoyed a lot





CHES RECORD-BREAKING 104 SATEL

ndia's space agency has announced the successful launch of a recordbreaking 104 nano satellites into orbit, all onboard a single rocket.

The Indian Space Research Organization (ISRO) said the milestone launch, from the Sriharikota space centre in the country's south, overtook the 2014 Russian record of 37 satellites in a single launch.

On board was a 714kg satellite for earth observation and more than 100 smaller satellites weighing less than 10kg each. Three were Indian-owned, 96 were from US companies, and the rest belonged to companies based in Israel, Kazakhstan, the Netherlands, Switzerland and the United Arab Emirates.

Most were owned by Planet Labs Inc, a US-based Earth-imaging company.

The feat did not require vastly new technology, but rather reflects the shrinking size and weight of modern satellites.

After reaching a height of about 505km, the satellites will separate from the launch vehicle at different times, angles and velocities to avoid collisions.

India's Prime Minister, Narendra Modi, hailed the launch on Twitter as an "exceptional achievement".

The chair of the space agency, Kiran

Kumar, said his team had not set out to break records. "We are just trying to maximize our capability with each launch and trying to utilize that launch for the ability it has got, and get the maximum in return," he said. The launch helps to cement India's place as a serious player in the burgeoning private space market, expected to significantly grow as the demand for telecommunications services increases.

In September 2014 the country became just the fourth after the US, the former Soviet Union and the European Space Agency to successfully guide a spacecraft into orbit around Mars.

The Mars mission cost India's famously thrifty space agency about \$73m, nearly a 10th the cost of a NASA probe sent to orbit the planet the previous year. The low price tag led Modi to quip that India had sent a satellite into space for less than Americans had spent making the movie Gravity.

The ISRO have launched 180 foreign satellites since 1999. The US is by far their biggest customer with 114 satellites launched

Lower labor costs and an emphasis on locally sourced equipment contribute to the cheaper cost of India's space program, though generally the scientific capabilities of its craft are narrower than those launched by NASA.

ISRO is racing SpaceX, Elon Musk's company, to develop a reusable rocket. Avatar, ISRO's reusable rocket project, is scheduled to take at least another nine years before achieving its aim. The agency, which had its operating budget increased by 23% this year, despite cuts to space programs globally, is also developing plans to send a spacecraft on the three-month journey to Venus and another to Jupiter, which would take more than two years.

India, which in 1980 became just the sixth nation to launch its own rocket, has long made space research a priority.

India's first prime minister, Jawaharlal Nehru, personally supervised the country's efforts in the area, seeing an affinity between a scientific outlook and the rational, secular worldview he hoped to impose on a nation driven by caste and religious divisions.

Number of satellites launched on behalf of foreign countries

20 60 80



3 Indonesia, Japan and Switzerland

4 Algeria

2 Israel, Netherlands, Denmark, France & Austria

1 Republic of Korea, Belgium, Argentina, Italy, Turkey, Luxembourg, UAE and kazakhstan

The phrase "world record" was trending on Twitter India for many days.

The European Space Agency (ESA) has expressed its desire to further collaborate with the Indian Space Research Organization (ISRO) for space missions. This news comes after India's historic launch of 104 satellites, in one go. Up until now, the ESA has collaborated with 22 nations including China, Japan, US and more. Source: Internet



n the past year India has witnessed multiple achievements in sports but what has made the feats truly remarkable is a phenomenal rise in women's contribution to sports. While Sakshi Malik created history by becoming the first Indian woman wrestler to win a medal in Olympics, P.V Sindhu's silver medal in badminton or Dipa Karmaker's power packed performance, all of them certainly had one thing in common- their diligence and talent made the entire nation sit up and take notice. Sports have been a conventionally male-dominated field, especially in a patriarchal set-up like ours, but as these women shape history, they also shape the ideals and ambitions for young women of our country. When tennis champion Sania Mirza and badminton superstar Saina Nehwal were awarded Padma Bhushan, one of the highest civilian honors, by President Pranab Mukherjee it only goes to show that our society is evolving in a way that grants recognition to the deserving. For a long time our country has been cricket-centric and a nation where Sachin Tendulkar and M.S. Dhoni are put on a godlike pedestal, it's quite challenging for women to make their mark, yet the dedication and skills of these sportswomen persisted. The stigma of masculinity attached to sports is fading away with the efforts of MC Mary Kom, L. Sarita Devi, Mithali Raj, Lekha KC and others.

Deborah Herold became the first cyclist from India to attain world ranking as high as four, and Joshna Chinappa became the highest ranked Indian in the world professional squash circuit. The triumphs of Indian sportswomen are diverse ranging from boxing, wres-

DIAN WOMEN



tling, badminton, gymnastics, squash, tennis, archery and cricket. Likewise, Heena Sidhu, former world number one, lived up to expectations as she received the gold medal in women's 10m air pistol event in 2015 Asian Air Gun Championships. All of these achievements are beyond the medals wrapped around the champion's neck or the momentary honor and pride when the Indian anthem is played and the flag is unfurled, it is the aspirations of citizens across the nation that now have a new role model to look up to, to know that this triumph too is achievable and within reach, if accompanied with sufficient hard work. The reason why women in sports are an indispensable



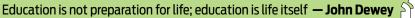
part of the nation's progress is simply because it paves the path for every little girl in remote villages, and gives that girl the capacity to dream. When the world basks in the glory of "India's daughters," it adds to the "Beti Bachao Beti Padhao" campaigns of women victory and dignity. Even a mainstream entertainment industry like Bollywood catches up with the trend, as films like Dangal trigger a discourse on women athletes and what facilities and state attention they require to prosper in an international arena.

The dialogue in Dangal, "Medal toh ladki bhi la sakti hai, gold toh gold hota hai," is not just a bunch of fancy lines strung together, but a truth that resonates with the reality of our nation. These movies like Chak De India and MaryKom raise much-needed questions on the facilities provided, the lack of institutional support and infrastructure. This encourages the tendency to hold the sports organizations accountable, and to demand greater transparency. In conclusion, the success of these sportswomen deserves our salute and

utmost respect for multiple reasons, as they combat multiple struggles and make India proud.

> **SHEEN KAUL** STUDENT, DELHI UNIVERSITY





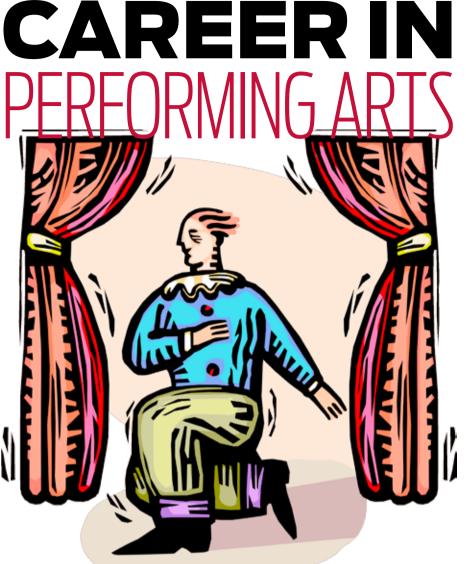
7th March is observed as 'World Theatre Day' and people celebrate it with great zeal. Emotions have been derived as a crucial part of understanding and that is why the interest of people has been shifted towards a career in 'Performing Arts'.

Performing Arts is one of the most creative arts field. Be it music, dance, acting or story writing, all of them involve a creative and intelligent expression of feelings and emotions. Unlike other creative fields, it has a greater involvement in the matter as the medium of speech is the person itself. Though several best performing arts colleges have been offering courses for a very long time, it is now; they are becoming considerably popular among the youth.

Those with a natural flair for expressing their thoughts with creativity have an edge to pursue this career. Further, a degree course in this field will help you hone your skills. It will enable you to work as a professional in the field of your interest with increased opportunities and exposure. That is the reason; students are now looking at these courses as a professional degree course rather than a mere hobby.

Having a degree in performing arts will open various career avenues for you.

Moreover, it is equally important to choose the right college as learning the skills from a well-experienced faculty with latest technologies will give a boost to your career. In general, taking admission in any of the Performing Arts course does not require any particular



qualification. Anyone with talent and interest in any of its field can successfully pursue a career in this area.

This article notifies the top performing arts colleges in India that are operating since a very long time.

Course Details

Many educational institutes and universities in India are offering courses in the field of performing arts. These courses are offered at different levels including certificate level, diploma, undergraduate degree level, postgraduate degree and diploma level. The motive behind these courses is to train students in various categories of performing arts. Talking about eligibility, a candidate should have passed the 10th level which is mandatory is for the certificate courses. For the UG diploma and degree courses, the student must have cleared 10+2 examination and for the PG courses, they must have passed graduation in relevant field from any recognized Institute or University. Apart from the academic qualifications, one should have inclination towards the performing art.

Career Prospects

The scope of performing arts has widened, over the years. As a result, many educational institutes and universities in India have included courses in the field of performing arts to their curriculum. Students can specialize in various performing arts and become singers, music composers, dancers, musicians - vocal or instrument or drama artists.

TOP COLLEGES OFFERING UG/PG/OTHER COURSES

National School of Drama (NSD)

NSD is one of the elite theater training institutions of the world and one of its kind in India. It is an autonomous organization under Ministry of Culture, Government of India. It was established in 1959 by the Sangeet Natak Akademi. Naseeruddin Shah, Ánupam Kher, Shahrukh Khan, Satish Kaushik, Om Puri, and Irrfan Khan are some of the prominent alumni of NSD.

Location: Bahawalpur House, 1, Bhagwandas Road, Mandi House, New Delhi, Delhi – 110001.

Film and Television Institute of India (FTII)

FTII Formerly known as The Film Institute of India was established in 1960 on the former Prabhat Studio premises at Pune. It is an autonomous body under the Ministry of Information and Broadcasting, Government of India. Rajkumar Hirani, Shabana Azmi, Jaya Bhaduri Bachchan, Subhash Ghai, Sanjay Leela Bhansali, Shatrughan Sinha are among the few notable alumni of FTII. **Location:** No.11, Telephone Exchange, Law College Road, Deccan Gymkhana, Pune – 411004.

Centre for Performing Arts (Lalit Kala Kendra), Pune University

The Centre for Performing Arts (Pune University), popularly known as the Lalit Kala Kendra, was established in 1987. The center offers courses in Performing Arts on a self-supportive basis.

Location: Lalit Kala Kendra (Gurukul), University of Pune, Pune-411007.

Roshan Taneja School of Acting

The Roshan Taneja School of Acting is universally acknowledged to be one of the top acting schools in Mumbai as well as in India. Roshan Taneja (former Head of the Acting Department FTII, Pune) founded the institution in 1976. Some of the famous alumni of this school are Rani Mukherjee, Ajay Devgan, Anil Kapoor, Aamir Khan, and Ranbir Kapoor.

Location: Bungalow No. 29, S.V.P. Nagar, Near Versova Telephone Exchange , MHADA Andheri (W), Mumbai – 400053.

The Barry John Acting Studio

The Barry John Acting Studio (BJAS) was formerly named as Imago Acting School was initially opened in 1999, in Noida, U.P (Film City), and was later shifted to Mumbai. Manoj Bajpai, Freida

Pinto, Jacqueline Fernandez, Richa Chadda, Varun Dhawan, and Arjun Kapoor are some of the noted alumni of RIAS

Location: 301 Nanak Chambers, Opp. Fun Republic New Link Road, Andheri West, Mumbai -

The Music Academy

The Music Academy, Madras was founded in 1928 as an outcome of the music conference that was held in conjunction with the All India Congress Session in Madras city. It was conceived to be the institution that would set the standard for Carnatic music. Besides, it played a vital role in the revival of the Indian classical dance form-**Bharatnatvam**

Location: New No. 168 (Old No. 306), T.T.K. Road, Chennai - 600 014.

Amity School of Performing Arts

The Amity School of Performing Arts is a part of Amity University offering several courses in music and dance such as Bachelor of Music – Classical Dance, Bachelor of Music – Classical Hindustani Vocal. One can choose from certificate, diploma, and degree courses as per their interest.

Location: Amity University Campus, Sector-125, Express Highway, Noida, Uttar Pradesh – 201303.

Performing arts graduates combine creative talent with practical aspects of self-promotion and arts management. This mix of disciplines is a good preparation for the world of artistic performance...



JOB OPTIONS

Jobs directly related to your degree include:

- Actor
- Community arts worker
- Dancer
- Drama therapist
- Music therapist
- Theatre director

Jobs where your degree would be useful include:

- Arts administrator
- Broadcast presenter
- Further education teacher ■ Higher education lecturer
- Secondary school teacher ■ Theatre stage manager

Remember that many employers accept applications from graduates with any degree subject, so don't restrict your thinking to the jobs listed here.

Work experience

Performing artists generally supplement their training, generate opportunities and enhance their creative knowledge through work experience and by participating in voluntary projects. Contact your local community centre or search the internet for details of community projects in your area.

Other options include getting involved with unfunded charitable organizations' projects, or to support industry professionals in developing their creative process.

Consider organizing acting or dance workshops and creative lab-



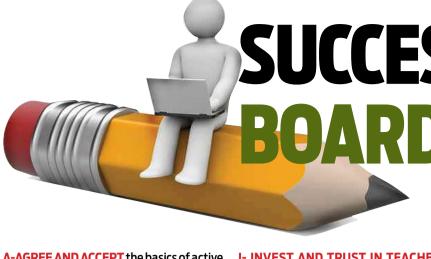
oratories to expand your art form and apply for funding for self-created art projects. Many dancers and actors also start their own company with a particular art form that they want to explore.

These unpaid projects or workshops are valuable ways to grow as an artist while creating opportunities for

the exchange of ideas and these open forums/performances are often attended by industry professionals.

Short-term or freelance contracts, moving between different fields, generating opportunities through networking, attending auditions, collaborating with other artists and putting on your own shows are all part of a performer's lifestyle.

Performing arts is about how you present yourself; therefore, it is important to network at every opportunity and keep your finger on the pulse of the industry. There may be an opportunity for employment in the most unusual places, and by keeping your mind open and body ready, you will be able to make the most of your individual



SUCCESS MANTRAS FOR BOARD EXAMINATIONS

To get success in examinations or tests, one must follow

these golden rules, arranged in alphabetical order.

A-AGREE AND ACCEPT the basics of active learnings- Accept the examination rules and challenges with respect to board

B-BRIEF NOTES Note making is an art. Notes help at the eleventh hour and no need to go through the pages for revision.

syllabuses.

The O<u>pen Pa</u>ge

C-CONCENTRATION—Achieving any goal needs a prime element i.e. concentration. Stop wondering and aim at the target.

D-DO NOT THINK ABOUT PAST—To score better, the mind set up must not think about previous examination results.

E-EXTRA 20 MINUTES—Go for extra revision. Revise moderate questions because sometimes easy questions seem difficult while you are in a hurry to complete the paper.

F-FIGURE OUT PROBLEMS—Lessons make you learn; Problems make you strong and solving those problems makes you wise. Language and numerical problems are to be rectified as soon as possible.

G-GROUP DISSCUSION—A constructive peer group discussion, exactly before entering in the examination hall makes you feel relaxed and enhances the power of positive attitudes.

H-HEALTHY DIETING—Summer time examination phobia makes anybody physically week. Consumption of water and avoiding soft drinks a must for the students. I- INVEST AND TRUST IN TEACHERS—

Teachers are the true light houses and their teachings and advices are the sole supporting factors. Just trust upon them and follow their views.

J-JOIN THE LEADERS—Seniors, parents and well wishers are very much experienced and gone through the same situations.

K-KEY POINTS TABLE—It is an effective and efficient method of studying a vast portion of subjects in a less time. Only a chart formula or table of key points becomes helpful to make you more organized.

L-LANGUAGE—Select easy yet meaningful words. Constructive language leads to good marks. Read the subject in your favourite languages for better understanding.

M-MANAGE YOUR TIME—You should jump over the next questions if there is any difficulty in understanding a particular question. Unless you do so, you will miss a number of questions and loose the mark. Spend more time on questions which require thinking ability.

N-NERVE COOLING—When the breath wanders, the mind is unsteady; but when the brain is still, so is the mind still. Board examination is full of stress and anxiety. Yoga, meditation and a sound sleep keep our minds stable and at ease.

O-OVER LOOK THE EXTRA—Success involves "prioritizing". A number of reference books, note books, practice papers and guides do not help at the last stage of preparation.

P-POSITIVE THINKING—Positive attitude is that aspect of life which focuses on the brighter side of a situation. One should believe that the best would happen.

Q-QUESTIONING—Teachers are encouraging for questioning sessions in teaching time. Be benefitted.

R-RELAX-Relaxation at regular interval makes one refresh to ponder upon new ideas. A relaxed mind is always a gainer in taking risk as well.

S-STRESSFREE LEARNING—Parents. teachers and friends expect the best report card. Yet, you have to balance the pressure of studies and expectations equally. But do not succumb to fear.

T-THINK BIG—Your success is not the final destination but a simple journey to touch the next high. Think big to see big and ultimately grab that big.

U-UNDERSTAND YOUR FUTURE—In this challenging world, where the cut-throat competitions are in abundance, you have to survive the present day pressure for a brighter future. Understand your responsibilities of your parents, society and self.

V-VISION OF SUCCESS—A true scholar aims for his success, through his visual abilities, in advance. He sets his goals according to the vision.

W-WRITING NOTES—A handy note pad must be filled with scientific formulas, mathematical rules, important historical places, various dynasties & rulers, wars & battles and the names of the authors in literatures etc. should be your companion at the time of examination months.

X-X FACTOR—Destiny plays a prime role in any form. Trust on God and beg for his supreme power and blessings. You may be enriched with His miracles!

Y-YEAR -ROUND LEARNING-For a realistic and result orientated success one must start his journey from the beginning of the academic year. Last minute hope is of no use.

Z-ZERO NEGATIVITY—With confidence and positive planning, one can stay cool and spiritually fit to get success in board examinations.

MAY ALMIGHTY GOD BLESS YOU ALL IN YOUR BOARD EXAMINATIONS!



Dr. Dhananjaya Bhanja Educationist, Surat

t dates back to the year 2009 when a group of seven people enjoyed dinner. They couldn't finish therefore they dumped the food. But they realized this loss only when after stepping out of the restaurant they were approached by some poor kids who asked for food. How pitiful that situation was and they regretted it a lot.

It was their class 10 vacation and they came across the Footpath School. Hence they decided to collect funds from people so as to help those kids in any way they could. This group of friends started collecting donations through crowd funding at Vastrapur Lake and other areas.

Gradually the number of group members increased in 2012 when they got "Aasmaan Foundation" registered officially as an NGO. It has been nearly 8 years that the number of Aasmaanites has gone up to 150.

Co- founder says that "social entrepreneurs are not content just to give a fish or teach how to fish. They will not rest until they have revolutionized the fishing industry!

Aasmaan's vision-mission is "to create a society where children can prosper to their complete potential and enjoy equality in its true essence." The money earned from their events goes to the underprivileged kids' school expenses.

"Let's go shopping (LGS)" - Aasmaanites collect useful objects from houses all over Ahmedabad. These

AASMAN: WHERE KINDNESS IS PRIOR



things are sold to the underprivileged kids from other NGOs who are invited. Kids buy

those wares through play money provided to them by the Aasmaanites. "Ladies' Housie" It's a completely fun-cum-fund raising event.

"Food For Thought (FFT)" Aasmaanites cook different dishes and sell at food stalls put up at IIM Road.

"Kids' Day Out" - On this day kids are taken to different sites and are given a chance to celebrate friendship.





happiness, and freedom.

"Sports Day" is celebrated and various games are played so as to make kids physically active and healthy.

All festivals are celebrated whether it is Christmas, Deepawali or Makar Sankraanti. Children are also taken to health check up camps on a regular basis. Aasmaan is not just an NGO but it is a happy joint family. They make sure to work whole heartedly.

All efforts put in by Aasmaanites are recognized. The foundation gives awards after every event. Whatever is expected to be the result of the event always surprises the Aasmaanites at the end as they do exceptionally well, instead exceptionally better in every event during the course of time.

Aasmaan wishes to expand their foundation not only to the state level but much more and that is why it keeps the volunteer registration open. Every youth must take step to make India a better place as they are the building blocks of the country.

Beginning from scratch and reaching to this high level of success. It is a moment of pride for every Amdavadi because Aasmaanites are one of those people who still have the feeling of kindness hidden deep in their hearts. Coming together is a beginning; keeping together is progress; working to gether is success!

Progress lies not in enhancing what is, but in advancing toward what will be, therefore Aasmaan does not stop the rage within! Once a kid (helped by Aasmaan) was asked what his ambition was. His answer surprised the interrogator because pointing towards one of the Aasmaanites, he said, "I want to be like him!" His words themselves mean how successful Aasmaan is!

To become a part of Aasmaan Foundation, contact them

through their Facebook page.

Ekta Ganwani Head Activity Reporter, Lalji Mehrotra Lions School

The Open Page Inspired Learning

Teacher-Why Should we do the HW?

This was the talk of the staff room when Ms. Trupti, a class 5 teacher shared that Gopi, a scholar student of her class asked this question in the class and for which she did not have the answer upfront. Ms. Trupti, was trying to find the suitable answer to respond to Gopi, as she is a scholar student and is also influencing the work of other students. Though Ms. Trupti, is a senior teacher, she did not find it suitable to answer Gopi upfront, rather thought, that this ques-

tion is in the mind of every student and its Gopi who could ask her. We often come to such situation where we feel that the question though asked personally but the solution applies to many. Considering that the above question is in the minds of most of the students let's fetch the answer.

In general, Home Work (HW) is the work assigned by the teacher to the students for practice at home. It generally contains subject matter that is covered in the class and to be revised at home so that the student understands it fully and knowing this the teacher can move on to next topic. However, we all know that generally, students are happier when they don't have any HW but this is not possible on regular basis.

Why should we (students) do the HW?

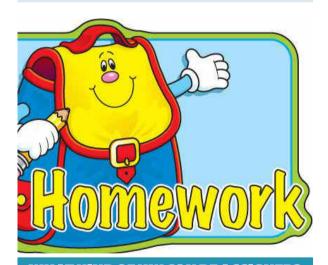
To understand this, we need to divide this question into smaller questions as follows:

WHAT IS HW?

HW is the work assigned by the teacher in the class to be done at home. A home work is something to be done at home and not at school. The teacher assigns some homework for the subject topic covered in the class. This is essentially to be done from home just because the same topic needs some revision at a distant time and that also not in the presence of teacher. Some teachers do not provide HW to students as they want the students to do the work in their presence. Some teachers think that if HW is assigned then student may avoid doing the work and their subject matter may suffer so they prefer to get the work done from students in their presence. For those who provide HW to students, it is a lesson that teachers wish the student to learn and practice on their own without the help of teacher. Thus, HW, is a lesson assigned by the teacher to students that they need to do it from home.

WHAT IS THE HW RULE?

Well, as such there is no HW rule but there are guidelines set by the Education Boards for assigning HW to the students. As per CBSE guidelines, a teacher is at free will to assign HW to the students but such work should not consume more than 2/3 hours at home for collective work. Meaning, the homework for different subjects collectively should not be more than 2/3 hours for students of Upper Primary and High School. The Bombay Primary Act refers that there should not be homework for more than 1 hour for Lower Primary Students. CBSE also recommends "Alternative to HW", that is, students to be assigned some creative task instead of repetitive or copy writing tasks. Thus, the education boards are having a broad minded approach for issuing HW to students. The objective behind such approach is to keep the student constructively engaged at home for betterment in studies.



WHAT KIND OF HW CAN BE ASSIGNED?

Again this is debatable question, as the teacher is at free will to assign the HW to the students as they deem proper but generally, HW is assigned with a purpose and based on it the content of HW will be decided. Let's see what HW can be assigned for different subjects:

- For Math, the teacher can assign exercise or sums that he/she wants the students to practice at home. This is based on the work done in the class on that day.
- For Science, the teacher can assign some practical or writing down an observation of any experiment, or to write theory in order to better learn them.
- For Social Science, the teacher can assign fact find task, visiting a place, copy writing the fact from the book or reference material, etc. Social Science teachers have the opportunity to assign some of the most creative works to the students.
- For Language, the teacher can assign writing some comprehension, reference to context, about the poet or poem, etc. based on the topic covered in the class.

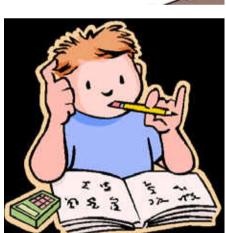


WHY SHOULD WE DO THE HW?

This is the main question of all the above. Generally, as a student one would not wish to have any HW, even I am not spared in this. It is a general approach of students not to have homework. However, we are assigned home work to keep us creatively occupied with the subject matter and to thorough the subject matter using different means of learning. HW is a tool for enhancing one's learning. As a student, it is always advisable to complete the HW for the day and be ready to learn new topic the next day. Doing HW regularly will have the below positive effects:

- Increase your interest in the subject there by increasing the chance of getting better scores.
- Improve your learning ability by doing it yourself (DIY) concept.
- Improve your creative thinking and memory capacity.
- Improve your writing skills and presentation
- Like having daily meals, doing some HW regularly will help in overall learning and understanding of different subject matters.
- Doing HW regularly will keep you updated with relevant facts and theory thereby increasing your chance to learn new things and innovate.
- Regularity in work will help you develop a positive habit which is one of the habits mentioned in the "7 habits of highly successful people" thus increasing the chances of success in all the tasks you do.
- It will improve your impression amongst your peers and teachers who will then be motivated to give you some extra learning as you become more recentive.





The list is almost exhaustive. There are many benefits of doing the HW regularly apart from that mentioned above. You may have one unique benefit as well but this you will come to know only when you are regular in doing your work. So, make a habit of getting the day's work finished in that day itself and be prepared to learn new things the next day.

Hope Gopi, gets the answer of her question from Ms. Trupti and so does many such students through this article. Teachers should assign creative and interesting work as HW to the students instead of laborious work and students should make their efforts to complete the same. Remember students, HW is to empower you of the knowledge and not

to deprive you of your rights. The more you are empowered the more you will succeed.



UN DEUX TRIOS



Exams round the corner and all parents have started to plan their schedule. Searching for the exam syllabus and checking the notes in hand. Taking out time from office and coming early may be and some books lie today on refrigerator and sewing machine with the mother also geared up for the occasion. Like any other the so called victim is the schooling boy/girl. They will find every minute even a nature's call objectionable at home. No this, no that. No Tv, no mobile, no friends, late night studies and early morning studies, thereby launching a completely renovated and latest scheme for the oncoming exams.

There is learning from my life, to all of you. I managed to be a pass division student throughout my schooling and in tune with the competition I had to succeed in my life. With my hard work and hard work I graduated to get a good score and like parents call - a respectable, handsome, above average

The problems could have been

No or less studying/academic planning

Three commonly used dialogue that can be reworked upon:

Why can't you understand this simple

You have to score more than Mr.Ms X, No

Read, read, read, read – give a break

pen for psychological could be:

their ward

Believe in yourself and please give it a try/

or the parents can show that they believe

Work out steps - to overcome any sort of

Simplify understanding problem - with

problems in consultation

teachers, friends or parents

comparisons please. Anything less, no

aspect? Sit with him, he will.

according to me:

Psychological issues

Ill- managed daily schedule

Understanding problems could amount to the following:

percentage, but it took me a very long time. Today you cannot manage with

low percentages. You have a huge

competition in terms of numbers and

- Studies you need to study to be a better individual
- Subject everyone have fear of subjects, but hard work pays
- Solving try, try in the right direction with the right means esp. numerical-understand



Right direction with right means could be:

venues. You just have the apt time to

clear your school, graduate and focus

on to further studies for a desired ca-

reer ahead.

- Healthy lifestyle not just food, but a balance of exercise, play & studies.
- Plan a schedule not the hours matter, quality education matters
- Get mentally ready be prepared yourself, you need to fare yourself

If the execution is slow, we can try:

- Make writing a habit if problem remembering, keep writing. When you read, make notes
- Avoid sms it spoils the vocabulary according to me
- Keep a goal to Complete- never leave any question unattended and incomplete

The stress and fear is more mental than physical:

Think answer – at least try

B. Schedule your day

example is as under.

It is always possible to have remarkable

difference in the result if you are willing to

segments and stick strictly to it. A small

have it. For this, schedule your day into small

- Frame it may be difficult, plan a sequence of ideas to answer
- Execute do to the best possible, write enough, don't oblige

I am brushing through the most common fears and my very personal suggestions and not a representation of anyone in particular. I will be happy if any one points addressed in the following does any good to anyone. All the very best to all concerned. Why is the title un deux trios, when it could comfortably be One two three? I have the answer.

If I were to ask you what is the meaning of the title as the first question of the paragraph in English subiect. the literal translation of the title is one two three in French language. Good not to know the question of the exam, still use our senses to answer and I am pretty sure all those who have read till here would have guessed the right answer. This is no preparation but confidence in the acquired knowledge and what if preparation, confidence and positivism go to exam in your ward's school bag during exams. Just expect good.



You just have enough time for all the new or may be old things I reminded all of you from today till your year end exams. Please take any, if it helps you I am the happiest as an educationist through The Open Page.

My best wishes to everyone as many possible



SALLA VIJAY KUMAR National Award Winning Lecturer.

Exams? It's Never Late, Ever.

Go for it, now.

xam. Exam! Exam? Yes, after January, it seems like it is a kind of season of exams. There are preliminary exams, revision exams, practical Exams, final Exams and board Exams. It is generally observed that the students get stressed and the anxiety level is quite high due to upcoming exams. The Child-Line National Exam Stress Survey revealed that 96% of the 1300 who completed the survey felt anxious about exams and revision, with 59% feeling pressure from their parents to do well and 64% saying they have never received any support in dealing with exams. The scenario is same all over. Without any more elaborations, I would like to share some simple Key notes for Students and parents that would definitely help them to cope up with the exam anxiety and help them to have better performance in the exams.

Students must follow a deliberate schedule with proper planning that can still definitely help even during the last days of the working for the

A. Strengths/Weakness

Be clear about your strengths in each particular subject for which you are confident enough to answer any time as well as list out your weak points that still demand to work on or to have more practice yet.

Waking up &		B R	9- 11.30 a.m.		12- 2.30 p.m.	B R	3- 4.30 p.m.	B R	5- 6.30 p.m.	B R	7- 8.30 p.m.	B R	9-10.30 p.m.
Getting Ready By 6 a.m.	Maths/ Account/ Physics	E A K	Sci./ Stat./ Math-Bio	E A K	S.S./ Eco/ Chemi.	E A K	Eng. / Org. of Com	E A K	Guj.	E A K	Optional Subj.	E A K	Revision of difficulties

You can also decrease the timings of the break and have some more time for any particular subject. Moreover, you can also skip easy subjects if you

C. Change Focus

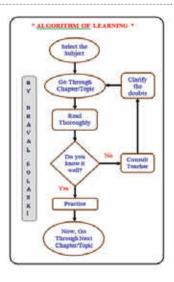
Most of the students do not focus on the weak points but keep working on what they already know. During the working of 2.5-hour duration, you should dedicate 1.5 hour initially to work on the units which are still to be studied again and in last hour you can revise the units which are your strong areas.

D. Pen down the highlights

The easy way to remember the answers is to have the habit of writing notes of highlights of the answer. It also helps to revise the content faster as and when require.

E. Handson drawing

In certain subjects, students are expected to answer the question with diagrams, figures and constructions. Many students iust have the overview of the diagram and move on to the next answer. REMEMBER. it never helps. Always have your hands on drawing and you will obviously learn it without any problem.



Along with the above all, here are some Dos and Don'ts for you

- Never get panic, instead of that keep working.
- · Always be positive and self motivated.
- Keep your books, notes and materials at specific place.
- Better to have our own material than to borrow. Think before you lend something, it might get misplaced.
- Eat healthy food, intake enough liquid, it will keep you fresh.
- Stick to your schedules and follow it
- Be clear about your exam center, seat number and other details printed on the
- Do not read till late night i rior to exam, you should at least have 6-7 hours sound
- Stop reading one and half hour before the exam with a positive mindset.
- No need to carry any study material to the exam center, it really does not help

Remain away from the students, who are discussing about the answers or probability of certain questions in the paper before the exam, ultimately, it increases the anxiety.



Summing up with the Thumb Rule that savs It's Never Late, Just go for it Now. You will definitely get the better results.

> **DHAVAL SOLANKI** Educationist



International Knowledge Center visits Schools in the City for Abroad Study Prospects



works as a bridge which directly

connects the international institution

to Indian Students. They bring different

universities to connect with students

and help them understand their

admission process for further studies. On

2nd February 2017, IKC visited 'Tripada

International School' Campus with the

8 US universities' prospects for students

and parents of IX, X XI and XII standards.

Ms. Yashika Maini being the main speaker

of the event and member of IKC firm

addressed all the students, parents and

teachers with great zeal. She introduced

all the 8 Universities' associates to the

opportunities available abroad, all the

After the information regarding





8 associates interacted with the crowd and gave their respective University's information. They made the students understand about all different courses and career aspects they provide in their University. The student's showed keen interest for their abroad study prospects and asked different questions about the admission and scholarship opportunities.

Research shows that students generally rely on their parents, teachers, friends and most often their academic

Research shows that students generally rely on their parents, teachers, friends and most often their academic performance for guidelines and suggestions regarding their career choice. Career counseling is really beneficial for students, and there are many reasons it is imperative. The Directors and Associate Directors of Admissions from the universities embraced the event.



Following are the 8 American Universities in Tripada International School Campus:

- Marco Dinovelli Associate Director of International Recruitment, Rutgers University
- 2) Anna Wise Assistant Director of Undergraduate Admissions, University of Delaware
- 3) Cynthia Yang Assistant Dean of Admission, Gustavus Adolphus College
- Adam Parker Senior International Admission Counselor, University of Iowa
- Alexandra Hartmann Associate Director of International Admissions, Nova Southeastern University
- 6) Caitlin Kelley Associate Director for International Recruitment and Admission, University of Alabama
- Christina Hilpipre-Frischman Director of International Admissions - University of St. Thomas
- 8) Julie Huffman International Admissions Counselor, George Mason University

They briefed the students about curriculum options, subject options, scholarships, opportunities and other details to get admission in their campuses. We look forward to students taking the benefit of the guidance and moving ahead for their shining future.

The program ended after student's one on one session with each University associates.

0

G

FLOWER POSE

BENEFITS

- Opens your hips and chest
- Develops your core muscles
- Increases your balance and coordination skills
- Strengthens your arms

Std:

Boosts your energy

ALSO KNOWN AS

Blossoming Lotus Pose, Flowering Lotus Pose, or Floating Lotus

YOU COULD PRETEND TO BE

a flower or anemone



DESCRIPTION

■ Come to sitting on your buttocks in a Cobbler's Pose by bending your knees, placing the soles of your feet together, and sitting with a tall spine. On an inhale, firm your belly and lift your legs. Balance on your sitting bones and weave your arms under your legs. Lift your chest, squeeze your shoulder blades together, and ensure that your spine is straight. Hold your arms steady under your legs, with your palms facing up (or in a gyan mudra), and pretend to open up into a blossoming flower. Take a few deep breaths in Flower Pose then come out of the pose on an exhale.

FUN WITH COLOURS

Your drawing should reach us by 20/03/2017 at

The Open Page, 4th Floor, Vishwa Arcade, Nr. Akhbarnagar, Nava Wadaj, Ahmedabad-380013

Name: School:

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Photo

GIFT FOR BEST

COLORING

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ENVIRONMENT DAY CELEBRATION: To create awareness about clean, green and save environment, students planted saplings.



PERFORMANCE AT HARE KRISHNA MANDIR: To create awareness on teaching and preaching of loard Krishna.



DONATION OF OLD STATIONERIES: Students willingly donated their old stationeries to help the students of municipal school. It creates helpful nature among the students.

VALUE BASED EDUCATION AT BRIGHT VICTORY SCHOOL

A heartfelt tribute to our Pioneer of Bright Victory School 'Late Shree Dashrathbhai D. Trivedi' lovingly called 'Dada', who sacrificed his life by grooming the school with different types of learning. He used to teach us that learning means 'Things around the world influence and shape our life' in other words value based education.

Real learning does not occur only in class room. The word 'wisdom' means the knowledge of all round development of the child and that can be learnt from our surrounding, community, society etc. which teaches qualities like humbleness, courage, generosity, modesty, honesty, helpful nature, sensitivity and politeness. These qualities and knowledge one can get through 'Value based education' and through various activities.



SAVE GIRL CHILD:
Students performed many plays, skit, dance, based on save girl child. To teach the future generation about importance of girl child.



JIVDAYA: To create love and kindness towards animals and birds. Student's visit to Jivdaya centre and donate grains old clothes etc.





VISIT TO ASHRAM SHALA: Donation of clothes. Students of Ashram Shala with the moto to inculcate the feeling of charity among the students.

SAVE BIRDS: To celebrate kite festival safely. We organised 'Puppet show' with powerful message to save birds where the students took part in an interesting skit to 'Say no to Chinese thread'.



VISIT TO OLD AGE HOME: Our students offered basic necessities for their room on Diwali. It creates a sense of responsibility towards society and family.



SWEET SHARING DAY: A child spends most of the time in school and necessary to feel homely atmosphere. So our students share sweets on Diwali day to develop social and emotional skills.



SHRAMDAN: to bring awareness to keep their surroundings clean, students were made to clean their classes, school building. In that way they learn to keep their house neat and tidy. So that they can know the meaning of cleanliness is next to Godliness.

P.A.T.H.

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HIGHLIGHTS

- Hadimba Temple
- Vashisht Kund
- Snow Point
- Bhrigu Lake
- Manu Temple
- Mall Road Market
- Jogini Water Fall

ACTIVITIES

- River Rafting
- Snow Trek
- Rappelling
- Rock Climbing
- River Crossing
- Jungle Trek
- Camp Fire

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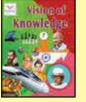
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